It’s official: After extensive research and planning, Saint Louis University is moving forward on plans for two exciting projects — an arena and a research building. You can read more about the details elsewhere in this issue, but I wanted to share my perspective on these monumental undertakings and what they mean for SLU.

Let’s start with the arena. This project has generated much discussion over the years, especially among our Billiken faithful. Although SLU has been eager to put the pieces in place for a top-notch athletic facility for some time now, funding proved to be a major obstacle. We also maintained that a new arena should serve much more than our Billiken men’s basketball program.

Yes, we envision a 13,000-seat basketball venue with a cozy atmosphere, a true college feel and a potentially exhilarating home-court advantage. But with a new arena, we are adding yet another component to the overall Saint Louis University experience. This project will provide a facility that is easily accessible to our students for commencement ceremonies and other special engagements, thereby becoming a multipurpose events center. (For more details, see page 13.)

We plan to construct our new facility near the Grand Center arts and entertainment district. As we strive to strengthen our community, a new arena will be yet another beacon for Midtown. We remain committed to creating a true “college town” atmosphere with shops, restaurants and entertainment, ultimately making Midtown a place where people go to live, to socialize and to learn.

Of course, there are direct benefits for our athletic programs. A new arena will allow us to avoid scheduling conflicts at Savvis Center, the current home of our men’s basketball team, and will help us in recruiting student-athletes.

Finally, we believe a new arena will better cater to our fans — even those not living on campus. We came to this conclusion thanks to a marketing study, which also indicated that once built, an arena could provide the University with new sources of revenue from premium seating, advertising and sponsorship. This revenue would allow us to operate the building without drawing on SLU tuition dollars or dipping into our endowment.

This “budget neutral” concept for the arena project also is providing a model for our other major endeavor, a research building. Candidly, as excited as I am about the arena, my first and foremost priority is the research building.

The need for a dedicated research facility has become a necessity as external funding for SLU research has expanded significantly and successfully during the past decade. The initiative for a new research building at our Health Sciences Center is part of an overall $80 million investment in new and renovated research space that will represent the largest single building project since the University’s founding in 1818. (For more details, see page 2.)

The new research building will provide state-of-the-art facilities for health sciences research that directly touches lives while providing additional services to the community. The facility will allow for the consolidation of laboratories scattered in different locations at the Health Sciences Center. This unification will strengthen the thematic areas of research through collaborative interactions. In addition, the new research building will aid in the retention of experienced biomedical investigators, assist department chairpersons in recruiting outstanding faculty researchers and enhance the development of new research and degree programs.

Pursuit of truth and scholarly inquiry into new and better understandings of our world have been part of the Ignatian tradition for hundreds of years. Research is an integral part of our mission, a strong component of our faculty endeavors and an unparalleled educational tool for our students. As we move forward on this important initiative, I look forward to the future benefits we will reap from this important investment in research.

I would like to extend my gratitude to all of those people involved in both projects and invite everyone in our Saint Louis University community to spread the word about these two important developments. It is an exciting time to be part of our Saint Louis University family as our destiny of becoming the finest Catholic university in the nation continues to take shape.
SPRING/SUMMER 2003

A Grand Plan
Saint Louis University’s neighborhood is undergoing a Renaissance.

Jesuit Treasures
Take a peek at the newest exhibit at the Saint Louis University Museum of Art.

Are You What You Eat?
SLU nutritionists share their tips for healthy living.

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Research building slated for Health Sciences Center

Saint Louis University’s board of trustees has authorized the SLU administration to proceed with the design and site selection for a new research center at the Health Sciences Center, part of an $80 million investment in new and renovated research space. This is the largest single building project since the University’s founding in 1818.

Last spring, University President Lawrence Biondi, S.J., identified the new research center as his top priority. The building has been in the planning stages for several years.

Dr. Joseph Weixlmann, who as provost is the University’s chief academic officer, said SLU has several areas of emphasis on its research agenda, including biodefense, infectious diseases, virology, cardiovascular, cancer and liver disease.

“This initiative is critical to our success in attracting top-notch researchers and to compete for external funding,” Weixlmann said. “The new structure will contain basic and clinical science research in focused areas.”

The University has identified several possible sites for the building. Details will be announced in the coming months. Bonds will be issued to finance construction of the center. In addition, raising money for the building is part of the University’s $300 million “Campaign for Saint Louis University: Where Knowledge Touches Lives.”

Weixlmann named provost

Saint Louis University has a new provost, but the person assuming the post is not new to the job. Dr. Joseph Weixlmann — who served as interim provost since replacing Dr. Sandra Johnson in May 2002 — has been named provost. The appointment follows a nationwide search. Weixlmann was appointed dean of SLU’s College of Arts and Sciences in March 2001. Prior to that appointment, he was dean of the College of Arts and Sciences at Indiana State University.

As provost, Weixlmann is the University’s chief academic officer and also oversees information technology and student development. “Very few universities evidence the depth of commitment to learning, research and service outreach that can be seen today at Saint Louis University,” Weixlmann said. “I am extremely pleased to assume a key leadership role in moving forward the exceptional team of faculty, students, administrators, staff, alumni and friends working collaboratively to make SLU America’s finest Catholic university, and indeed, America’s finest university, period.”

Weixlmann’s familiarity with Jesuit education began at an early age. He attended a Jesuit high school and college, Canisius High School and Canisius College, both in Buffalo, N.Y. He has written or edited five books and published 50 articles and book chapters, mostly on American and African-American literary topics. He earned a master’s degree and doctorate from Kansas State University.

A committee has been formed to begin the search process for a new dean of the College of Arts and Sciences, Weixlmann’s previous position. Mike May, S.J., (A&S ’81) has served as interim dean of the college since last June. The chairman of the department of mathematics and mathematical computer science, May is expected to continue in his role as interim dean through the upcoming academic year.
Sword goes to Joyner-Kersee

Saint Louis University has bestowed its highest honor for individual achievement — the Sword of Ignatius Loyola — on Olympic champion Jackie Joyner-Kersee. The award was presented to her at the University’s DuBourg Society Recognition Dinner Dec. 8. Joyner-Kersee is often regarded as the best all-around female athlete in the world and the all-time greatest heptathlete. A native of East St. Louis, Ill., Joyner-Kersee has won several Olympic medals and is noted for her contributions to the community. The Sword of Ignatius Loyola is named for the founder of the Society of Jesus, Ignacio Lopez de Loyola. Symbolic of the Ignatian vision of service, the sword is awarded to those who have given themselves to humankind for the greater glory of God.

New deans named for AHP, Parks

The Doisy School of Allied Health Professions and Parks College of Engineering and Aviation soon will be under new leadership. Dr. Charlotte Royeen has accepted appointment as dean for the Doisy School of Allied Health Professions and officially will begin her duties July 1. Royeen will come to SLU from Creighton University, where she has served as associate dean for research in the School of Pharmacy and Allied Health Sciences and was a founding member of Creighton’s Research Council. She holds a doctorate from Virginia Polytechnic Institute and State University and a master’s degree in occupational therapy from Washington University’s School of Medicine.

Dr. Bjong Wolf Yeigh will be the dean of Parks College. Yeigh’s appointment also is effective July 1. He joins SLU from Yale University, where he is assistant provost of science and technology, a post he has held since 1999. Yeigh received a master’s degree in mechanical engineering from Stanford in 1987 and a doctorate in civil engineering and operations research from Princeton in 1995. Dr. Charles Kirkpatrick will step down as dean this July after nine years of service. He will continue his SLU career as a full-time faculty member in the department of chemistry.

Service hours at an all-time high

Members of the Saint Louis University community have answered the call to be “women and men for others” as 11,591 people contributed 617,911 hours of service during 2002. The numbers — which were taken from a recently released University report — are up drastically from 2001, when 8,778 participants contributed 489,505 hours of service. The reported number of students participating in community service and volunteerism went up from 4,217 in 2001 to 5,079 in 2002 — an increase of 20 percent. Faculty and staff who responded to the survey also increased 11 percent (from 659 in 2001 to 731 in 2002).

Arena project OK’d by trustees

The Saint Louis University board of trustees has approved the construction of a new SLU arena contingent upon raising an estimated $45 million in private donations. The arena would be built in Midtown St. Louis, where SLU’s campus is located. Michael F. Shanahan Sr. (B&A ’61), chairman and CEO of Engineered Support Systems Inc. and SLU trustee emeritus, is leading the fundraising effort for the project. For more details, see page 13.

Dr. Paul G. Schmitz (Grad ’66), professor of internal medicine-nephrology, received the 2002 Governor’s Award for Excellence in Teaching, which recognizes outstanding faculty members from Missouri colleges and universities and is presented annually to one faculty member from each of the state’s two- and four-year institutions. … Dr. Raymond G. Slavin (Med ’56), director of the division of allergy and immunology at the School of Medicine, received the Fellows Award from the Academy of Science of St. Louis. The award recognizes an active scientist who excels in communicating to colleagues, future scientists and the general public. A leading spokesman and researcher, Slavin is an expert on allergies and asthma. … Dr. Eleonore A. Stump, the Robert J. Henle, S.J., Chair of Philosophy, presented the Gifford Lectures at the University of Aberdeen in Scotland in March. Established as early as 1888, the lectures are among the world’s foremost intellectual events. Past Gifford lecturers include Nobel Prize winners Niels Bohr, John C. Eccles and Albert Schweitzer. … In March, the SLU Women’s Commission celebrated its 30th anniversary with a reception and a presentation that outlined the present climate for women at SLU. The report was based on a survey of 1,301 women, and results will guide the commission’s activities and programs.

214 SLU students who studied abroad during the 2002-03 academic year in countries such as Spain, France, the Netherlands, Belgium, El Salvador, Australia, Ireland, Italy, Pakistan, Poland and England.

7,874 Parking spaces at SLU, 2,727 of which are at the Health Sciences Center.

29,952 Pieces of candy stuffed into 7,484 Easter eggs hidden at SLU for the annual alumni Easter Egg Hunt. In all, 926 children attended the April 19 event.

30,671 Meals prepared by SLU’s Campus Kitchen from October 2001 through April 2003. SLU volunteers cook and deliver meals to those in need in the St. Louis area. In all, 22,096 pounds of food have been rescued/received from campus dining, and 9,730 hours of community service have been completed by those involved.
SLU lab makes cancer discovery

A lab headed by a Saint Louis University researcher has made a major breakthrough that could lead to a better molecular understanding of cancer. Results published in the journal *Molecular Cell* by Dr. Ali Shilatifard and his colleagues show for the first time how a protein known to be involved in the development of cancer functions in normal cells. “This opens the door for further study of this protein in the regulation of gene expression,” said Shilatifard, an associate professor of biochemistry and molecular biology. “Once we understand the normal, we will have a better understanding of where something is going wrong.” This, in turn, could lead to ways to block the pathway and ultimately could stop cancer development, he said. Also participating in this research was the lab of Dr. Mark Johnston at Washington University School of Medicine.

Grad School ranks first in doctorates

Saint Louis University’s Graduate School ranks first in number of doctoral degrees granted from Catholic universities for the 2001 academic year, according to data compiled by the Graduate School and the National Research Council. During that period, the Graduate School granted 105 Ph.D.s and 41 Ed.D.s for a total of 146 doctorates. The Graduate School has ranked among the top five Catholic universities in doctoral degrees granted since 1987, the first year SLU officials began compiling that data. Only Notre Dame joins SLU in that distinction.

SLU gets largest research award

Protecting babies and a woman’s reproductive health are among the major goals of the largest research award in Saint Louis University’s 185-year history, a $36.8 million NIH contract to combat herpes. SLU will lead a four-year herpes vaccine study involving 7,550 women across the United States for the National Institutes of Health. When herpes is passed from a mother to a child during birth, the disease is life threatening for the child and leads to birth defects. “A successful vaccine to fight this disease would represent a major public health triumph,” said Dr. Robert Belshe, the national study chair and Adorjan Professor of Internal Medicine and director of the Center for Vaccine Development at the School of Medicine.

“Once we understand the normal, we will have a better understanding of where something is going wrong.”

Information initiative launched

A project under way at Saint Louis University will revolutionize, enhance and expand the delivery of information to students, faculty, staff and alumni. Called “Gateway: the information initiative of Saint Louis University,” the project will plug SLU computer users into significant facts, figures and data. Making use of recently purchased computer hardware and software, Gateway will integrate information from both the administrative and academic aspects of the University and reformulate the way information is cataloged and stored. Student records, financial aid, alumni databases, University financial data and human resources information all will move over to the new system. The shift will take approximately 36 months for the entire University.

