Why You Should Attend

At the end of the conference participants will be able to:

- Identify the incidence of illicit drug use during pregnancy and describe the neonatal outcome.
- Identify local, city and state challenges associated with illicit drug use during pregnancy.
- Identify treatment strategies and challenges for illicit drug use during pregnancy and the immediate and follow up care of infants with neonatal abstinence syndrome, including the importance of immunizations.
- Discuss how substance dependence affects the entire family unit.
- Assess legal issues affecting women with a drug addiction problem during pregnancy.

Sponsored By:

NPA gives voice to the needs of pregnant women, infants, their families and their healthcare providers by bringing together stakeholders that collectively can have the greatest positive impact on perinatal care in the United States.
Welcome:

“As conference chair I would like to welcome you to join our exciting conference. Over two days you will learn about the advances and challenges experienced by clients and healthcare providers as they relate to screening for substance use, drug treatment, incarceration, breastfeeding, and strategies to assist clients with parenting. It is our hope that you can gain new insights that will improve your practice or validate practices that you are currently implementing.”

- Karen D’Apolito, PhD, APRN, NNP-BC, FAAN

Join us for the Preconference

October 15th, 2014

1:00 – 5:00pm

Neonatal Abstinence Syndrome: Screening, Assessment & Management

This pre-conference will provide a comprehensive presentation of addiction during pregnancy and neonatal abstinence syndrome. Strategies for infant screening, assessment, and management will be addressed and an inter-active reliability session will occur with videotape scoring for the Finnegan Scoring Tool.

- Karen D’Apolito, PhD, APRN, NNP-BC, FAAN

Who Should Attend?

The NPA conference has a multi-disciplinary focus. Those who attend represent a cross section of individuals who are dedicated to the health and well-being of mothers, babies and families, including:

- Social Workers and Case Managers
- Obstetricians
- Perinatalists and Neonatologists
- Nurses
- Pediatricians
- Family Practitioners
- Midwives
- Epidemiologists
- Public Health Professionals
- Attorneys and Family Advocates
- Community Health Professionals
- Medical Students
- Parents, Families, Caregivers, and Foster Parents

3.5 CEUs
AGENDA
Wednesday - Thursday

Wednesday, October 15, 2014
12:00 pm – 1:30 pm Registration

Pre – Conference
1:00 pm – 5:00 pm
Neonatal Abstinence Syndrome: Screening, Assessment & Management
Karen D’Apolito, PhD, APRN, NNP-BC, FAAN

Thursday, October 16, 2014
8:00 am – 10:00 am
Family Advocacy Network (FAN)
Becky Hatfield and Mike Hynan, PhD

10:00 am – 12:00 pm
State Forum Meeting
Janet Press, RNC, BSN, CT

NPA 2014 Conference
1:00 pm – 1:10 pm
Welcoming/Introduction to Conference
Bernadette Hoppe, MA, JD, MPH
Karen D’Apolito, PhD, APRN, NNP-BC, FAAN

1:10 pm – 2:00 pm
Substance Dependence during Pregnancy: How Big is the Problem
Dawn Forbes, MD

Thursday, October 16, 2014 (continued)
2:00 pm – 2:50 pm
Pregnant Women and Perinatal Care in the Age of Mass Incarceration
Lynn Paltrow, JD

2:50 pm – 3:30 pm
Break/Exhibitors/Posters/Silent Auction

3:30 pm – 4:20 pm Concurrent Workshops
A-1: Fathers on Board: A Social Cognitive Model of the Adjustment to Fatherhood in Families with Substance Use Issues
Daniel Singley, PhD

A-2: Descriptive Assessment of Depression and Anxiety Symptoms in an Outpatient Obstetric Clinic Sample: Screening for Symptoms in the Context of Substance Use Histories
Teresa Lillis, MA

A-3: Public Health Interventions for Neonatal Abstinence Syndrome
Erik Reynolds, MD, MPH

4:30 pm – 6:30 pm
Welcome Reception
Exhibitors/Posters/Silent Auction

National Perinatal Association
Convene, Educate, Advocate, Integrate
nationalperinatal.org
Friday, October 17, 2014

8:00 am – 9:00 am
Welcome/Breakfast and Business Meeting
Bernadette Hoppe, JD

9:00 am – 9:10 am
Welcome and Opening Remarks
Bernadette Hoppe, JD

9:10 am – 10:00 am
Treatment Strategies for Women and Families with Substance Abuse
Sarah Maurer, MA, LPC, CCDP-D

10:00 am – 10:30 am
Break/Exhibitors/Posters/Silent Auction

10:30 am – 11:20 am
Intrauterine Drug Exposure and the Management of Neonatal Abstinence Syndrome
Evelyn Fulmore, Pharm. D.

