The Option Institute: International Learning & Training Center
The Option Institute is a not-for-profit educational organization founded in 1983. For 30 years, the Option Institute has offered self-improvement and personal growth workshops, seminars and retreats that provide practical tools and strategies to help people worldwide to live happier, more confident, more empowered and more fulfilling lives, and enjoy gratifying relationships and careers. Founded on the life-affirming work of Barry Neil Kaufman, best-selling author of 12 books, including Happiness Is A Choice & Son-Rise: The Miracle Continues, and Samahria Lyte Kaufman.

2080 S Undermountain Road
Sheffield, MA 01257
1-800-714-2779
Option.org

PEERS Social Skill Program at Cardinal Glennon
PEERs, or Program for the Education and Enrichment of Relational Skills, is a 14-week evidence-based social skills program for motivated teens in middle and high school. During sessions teens are engaged in learning real-life skills for connecting, building, and maintaining friendships. They are also given the opportunity to practice these skills during socialization activities while in session.

Parents attend separate sessions at the same time and are taught how to assist their teens in:
• making and keeping friends
• expanding their social network
• providing feedback through coaching during weekly socialization homework assignments.

(314)577-5609
**Behavior Intervention Services**
Assists individuals with developmental disabilities by providing a variety of services, including Behavior Assessment and Therapy across all environments.

Services include personal care, community integration, parent and staff training, individualized supported living services, socialization groups, camps and classes.

10176 Corporate Square Dr. #220
Creve Coeur, MO 63132
314-395-9375
behaviorinterventionservices.com

**Bright Futures: Personalized Transition Consulting**
We are experienced professionals who help individuals and families achieve life goals through identifying individual & family objectives, creative problem-solving, & tenacious & effective advocacy.

16020 Swingley Ridge Road
Suite #130
Chesterfield, MO 63017
(636)399-8910
b-futures.com

**Eastern Missouri Autism Project**
Serves individuals through the St. Louis Regional offices in St. Louis County, St. Charles, Jefferson and St. Louis County. Programs and services offered through the Autism Projects are designed to assist in skill development of individuals with ASD and provide needed training and support for families.

St Louis Regional Tri-County Office
111 N 7th St 6th Floor
St Louis, MO 63101
314-244-8800

St Louis County Regional Office
9900 Page, Suite 106
St. Louis, MO 63141
314-877-2711

[dmh.mo.gov/dd/autism/castautismproject.htm](http://dmh.mo.gov/dd/autism/castautismproject.htm)

**Epworth Children & Family Services**
More than 5,300 youth and families turn to Epworth each year for emergency shelter, residential and intensive treatment, family reunification therapy, transitional and independent living programs, special education, foster family care, prevention services and a 24-hour help line. For nearly 150 years, Epworth’s strength-based philosophy has built on the individual strengths of youth and families, helping them to be successful.

110 N. Elm Ave.
St. Louis, MO 63119
314.961.5718
epworth.org

**AAPC Publishing**
AAPC Publishing specializes in books and multi-media on autism spectrum disorders (ASD) and related exceptionalities for individuals on the spectrum, their parents, families, peers, educators and other professionals.

P.O. Box 23173
Overland Park, KS 66223
aapcpublishing.net

**Autism & Special Needs Furniture**
The hug chair, beds, loungers, nesting loveseats, body pillows, covers, accessories, & fabrics.

1851 River Rd.
Eugene, Oregon 97404
(541)689-8435
autismfurniture.com

**Canine Companions for Independence (CCI)**
Our Skilled Companion Dogs are trained to work with an adult or child with a disability under the guidance of a facilitator. Disabilities served include but are not limited to, cerebral palsy, muscular dystrophy, autism and Down syndrome.

A CCI Skilled Companion is bred to be calm, reliable and affectionate, and reduces the reliance on other people to complete simple daily tasks. A CCI Skilled Companion can also serve as a social bridge to people who are not used to relating with a person with disabilities. Not only does this kind of assistance make their physical lives easier, it boosts confidence and feelings of self-sufficiency.