Check out smoke-free dining online

Smoking in restaurants is still legal in St. Louis, but that doesn’t mean it’s pleasant. The School of Public Health recently assembled a list of 100 percent smoke-free restaurants in the St. Louis metro area. More than 200 local establishments appear on the list, including Bevo Mill, Café Napoli, Lemon Grass and all locations of the St. Louis Bread Co. For a look at the list, visit www.breatheeasymo.org.
AHP introduces two new degrees

Two new degree programs are under way at SLU’s Doisy School of Allied Health Professions. The University has created the first and only five-year degree in the country that blends a bachelor of science in health information management with a master of health administration. The Doisy School and the School of Public Health are offering the joint degree. The program began last fall and is attracting students who are eager to earn a bachelor’s and master’s degree in five years instead of the usual six.

In addition, for the first time, the Doisy School’s physical therapy department is offering a professional doctoral-level education in physical therapy. It is a transition program open to anyone who has graduated from SLU or another university with a degree in physical therapy. Presented in a part-time, distance-learning format, students can complete the program in one to three years. Future plans eventually call for the implementation of an entry-level doctor of physical therapy degree.

Nurses prepared for terrorism

Nurses who want to learn how to handle the aftermath of a terrorist attack began their studies Feb. 3, when the School of Nursing launched a one-of-a-kind certificate program. “Our disaster preparedness certificate program is based upon what we learned when we visited Israel to find out how nurses there deal with terrorism,” said Dr. Dotti James (Nurs ’71, Grad Nurs ’74, ’94, ’97), associate professor of nursing. Four SLU educators — two from the School of Nursing and two from the Center for the Study of Bioterrorism and Emerging Infections in the School of Public Health — traveled to the Hadassah Medical Organization in October to see what Israeli health care professionals do after a terror attack. Students working toward SLU’s certificate will participate in 10 sessions. The curriculum is available through distance learning on the Internet and is offered at Saint Louis University.

SLU faculty in Israel learning gas mask procedures. From left: Terri Rehmann, Joanne Langan and Dotti James.

Smith selected for Ring Award

Dr. Duane Smith, director of the honors program and assistant professor of English, received the 2003 Nancy McNeir Ring Award. Presented annually since 1966, the award recognizes an outstanding faculty member as chosen by members of Alpha Sigma Nu, the Jesuit honor society. The award is the only student-sponsored teaching award that encompasses all schools of the University. It was established to honor Nancy McNeir Ring, the University’s first dean of women who was known for her devotion to the welfare of students.

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Quotable UTAS: “Do the freedoms I want leave room for others to be free? The knowledge and skills taught by our University were not just for yourselves. If so, you were poorly taught or slow to learn. If you have been gifted — and every graduate here owes much to many and to God — if gifted, then laws, justice, our common humanity and what your University stands for, call you to reach out to others to help them to be free.” – University President Edward J. Drummond, S.J., in his commencement address to the class of 1978.

Sign of the times: It was reported that the registrar’s office would celebrate the summer session with the installation of a computer. The new system would reduce paperwork considerably, making it possible to process registration changes promptly instead of the typical two-days of paperwork. The main work, however, still would be completed on paper before being fed to the computer center for storage.
Billiken Hall of Fame inducts 8

Eight individuals and one team were inducted into the Billiken Hall of Fame in January. The honorees follow by category:

**Billiken Great (Contemporary):**
Mike Barger (baseball 1993), the program’s first All-America selection since 1965, holds a pair of school records with 81 hits and 37 stolen bases in 1993. ... Pat Conreaux (baseball 1991-94) who played more games than anyone who put on a SLU baseball uniform, holds school records for career hits, runs scored and total bases. ... Jeff Harris (men’s basketball 1994-97), twice named MVP by his teammates, was a third-team All-Conference and honorable mention All-Midwest Region selection his senior and junior years, respectively. ... Carlos Martinez (men’s basketball 1969-72), a Missouri Valley Conference All-Star selection and team MVP, played professionally in Puerto Rico for seven years. ... Beth Winter (field hockey 1982-85), a four-year starter, earned All-Conference honors her junior and senior years. Her 20 assists in 1985 is still the school record, as is her career total of 45 assists.

**Distinguished Alum (Contemporary):**
Chuck Zorumski (men’s soccer 1972-73) was the starting goalkeeper on the Billikens’ last two NCAA championship teams. A member of the U.S. Olympic Team from 1973-75, he also was a part of the U.S. National Team. Later, Zorumski came back to SLU as a volunteer assistant soccer coach from 1983-87 and 1990-96. He is the chairman of Washington University’s department of psychiatry.

**Bauman Sportsmanship Award: Val Pelizzaro** (men’s soccer assistant coach) was a part-time assistant for 30 years who rarely missed a training session despite holding down a full-time job as a U.S. postal carrier. Responsible for the team’s physical preparation, he helped guide the Billikens to 27 NCAA Tournaments, including five of the program’s 10 national championships. ... Deborah A. Yow (former athletic director), who joined SLU in June 1990, became just the fourth female athletic director of an NCAA Division I program. During her four years at the University, Yow created the Billiken Club, guided the program through a conference change, helped revitalize the men’s basketball program and spearheaded an increase in student-athlete graduation rates to 92 percent. She is the athletic director at the University of Maryland.

**Bob Burns Award:** The 1994-95 men’s basketball team, which compiled a 23-8 record, earned the Billikens a second consecutive trip to the NCAA Tournament. The team was among the nation’s top 10 in scoring defense, scoring margin and 3-point field goals made per game. During the program’s first season at Kiel Center, the team drew 17,714 fans per game to rank seventh in the nation in attendance. Playing on the team for Coach Charlie Spoonhour were Sekeue Barentine, Donnie Campbell, Erwin Claggett, Derek Falb, Corey Grays, Greg Hardin, Jeff Harris, Scott Highmark, Eric Jones, Ryan Luechtefeld, Carlos McCauley, David Robinson, Carl Turner and H Waldman.

5 named ‘Women of the Year’

On April 23, the Saint Louis University Women’s Commission honored five members of the SLU community as Women of the Year. Those recognized were: Kathy Humphrey, vice president for student development; Dr. Margaret Herning (AHP ’62, Grad ’78, ’94), associate professor of physical therapy; Mary Regan (Grad B&A ’85), managerial/professional director for facilities services; Iris Hampton, administrative assistant for the department of public policy studies; and Vanessa Williams, a senior majoring in aerospace engineering.
SLU students earn noted scholarships

Junior Deanna Durrett has received a Truman Scholarship, one of the nation’s most prestigious merit-based awards. Recipients must be U.S. citizens, have outstanding leadership potential and communication skills, be in the top quarter of their class, and be committed to careers in government or the not-for-profit sector. A native of Louisville, Ky., who is majoring in political science, Durrett is one of up to 80 recipients chosen this year from among more than 250 candidates.

Mary Ann Bleem, a junior double-majoring in chemistry and biology, earned a Barry M. Goldwater Scholarship, the nation’s premier undergraduate award for mathematics, natural sciences and engineering. The 300 Goldwater Scholars were selected on the basis of academic merit from a field of 1,093 mathematics, science and engineering students who were nominated by the faculties of colleges and universities nationwide.

TOP PICK: Saint Louis University senior goalkeeper Meghann Burke was drafted in the second round by the WUSA’s Carolina Courage and already is starting in goal for the team. Earlier this year, Burke was SLU women’s soccer’s first All-America selection as the National Soccer Coaches Association of America named her to its second team. She ended her career as the Billiken record-holder in every goalkeeping category. Her 38 career shutouts are a C-USA record. Playing every minute in goal for the Billikens the past four years, Burke amassed 48 victories, 347 saves and a 0.92 goals against average.

Women’s studies is newest major

Saint Louis University has added a women’s studies major to its academic offerings. Previously, students minored and earned certificates in the field through the women’s studies program. Nearly 3,400 students took classes in the field during the last five years. Part of the College of Arts and Sciences, women’s studies began in 1982 with a certificate program. More than 50 faculty members are affiliated with the major and teach courses and conduct research on gender issues.

NEW LOOK: The SLU athletic department, in conjunction with the Official College Sports Network, has unveiled a complete redesign of the official athletic Web site, www.slabillikens.com. Along with the new look, slabillikens.com offers expanded efforts to provide alumni, fans and media with complete information on Billiken sports. The site features live game broadcasts, up-to-date scores and statistics, audio and video clips, schedules, ticket information, official merchandise and promotions for all Billiken fans.

Researchers unveil nasal flu vaccine

There could be a new, painless way of getting a flu shot next flu season, thanks in part to research conducted at Saint Louis University. “Delivering a flu vaccine via a nasal mist makes good clinical sense because influenza is an airborne virus that starts in the nose,” said Dr. Robert Belshe, director of the Center for Vaccine Development at the School of Medicine and the lead investigator for the pivotal “FluMist” clinical trial. FluMist is a new type of vaccine administered by nasal spray. An FDA advisory committee recommended full FDA approval for FluMist to prevent influenza in healthy children, adolescents and adults ages 5 through 49. If approved, FluMist would be the first and only intranasal influenza vaccine in the United States.

Scorpions may help fight brain cancer

Brain surgeons at Saint Louis University have begun treating patients who have glioma — one of the most deadly forms of brain cancer — using a synthetic version of a substance derived from scorpion venom. SLU is participating in a multicenter study to evaluate the safety and tolerability of the drug in a single dose, as well as overall tumor response rate in an initial study group of 18 patients. Glioma is a highly invasive cancer that affects the brain and spinal cord. Tumors cannot be fully eradicated with surgery or other therapies. However, it is hoped the drug, which uses sequences from chlorotoxin, a substance normally found in scorpions, will be able to destroy the tumor cells.

Lab aids in tracking the West Nile Virus

Saint Louis University is part of a new project to combat the West Nile Virus. SLU’s Norman J. Stupp Geographic Information Systems Lab is helping the St. Louis Department of Health in its fight against the public health threat, which can be spread by mosquitoes. Last summer, there were 168 human cases of West Nile Virus in the metropolitan area and seven deaths in Missouri. The health department is using the GIS lab to help create computer maps to track hundreds of mosquito breeding locations. By tracking locations of infected mosquitoes, dead birds and human cases of West Nile, health officials can target resources and curb the virus.
Just north of Saint Louis University’s Midtown campus stretches Grand Center, a Renaissance in progress. The arts and entertainment district that houses the Fox Theatre and the Saint Louis Symphony Orchestra was an illustrious destination during the 1930s and after World War II. Carrying the nicknames “bright white way,” and “Broadway of the Midwest,” Grand Center once brimmed with regal splendor and was home to numerous theaters, nightclubs, restaurants, shops, private clubs and hotels.

But the music eventually died down. The crowds scurried to the suburbs, setting the stage for an era of decline. Like other areas of the city, Grand Center stood at the brink of urban decay. Once-great halls gave way to abandoned buildings. Once bustling streets stood empty. Yet Grand Center was filled with plentiful reminders of past greatness and lingering questions about the future.

Today, however, winds of change have swept many of those qualms and ghosts away. Commercial and residential developments pop up at a remarkable rate. The completed Pulitzer Foundation for the Arts building and a home for KETC-TV Channel 9, along with new construction of Cardinal Ritter College Prep and the Contemporary Art Museum St. Louis — designed by prominent architect Brad Cloepfil and slated to open in September — are only a few of the projects offering tangible proof of Grand Center’s resurgence.

Although many individuals and organizations might claim credit for this advancement, Grand Center Inc. has been the primary force behind putting the “grand” back into its namesake. Comprised of leaders in business, government and the community, the group has been spearheading the physical redevelopment of the area and further establishing Grand Center as the major creative and cultural district of St. Louis.

After long negotiations at both the city and state levels, Grand Center is moving forward as a single tax increment financing (TIF) redevel-
development zone. A TIF designation captures into a special fund the increases in property and other taxes for 23 years within the TIF district.

Vince Schoemehl (Grad ’86), president and CEO of Grand Center Inc., said that money from the fund would be used for projects within the district that will add to Grand Center’s overall vibrancy. About 26 projects are slated during the next two decades, including possible construction of an African-American History Museum; revitalization of the Woolworth Building, located at the corner of Grand and Olive boulevards; and overall district beautification with revitalized streetscapes, historic lighting and other welcoming markers.

Saint Louis University also figures prominently in the future of Grand Center. The University has decided to build an arena there (see the related article on page 13). Some of the revenue generated by the 300-acre TIF district could go toward the arena project.

“A new SLU arena represents a significant addition for Grand Center,” Schoemehl said. “SLU’s commitment to
this project could help inject some more life back into Midtown. But Saint Louis University has been one of the true anchors in our efforts to improve the area for quite some time.”

