Did you know the Student Health Center has a Registered Dietitian?

Rabia Rahman, MS, RD, LD is an instructor in Nutrition and Dietetics and is available for appointments with students at the Student Health Center.

Her research interests include Pediatric Nutrition, Eating Disorders, International Nutrition, and Social Media and Nutrition.

What sorts of thing might a dietitian help you with?

- Weight Management
- Health Related Diets like Diabetes
- Eating Disorders
- Nutrition and Healthy Eating on Campus

Call Student Health to make your appointment today! 314-977-2323

Amye O'Neal, DTR is also a great resource for healthy eating on campus - she is the DineSLU Nutrition Coordinator. For more information on ways to eat healthy, navigate food allergies, and explore the general nutrition of dining options available on campus, email nutrition@slu.edu