Sophomore-Year Experience Checklist

This list is a guide to help you navigate your sophomore year. It is your responsibility to integrate the list as how it fits best into your personal and academic goals. These are suggestions to help you throughout your year, but should not be seen as an all encompassing list or a required checklist.

Academics:

- Identify your major and/or strengthen your commitment to your major.
- Consider enhancing your academic program with a minor, certificate program, etc.
- Meet with your academic advisor to discuss your core curriculum and develop an academic plan.
- Meet with your faculty mentor per school/college guidelines and continue to establish relationship. Discuss core curriculum and academic plan.
- Utilize Banner Self-Service to run a Degree Evaluation.
- Consider studying abroad; if already have made the decision to study abroad then complete planning steps for your study abroad experience and discuss with your academic advisor.
- Utilize tutoring and writing resources in the Student Success Center that can assist you with your academic plan.
- Connect with members of the SLU community who are in your classes; discuss forming study groups and exchange contact information.
- Begin researching graduate and professional school requirements, as applicable. Research scholarship opportunities for graduate/professional school.
- If applicable, renew FAFSA by March 1.

Community and Involvement:

- Participate in on-campus events and activities and show your Billiken pride at SLU athletic events.
- Participate in Welcome Back Week.
- Take time to do something new at SLU. Connect with others who have different interests or backgrounds. Attend an event that you haven’t participated in before.
- Pursue one organization that supports your major/career and one organization in which you are personally interested.
- Reflect upon and develop your leadership skills by considering ways to refine your campus involvement that support your interests/goals on a deeper level.
- Consider your service opportunities for the year; be involved as much as your schedule allows.
- Consider participating in a Campus Ministry retreat or mission trip.
- Develop deeper relationships with faculty and staff members.
- Start preparing on where you will live for your junior year and who will be your roommates.

Career Preparation:

- Make an appointment with a career counselor to discuss your major/career and experiential education opportunities.
- Consider ways to learn more and connect to your prospective career field with activities such as informational interviews, job shadowing, research opportunities, service learning, or internships.
- Utilize CareerLink to review on-campus employment opportunities, research careers, connect with a career mentor in the mentor database, and view potential internship and on-campus recruiting opportunities.
- Create or update your resume and post it to CareerLink to have it critiqued by a career counselor.
- Attend the SLU career fairs to begin networking with employers.
- Set up summer internship or summer job.

Personal Growth:

- Participate in multicultural dialogues and events. Visit the Cross Cultural Center in the BSC to learn more.
- Reflect on your values and passion. What is your calling and purpose?
- Reflect on who you are and who you want to be. What is your motivation?
- Look into ways that can assist you with balance in your life. What are your priorities?
- Take time to consider who your role models are in your life. Why are they your role models?

- Look ahead to the Junior-Year Experience Checklist to see what you can complete or prepare over the summer.