Other landmark developments in Grand Center also owe some of their success to SLU’s support. The Continental Life Building, one of St. Louis’ most distinctive architectural gems, has made a long-awaited comeback — thanks, in part, to a loan from SLU.

“As a Jesuit, Catholic university, Saint Louis University cannot and will not turn a blind eye from the interests of the greater community,” said Joe Adorjan (B&A ’63, Grad ’67), chairman for SLU’s board of trustees and the Grand Center board of directors. “SLU is proud to be a driving force behind our city’s growth and revitalization.”

Making their way through the Continental Building during a tour sponsored by the office of alumni relations, more than 120 SLU alumni cast a wide array of facial expressions as they roamed the refurbished halls. Some on the tour flashed heartfelt smiles and exchanged hurried conversations. Others walked slowly, mouths agape and eyes wide. After all, it wasn’t that long ago when some of them climbed to the top of the derelict Continental to hoist bed sheets out of the windows and indulge in ambitious, albeit dangerous, mischief. Many alumni who recalled only an abandoned shell at 3615 Olive St. during their tenure as students couldn’t believe their eyes.

“When I was in school, the Continental Building was partly occupied, but it was on the decline,” said Mary Vieth (A&S ’67). “After I took the tour, I was thrilled because I have strong hopes for the city’s revitalization. I’m proud as an alum that SLU has done an outstanding job in leading Grand Center into the future.”

Although the Continental has awakened from its long slumber and now stirs with life, it still stands, like much of Grand Center, as a work in progress. The building is adding a restaurant, which will be completed in the fall. But with approximately 70 percent of the apartments leased, the towering landmark that once symbolized the declining vibrancy of St. Louis now stands out as one of Grand Center’s most massive and promising indicators of rebirth.

“This six-year project has been a labor of love,” said Steven Trampe, president of Owen Development, who took on the ambitious project of restoring the Continental. “The Continental Building is the Empire State Building of St. Louis. For years, we were embarrassed that it sat boarded up. Can you imagine the Empire State Building boarded up in New York?”

Even with an $11.5 million loan from the Department of Housing and Urban Development and approximately $8.5 million in historic tax credits, Trampe was short of the necessary funds to restore one of the most famous and architecturally significant structures in St. Louis.

“After I ran the numbers and discovered I only needed $6 million — give or take — I knew that the first person I needed to see was Father Biondi,” Trampe said. “I couldn’t be happier both with the University’s support from the beginning and throughout the project.”

The University committed $1.5 million toward the Continental Building from a revolving loan fund of $10 million within the University’s endowment. SLU established the fund to spur both residential and commercial real estate development projects, such as Trampe’s, near the University. Since the establishment of the fund in May 2001, SLU has made approximately $2 million in loans and another $5 million in investments. The fund provided $85,000 to Vito’s Restaurant for renovation of its new property east of Grand on Lindell. Another $300,000 went to Grand Center for the acquisition of property on Olive Boulevard that will be developed as new housing. Other Grand Center loans are pending.

“We hope that our community fund will help to energize the Grand Center area and bring more focus on Midtown development,” said University President Lawrence Biondi, S.J. “We’d like to see the area around SLU and the cultural district develop into a true urban neighborhood with a ‘college town’ atmosphere. We want to attract more shops, restaurants and entertainment.”

SLU had that exact goal in mind when purchasing and razing dilapidated
buildings on the corner of Grand and Lindell boulevards. The University hopes to help bring commercial development to that vital corner.

“It is our hope to attract restaurants and stores to enhance Midtown for our students, employees and the community,” said Kathleen Brady (Pub Ser ’76), SLU vice president for facilities management and civic affairs.

During recent years, Saint Louis University has launched several projects to encourage residents and visitors to enjoy the Grand Center area. The University opened the 55,000-square-foot Saint Louis University Museum of Art (SLUMA) at 3663 Lindell Blvd. in O’Donnell Hall. Providing a variety of intimate galleries and a setting befitting the University’s extensive art collection, SLUMA has welcomed more than 6,000 visitors since its opening in June 2002.

Besides its commercial interests in the Grand Center area, SLU also has been a major player in efforts to attract residents to live in the neighborhoods surrounding SLU. A new community-based initiative, called Hometown SLU, hopes to spur development in Midtown St. Louis while assisting SLU employees looking to purchase a home. Through the program, full-time, eligible employees may receive loans of up to $5,000. The loan is forgiven after five years if the employee still works at SLU and the home remains the primary residence.

“Hometown SLU is another way Saint Louis University can help to improve our community and our city,” Biondi said. “We want to do our part to help Midtown flourish. But we need more people to live in Midtown for that to happen. At the same time, this initiative will help many of our employees realize the dream of home ownership.”

Hometown SLU also provides preferred mortgage rates, reduced closing costs, home ownership education and other support services — wherever an employee chooses to purchase a home. Only the forgivable loan aspect of the program is reserved for those purchasing homes in select neighborhoods.

Forgivable loans are granted in two areas. (See map above.) The first is bordered primarily by Vandeventer Avenue to the west, Lindell Boulevard to the South, Jefferson Avenue to the east and Natural Bridge Drive to the north. The second area is bordered by Compton Avenue to the west, Lafayette Avenue to the south, California Avenue to the east and Chouteau Avenue to the north.

The University will handle the forgivable loan portion of the program, while Cendant
Mortgage, U.S. Bank and Commerce Bank will provide lower mortgage rates, closing costs and refinancing. Fannie Mae provided SLU with free technical support for the design of the program through Fannie Mae’s Employer Assisted Housing (EAH) Initiative, which has provided employers throughout the country with a tool to attract and retain employees. An additional part of the Hometown SLU initiative is an online mortgage resource, powered by Fannie Mae technology, which offers tools and information on mortgage financing as well as a streamlined mortgage financing process for employees.

The Hometown SLU program was developed under the direction of SLU Vice President for Human Resources Kathy Hagedorn (A&S ’73, Grad ’75). She first considered the idea almost eight years ago and has worked diligently for two years to turn it into a reality.

“Having worked in the city for almost 22 years, I have a keen interest in its development,” Hagedorn said. “This program will not only facilitate the revitalization of urban neighborhoods in the city, but also develop greater employee loyalty to the University and commitment to the city of St. Louis among faculty and staff. That’s a win-win situation for everyone.”

So far, at least 11 people have submitted employee eligibility forms, which are used to gauge qualifications for the loan and go toward securing final paperwork.

“Saint Louis University is demonstrating once again its strong commitment to the city of St. Louis,” said St. Louis Mayor Francis Slay (Law ’80). “Promoting home ownership in the city of St. Louis by its employees will benefit everyone. Responsible homeowners are fundamental to the revitalization of our city. I am confident that once exposed to city living, the new SLU homeowners will be pleased with all that the city has to offer.”

Slay is not the only SLU alumnus interested in the transformation of Midtown. Dean Kases Jr. (A&S ’99), now an MBA student at SLU, and his brother-in-law, Phil Schreiber, have opened Midtown Wireless at 522 N. Grand Blvd., adjacent to the expanded Best Steak House.

“We wanted a business that would benefit both current and expected future residents and also the everyday commercial traffic of the area,” said Kases, whose business interests started at a young age. His father and two partners opened Best Steak House on Grand in 1964, and Kases started working there when he was 16. While on the job, he became quite familiar with his neighbor, and in 1994, entered Saint Louis University as a freshman.

He now owns and runs Best Steak House with Schreiber. As for the future, Kases and Schreiber hope to add another venue in the neighborhood eventually.

“We have considered everything from a café, to a martini bar, to a private health club,” Kases said. “Most importantly, we want our next endeavor to co-exist with and benefit SLU and Grand Center. Hopefully, we can benefit from them in return.”

Another alumnus, John Griffin (A&S ’87), has opened a wood-paneled, fireplace–lit bookshop in the newly renovated Coronado Place, located at 3701 Lindell. Griffin, a native of Ireland, came to St. Louis in 1983 to attend Saint Louis University, where he studied English and philosophy. The store features some of Griffin’s 20,000 used, rare and out-of-print books with selections of modern literature and fiction, literary criticism, poetry, philosophy and drama.

The Coronado was once the home of fancy wedding parties and white-glove events. Today, Amy Griffin is transforming the old hotel into a student-oriented building with 165 apartments and retail space. The student apartments are planned for floors two through 14, with three top-floor penthouse lofts aimed at students, faculty and professionals at Saint Louis University. Besides J.A. Griffin Bookseller, the Coronado will feature a first-floor restaurant and patio café, a high-end convenience store, a fitness center, banquet facilities and other retail facilities.

“Obviously, a thriving Grand Center could be very beneficial for Saint Louis University,” Adorjan said. “But our University also is excited about the big picture. It’s been especially rewarding to see such diverse groups and individuals working in synergy, bringing about meaningful change and progress for St. Louis.”

Assisting Grand Center is not a new enterprise for SLU. In the early ’90s, the University committed a $2 million line of credit for the struggling arts and entertainment district. And truth be told, Biondi has always held high expectations for Grand Center. The clubs and cultural attractions near the University’s campus provide SLU with another drawing card for attracting top-notch faculty and highly qualified students. But Biondi, also a member of Grand Center Inc.’s board, defers to tradition when asked about SLU’s motivation for assisting the arts and entertainment district with regaining the magnificence of its prestigious past.

“Ignatius of Loyola, the founder of the Jesuits, said that Jesuit universities must be in constant communication and dialogue with the cities in which those institutions are located,” Biondi said. “Certainly, Saint Louis University is no exception. Our commitment to the city always has been strong. Our tradition

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The Hometown SLU initiative is focused on promoting home ownership in the city, which aligns with the University’s commitment to contribute to the revitalization of urban neighborhoods. The program offers mortgage financing to employees, which is designed to benefit both current and expected future residents of the city. The initiative includes an online mortgage resource and a streamlined mortgage financing process for employees. By supporting home ownership, the University hopes to strengthen the community and support the city’s development. This initiative is part of a broader commitment to the city by the University, reflected in the transformation of areas like Midtown and Grand Center, fostering co-existence and benefit for both SLU and the city of St. Louis.
On Campus at Last

Saint Louis University’s latest proposal for Grand Center has Billiken fans, city officials and Grand Center representatives excited about the future. The board of trustees has approved the construction of a new SLU arena contingent upon raising an estimated $45 million in private donations.

“The new arena is a major step forward for SLU and Midtown St. Louis,” said Joe Adorjan (B&A ’63, Grad ’67), chairman of the University’s board of trustees and of the Grand Center board of directors. “The arena will serve as a catalyst in the continuing revitalization of the St. Louis metropolitan area and help drive SLU closer to our goal of being recognized as the finest Catholic university in the nation.”

SLU long has been leading a Renaissance of Midtown St. Louis. With the addition of the arena, SLU’s investment in Midtown St. Louis during the last 15 years totals more than $400 million. The new arena is projected to cost about $70 million. It will be located within the area bounded by Olive Boulevard, North Theresa Avenue, Washington Boulevard and North Leonard Avenue.

St. Louis Mayor Francis Slay (Law ’80) is enthusiastic about the project. “This project will provide a real boost to the city,” Slay said. “The dramatic resurgence of Midtown is due in large part to SLU’s steadfast loyalty to St. Louis. We thank the SLU trustees and Father Biondi for their vision and tangible commitments to our city.”

The new 13,000-seat arena will function as a true multipurpose campus events center, hosting many SLU events, including men’s and women’s basketball, commencement, conferences and conventions. The arena also will provide a mid-sized venue for concerts, family shows, sporting competitions and other community events in the St. Louis area.

“We envision many exciting educational, cultural, entertainment and athletic events in the arena that will greatly enhance the overall student experience at SLU.”

Student life at SLU will be enriched with the new multipurpose events center,” Biondi said. “We envision many exciting educational, cultural, entertainment and athletic events in the arena that will greatly enhance the overall student experience at SLU.”

Approval to build the arena was granted under the condition that it be “budget neutral.” This means that the cost of constructing and operating the new building must be supported by revenue generated from the building itself, not from the University’s tuition budget. Fund raising will fill the gap.

Michael F. Shanahan Sr. (B&A ’61), chairman and CEO of Engineered Support Systems Inc. and SLU trustee emeritus, is leading the fund-raising effort for the project. He is confident that SLU alumni and friends, as well as business and civic leaders, will step forward to support the arena.

Shanahan and his wife, Mary Ann, personally have pledged $1 million to the project, as have SLU trustee Thomas H. Brouster Sr. and his wife, Ruth. A University group will continue working on various aspects of the arena plan during the fund-raising campaign so that SLU is positioned to move quickly once the fund-raising goal is achieved. Design and construction time is estimated at 26 months.

