PROPRANOLOL

General information concerning use for Hyperhidrosis

Propranolol is used primarily to treat high blood pressure, angina, irregular heartbeats, hand tremor, and to prevent migraine headaches. It can be useful to diminish performance anxiety, or tension that occurs with attending a social or work event. The reduction of anxiety may prevent onset of severe sweating in persons with Hyperhidrosis.

For specific prescription recommendations, please consult your physician. To use propranolol, begin taking a small dose 30 to 60 minutes before the start of the event. In case of an adverse reaction, the first use should be prior to an event that allows you to rest if needed; for example, a family event at home. If you tolerate the medication, you may use it in other situations where performance anxiety may occur, taking a dose 30-60 minutes before the event. If taking with a meal, dose 60-90 minutes before the event. Do not repeat the dose within 24 hours.

Common side effects include fatigue, dizziness, slow heart rate, lowered blood pressure, constipation, and depression. Other possible adverse reactions can include insomnia, weakness, disorientation, nausea, diarrhea, allergic reactions, worsening of psoriasis, hair loss and impotency. Rare serious reactions may include congestive heart failure, very slow heartbeat, severe skin rash, asthma/shortness of breath. These side effects are unlikely to occur with the recommended low dose of medication.

Do not take this medication if you have a heart condition or asthma, unless approved by your primary care provider. Do not take this medication if you are taking thoridazine. Discontinue use if you become pregnant.

Please ask your primary care physician about usage of this medicine if you have high blood pressure, low blood pressure, heart disease or asthma.