11:20 am – 12:00 pm
New York State Drug Court Program
Susan Hopsapple, PhD

12:10 pm – 1:00 pm
Lunch in Exhibit Hall

1:00 pm – 1:50 pm
Challenges of Foster Parents who Care for Infants with Neonatal Abstinence Syndrome
Heather Helton

2:00 pm – 2:50 pm Concurrent Workshops

B-1: Medications and Lactation: Principles for Safe Practice for the Clinician
Evelyn Fulmore, Pharm.D.

B-2: Treatment Programs HARPS Program (Helping At-Risk Pregnant Women Succeed) Panel
Chris Cooper, MSN, NNP-CB, APRN
Dawn Forbes, MD

B-3: Novel and Effective Treatment for High-Risk Infants: Implementing Comprehensive, Attachment-Based, Trauma-Informed Care in a Substance Abuse Treatment Program
Evette Horton, PhD, LPCA, NCC

2:50 pm – 3:30 pm
Break/Exhibitors/Posters/Silent Auction Closes

3:30 pm – 4:20 pm
Detoxification vs. Maintenance Treatment (methadone or buprenorphine) in Pregnancy
Jessica Young, MD, MPH

4:20 pm – 5:10 pm
Panel of Parents from Center for Life Solutions
Mediator: Sarah Maurer, MA, LPC, CCDP-D

5:10 pm – 5:20 pm
Closing
**Plenary Sessions:**

1. **Substance Dependence during Pregnancy: How Big is the Problem:** The participant will be able to: Classify addiction as a disease and discuss its societal and economic implications; formulate an understanding of the epidemiology of addiction and Neonatal Abstinence Syndrome (NAS) and differentiate between the different substances that are abused/used during pregnancy and their maternal, fetal and neonatal effects.

2. **Pregnant Women and Perinatal Care in the Age of Mass Incarceration:** The participant will be able to: Evaluate the concepts of mass incarceration and the laws and policies that have come to be known as the war on drugs as well as assess the current law regarding pregnant women and drug use, as well as the legal basis for claims that women who become pregnant may be subject to separate and unequal treatment under the law.

3. **Treatment Strategies for Women and Families with Substance Abuse:** The participant will be able to: Interpret the term “opioid use disorder,” explain the benefits of Methadone Assisted Treatment (MAT) and identify the characteristics of Neonatal Abstinence Syndrome.

4. **Intrauterine Drug Exposure and the Management of Neonatal Abstinence Syndrome:** The participant will be able to: Identify the impact of poly-drug exposure and NAS in the neonate; describe the current pharmacologic therapies used to manage NAS in the neonate and identify short and long term outcomes in the neonate with intrauterine drug exposure.

5. **New York State Drug Court Program:** The participant will be able to: Demonstrate the efficacy of patient navigation in order to improve maternal/child health outcomes and parenting skills for the court involved population.

6. **Challenges of Foster Parents who Care for Infants with Neonatal Abstinence Syndrome:** The participant will be able to: Identify strategies that can be used to prepare foster parents for the discharge of infants with NAS from the hospital and demonstrate techniques that can be used to soothe and calm an infant with NAS.

7. **Detoxification vs. Maintenance Treatment (methadone or buprenorphine) in Pregnancy:** The participant will be able to: Compare the benefits and risks of opioid maintenance and opioid detoxification in pregnancy.

8. **Panel of Parents from Center for Life Solutions:** The participant will be able to: Articulate some of the many challenges women encounter when working with healthcare professionals around the issue of substance dependence during pregnancy.
Workshop Sessions:

A-1: Fathers on Board: A Social Cognitive Model of the Adjustment to Fatherhood in Families with Substance Use Issues: The participant will be able to: Describe social cognitive elements in the transition to fatherhood; discuss how men’s traditional socialization impacts their adjustment to the role of being a father; list biopsychosocial dimensions of men’s peripartum mental health in families with substance use issues and describe ways that psychologists can optimize clinical work with fathers and their partners throughout the peripartum period.

