Course Information for 2015-2016

**FCM-427: Family and Community Medicine: Medical Management of Eating Disorders**

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Direct Patient Care (DPE)</th>
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<tbody>
<tr>
<td>Elective type</td>
<td>SLUSOM Elective</td>
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</table>
| Course contact    | Laura Grentz-Dolan, MS, Program Coordinator  
Family and Community Medicine  
O'Donnell Hall, 2nd Floor  
1320 South Grand Avenue, St. Louis, MO 63104  
(314) 977-8491  
lgrentzd@slu.edu |
| Course director   | Caroline Rudnick, MD  
Family and Community Medicine  
O'Donnell Hall, 2nd Floor  
1320 South Grand Avenue, St. Louis, MO 63104  
(314) 977-8480  
rudnicke@slu.edu |
| Course description| The purpose of this elective is for students to develop an increase in knowledge and skills that are necessary for the medical care of patients and eating disorders such as anorexia nervosa, bulimia nervosa and binge eating disorder. |
| Objectives        | The students will:  
- Learn the prevalence, detailed diagnosis and medical management of many common health problems specific to the patient with an eating disorder.  
- Develop increased skill in the history taking and physical exam of the patient with an eating disorder.  
- Develop an understanding of the team-based approach used in the treatment of patients with eating disorders in both an outpatient and residential treatment center setting. |
| Student responsibilities | Attend clinic and residential treatment center patient care with attending physician. Make a small presentation on a topic of your choice. |
| Educational methods | Independent reading/study, small group discussion |
| Evaluation methods | Oral evaluation |
| Student Experiences | Common problems/diseases: Anorexia nervosa, bulimia nervosa, eating disorders NOS, binge eating disorders  
50% Inpatient  
50% Outpatient  
50% Consultation  
Approximate number of patients evaluated each rotation per student: 60  
Average number of patients each month on service: 10 residential, 30 day treatment center and variable number of outpatients |
| Report to on first day | Dr. Rudnick |
| Course Sites | Day treatment and outpatient clinic in Webster Groves  
Residential treatment center in Kirkwood |
| Course Duration | 3 weeks |
| Credits (count toward graduation requirements) | 3 |
| Availability for SLU | Number accepted: 1 |
students

Available to M4 in periods 305-312
Available to M4 in periods 301-310, 312-316

Availability for Visiting students
This elective is not available for visiting students.

To Add after restriction days
The Phase 3 Schedule Change form can be obtained in the Academic Records Office (LRC 101). You must complete the form, obtain the necessary departmental signatures, and return the form to the Academic Records Office at least 30 days before the course you are dropping or adding begins. This may seem like a long time, but it is very important for departments to have accurate knowledge of the students in their courses so that faculty and resources are ready.

Contact Therese Heidemann (slumeded@slu.edu) or Jennifer Greathouse (slumeded@slu.edu) in the Office of Curricular Affairs for more information.

To Drop after restriction days
The Phase 3 Schedule Change form can be obtained in the Academic Records Office (LRC 101). You must complete the form, obtain the necessary departmental signatures, and return the form to the Academic Records Office at least 30 days before the course you are dropping or adding begins. This may seem like a long time, but it is very important for departments to have accurate knowledge of the students in their courses so that faculty and resources are ready.

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