Celebrating the Ignatian Anniversaries

Experts Give Advice on Exercise
Women’s Soccer Makes History
Match Roommates With Rooms
Remembering One Jesuit’s Life
This year, Jesuit schools and institutions all over the world are celebrating the Ignatian Anniversaries Year. At the request of Peter-Hans Kolvenbach, S.J., superior general of the Society of Jesus, the entire Jesuit family is marking the 500th anniversary of the births of St. Francis Xavier and Blessed Peter Favre, two of the very first Jesuits, as well as the 450th anniversary of the death of St. Ignatius Loyola, founder of the Society of Jesus. (Read more about these fascinating men in Dr. Ron Modras’ article on page 8.)

Here at Saint Louis University, we started the observance last fall with lectures, prayers and discussions. We are continuing this spring with more presentations and conversations. SLU’s events for the Ignatian anniversaries year continue to present extraordinary opportunities to focus on our Jesuit heritage and its impact on our world today.

While it’s easy to get caught up in the far-reaching influence of these men and their work, I sometimes wonder if we have sufficient opportunities to focus on our Jesuit heritage and its impact on our world today. SLU’s events for the Ignatian anniversaries year continue to present extraordinary opportunities to focus on our Jesuit heritage and its impact on our world today.

Several years ago, I read an article by Tom Powers, S.J., called “21 Things You Didn’t Know About Ignatius” in Loyola Marymount University’s magazine. Although the article appeared almost six years ago, its message has stayed with me. Among many others, some of the article’s facts about Ignatius included:

1) He was a nobleman. He was born “Iñigo de Loyola” to a family of strong traditions and a history of misdeeds.

2) He grew up without his mother. She died shortly after his birth, and Ignatius was raised by a nurse and a sister-in-law.

3) He was, well, a “bon vivant.” As Powers writes: “The very stamp of a man’s masculinity and repartition lie in both his word and his sexuality. The future saint met both expectations exceedingly well.”

4) At 28, he was given last rites. This followed a cannonball injury that shattered one of Ignatius’ legs and seriously damaged the other during a battle at Pamplona, Spain. His convalescence from this life-threatening injury changed his life and set him on the path to spirituality.

5) He had cosmetic surgery. He demanded that a bone protruding from his leg be sawed off.

6) He was an early proponent of highlighters. