Mohs Cutaneous Micrographic Surgery Unit
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Pre-Surgical Instruction Sheet

1. **Expect to be here ALL DAY on the day of surgery.** The Mohs Surgical procedure can be an extensive surgery requiring multiple stages and complex repair.
   - **EAT BREAKFAST**
   - **BRING LUNCH** and beverage **WITH YOU**
   - **TAKE ALL YOUR REGULAR MEDICATIONS** – unless otherwise directed by your physician.
   - **BRING YOUR MEDICATIONS WITH YOU**
   - **ANTIBIOTICS** – if you have been prescribed antibiotic prior to surgery, please take them as instructed by the physician.

2. **DRIVER** – you will need **someone to drive you home.** Your visual field may be obstructed by the dressing which can make driving unsafe.

3. **WEAR** loose fitting, comfortable clothing, **PREFERABLY a BUTTON DOWN SHIRT.** (to avoid pulling clothing over your surgical wound)

4. Bring reading material or other items to help pass the time away.

5. **Wound care supplies** needed for home care after surgery,
   - Telfa (non- adherent) dressings
   - Vaseline in tube
   - Tape, paper tape is a good choice
   - Q-tips

6. **DO NOT STOP BLOOD THINNING MEDICATIONS UNLESS SPECIFICALLY INSTRUCTED TO DO SO BY YOUR DOCTOR.** This includes Warfarin, Coumadin, Aspirin, and Plavix

7. If you are taking a **non-prescribed** aspirin, aspirin containing products, Ibuprofen-like medications, as well as Fish-Oil, Vitamin E supplements, Ginkgo, Ginseng – stop 12-14 days before your surgery. Aspirin, Ibuprofen, vitamin supplements and herbal therapy products may be restarted one day after surgery. Tylenol is good alternative to take for headaches and pain, and can be taken through out your surgery and postoperative recovery.

If you have any questions please feel free to contact us at **314-256-3420** during office hours.