1. **Career decision-making should include interests, skills, personality and values.** Have you taken the MBTI or another personality assessment? Have you done a values or interest inventory?

2. **As an adult with financial responsibilities,** have you considered issues such as whether the career will involve relocating? How long it will take to move from an entry-level position to the level that you desire (based on your age and experience)? Whether graduate school or advanced training is needed for the career?

3. **Are there other careers that may be similar** but require less additional training, or in which you can advance more rapidly?

4. Will you need an **internship** or **experience** before you can begin your new career?

5. After **researching** the career and conducting **informational interviews**, will you consider **meeting with a career counselor** to discuss your specific situation?

6. What obstacles are you facing in making your career decisions?

7. Have you learned about (or will you learn about) the **Occupational Outlook Handbook (OOH)** and O-NET online?

8. Are you aware of **CareerLink** and **Focus2** (at [http://careers.slu.edu](http://careers.slu.edu))? 

9. Do you know how to **network** and **interview** well? Do you know what an effective **resume** in your new career should look like? What about a **cover letter**? Will you meet with a career counselor to assist you?