― Bob Woodruff

Kathryn Hundman contributed to this story.
A new exhibit at the Saint Louis University Museum of Art focuses on priceless artifacts.

**Jesuit Treasures**

When the Rock Museum Building on the former St. Stanislaus Seminary in Hazelwood, Mo., closed its doors, the Jesuits of the Missouri Province faced a unique problem: Where would they preserve thousands of century-old Jesuit and western artifacts that had been housed in the museum? After much consideration, the Jesuits decided that Saint Louis University was the best fit for the collection. On May 2, the artifacts, known as the “Collection of the Western Jesuit Missions,” were unveiled for a comprehensive exhibit at the Saint Louis University Museum of Art.

“Saint Louis University is the perfect location to safeguard these Jesuit treasures, not only because of the shared history and status as the first university founded west of the Mississippi, but also because SLU has the best resources to preserve this important collection,” said Frank Reale, S.J., provincial of the Jesuits of the Missouri Province.

SLUMA is a renovated, four-story mansion with the necessary facilities to protect the items and make them accessible to a larger community.

“We are honored that Saint Louis University has been selected to preserve these significant historical relics,” said University President Lawrence Biondi, S.J. “They will continue to be a resource about our Jesuit history and the pioneers and immigrants who have traveled through our area as the ‘Gateway to the West.’”

In addition to an assortment of tools and objects used by the pioneer Jesuits of St. Stanislaus, the Jesuit collection includes four centuries of chalices from Belgium, France, Italy, the United States and Canada; a rare collection of Greek and Latin books dating from 1521, many brought to this country by Pierre-Jean DeSmet, S.J.; and Baroque and Rococo paintings once owned by Belgian nobility.

To experience the “Collection of the Western Jesuit Missions” first-hand, visit SLUMA, 3663 Lindell Blvd., which is open 1-4 p.m., Tuesday through Sunday, and noon-4 p.m. on Friday. The exhibit is free and open to the public. For more information, call (314) 977-3399 or visit http://sluma.slu.edu/.
The French and Germans used monstrances during the 14th century to accommodate the growing devotion to the presence of Christ in the consecrated host. The Provenance Monstrance was made in Germany in the early 1900s. Since then, many have contributed to its elegance. Emeralds, diamonds and pearls were gathered over the years from donors to elegantly decorate the monstrance. The inside of the monstrance is lined with heavy solid silver plates, which are made from melted silverware.

The Jesuit collection includes this celestial globe, which is the partner to another artifact, the terrestrial globe. The globes reflect the geographical knowledge of European mapmakers in the late 1600s — that heaven and Earth and the supernatural and the natural are divided. The globes are the only pair of their kind in the Western Hemisphere.

The origin of Jesuit Pierre-Jean DeSmet's European-style coat is a mystery although it is believed to be a gift from an American Indian tribe. It is thought that the painted vines, backed by green and red trade cloth, are an adaptation from a stole he wore while celebrating Mass. The cutout leaves and berries suggest eastern Plateau, Metis or Plains Cree manufacture.

Opposite page: The DeSmet crucifix shows an ivory figure of Jesus mounted on a rounded, wooden cross. Pierre-Jean DeSmet, S.J., kept this crucifix in his bedroom.
The refectory table dates to the 1840s and was handcrafted by the brothers of the St. Stanislaus community. The pewter candlesticks came from a Jesuit mission near Trinidad, Colo. A gothic wall bracket to the left depicts a Madonna with angels at her side. This is the oldest piece in the entire Jesuit collection. The napkin box in the background was used to hold a cloth napkin for each member of the community. Through the door to the right is a replica of a typical seminary bedroom.

The handcrafted pine altar and pews were constructed by Jesuit brothers for the novitiate chapel between 1830 and 1840. In 1925, the altar was moved to the infirmary and repainted a clean hospital white. It has been restored to look as it did in the period after the Civil War, when gold leaf was used to highlight the plaster ornamentation of the altar. The altar rail, where communicants would receive the Eucharist, is made of walnut and pine. A painting titled “The Immaculate Heart of Mary” hangs to the right. It is thought to date to the late 19th century.
The desk and the long black cassock belonged to Pierre-Jean DeSmet, S.J. The chair was not DeSmet’s but was brought to SLU as part of the Jesuit collection.

This wood, metal and ivory organ was built by Johan Wilhelm (William) Metz in 1846. Metz built widely in the Midwest during the mid-1800s, but this instrument is the only example of his work known to survive. The organ was built for St. Joseph’s Church but was moved to the Jesuits’ basement chapel when the church expanded during the late 19th century.

The display of a typical classroom at St. Stanislaus features four hand-crafted, pine desks and a home-made oak podium with revolving bookcase. In the front of the room, a map depicts the Mississippi River and the regions around St. Louis and the Kentucky border. The picture on the left wall is an engraving of the Arch of Constantine and the Coliseum.

Information compiled by Katie Hanson.
Once upon a time, dieting was easy — in theory, anyway.

We used to know what we had to do to lose weight: Exercise more. Eat less. Cut out fatty foods.

These days we’re not so sure. Is it really fat that’s making us fat, or are carbohydrates to blame? Or is it the type of fat? Does weight loss begin and end with counting calories, or is what we eat as important as how much?

For every magazine article touting one theory of diet and weight loss, another is published that seems to contradict it. And as the library of diet books and diet research expands, so do American waistlines.

To help separate truth from fiction, Universitas asked three dietary professionals — two on the faculty of the nutrition and dietetics department at SLU’s Doisy School of Allied Health Professions and one a graduate of the school’s internship program — what advice they give people who are trying to lose weight and cultivate eating habits that will keep them healthy for life.

They also asked our experts how well they follow their own advice.

Their answers suggest that despite the constant stream of new research and information, it is possible to develop healthy eating habits now that will be healthy for life — no matter what the newest study says.

Joy Short (Grad AHP ’94, ’97)
Assistant professor of nutrition and dietetics and director of SLU’s undergraduate programs in nutrition and dietetics.

“Among my personal pet peeves are diets that recommend drastically cutting out carbs,” Short said. “Because you’re not just cutting out carbohydrates, you’re cutting out beneficial nutrients.”

In fact, Short has a problem with diets that cut out any entire food group.

That’s in part because scientists don’t understand all the benefits of different kinds of foods, and eating across the food spectrum is the best way to ensure you get all of what you need to stay healthy, she said.

“New research is coming out all the time — weekly, daily,” Short said. “Until recently, we didn’t know about phytochemicals, for instance, which are compounds in plant foods that may help prevent disease. You can’t find a substitute for those.

“Some of my thinking has changed over the years with the research,” she said. “What’s timeless is that it’s important to eat all kinds of foods and not overdo it in any one area.”

Short said eating across the spectrum means not denying yourself foods you love, even if that means German chocolate cake or chili dogs loaded with cheese.
overs from the night before or a turkey sandwich with soup and yogurt on the side. Short said her natural tendency is to load up on carbohydrates, so she has to work to make sure she eats a variety of food.

“I keep a mental checklist during the day. I make a conscious effort to get in calcium sources and to get in meat or meat substitutes,” she said. “I like to do tofu, but my husband doesn’t like it, so I’ll take it for lunch throughout the week.”

Dinner also can be difficult because she and her husband have different tastes. “That’s something I’m aware of when I counsel my patients,” she said. “It’s not just what they’re willing to change, it’s what their family is willing to change.”

A dinner that satisfies Short and her husband might be an omelet with several egg whites and one yolk, loaded with vegetables and salsa and sprinkled with cheese.

“I love cereal for dessert,” she said. “I’ll have a bowl of Raisin Bran or Grape Nuts mixed with two or three other types of cereal after dinner.”

Overall she figures she eats about 1,800 calories a day. “On weekends I probably eat a little more,” she said. To stay fit, she lifts weights twice a week and tries to get in four hours per week on the cardio machines at the gym. She also rides horses and walks the family dog.

“It’s not easy to get the exercise in all the time,” she conceded. “If I fall behind, I try to catch up on the weekends or cut down a little on what I eat.”

The key is to eat them in moderation. “If you say, I’m never going to eat sweets, or potato chips or whatever, sooner or later, you’re going to fall off that wagon,” she said. “Having things in moderation is better because you don’t feel psychologically deprived.”

The trick to moderation is to eat when you’re hungry, but eat slowly and let your body tell you when it’s full. Sounds simple, but that’s not how most people eat, Short said. Most dieters self-impose strict rules about how much and when they can eat, a strategy that won’t work over the long haul because it tends to encourage cycles of deprivation and binging.

Short knows firsthand how this works — it was a cycle she used to go through herself when she was in college.

“Like so many college students, I didn’t listen to what my body needed. I had to learn to make moderation part of my lifestyle. It’s hard. We’re not used to listening to our bodies.”

But Short said the effort has been worth it. “I feel better now than I did then,” she said. “And I’ve lost weight since I stopped dieting.”

Personal Habits:

“I have oatmeal for breakfast most days of the week because I love it,” she said. “I eat fruit with lunch and as a snack in the afternoon. I try to eat three servings of fruit a day. In summer I eat more because it’s fresh.”

For lunch she’ll bring in stir-fry leftovers from a coffee shop or a plate of pasta at a restaurant as a single serving of grains, he said. In fact, the bagel probably counts as four servings, and, depending on the restaurant, the pasta could be as high as six or seven. That alone puts a diner within the six to 11 servings of grains recommended by the USDA.

“If you really follow the pyramid, it’s hard to consume too many calories,” Hart said. “What it does do is ensure you eat a wide variety of food.”

That’s not to say the pyramid couldn’t be improved.

“We’re still fighting over it,” Hart said. “There’s debate about flip-flopping the bottom two tiers.” Then the majority of a person’s diet would be made up of fruits and vegetables instead of grains.

Hart thinks those who want to eat more fruits and vegetables should do so, but as a public health scientist, he can’t advocate a diet that most people around the world — who must rely on grains such as rice for the bulk of their diet — would not be able to follow.

Bill Hart

Associate professor of nutrition and dietetics

In an age of diet “revolutions” and lose-weight-quick schemes, Bill Hart has a prescription for healthy eating that may strike some as old-fashioned: Follow the food pyramid.

The USDA’s guide to nutrition recently has come under attack in some quarters, with critics going so far as to blame it for America’s weight problem. They say that by encouraging people to eat carbohydrate-rich foods and fear fat, the pyramid has helped create a “health conscious” population that gorges on pasta, breads and sugary, low-fat snacks and then wonders why it’s getting fat.

Blame the gorging, not the pyramid, Hart said.

“The problem for most people is portion size,” Hart said. “Serving sizes are much smaller than you think they are. The pyramid works if you follow the recommendations.”

People tend to count a bagel from a coffee shop or a plate of pasta at a restaurant as a single serving of grains, he said. In fact, the bagel probably counts as four servings, and, depending on the restaurant, the pasta could be as high as six or seven. That alone puts a diner within the six to 11 servings of grains recommended by the USDA.

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Hart thinks those who want to eat more fruits and vegetables should do so, but as a public health scientist, he can’t advocate a diet that most people around the world — who must rely on grains such as rice for the bulk of their diet — would not be able to follow.
“That’s a public health prescription I can’t make,” he said. “It’s too expensive.”

Hart said the key to weight loss and maintenance is not only knowing how much you’re eating — which means understanding portion sizes and keeping a food journal — but planning meals and snacks in advance.

“I try to get people to anticipate when they’re going to get hungry. You have to think ahead and plan,” he said.

And don’t forget to exercise. Hart recommends finding an activity you love and then doing it for an hour every day.

“The trick is finding something you’ll stay with,” he said. “In college, a friend of mine and I used to bowl for exercise. We’d rent two lanes and bowl every day for an hour.”

**Personal Habits:**

**Breakfast for Hart is a tortilla with low-fat cheese, an egg, juice and a piece of fruit. For a mid-morning snack, he’ll eat an apple with a piece of cheese, followed by homemade wholegrain bread with a bowl of vegetable soup for lunch.**

He tries to anticipate when he’s going to get hungry during the day and have snacks ready. A bout with pancreatic cancer left him diabetic, and if he doesn’t keep his blood sugar levels constant, he feels tired and shaky.

“Supper is when I get into trouble,” he said. “I hate dibbles.” Because he wants to finish the plate, he sometimes overeats, he said. But because of the after-effects of the cancer, “I eat one bite too many and I feel sick, like my stomach is really being stretched.”

Hart said getting himself to exercise every day is a struggle. “I’m lousy at getting exercise in — I have all the excuses in the world,” he said.

He tries to walk every day for at least an hour with his wife and children or with one of the family’s four dogs.

“My excuse is, which dog do I take?” he said. “The answer, of course, is it doesn’t matter. You pick one, and you go.”

