Personal Values Exercise

Considering your values is an important part of career exploration. Your values influence all of your major life choices and come from family, friends, cultural background and the societies you grew up in. Identifying which values are most important to you can help you make major decisions, like what career to pursue. Rate the importance you place on the values listed below.

<table>
<thead>
<tr>
<th>1 – Not important</th>
<th>2 – Somewhat important</th>
<th>3 – Important</th>
<th>4 – Very Important</th>
</tr>
</thead>
<tbody>
<tr>
<td>Make a difference in society</td>
<td>Power and authority</td>
<td>Moral fulfillment</td>
<td></td>
</tr>
<tr>
<td>Directing service to others</td>
<td>Influencing others</td>
<td>Being in a particular location</td>
<td></td>
</tr>
<tr>
<td>Working with people</td>
<td>Being regarded as an expert in my field</td>
<td>Excitement and adventure</td>
<td></td>
</tr>
<tr>
<td>Working alone</td>
<td>Artistic creativity</td>
<td>Ability to determine my own work schedule</td>
<td></td>
</tr>
<tr>
<td>Public recognition</td>
<td>Professional autonomy</td>
<td>Professional development</td>
<td></td>
</tr>
<tr>
<td>Competition</td>
<td>Working in a large organization</td>
<td>Working in a job that connects me to the local community</td>
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<tr>
<td>Being friends with co-workers</td>
<td>Working in a small organization</td>
<td>Being my own boss</td>
<td></td>
</tr>
<tr>
<td>Working under pressure</td>
<td>Financial wealth</td>
<td>Having a job that allows work/life balance</td>
<td></td>
</tr>
<tr>
<td>Fast-paced environment</td>
<td>Challenging problems</td>
<td>Job security</td>
<td></td>
</tr>
</tbody>
</table>

Choose the three values that are most important to you.

a. 

b. 

c. 

When thinking of careers that interest you, consider the values you identified above. Will these careers align with your values? What do you need to consider as you plan your future career?