North Central Regional Center
4989 State Route 37 East
Delaware, OH 43015
(800) 572-BARK (2275) Toll-free
cci.org

**MERS/Goodwill Autism Employment Program**
The Autism Employment Program helps individuals on the Autism Spectrum prepare for the world of work through 1:1 support, group workshops and social skills groups, community volunteering, placement services, and continued job supports. ASD staff assists individuals in building a program designed around strengths and needs to allow for success at work.

Lippman Center
(314)647-7453
**Missouri Protection and Advocacy**
A federally mandated statewide system which provides protection of the rights of persons with disabilities through legally based advocacy.

925 South Country Club Dr.
Jefferson City MO 65109
(573) 893-3333
moadvocacy.org

**Life Skills and TouchPoint Autism Services**
Life Skills/TouchPoint Autism is a not-for-profit, registered 501(c) (3) organization that is committed to helping individuals with developmental disabilities learn, live, work and participate in their community.

Services include adult social (ages 18-25), parent, and sibling support groups; employment services including pre-vocational training, and community living programs.

10176 Corporate Square Drive
St. Louis, MO 63132
314-567-7705
lifeskills-mo.org

**Miriam Learning Center**
Offers year-round educational, diagnostic, and therapeutic services for children ages 3-18 with average to above average cognitive abilities. Students at Miriam demonstrate struggles in the classroom due to complex learning disabilities, ADHD, high functioning autism spectrum disorders, speech and language disorders, fine and gross motor delays, and social communication disorders.

Miriam also serves hundreds of children each year who do not have any type of a diagnosis and who do not receive any special education services from their school district.

501 Bacon Avenue
St. Louis, MO 63119-1512
314-968-3893
miriamstl.org/learning-center

**St. Louis Arc**
The St. Louis Arc is a non-profit, United Way agency that provides support and services to more than 3,000 adults and children with intellectual and developmental disabilities, and their families, throughout the St. Louis metropolitan area.

Services include support groups, family fun nights, leisure services, family workshop series, employment services, residential services, and a parents learning together program.

1177 N. Warson Road
St. Louis, MO 63132
314-569-2211
slarc.org
Giant Steps St. Louis
Giant Steps is a special education school and therapy center for children with autism. Our center is a placement alternative for students who have struggled in larger schools and need more intensive support to make academic progress. Student and therapist Student plans generally include Speech, Occupational and Music therapies, Academic Instruction, Social Skills, Service Learning, Visual and Performing Arts and Physical Education. Pre-Vocational Instruction is available for older students. When a student is ready to benefit from a general education setting, we facilitate gradually increasing inclusion time. Giant Steps serves Missouri and Illinois students between the ages of 3 and 21.
7281 Sarah St.
Maplewood, MO 63143
(314)-932-1051
giantsteps-stlouis.org

MPACT Parent Training and Information
A statewide parent training and information center serving all disabilities. MPACT’s mission is to ensure that all children with special needs receive an education that allows them to achieve their personal goals.

Parents of children with disabilities face challenges every day that other parents don’t have. It is often difficult to navigate the maze of special services and create a plan that will help children achieve successful outcomes through education. But how do we reach these goals? How do we know what choices to make for and with our children? We can help answer your questions.
1-800-743-7634
ptimpact.org

Autism Speaks
Autism Speaks has grown into the world's leading autism science and advocacy organization, dedicated to funding research into the causes, prevention, treatments and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families. We are proud of what we’ve been able to accomplish and look forward to continued successes in the years ahead.
autismspeaks.org
(888) 288-4762
familyservices@autismspeaks.org

Children’s Legal Alliance – Legal Services of Eastern MO
The Children’s Legal Alliance works to combat the barriers which prevent children with disabilities and unmet mental health needs from receiving appropriate educational services by providing FREE educational advocacy to qualifying children with special needs who are not receiving appropriate services and those who have been illegally or improperly excluded from school.
4232 Forest Park Avenue
St. Louis, Missouri 63108
(314) 534-4200
lsen.org