**Ellie Zografakis**

*A graduate of SLU’s internship program in nutrition and dietetics and co-owner of Nutriformance personal training and sports nutrition, based in Frontenac, Mo.*

“If I could do one thing to change people’s diets, I’d like to see fat-free products disappear from the shelves,” Zografakis said. “I tell clients: ‘Eat real cheese, eat real bread, eat real yogurt.’”

“Reduced and fat-free products send the wrong message — that fat is bad. You need fat!” she said. “It’s important for satiety,” the sensation your body gives you when it has had enough food.

Because she runs two fitness facilities that specialize in sports nutrition and personal training, where clients are paying out of pocket for her advice, Zografakis tends to see people who are more motivated to get in shape rather than an average dieter. They may also have done more research on their own before seeking the advice of a dietician.

“It’s a highly educated clientele, but they’ve been given a lot of misinformation,” she said. “A lot of what people learn is in a gym setting. It’s like the blind leading the blind.”

When she tells them to eat three meals a day and make sure to get enough fat in their diets, many are skeptical.

“We’re always able to prove ourselves to people who are doubters, but it can take a long time,” Zografakis said. “One of the big mistakes people make is letting themselves get too hungry. They starve themselves, and then they overeat. You need to eat enough throughout the day.”

She said the best way to eat healthy is to cook your own food because people who cook at home tend to eat smaller portion sizes. Even eating ready-made foods at home can be better for you than hitting the drive-through.

“Restaurants are a killer,” she said. “You eat one bagel at a coffee shop, that’s four servings. You eat a Lender’s Bagel at home, it’s two servings.”

One of the most overlooked ways for people to lose weight is strength training, she said.

“You look at guys who just lift weights; they get better results than girls who spend all their time on the Stairmaster,” she said. “Every new pound of lean body mass burns an extra 30 calories a day. From a metabolic standpoint, strength training gives you a good return on your investment.”

A cautionary note: Be careful not to overdo it.

“You shouldn’t exercise every day. Your body needs time off to rest,” she said. “If you exercise three times a week, you’re going to remain fit,” she said. “If you exercise five days a week, you get an ‘A.’ No one should work out seven days a week.”

Like Short, Zografakis admits she “used to be a dieter in college.”

“I probably weigh the same now as I did in college,” she said. “But since I started strength training, I’ve gone down a dress size.”

**Personal Habits:**

“I eat a varied diet, based on what I feel like eating that day,” Zografakis said. “I do try to eat some protein with every meal.”

Breakfast might be peanut butter and a banana, egg burritos or Wheat Chex, or an English muffin with milk. If she’s feeling hungry, she’ll have a snack before lunch and before dinner: a granola bar, a piece of cheese or an 80-calorie bottle of Gatorade.

Lunch might be a sandwich with mayo and cheese and a bowl of soup, or leftovers from home.

For dinner, she eats a meat dish, a vegetable dish and a pasta dish.

“I’ll always have some kind of vegetable because I don’t always get a chance to eat them during the day,” she said.

For dessert, she might eat cookies or ice cream. “I can eat two cookies and be done because I’ve already had enough to eat during the day.”

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Off the shelf

Here are the latest publications from alumni authors:

**Finding God in Troubled Times**
*By Richard J. Hauser, S.J. (A&S ’61, Grad ’64, ’69)*
*Loyola Press*

Richard J. Hauser, S.J., theology professor and graduate director at Creighton University, will be the first to admit that life isn’t always easy. After experiencing the deaths of six Creighton students in six weeks, Hauser found that the incidents left students confused and deeply challenged in terms of their faith.

In *Finding God in Troubled Times*, Hauser speaks to those who have questioned their faith in difficult moments. He combines scripture and scientific theories to explain that God does not cause suffering but does not abolish it, either. He reminds readers that, in hard times, they should turn to God for strength, just as Jesus did when facing crucifixion. In light of recent world events, Hauser’s book especially is pertinent to those seeking comfort through faith.

**What’s Your Excuse?: Making the Most of What You Have**
*By John P. Foppe (A&S ’92, Soc Ser ’01)*
*Thomas Nelson Publishers*

Eating breakfast, brushing your teeth, writing a letter — daily activities that require little thought but lots of arm work. How would you complete these tasks without arms? John Foppe could tell you. A professional motivational speaker and author, Foppe was born without arms but lives a normal life in the face of his life-altering condition.

In his inspirational book, Foppe explains the obstacles of living in a world unequipped for people with unique physical conditions. His approach to life revolves around four things: “a vision of hope, a calmness rooted in patience, a gritty determination to persevere and an intimate relationship with God through prayer.” Foppe’s personal struggles have paved the road for other people dealing with disabilities. His journey shows readers how to overcome their individual obstacles, finding their own place in the world.

**Poetry Comics: An Animated Anthology**
*By Dave Morice (B&A ’69)*
*T&W Books*

Whether you’re a poetry expert or student in the classroom, you’ve probably encountered poetry classics. But after perusing *Poetry Comics: An Animated Anthology*, you’ll never be able to look at William Shakespeare or Emily Dickinson in the same way. In his light-hearted, delicate manner, Dave Morice illuminates the works of classical authors such as Walt Whitman, T.S. Eliot and Edgar Allan Poe by presenting classic poems in comic book form. In addition to clever illustrations, Morice gives a short history of poetry comics and a step-by-step guide for making literary cartoons.

Morice also has developed a *Poetry Comics* postcard book. Much like *An Animated Anthology*, this small book approaches works such as Robert Browning’s “My Last Duchess” from a comical perspective.

**Marketing in the Soul Age: Building Lifestyle Worlds**
*By Harvey Hartman (B&A ’71)*
The Hartman Group Inc.

Harvey Hartman knows how to keep his business “in shape.” Since 1989, Hartman has operated a full-service consulting and market research firm that offers a wide range of services and products focused on health and wellness. His newest books, *Marketing in the Soul Age: Building Lifestyle Worlds* and *Marketing the New Natural Consumer*, exemplify these ideas.

In the former book, Hartman outlines a new way to understand effectively the active and constantly changing consumer. To come to terms with the evolving marketplace, Hartman writes that we should closely examine the “American soul and the attitudes that are influencing it.” He provides branding methods and retailing advice while giving the reader a deeper understanding of the different dimensions that affect a consumer’s purchase behavior.

Hartman’s *Marketing the New Natural Consumer* gives an in-depth explanation of how innovation, healthy products and services will continue to affect the natural food market in America. He identifies key factors in the growth of the wellness product industry such as price, lifestyle experience, availability and authenticity.

— Katie Hanson
Ellice Desantis (Nurs) has retired and lives in Prescott, Ariz.

Dr. Theodore Vinci (Dent) has retired and lives in Coconut Creek, Fla. He enjoys playing golf and bass fishing.

Dr. Ward L. Hart (Med) has been treating patients at the Samaritan Home Free Medical Clinic for the past two years. Dr. William Kagan (Dent) lives in Los Angeles and has been on staff at Santa Monica College since 1981.

Dr. Craig Booser (Med) retired in 1988 as associate dean at the University of Illinois College of Medicine. He teaches beginning computer and astronomy classes.

Dr. Erbert W. D’Anton (Dent) lives in San Marcos, Texas, and retired in 1989 after having been a dental professor at the University of Texas in Houston for 41 years. He was the chairman of the department of oral biomaterials for 30 years and was a member of the ADA’s Council on Dental Materials, Instruments, and Equipment.

Dr. James Brennan (B&A) has retired and lives in Tupelo, Miss. Frances B. Catanzaro (A&S) wrote the book, *With the 41st Division in the Southwest Pacific: A Foot Soldier’s Story*. This memoir tells about his experience in the U.S. Army and in combat during World War II.

Dr. Frank Fedor (A&S ’50, Med ’54) continues to practice internal medicine at Silbury Hospital in Washington, D.C.

Mary Joanne Rapp (A&S) has founded the Cornerstone Center for Contemplative Prayer, a Christian-centered meditation center. She and her husband, Edward, live in Phoenix.

John F. Bednar (B&A) lives in St. Louis with his wife of 59 years, Patricia. They have 30 grandchildren, four of whom attend SLU. Claude Giles (Parks) is retiring this year at the age of 76. He lives in Columbia, Calif., and is a retired U.S. Naval Commander.

Arthur Jobin (Parks) retired from United Airlines after 53 years in engineering and maintenance programs. He received a plaque from the FAA in appreciation for his dedicated service, technical expertise, professionalism and many outstanding maintenance contributions to further the cause of aviation safety. He lives in Valparaiso, Ind. Richard Mehan (A&S ’48, Law ’50) received the St. Louis County Bar Association’s 2003 Distinguished Service Award for service to the organized bar and the community.

Norm Hill (Parks) is retired and lives in Torrance, Calif. He has been a senior volunteer for the California Highway Patrol for nine years. Judge Theodore McMillian (Law) lives in St. Louis and will receive a 2003 American Bar Association Spirit of Excellence Award. The award recognizes the achievements of lawyers who have overcome enormous obstacles to assist in the advancement of lawyers from diverse backgrounds.

James Brennan (B&A) has retired and lives in Tupelo, Miss. Frances B. Catanzaro (A&S) wrote the book, *With the 41st Division in the Southwest Pacific: A Foot Soldier’s Story*. This memoir tells about his experience in the U.S. Army and in combat during World War II.

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Dr. James Brennan (B&A) has retired and lives in South Carolina. He talks frequently with classmates and friend Dr. Thomas Sofinides (Med) who is an endocrinologist in Hackensack, N.J. They visit each other from time to time and look forward to their 50th reunion in 2005.

Robert L. Jackson (A&S) and Mary Jane (Flickinger) Jackson (A&S ’50) have just retired from St. Petersburg, Rusia, as Fullbright Scholars, where both taught college students and traveled around Europe.

Floyd Hacker (A&S ’51, Grad ’58) has been retired for 10 years and volunteers as a tour guide at the St. Louis Cathedral.

Thomas Baker Jr. (JT ’52, Grad B&A ’61) retired from Southwestern Bell Telephone Co. in 1990. He lives in Kansas City, Mo., and enjoys traveling and visiting his 13 grandchildren in St. Louis, Chicago and Florida. Frank Finnegan (B&A) and his wife, Mary Cay, live in University City, Mo., and have eight children and 14 grandchildren. Frank joined Edward Jones as an investment representative in 1953 after leaving his New York Yankee position during spring training that year.

Sara Galligan (A&S ’52, Grad ’57) lives in La Jolla, Calif. She does volunteer work and received the Support Award from the Sisters of Social Service in 2002.

Susan Cooney Stechschulte (Nurs) and her husband, Dr. C. John Stechschulte (Med ’53), have retired and live in Ocala, Fla. Dr. Stechschulte was in the practice of pediatrics for 35 years in Lima, Ohio. They have seven children and 16 grandchildren.

Mary Joanne Rapp (A&S) has founded the Cornerstone Center for Contemplative Prayer, a Christian-centered meditation center. She and her husband, Edward, live in Phoenix.

Dr. James Fosbrother (Med) is retired and lives in South Carolina. He talks frequently with classmates and friend Dr. Thomas Sofinides (Med) who is an endocrinologist in Hackensack, N.J. They visit each other from time to time and look forward to their 50th reunion in 2005.

Robert L. Jackson (A&S) and Mary Jane (Flickinger) Jackson (A&S ’50) have just retired from St. Petersburg, Rusia, as Fullbright Scholars, where both taught college students and traveled around Europe.

Thomas R. Bobak (B&A ’56, Law ’60) is semi-retired and lives in South St. Louis. He has been a dental professor at the University of Texas in San Antonio since 1981.

Richard Plessas (A&S ’56, Med ’60) lives in Sugar Land, Texas. He is no longer in medical practice but is fully active in medically related research projects.

Kenneth M. Weinstock (Law) lives in St. Louis and retired from the bench in 1997. He is a partner with the practice, Weinstock, Weinstock and Weinstock.

Joseph R. Nacy (Law) is an administrative law judge with the Federal Energy Regulatory Commission in Washington, D.C.

Donald D. Phillips (B&A ’57, Grad B&A ’65) was appointed president of the Serra Club of St. Louis, which works to foster and promote religious vocations in the Catholic Church.

Richard W. Walsh (A&S) is the president of Walsh Financial Services, an insurance and investment business. He has two sons who are both Saint Louis University graduates.

John Hunthausen, S.J. (B&A ’58, Grad ’63), is the director of spiritual formation at Kenrick Glennon Seminary in Shrewsbury, Mo. He served as the treasurer of the Collegio San Roberto Bellarmino in Rome from 1986 until 2002 and as a member of the youth community from 1992 to 2002. During his sabbatical in 2001, he was a pastoral minister at Queen of Peace Parish in Aurora, Colo.

