INTERESTED IN THE FIELD OF DIETETICS?

Saint Louis University Doisy College of Health Sciences offers a dynamic, fully accredited internship program that prepares individuals to sit for the American Dietetic Association Registration Exam, become a Registered Dietitian, and pursue a career in dietetics. The program accepts 34 interns annually into two tracks, Nutrition Therapy (170) or Health and Wellness (169). The application process for each track is separate and competitive. Emphasis areas within the tracks in pediatrics, nutrition support, nutrition and physical performance, culinary arts, and public health are available. Successful graduates find challenging and fulfilling positions as clinical dietetic managers, nutrition therapy specialists, community nutrition practitioners, wellness coordinators, and private practitioners.

The goal of the program is to prepare graduates to assume a position in the promotion, maintenance and restoration of health. Graduates will also learn to manage nutrition-specific acute care, as well as how to assist individuals and groups to attain independent management of their diet and nutritional needs. Established in 1934, the program is competitive, offering exceptional training and clinical experiences.

PROGRAM GOALS

- To prepare graduates that can assume positions in the promotion, maintenance, and restoration of health through academic coursework, supervised clinical practice, and community exposure.
- To encourage critical thinking and application of the knowledge of food and nutrition science in the assessment and treatment of individuals and populations.
- To enhance professional development and commitment to service through self assessment, professional exposure, and community involvement.

THE PROGRAM

During the 10 month program, interns complete 12 hours of graduate credit that can be applied to the Master of Science (MS) in Nutrition and Dietetics degree at Saint Louis University and a minimum of 1200 hours of supervised practice. There are four curricular concentrations offered for the MS in Nutrition and Dietetics degree which include: Nutrition and Physical Performance; Culinary Arts; Medical Dietetics; Dual degree with the School of Public Health.

The Nutrition Therapy track encompasses all the components of dietetics with additional rotations in acute care facilities, nutritional support, research, and home health care. Opportunities for concentrations in pediatrics (4), geriatrics, and nutrition support will be available on a competitive basis following the internship selection process. The Health and Wellness track encompasses all the components of dietetics with additional opportunities in nutrition in physical performance, cooperate wellness, and health promotion. Opportunities for concentrations in sports nutrition (6), public health (6), and culinary arts will be provided on a competitive basis following the internship selection process. A multidisciplinary approach is used to develop students’ professional skills required to meet the ever-changing health care demands of society and the profession of dietetics. Upon completion of either internship, graduates are qualified to sit for the national RD examination administered by the Commission on Dietetic Registration.

The Saint Louis University Dietetic Internship is proud to be accredited by the Commission on Accreditation for Dietetics Education (ACEND) of the Academy of Nutrition and Dietetics (AND), 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-5400.
CURRICULUM OVERVIEW

Graduate Courses

- Human Nutrition in Physiology and Metabolism I, II (All)
- Clinical Systems Management (All)
- Community Nutrition (Public Health emphasis)
- Nutrition Assessment (Nutrition Support emphasis)
- Nutrition and Physical Performance (NPP emphasis)
- Pediatric Nutrition (Pediatric emphasis)
- Sustainable Food Systems (Culinary emphasis)

Guided Work Experience

- Nutritional care management in acute care settings
- Foodservice systems management
- Community / Public Health / Health Promotion / Schools
- Pediatrics / Geriatrics / Rehabilitation Centers

ADMISSION REQUIREMENTS

A bachelor’s degree in dietetics, nutrition or a related area, with verification of completion of an ADA Didactic Program is required. Students must provide a letter of application, transcripts of all college work, three professional or educational letters of recommendation, and Graduate Record Examination (GRE) scores along with ADA’s Supervised Practice Program Application form using the DICAS online submission system before the established deadlines for ADA matching. Upon acceptance into the Dietetic Internship, admission to the Graduate School is required. Students must clearly indicate the track for which they are applying. Selection processes for each track are separate and competitive. Applications are considered on the basis of qualification of each applicant without regard to race, color, creed, sex or national origin. For more information on admission requirements visit our website nd.slu.edu and click on dietetic internship under prospective students.

FINANCIAL ASSISTANCE

Various forms of financial aid are available for graduate students through the Office of Financial Aid. For more information visit www.slu.edu/x21861.xml.

FOR MORE INFORMATION

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