St. Louis Hip Skills Course

Hip Arthroscopy, Preservation and Replacement Procedures

Hands-on cadaver workshop
Jointly planned by Saint Louis University School of Medicine and Washington University School of Medicine

Course Directors:
John C. Clohisy, MD
Christopher M. Larson, MD

January 23-24 | 2015
St. Louis Missouri, USA

http://pa.slu.edu
CONTINUING EDUCATION

Accreditation:
Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation:
Saint Louis University School of Medicine designates this live activity for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

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Faculty subject to change.

FRIDAY, JANUARY 23, 2015 (7:00 AM - 5:30 PM)

Introductory Talks
➤ Etiologies of Hip Pain and Secondary OA
➤ History and Physical Examination for the Young Adult Hip
➤ Plain Radiographic Evaluation of Hip Pathomorphology
➤ 3-Dimensional Imaging of the Hip (FAI and DDH)
➤ Case Presentation
FAI
➤ Indications for Arthroscopic Management of FAI
➤ Indications for Open Management of FAI (Including Open Treatment Options)
➤ Current Concepts in SCFE Treatment (skeletally immature)
➤ Meeting the Challenge of Surgical Technique Evolution
➤ Optimizing Post-Operative Rehabilitation and Return to Activity after FAI Procedures
➤ Case presentation

Video Presentations
➤ Surgical Set-Up for Hip Arthroscopy
➤ Arthroscopic Management of Pincer Type Variants
➤ Arthroscopic Management of Cam Type Variants
➤ PAO Surgical Techniques
➤ Open Management (Surgical Dislocation) of Pincer/ Cam Type Variants
➤ Case presentation

Interactive Break Out Sessions
➤ Radiographic Assessment of the Hip (FAI and DDH – case based)
➤ Open v. Arthoscopic Treatment options (case-based discussion)
➤ Arthroplasty Challenges in the Young Patient

Surgical Outcomes
➤ Outcomes after Open Management (SD and PAO)
➤ Outcomes after Arthroscopic Management for FAI
➤ Outcomes of Arthroplasty in the Young Patient

Surgical Demonstrations:
➤ Hip Arthroscopy
➤ Open Preservation Procedures
➤ Arthroplasty Procedures (anterior and posterior)

Cadaver Lab Session
➤ Hip Arthroscopy
➤ Open Preservation Procedures
➤ Arthroplasty Procedures (anterior and posterior)

SATURDAY, JANUARY 24, 2015 (7:00 AM - 2:00 PM)

Advanced Topics in Hip Arthroscopy and Preservation Surgery
➤ How Much Arthritis is Too Much for Hip Preservation?
➤ AIS Impingement: Diagnosis and Treatment
➤ Abductor tendon repair: Indications and technique
➤ Case Presentation
➤ Hip Arthroscopy Complications (Prevention and Treatment)
➤ Surgical Dislocation / PAO Complications
➤ Diagnosis (role of us) and Treatment of Extra-articular Hip Impingement
➤ Combined FAI and Structural Instability

Controversies in Hip Preservation
➤ The Psas Tendon: Function and Indications for Release
➤ Acetabular Retroversion: Arthroscopy vs Reverse PAO
➤ Rationale Indications and Techniques for Arthroscopic Capsular Repair / Plication
➤ Role of Arthroscopy in Hip Dysplasia
➤ The residual Perthes Hip
➤ Residual SCFE deformities (scope v open indications)
➤ Preservation Techniques for AVN
➤ Case presentation

Hip Arthroplasty
➤ Indications in the Young Patient
➤ Surgical Approach Considerations: Does it Matter?
➤ Implant Options; Survivorship and Activity Tolerance
➤ Advances in Peri-Operative Care

Surgical Demonstrations
➤ Hip Arthroscopy
➤ Open Preservation Procedures
➤ Arthroplasty Procedures (anterior and posterior)

Cadaver Lab Session
➤ Hip Arthroscopy
➤ Open Preservation Procedures
➤ Arthroplasty Procedures (anterior and posterior)

Registration:
For Further Course Details and REGISTRATION Click On (or type in your internet browser) the link below:
http://pa.slu.edu
This workshop will be held at the PASE Learning Center located in Young Hall, 1839 Lindell Boulevard, Saint Louis, MO 63108

Tuition Fees:
Physicians: ............................................ $1895
Residents/Fellows/USA Military: ............................................ $1395

Educational Objectives
• Discuss patient evaluation and diagnostic skills for pre-arthritic and early-arthritic hip disease.
• Develop an improved knowledge regarding the most common pre-arthritic hip disorders (femoroacetabular impingement and hip dysplasia).
• Describe and evaluate the appropriate indications for arthroscopic and open procedures in the treatment of pre-arthritis hip disease.

• Under the guidance of expert faculty, identify the surgical anatomy for, and perform the various surgical techniques (hip arthroscopy, surgical dislocation, periacetabular osteotomy and proximal femoral osteotomy) for the treatment of pre-arthritic hip disorders.
• Review the indications and surgical options for total hip arthroplasty in the young patient.