Emily B. Lyons (A&S) works as a part-time curator for the Randolph County, Ill. She is also a tour guide and local contact person for information regarding Randolph and Kaskaskia counties.

Robert Hellmuth (JT ’60, Grad B&A ’67) lives in Potomac, Md., and is semi-retired. He is an automotive consultant for himself and his sons and eight grandchildren.

Peter McDonough (A&S) lives in Los Angeles and is the co-author of the book, *Passionate Uncertainty: Inside the American Jesuits*. Marylyne S. Normile (A&S ’61, Grad Pub Ser ’65) retired after 39 years of teaching primary grades in the St. Louis public school system.

Gerald (Jerry) Meyer (A&S) lives in New York City and teaches English part time at City University in New York. Jerry stays busy writing his American Bar Association contract for his third book.

Charles Casey (A&S) is a professor of chemistry at the University of Wisconsin and was elected president of the American Chemical Society.

Dr. Thomas Garside (Med ’63, Hosp ’64) and his wife, Judy, live in Bettendorf, Iowa. They have three children and seven grandchildren. Thomas practices medicine and has been the medical director of the Vera French Community Mental Health Center since 1980. For the past few years, he and his wife have spent several weeks in Florida, making sure Dr. Mike Flynn (Med) counts all of his shots on the golf course.

Dr. Dean Eitel (A&S) is the assistant director of the public service graduate program at Saint Louis University. He is the president of the metro Chicago chapter’s International Personnel Management Association and a member of the publications advisory board for the Public Personnel Management Journal. He also has presented a workshop on strategic goal-setting at All Hallows College in Dublin, Ireland.

Dr. John M. Callahan (A&S) has retired from Kutztown University of Pennsylvania and was named professor emeritus of speech communication and theater. Edward J. Kammerer (Grad) is retired and lives in Pompeys Pillar, Mont. He just finished 12 years on the Yellowstone County Planning Board and does horticultural research as a hobby.

James Mauck (Soc Ser) received Regis University’s highest honor when he was named “Civis...”
Dr. Robert J. Muller (Nurs, A&S 66, Grad ’71) is a reference librarian at the Buder Branch of the St. Louis Public Library and at St. Louis Community College at Forest Park.

Anne (Ford) Landry (A&S) has retired as associate dean of education at Dutchess Community College of Poughkeepsie, N.Y. She and her husband, John, live in Jacksonville, Fla. … Kenneth J. Weindel (A&S, Grad ’66, Grad ’71) is a reference librarian at the St. Louis Community College at Forest Park.

Dr. Stephen R. Chismarich (A&S) lives in St. Louis and is director of corporate services at Coldwell Banker Commercial.

Dr. Randolph Alexander (Dent 70, Grad ’72) is an orthodontist enjoying life in San Diego. … Dianne Bergant, C.S.A. (Grad ’70, ’75) served as the 2000–2001 president of the Catholic Biblical Association of America. She now writes the “Word” column in America magazine. … Mike Garkovich (B&A ’70, ’71) is the first woman elected as presiding commissioner of Camden County, Mo. She serves on the local school board and was the first woman elected to that position 16 years ago.

Dr. Thomas S. Elias (Grad A&S) has been the director of the U.S. National Arboretum since 1994. He received an honorary diploma from the Russian Academy of Sciences for his lifelong work in dendrology and for his coordination of a Russian/American botanical exchange program. … Frank Eppredo (Parks) lives in Barkng Ridge, N.J. He is a B-737 pilot for U.S. Airways and is based in Philadelphia. … Timothy Heinz (A&S) is a professor and former dean at the University of Missouri–Columbia School of Law. He was recently elected vice president of the National Academy of Arbitrators. … John K. Hesford (Grad) is the senior pastor of a Lutheran church inDetroit. … Nancy Harris Kirchhoff (A&S) is president of the St. Louis Herb Society, which maintains the herb gardens behind Tower Grove House and the Missouri Botanical Garden. Her husband, Larry Kirchhoff (A&S), owns and operate Medtec Resources. … Gerry Rosenzweig (Parks) is the inspector general of operations and the equal employment opportunity officer for Civil Air Patrol. He and his wife, Lottie, live in Montgomery, Ala., and have three children and three grandchildren. … Ursula Neaf Shaner (Nurs) and two partners have started a geriatric consulting firm, Elder Support Services, in St. Louis.

Dr. Dennis W. Boyle (Med ’71) is a neuroradiologist in Dallas. His daughter, Dr. Michele Boyle (Med ’00), is in a general surgery residency at the University of Arkansas Medical Center. … Daniel A. Detwiler (Soc Ser) is a student at Erikson Institute in Chicago. He is studying for a graduate certificate in infant mental health. … Marie G. Dyak (A&S) produced a TV special, The Prize Winners, which recognized accurate depictions of health and social issues in film, TV and music. … Bernard A. D.S. Ferraro, O.D.F. (Nurs ’71, Grad Pub Ser ’76), keeps busy in Duran, Ecuador. She runs a place where the poor can eat breakfast and partake in a number of activities. She also works with a group to give missions of faith renewal. … Dr. Kelly Kirkpatrick (Law) and her husband, Joel, have relocated to Houston. She is now a partner at Kirkpatrick International, an award-winning corporate writing and public relations firm. … Dr. Stephen M. Pezzella (Med) was elected executive vice president of the Fallin Clinic in Massachusetts.

Dr. Elia Fischak (A&S) has published three new works: two non-fiction books, Boy Loses Girl: Bourne’s Librettists and The Tin Pan Alley Song Encyclopedia, and one play, Can’t Be He That Moves My Bones. … Susan Croce Kelly Kirkpatrick (Law) joined the staff of Professional Investment Management Services as an investment adviser representative. He and his wife, Mary, have three children and live in Flomson, Mo.

Charles A. Ahn Jr. (Law) was appointed to a senior position with the Southern Baptist Foreign Mission Board and travels to Latin America and Africa as a representative of Southern Baptists. … Jeffery Kotelewsky (Law) has joined the law firm of Slade, Bush & Kotelewsky in Clinton, Okla. … Robert Beck (Med) is professor of surgery in the University of Missouri–Columbia School of Medicine. … Ronald H. Beare (A&S) is a sophomore at St. Louis University. … Jeffrey Palmer (A&S) and his family moved to Pennsylvania in June 2001. He is the principal scientist of drug discovery for Johnson and Johnson Pharmaceutical Research and Development. … Ron Toczylo (Law) joined the staff of Professional Investment Management Services as an investment adviser representative. He and his wife, Mary, have three children and live in Flomson, Mo.
Dr. Fern R. Hauck (Med) lives in Earleville, Va., with her husband and two children. She is an associate professor of family medicine at the University of Virginia in Charlottesville, where she conducts research, teaches and offers patient care. She recently started a refuge and offers patient care. She will soon be listed in the publication The Best Lawyers in America. ... Grover F. Thompson (Grad B&A) retired from TRW in 1991 and is enjoying his free time.

Dr. John K. Appelbaum (A&S) joined BSW Litigation & Valuation Services as a senior consultant in 1987. In his spare time, he is active in the Boy Scouts of America and practices TaekwondoDo. ... Carol McComber (Nurs ’78, Grad ’82) is the manager of the women’s health unit at St. John’s Mercy Medical Center in St. Louis. ... Patrick O’Connor (A&S ’78, B&A ’80, Law ’83) is a self-employed tax lawyer and certified public accountant in Albany, N.Y. His wife, Gina (Coralelli) O’Connor (A&S ’79, Grad B&A ’81), is a professor of marketing and new product development at Rensselaer Polytechnic Institute. ... William J. Ryan (Nurs ’78, Grad ’81) is an associate professor in the department of exercise and rehabilitation sciences at Slippery Rock University in Pennsylvania. He teaches exercise physiology and other physiology courses.

Dianna (McGee) Antonucci (AHP) is a coordinator at the Southpointe Hospital Rehabilitation Pavilion in St. Louis. She is married with three children and lives in Oakville, Mo. ... Dr. David R. Blick (A&S) is practicing a cardiology living in Kansas City, Kan., with his wife, Sarah, and two teen-age daughters. ... Billy C. Booth (Grad) lives in Florida and is a retired U.S. Air Force colonel and school administrator. ... C. William Butts Jr. (Law) stays busy with his own legal practice in Galesburg, Ill. ... Dr. Melissa Ring (Grad ’79, ’82) is the assistant superintendent at Southeast Missouri Mental Health Center. She and her husband, Gary Carmichael (Grad ’76), live in Farmington, Mo. ... Paul S. Smith (A&S) lives in Tucson, Ariz. He has been promoted to associate astronaut at Steward Observatory at the University of Arizona. ... Bruce W. Thompson (Grad B&A) lives in Dauphin Island, Ala., and is retired as a financial adviser for Merrill Lynch.

Richard E. Hennicke (Soc Ser) is the executive director for the Society of St. Vincent de Paul, Council of the United States. He is also a part-time adjunct professor for SLU’s School of Social Service. ... Larry Oberkfell (Grad B&A) is president and chief operating officer of Schwab’s Food Service Group. He and his wife, Sandra, have two children. ... Meg Petkof (Pub Ser) is a reverse mortgage consultant for Wells Fargo Home Services as a senior consultant and a part-time adjunct professor in the University of Arizona. ... Chris (Falsetti) Cadieux is the executive director of the women’s health unit at St. John’s Mercy Medical Center in St. Louis. She is married to Dr. Robert Furey (Grad ’81), live in St. Louis with their five children. ... Father Tomas R. Maikowski (Grad) received the 2003 Distinguished Alumnus in Education Award from Marquette University.

A Real SLU Done It

Sullivan at SLU’s Health Sciences Center during National Nurses Week 2002. She is donating a portion of her book sales to School of Nursing scholarships.

People resign their deanships for all sorts of reasons: retirement, professional opportunities, family relocation. But Dr. Eleanor Sullivan (Nurs ’75, Grad Nurs ’81) figured that some people might find her reason for resigning as dean of the University of Kansas School of Nursing a little crazy. Initially, she shared her true motivation only with those closest to her.

“I wanted to write mysteries,” Sullivan said. “I’d never written a word of fiction in my life, but I love mysteries, and I love nursing. I thought a novel would be the best avenue to show nurses to be as smart and clever as they are. Even my accountant rolled his eyes when I told him.”

That was before Sullivan introduced her accountant and the rest of the world to Monika Everhardt, the protagonist in Sullivan’s debut mystery novel Twice Dead. Everhardt is a dedicated nurse who solves a murder in the intensive care unit at the fictitious St. Theresa’s Hospital in St. Louis. The mystery begins when Everhardt learns that a young woman who bled to death following an abortion never was pregnant. Twice Dead has been described as “compelling,” “insightful” and “clever.”

Getting her first novel published is not that amazing when you examine what else Sullivan has accomplished. She had five children — the oldest 12 and the youngest 6 weeks — when her husband was fatally injured in an auto accident. Inspired by the nurses who cared for her husband, Sullivan decided to become a nurse. Ignoring financial obstacles, she flipped through the Yellow Pages to find a nursing school and began a career that took her to the pinnacle of her profession.

After graduating at the top of her SLU nursing class, Sullivan decided to teach. Following several clinical and academic positions, she became associate dean of nursing at the University of Missouri-St. Louis and later at the University of Minnesota. She was dean of the University of Kansas nursing school from 1988 to 1995, and she continues to teach there.

Sullivan also was president of Sigma Theta Tau International, the nursing honor society. She has served on the boards of organizations and federal agencies. In addition to publishing numerous articles and award-winning nursing books, Sullivan was editor of the Journal of Professional Nursing. Her new book, Becoming Influential: A Guide for Nurses, was published this spring.

“Writing and editing professional text keeps me in this world,” said Sullivan, docket editor for the Sisters in Crime newsletter. “Writing fiction transports me elsewhere. It involves more of me. I actually feel I’m at St. Theresa’s sometimes. After writing a particularly tense scene, I’ll have to stop because I’ve scared myself.”

Sullivan credits much of her success to professors at SLU School of Nursing. Dr. Ruth Murray steered Sullivan toward psychiatric nursing in which Sullivan learned about people and what motivates them. The late Dr. Mary Castles helped Sullivan hone her writing skills.