Missouri Autism Coalition
The Missouri Autism Coalition is an alliance of individuals concerned about statewide autism issues who collaborate to improve the lives of individuals and their families with autism spectrum disorders.
P.O. Box 1431
Jefferson City, MO 65102
missouriautismcoalition.com

Missouri Families for Effective Autism Treatment (MO-FEAT)
MO-FEAT is a not-for-profit 501(c)3 with a mission is to provide advocacy, education, and support for families and the autism community, and to support early diagnosis and effective treatment.

Services include monthly parent support and informational meetings, quarterly community outings for family support and networking.
15455 Manchester Road #3685
Ballwin, MO 63022
636-527-FEAT (3328)
info@mofeast.org
COLLEGE/UNIVERSITY TRANSITIONS

CIP College Internship Program
Our Mission is to inspire independence and expand the foundation on which young adults with Asperger's, ADHD and other Learning Differences can build happy and productive lives.

Available Areas of Focus: College/Certification Track, Career Skills Training & Employment Program, Visual & Performing Arts Track (at CIP Berkshire only)

877-566-9247
admissions@cipworldwide.org
www.cipworldwide.org

Next Steps at Vanderbilt University
Next Steps at Vanderbilt University is a 2-year nonresidential certification program for students with intellectual and developmental disabilities, providing individualized Programs of Study in the areas of education, social skills, and vocational training.

230 Appleton Place
Nashville, TN 37203-5721
(615) 343-0822
NextSteps@Vanderbilt.edu

Towson University Hussman Center for Adults with Autism
The Hussman Center for Adults with Autism collaborates with Towson University’s faculty and students to develop programs with an interdisciplinary focus. All programs facilitate a reciprocal learning experience between young adults on the autism spectrum and student mentors from a variety of disciplines.

One Olympic Place, Room 200
Towson, MD 21204
(410)704-4486
hcna@towson.edu

Univeristy of Missouri - St. Louis SUCCEED Program
SUCCEED is a post-secondary program for people with intellectual and developmental disabilities ages 18 through 25 years. Program participants can earn a Chancellor’s Certificate by completing the two year residential program.

1 University Blvd.
318 Lucas Hall
St. Louis, MO 63121-4400
(314) 516-5911
umslsucceed.com
Westminster College Tomnitz Family Learning Opportunities Center

Offers academic support to students through a variety of programs, including the Learning Disabilities Program, the Academic Enrichment Program, the Peer Tutoring Program, and the College Transition Program. The LOC’s professional academic staff also offer supplemental courses designed to encourage and support academic success in the Humanities, Natural and Mathematical Sciences, & Social Sciences.

College Transition Program
573-592-5305
38A Westminster Hall
westminster-mo.edu

Pathways to Independence
Pathways to Independence (PTI) supports a group of adults in and around St. Louis and St. Charles, Missouri with complex learning disabilities and associated disorders (including Asperger’s Syndrome) seeking services that provide opportunities for group social development.

Craig Strohbeck
200 South Hanley
Clayton, Missouri 63105
(314)863-0202
pathways2independence.com

Team Activities for Special Kids (T.A.S.K.)
T.A.S.K. provides year-round instructional sports program that provides athletic and social opportunities to kids with special needs. The purpose of the program is to help build self-esteem and skills in children with special needs.

980 Horan
Fenton, Missouri 63026
636.343.TASK (8275)
tasksports.org

Recreation Council of Greater STL
Clearinghouse for information on leisure, recreation and socialization opportunities for individuals with developmental disabilities who reside in the Greater St. Louis Area.

St. Louis City Office: St. Charles Office:
2334 Olive 60 Gailwood Dr. Suite C.
St. Louis, MO 63103 St. Peters, MO 63376
(314) 772-2299 6(36) 477-7704

recreationcouncil.org