A-2: Descriptive Assessment of Depression and Anxiety Symptoms in an Outpatient Obstetric Clinic Sample: Screening for Symptoms in the Context of Substance Use Histories: The participant will be able to: Describe psychiatric disorders during pregnancy/postpartum, comorbidities, frequent symptoms of depression and anxiety, a plan of care for women with past and/or current issues with chemical dependency and formulate recommendations for improving mental health screening during routine obstetric visits.

A-3: Public Health Interventions for Neonatal Abstinence Syndrome (NAS): The participant will be able to: Identify the epidemiology associated with NAS; how the Life-Course Perspective and Levels of Prevention relate to interventions for NAS and the current state of public health responses in the 50 US States.

B-1: Medications and Lactation: Principles for Safe Practice for the Clinician: The participant will be able to: Identify the basic physiology of lactation and factors that affect how medications enter or transfer into breast milk; list factors the clinician encounters when prescribing medications during lactation and identify appropriate lactation tools and resources used by the clinician.

B-2: Treatment Programs HARPS Program (Helping At-Risk Pregnant Women Succeed) Panel: The participant will be able to: Identify addiction as a disease; list the different substances that are abused/used during pregnancy and their maternal, fetal and neonatal effects and identify how the HARPS program is improving outcomes for women with substance dependence during pregnancy.

B-3: Novel and Effective Treatment for High-Risk Infants: Implementing Comprehensive, Attachment-Based, Trauma-Informed Care in a Substance Abuse Treatment Program: The participant will be able to: Identify several risk factors for children exposed to caregiver substance abuse; describe a comprehensive treatment program for mother/infant dyads and name 2 results from a study of group intervention with mothers in residential treatment for substance abuse.
Mothers, Infants and Families with Substance Dependence:
Advances and Challenges

ACCREDITATION

Physician: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Louis University School of Medicine and the National Perinatal Association. Saint Louis University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: 11.5

Saint Louis University School of Medicine designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Missouri Nurses Association provider # 115 - III”
Nursing Contact Hours: 11.5

Social Work: Saint Louis University School of Social Work is an approved provider in Missouri and a Registered Social Work Continuing Education Sponsor in Illinois-License # 159.000573. Social workers outside of this regional area can contact their state’s regulatory board for any concerns related to use of continuing education credits for social work licensure. The School of Social Work can award 11.5 CEH’s.

Physical and Occupational Therapy:
Saint Louis University School of Medicine Continuing Education Program is a continuing education sponsor for the State of Illinois to provide Physical Therapy and Occupation Therapy CE courses.

State of Illinois Physical Therapy Continuing Education Sponsor
License # 216-000085 Expiration Date: 09/30/2014 - CE Contact hours: 13.5

State of Illinois Occupational Therapy Continuing Education Sponsor
License # 224-000052 Expiration Date: 12/31/2015 - CE Contact hours: 13.5

National Perinatal Association
Convene, Educate, Advocate, Integrate
nationalperinatal.org
HOTEL ACCOMMODATIONS
Sheraton Clayton Plaza Hotel St. Louis
St. Louis, Missouri
Phone: 888-337-1395

A BLOCK of rooms is being held for the NPA Conference attendees at the reduced rate of $120 single/double. This rate will be in effect for booking based on room availability. To obtain reduced room rates, you must make your reservation before September 23, 2014. Be sure to make your reservation soon.

Special Accommodations for Disabilities
NPA and Sheraton Clayton Plaza Hotel will make every reasonable accommodation for persons with disabilities. Please notify the NPA office at 888-971-3295 for assistance.

TRANSPORTATION
Complimentary airport shuttle is offered to all Conference attendees. Please use the phone by check in luggage pick up.

CANCELLATION
Cancellations received on or before September 15, 2014 will be assessed a $50 processing fee. No refunds will be given for “no shows” or cancellations received after September 16, 2014. Phone cancellations must be confirmed in writing.