Twice Dead is just the beginning for Sullivan and her nurse sleuth. In the second installment, Monika Everhardt confronts mobsters, an effort by nurses to unionize and the suspicious death of a Vietnam veteran. The book is due out in 2004 from Hillard & Harris Publishing. —Marie Dilg

Dr. Mary Castles helped Sullivan hone her writing skills. The late Dr. Mary Castles helped Sullivan hone her writing skills.
University. He is the director of education for the Diocese of Gallup, N.M. … Marie (Feldt) Senay (A&S) and her husband, Dave Senay (A&S), live in a busy raising three daughters in St. Louis. Marie formerly worked in procurement for McDonnell-Douglas.

Mary Jo Blackwood (Pub Hlth) lives in Ballwin, Mo., and does freelance medical and medical writing as well as professional speaking and training on health topics. … Ellen (Greco) DeVasto (B&A ’81, Grad B&A ’87) lives in St. Louis with her husband, Steve, and their three children. She works for Anheuser-Busch in information technology. … Linda Goldstein (Grad) was named one of the St. Louis’ Most Influential Business Women for her work as branch vice president of Dupont Flooring Systems. … Robert G. Kurtz (Grad B&A) was appointed as assistant vice president at First Bank in Hazelwood, Mo. … Paul V. Pancella (A&S) was appointed chairman of the physics department at Western Michigan University, where he is president of the Phi Beta Kappa chapter. … Sharon M. Wolfe (AHP) is a physical therapist and rehab supervisor at Blake Medical Center in Bradenton, Fla. She stays busy with her twins, Eric and Teresa.

Tom Ainsworth (A&S) was selected as the meteorologist in charge of the National Weather Service Office in Juneau, Alaska. … Karla E. Buttfer (A&S) is the district court judge in Pierce County, Wash. She and her husband, Robert, live in Tacoma, Wash. … Kevin Stuart Cavanaugh (A&S) and Teresa.

(Webb) Leek (Nurs ’82, Grad Nurs ’84) is a certified legal nurse consultant and a certified case manager. She has worked for RGL Forensic Accountants and Consultants in St. Louis for five years. … Dr. Howard Rosenthal (Grad) is the author of the first Human Service Ethics, which will be marketed in the United States and overseas. He also is the author of several books, including two best-sellers. … Sally J. Sidman (Nurs) is an emergency medicine physician in Danville, Ill., and is active in overseas missions.

Mary Beth (Moser) Clay (Law) has been appointed to a second term as commissioner for color in housing and ethnic diversity for the American Bar Association. … Clark W. Holtzman (Grad) works for Ernst & Young and lives in McLean, Va., with his wife, Ann. He also writes and publishes poetry. … Kathy Prescott (AHP) and her husband, Don Pap, live in Louisville, Ky. She is a supervisor of physical therapy for Jewish Hospital/Frazier Rehab Institute.

Eloise Chandler (PS) started her own business, the Networking Group, six years ago. She operated the St. Louis District Home-Based Business Advocate of the Year Award from the Small Business Administration. Dr. Steven G. Clemenson (Med) was a Bush Fellow in Biomedical Informatics at the Decision Systems Group at Harvard University in 2001-2002. He is the president of the General Electric Logistic User Group. … Michael Gibbons (Law) holds the second highest office in the Missouri Senate, the majority floor leader. Michael lives in Kirkwood, Mo., where he practices law locally. … John A. Lally (B&A ’84, Law ’87, Grad B&A ’88) and his wife, Bridget, have five children and live in Brentwood, Mo. He recently established the law firm of Rhodes & Lally with James E. Rhodes (Law). The firm focuses on personal injury, wrongful death and workers compensation cases.

Kathleen G. Doyle (Soc Ser) lives in St. Louis and works in marriage and family practice with Doris W. Helmering and Associates. She is on the allied staff at SSN and Mercy Health centers and is an adjunct faculty member at SLU. … Kathlene D. Keenoy (Nurs) has worked in the neonatal intensive care unit at Cardinal Glennon Children’s Hospital since she graduated from SLU. She and her husband have three children and live in O’Fallon, Mo. … Dr. Sandra Phillips (Grad B&A ’85, Grad Pub Ser ’99) is assistant professor of consumer studies at Syracuse University. She recently published an article about bank financing and discrimination in the Pakistan Journal of Applied Sciences.

Tim P. Blanchard (Law, Pub Hlth) is a health law partner in McDermott, Will & Emery in Los Angeles. He recently established the public counsel’s community development project “Outstanding Advocate” for the second year in the row. … Dr. Thomas J. Lynch (Med) was married in May to Yekaterina Beryusmatkina. They live in Yuba City, Calif., with his six children. … Angus Lemon (Parks) has been with Gascony for 14 years and is the director of the thermal systems engineering groups in Torrance, Calif., and Birmingham, England. … Josef T. Peli (Parks) lives in Erlanger, Ky., and is married with three boys. After 11 years at Comair Airlines, he is now the captain of a 50-passenger regional jet. … Sam Rimell (Parks) is a primary patent examiner in the U.S. Patent and Trademark Offices in Washington, D.C. He received the U.S. Department of Commerce Bronze Medal for career service in patents and trademarks. … Michael Vogt (A&S) has been elected to the Missouri General Assembly as a state representative from the 66th District in St. Louis. He is a general legal counsel in private practice and has his own law firm of Voght and Howard, also in St. Louis.

Dr. Scott Lamb (A&S) received his medical degree from the University of Cincinnati in 1992. He practices musculoskeletal and pain management medicine in Corpus Christi, Texas, where he and his wife, Jeanette, live. He also has his own private medical practice and physical therapy gym. … Martin J. Lyons (B&A) is the vice president of the American Business Association in St. Louis. He lives in University City, Mo., with his wife, Leslie, and children, Allison and Trey.

Dr. Michael A. French (A&S ’89, Med ’94) is a first-year neonatology fellow at Washington University/St. Louis Children’s Hospital. He and his wife, Alisa M. (Hettenhausen) French (A&S ’89, Grad ’93), live in Clayton, Mo., with their daughter, Ellyana Elise. … Adam Giganti (Law) was elected president of the Sangamon County (Ill.) Bar Association for 2003.

Steven R. Aubuchon (A&S) and his wife, Laura, live in Durham, N.C., and had their first child, Wesley Robert. … Terrance G. Brennan (Grad) is the executive director of Global Partnerships for Excellence in Education, Research and Service in Wauwatosa, Wis. … Dr. Joseph F. Czvik (Med) lives by the beach in Carlsbad, Calif., is happily married and has two girls. He is a partner in an internal medicine practice and enjoys spending time with his family, including going surfing, playing golf and guitar. … Dr. Marlene B. Griffin-Bunnell (Grad) is the manager of the business intelligence department of U.S. Demand IT at Eli Lilly. She was named a 2001-2002 Chairman’s oatmeal Award winner, and she lives in Indianapolis. … Charles B. Jellinek (A&S) has been named partner at the law firm of Graber, Jellinek & Beck. He is a member of the labor and employment and class and derivative actions client service. … Robert G. Kurtz (B&A) is a partner in the Barrett and Deacon law firm. … Dr. Mary J. Petruska-Nordman (A&S ’99, Med ’94) is a pediatrician for St. Louis County’s Gestation Center at St. Joseph’s Health Center, St. Charles, Mo. … Michael A. Reilly (A&S ’90, Law ’93) received the St. Louis County Bar Association’s 2003 Outstanding Young Lawyer Award.

Louis A. Brightton (Grad) is a professor at Concordia Seminary. He is writing a Christology of Revelation. … Manuel P. Romero (A&S) lives in Madrid, Spain, and is married and has two children. He is the purchasing director for Compass Group. … Karen A. Mulroy (Law), a special counsel author, is a member of the Evans and Dixon law firm workers’ compensation practice. She is a member of the Missouri Bar Association, the American Bar Association, the Bar Association of Metropolitan St. Louis and the Women Lawyers Association of St. Louis.
Dr. Christopher Bee (Med) and his wife, Maureen, recently had their fourth child. Christopher will separate from the U.S. Air Force in the summer and will join Colorado Pathology Associates at McKee Medical Center in Loveland, Colo., where he will start a new clinical flow cytometry service.

Louise (Roderwald) Gregory (AHP) had twin girls, Nina and Elise, on Jan. 7, 2002. ... Dr. Brian Poole (A&S) completed his internal medicine residency program in nephrology at the University of Colorado. He is married to Dr. Jill Ship in November. ... Terry, welcomed their second child, Gunnar, with his wife, Mary. ... They live in Kansas City, Mo. ... Kevin Shen (B&A) is the president and co-founder of Securanix, a computer network and Internet security consulting and outsourcing firm in St. Louis. He lives in Clayton, Mo. ... Dr. Adam Skelton (Grad ’95, Pub Hlth ’96) is the information strategic adviser to the Center for Disease Control and Prevention and will relocate from Bainbridge Island, Wash., to Atlanta.

Mark E. Bisch (Law) and Daniel A. Crowe (Law) are partners with Bryan Cave in St. Louis. ... Jennifer (Mooser) Diener (A&S) and her husband, Johnathan, welcomed their second daughter, Caitlin Elizabeth, in November. ... Linda M. Guhe (Soc Ser) lives in St. Louis and runs a private psychotherapy practice. ... Rev. Bryan Salminen (Grad) is an associate professor of practical theology at Concordia Theological Seminary in St. Louis. He helped launch www.zoescore.com, a Web site designed to prepare couples for marriage.
Despite her appearance in the “In Memoriam” section of the last issue of *University*, we are pleased to report that Elise H. (Siebert) Petri is alive and recently celebrated her 97th birthday. We apologize for the error.
Loyola University Chicago. … Amy E. Crawford (Pub Ser ’97, Grad ’99) is a speech-language pathologist in the Muskego–Norway school district outside of Milwaukee. Her fiancé, Bradley A. Purcell (A&S ’98), is earning a specialty degree in prosthodontics at Ohio State University. … Candy Czernicki (PS) is a reporter for the Catholic Herald, the Milwaukee archdiocesan newspaper. … Carissa (Burns) Eckert (AHP ’97, Grad ’99) and Jason Eckert (A&S) welcomed their first child, Cassandra Marie, in December. They live in Milwaukee. … Dr. Laura Hobgood-Oster (Grad) is chair of religion at Southwestern University in Georgetown, Texas. … Arindam Kar (A&S) and Shanna (Monnig) Kar (B&A) were married in St. Francis Xavier College Church in 2000, followed by a Hindu wedding in Calcutta, India. They recently welcomed their first child, Indira Grace, and live in St. Louis. … Dr. Grant D. Johnson (Grad) is a full-time graduate student at the University of Maryland in Baltimore. He has an internship at Arrow Center for Education. … Dr. Grant D. Johnson (Grad) lives in Dallas practicing orthodontics full time in the area suburbs.

management practice in New York City. … Qing Lin (Grad B&A) is an accountant at Calyx Software in San Jose, Calif. … Jeremy Sax (A&S) has been promoted to administrative manager of Dalhle in Miami. … Ryan Walsh (A&S) is in his internship year of a family practice residency at the University of Illinois.

Solutia. He married Jessica (Redd) Benda (AHP ’01) in September. They plan to relocate to Sacramento, Calif. … Michelle (Gossman) Hardgree (Nurs) is a registered nurse in neonatal intensive care at St. Joseph Health Center. Her husband, Scotty Hardgree (B&A), is a senior account manager for LockLine Insurance. They live in Leawood, Kan. … Gail (Campbell) Miller (Grad) moved to Chicago in 2001 as a freelance television commercial producer and has started her own company, Reelize. She partnered with another producer, and they are Midwest representatives for commercial production companies.

James B. Daugherty (Law) has joined the general counsel’s office at the National Imagery and Mapping Agency in St. Louis. … Michael A. Durdock (Soc Ser) is a full-time graduate student at the University of Maryland in Baltimore. He has an internship at Arrow Center for Education. … Dr. Grant D. Johnson (Grad) lives in Dallas practicing orthodontics full time in the area suburbs.

Kimberley H. Haynes (Law) has left Kirkpatrick & Lockhart in Washington, D.C., to join Morgan Stanley’s institutional asset management practice in New York City. … Qing Lin (Grad B&A) is an accountant at Calyx Software in San Jose, Calif. … Jeremy Sax (A&S) has been promoted to administrative manager of Dalhle in Miami. … Ryan Walsh (A&S) is in his internship year of a family practice residency at the University of Illinois.

Fred Benda (B&A) is a marketing manager for...
Alumni Associations

■ Allied Health Professions
Maggie Gamhill ('97)
Local alumni, students, faculty and staff participated in the American Heart Association Heart Walk on May 3.

■ Arts and Sciences
Robert Steck ('79)
Enjoy open-air suites and a full picnic dinner at the minor league River City Rascals game on Friday, July 11. Tickets are $20 per person. … Get ready to roar when the Lion King plays St. Louis’ Fabulous Fox Theatre. Join fellow alumni Sunday, Sept. 21. The $65 fee includes orchestra seats and a pre-theater reception on campus.

