Are You Listening?

COURSE INFORMATION

Description
Effective listening takes constant learning and practice. To prepare for effective listening, you need to identify and overcome the barriers that stand in the way of effective listening. This course explores the benefits and challenges of effective listening and demonstrates how active listening techniques enhance the effectiveness of your listening skills.

Intended Audience
All employees

Pre-requisites
None

Offered
4-6 times a year, Quarterly

Duration
90 minutes

REGISTRATION

Click [here](http://goo.gl/2XMKWQ) to view upcoming sessions and register through SkillSoft. SLU faculty and staff may view the current schedule and class locations and register for Instructor Led Training (ILT) classes through SkillSoft located in the Tools section of MySLU. If you are new to SkillSoft, please visit: [http://goo.gl/2XMKWQ](http://goo.gl/2XMKWQ)

IF YOU LIKE THIS, YOU MAY ALSO LIKE...

Online Courses*
- [Listening Essentials: The Basics of Listening](#)
- [Interpersonal Communication: Listening Essentials](#)

Books*
- [The Power of Listening: eWorkbook: How to Communicate Effectively with Anyone](#) (Tony Aglessandra, 2005)
- [Active Listening: Improve Your Ability to Listen and Lead](#) (Michael H. Hoppe, 2006)

Videos*
- [Communicating Powerfully](#) by Heather Ridout (5 minutes)

Other ILT
- [Speaking with Confidence](#)
- [Conducting Effective Meetings](#)

*Available in SkillSoft

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