SILENT AUCTION
Consider supporting NPA and help us maintain affordable conference registration fees by donating items for the Silent Auction:

<table>
<thead>
<tr>
<th>Item Type</th>
<th>Item Description</th>
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</thead>
<tbody>
<tr>
<td>Art</td>
<td>Autographed Items</td>
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<tr>
<td>Books</td>
<td>Educational Materials</td>
</tr>
<tr>
<td>Jewelry</td>
<td>Rounds of Golf</td>
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<tr>
<td>Shawls</td>
<td>St. Louis Basket</td>
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</table>

Weekend Getaway
or other items you think someone may be interested in; all are worthy donations. Contact the NPA office at 888-971-3295 for a donation form or e-mail klove@nationalperinatal.org. Plan to attend the Welcome Reception and come prepared to have fun bidding and winning some great items!

National Perinatal Association
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Thank You to Our Supporters!

Prolacta Bioscience
Advancing the Science of Human Milk

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Specialty Care Division of AstraZeneca

National Perinatal Association
Convene, Educate, Advocate, Integrate
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Mothers, Infants and Families with Substance Dependence: Advances and Challenges

Name __________________________ Title __________________________

Degree(s) ______________________ Organization __________________________

Address __________________________ City __________________________
State ___________ Zip ___________ Country __________________ Telephone (____) ________
Fax (____) __________________________ Email Address __________________________

Do you want your email address to appear on the participant list? □ Yes □ No

Professional Profile: □ Physician (specialty): __________________________ □ Resident □ Medical Student □ Fellow
□ Nurse (specialty): __________________________ □ Midwife □ Social Worker □ Parent □ Other __________________________

National Perinatal Association (NPA) Membership
□ Yes, I am an NPA member in good standing. □ No, but I am interested in joining NPA to take advantage of the reduced conference tuition. □ No, I am not an NPA member and do not wish to be one at this time.

*Students must submit a copy of current school ID to be eligible for discounted rate.

Conference Registration Tuition (in US Dollars). Please circle:

<table>
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<tr>
<th>Conference Fee</th>
<th>If Paid before 8/31/14</th>
<th>9/1—10/15/14</th>
<th>10/15/14 Walk-in</th>
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<td>Conference Fee</td>
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Discounts for multiple registrations from one institution/organization:
3 or more from one institution: 10% discount if paid by 8/31/14 with one check or agency voucher; 5% if paid by 10/15/14
5 or more from one institution: 20% discount if paid by 8/31/14 with one check or agency voucher; 10% if paid by 10/15/14

*Payment Type
□ Enclosed is a check made payable to National Perinatal Association in the amount of __________________________
□ Amount to Charge: $_______________to: □ Visa □ MasterCard □ AMEX □ Discover Exp. Date: __________________________
Card Number: __________________________ Security Code ____________
Card Holder’s name (as appears on card): __________________________
Signature: __________________________ Date __________________________

Please review Concurrent Sessions and mark your preferred sessions:

**Conferences**
- **Family Advocacy Network (FAN)** - Thursday, October 16th from 8:00 am – 10:00 am
- **State Forum Meeting** - Thursday, October 16th from 10:00 am – 12:00 pm
- **Welcome Reception** All registrants are invited to attend Thurs. 10/16 from 6:00—8:00 pm. Although there is no charge for conference participants, please indicate your intention.
- **The 2014 Annual Business Meeting and Awards Breakfast** is Friday 10/17 from 8:00—9:00 am $20 fee applies

Please select or mark the sessions you will attend:

- [ ] Attending
- [ ] Not Attending
Meet Us in St. Louis!

National Perinatal Association
457 State Street
Binghamton, NY 13901

Mothers, Infants and Families with Substance Dependence: Advances and Challenges

October 16 -17, 2014 in St. Louis

“As conference chair I would like to welcome you to join our exciting conference. Over two days you will learn about the advances and challenges experienced by clients and healthcare providers as they relate to screening for substance use, drug treatment, incarceration, breastfeeding, and strategies to assist clients with parenting. It is our hope that you can gain new insights that will improve your practice or we will validate practices that you are currently implementing.”

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Preconference October 15th - Neonatal Abstinence Syndrome

Meet Us in St. Louis!

National Perinatal Association 35th Annual Conference, October 16 – 17

Mothers, Infants and Families with Substance Dependence: Advances and Challenges

www.perinatalassociation.org/conference