■ Black Alumni Association
Georgella Ford (Soc Ser ’87)
The Black Alumni Association will co-sponsor a display of the works of Nathan B. Young at the Saint Louis University Museum of Art. Look for more details soon.

■ Dental Alumni Association
Dr. Gene Hayes (’66)
The 2003 Dental Reunion for classes ending in three or eight will be held in conjunction with the Mid Continent Dental Congress Sept. 12-13 at the Chase Park Plaza Hotel. To help with planning, call (314) 577-8106.

■ Medicine
Dr. Thomas J. Olsen (’79)
The School of Medicine Reunion for classes ending in three or eight will be the weekend of Oct. 16-18. Visit the Web site medschool.slu.edu/alumni for more details. To help with planning, call (314) 577-8106.

■ Nursing
Dr. Anne G. Perry (’76)
The School of Nursing held a collaborative fundraising event with the St. Louis Chapter of Hadassah April 6 to benefit the school’s new program in disaster preparedness and Hadassah’s Center for Emergency Medicine in Jerusalem. The event was chaired by University Trustee Nancy Siwak and Elsie Roth (’83).

■ Parks College of Engineering and Aviation
Carrie Traven (’95)
The annual Oshkosh barbecue will be Friday, Aug. 1, at Parnell’s Place. This year, alumni can celebrate Founder’s Day and meet the new dean, Dr. Bjong Wolf Yeigh.

■ Public Health
Maureen Dunn (’86)
The school’s next Happy Hour will be Thursday, Aug. 28, at a Clayton, Mo., location. … Dr. Andrew Balas invites all alumni to stay in touch with the school. Contact Maura Brennan, director of development and alumni relations, at (314) 977-8253 or brenname@slu.edu for updates and information.

■ Public Service
Dr. Tim Bagwell (’01)
A group of local alumni is meeting once a month to help identify potential programs, events and services for alumni. If you’re interested, contact alumni@slu.edu or call (314) 977-2250.

■ Student Alumni SAA invites all St. Louis

For more information or reservations for any of these events, contact:

• The office of alumni relations at (314) 977-2250, alumni@slu.edu or www.slu.edu/alumni

• Health Sciences Center alumni relations at (314) 577-8106

Welcome home!
alumni to participate in the Billikens Encounter Alumni Mentors program. Local alumni who are interested in mentoring SLU students should visit www.slu.edu/alumni/beam or call (314) 977-3421.

Young Alumni
Take yourself out to the ballgame when the Cardinals face the Dodgers at 7:05 p.m. Thursday, July 10, at Busch Stadium. The cost is $11 for a bleacher seat. … Road trip south to see the Memphis Redbirds in action. The weekend of Aug. 22-24, the YAA will lead a caravan to Memphis for a two-night stay at the Sleep Inn, located in the heart of downtown. The cost is $130 per person based on double occupancy. … Kick off fall with a Katy Trail bike trip from 10 a.m.-2 p.m. Saturday, Sept. 13. The 15-mile ride is free and will include a stop for lunch. … Oktoberfest is 8 p.m.-midnight Friday, Oct. 24, at the Tap Room. The $10 fee includes entertainment; two drink tickets, snacks and prizes. … To join the advisory committee, call (314) 977-2214 or e-mail youngalumni@slu.edu. Meetings are held on the second Thursday of each month.

Get involved wherever you are
Our alumni clubs in cities across the country are making plans for future events. To learn more or get involved, contact alumni relations at (314) 977-2250, 1-800-SLU-FOR-U or alumni@slu.edu. Or contact the club leaders listed to the right. To ensure that you’re up-to-date with Club City events, send your name and e-mail address to alumni@slu.edu.

Summer Send-offs
All alumni, students and their parents are invited to the annual Summer Send-offs to meet area students who will attend SLU for the first time. This year, gatherings are scheduled for the following cities:

Dallas, July 26
Cincinnati, Aug. 2
Louisville, Ky., Aug. 3
Kansas City, Aug. 9
Omaha, Neb., Aug. 9
Milwaukee, Aug. 9
Denver, Aug. 9
Chicago, Aug. 9

Call (314) 977-2250 to make reservations for any game. *Not a Cardinal game.
My Senses at the Border

By Billy Brennan

Before I left for my spring break mission trip to San Benito, Texas, I thought I knew how to see, feel, taste, smell and hear.

I did not.

Thankfully, God really opened my eyes during this trip, and He showed me how to use my senses to their fullest.

La Posada Providencia in San Benito was my third SLU spring break mission trip sponsored by campus ministry. La Posada is a temporary shelter for refugees who are en route from the Rio Grande Valley of southern Texas to other destinations in the United States and Canada. Most of these refugees come from Central America or Mexico, but some come from other parts of the world. All are waiting for court dates for their possible American citizenship.

These people just want the freedom that I enjoy daily and take for granted too often. I met a pro bono lawyer, Bill Wagner, who said that less than 7 percent of people who apply for citizenship actually get it. So what happens to the other 93 percent? Most of the denied end up going back to their countries and risk being killed or harmed for leaving; others attempt to live in the United States illegally. But if someone living illegally in the United States is caught, he or she can be held for a long time in a detention center and face charges and ridiculous fines.

In San Benito, I gardened, painted and cleaned, but the main purpose for my trip was to get an education about what happens at the border — to have my senses, literally, put to a test. I got to see firsthand what it was like to be an immigrant in search of something better.

I touched and held the hands of a bare-foot boy in an extremely poor, rural part of Mexico (not too far from the border) as he climbed down from a tree. The boy should have been in school but could not attend because he did not own shoes, and his family could not afford them. His mother was inside their one-room house recovering from a routine surgery involving far-from-routine hospital regulations. The mother was not allowed to leave the hospital until her $600 medical bill was paid. Fortunately, she was able to get the money, but that left her with nothing. If a family cannot afford shoes, the children are denied an education?

I tasted the foods the refugees ate when we dined together at every meal, and as simplistic as this sounds, I found out that they are just like us. The food we shared was basic, but the conversations we had were complex. We discussed how the refugees got to where they are today and why they left their home countries. It was not until I took part in this universal activity — sharing a meal — that I fully realized that refugees, immigrants and the homeless just want a safe haven, but are likely to be denied.

I smelled a rotting carcass outside of a family’s home as I went to see firsthand how people live without any running water or electricity. How could they have any determination with such a scarcity of what I consider daily necessities? How could they live like this — not only without water or electricity — but with the smell?

I saw the eyes and determination of a man named Juan who had so much pride, dignity and hope of becoming an American citizen. He had been denied this dream, not once, not twice, but six times. These denials will not stop Juan. He is set on American citizenship because he is not safe in Mexico. At home, he was wrongfully accused of drug trafficking and was in jail for 22 months. He says that the real criminals will murder him if he returns; yet we deny him political asylum?

By Billy Brennan

I heard a pro bono lawyer say that the immigration process contains “varied degrees of unfairness.” This from a person who has so much experience with the immigration process, yet no confidence in its equality. Where is the justice?

This is how my five senses were put to a test during spring break. I learned how to open my eyes and my mind to see that it is not someone else’s responsibility for what happens on the border. It is every American’s responsibility for everything that takes place at the border. This experience gave me just a little taste of the injustice that immigrants and refugees have to go through daily. I heard the voices of the needy cry out. Their lives have touched mine. My senses were put to a test. And in the process, God showed me that my senses should be used for others, not just myself.

Billy Brennan has completed his junior year at Saint Louis University and was an intern in the publications and graphic design office this spring. He is majoring in communication. Brennan was one of 140 SLU students who went on 12 spring break trips sponsored by the SLU Christian Action Program.
SLU is a family affair

I have just finished reading my son’s Universitas magazine and was impressed with the article “God in All Things” (winter 2003). My husband and I are both Creighton ’72 graduates and can attest to the Jesuit experience. Even though our sons did not choose to attend Creighton, SLU has been a great experience and education for our family.

You may be interested to know the role SLU plays in our extended family. We have six men who have attended or are attending the University. Their names are Kevin Manning ’02, Michael Manning ’04, Tim Funke ’06, Kyle Kelly ’06, Connor Kelly ’03 and Mitchell Kelly ’04. I’d guess this isn’t a record for SLU, but the parents in our family are certainly glad that our kids are getting a Jesuit values-based education that will provide a foundation for life.

Mary T. Manning
Dallas

SLU alumni maintain friendship with Shaner

It is always a great pleasure to receive Saint Louis University’s Universitas periodical. This issue is extra special to us, the MBA graduates in Malaysia. Dr. Michael Shaner (featured on the winter 2003 cover and in the article “I Teach Because …”) has always been a good friend to the Malaysian students, and our friendships continue to flourish although we left school more than 15 years ago. Since 1996, whenever he is in the Asia Pacific Region, Mike makes a point to visit us in Kuala Lumpur. He is still giving us his special gifts. His visit has since become our “unofficial” annual alumni gathering. Once again, thank you for honoring the award-winning faculty members who have definitely made great contributions in our lives and career development.

Marinah Ramli (Grad B&A ’89)
Kuala Lumpur, Malaysia

Teaching before preaching

I received the winter issue of Universitas several days ago. As usual, I was very pleased with it. I especially enjoy the items about what is going on currently at SLU.

I found a mistake in this issue, and I call it to your attention not to be finding fault, but because I think that the correction leads to an interesting story. In your “In Memoriam” column on page 28 you speak of Raymond L. Sullivant, S.J. The mistake is in the line that reads: “Fr. Sullivant first came to SLU in 1968 as an assistant professor of modern languages.”

The year is incorrect. How do I know? As a Jesuit studying at SLU, I took several French courses taught by Ray Sullivant during the 1958-59 school year. This was before Ray entered the Jesuits, but he was at that time already a member of the faculty in modern languages.

The thing that interests me is that I have known several Jesuits who left the order and then joined the SLU faculty, but Ray is the only man I have heard of who taught at SLU before becoming a Jesuit.

Congratulations on a fine magazine.
Keep up the good work!

Tom Bannantine, S.J.
(P&L ’58, A&S ’67)
Omaha, Neb.

Editor’s note: Indeed, our University archives department confirms that while still a layman, Sullivant joined SLU’s modern languages department in 1953 and left in 1959. He returned to the University in 1968 as an assistant professor and Jesuit priest. Thanks for the clarification.

Corrections

On page 2 of the winter 2003 issue of Universitas, we included a photo of the 2002-03 homecoming queen accepting flowers during reunion weekend. The queen’s name is Katie Whiting, not Kim Bujarski as we incorrectly stated. Bujarski was, in fact, the 2001-02 queen. Congratulations to Whiting and our apologies for the error.

Dr. Daniel L. Schlafly Jr. (Grad ’89, Grad B&A ’98), professor of history, has offered some astute observations regarding the suppression and restoration of the Society of Jesus provided in the timeline as part of the story “God in All Things” (winter 2003).

In the timeline, 1773 was given as the date for the beginning of the suppression, while 1814 was listed as the date when the Society moved back into education.

Schlafly points out that the 1773 papal brief Dominus ac Redemptor was the final chapter in the expulsions and suppressions of the Society, which “began in Portugal and its possessions in 1759, then France in 1764, Spain and its possessions in 1767, Naples in 1767 and Parma in 1758.”

In contrast to written sources used for the story, Schlafly also contends that the Jesuits continued to hold education as a major emphasis before the restoration of the Society in 1814.

“The Society had four colleges and two other schools in the Russian Empire in 1773 and not only continued these throughout the suppression era (1773-1814), but even opened new colleges in St. Petersburg in 1801 and 1803,” Schlafly writes.

Schlafly also argues that before the restoration, other groups of Jesuits resumed living and working as Jesuit communities with permission from Rome.

“Five former Jesuits renewed their vows in 1805, and the following year, Jesuits began teaching at Georgetown, founded in 1789 by the former Jesuit John Carroll on the education model of the Ratio Studiorum,” Schlafly writes. “Jesuits also operated schools and taught the Jesuit curriculum before 1814 in Naples, Palermo, Rome, Parma, Piacenza, Stonyhurst in England and even the Aegean Islands.”

We Want to Hear from You

Please send us your letters, class notes and address changes. There are three easy ways to reach us.

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utas@slu.edu

By e-mail:

Visit us online at:
www.slu.edu/pr/universitas.html

Kind words

Just wanted to say congratulations on a fine publication. I thought the “Focus on Teaching” issue was great.

Sylvia H. Henken
Carlyle, Ill.
What is the best way to keep up with Saint Louis University news and alumni activities? By e-mail, of course!

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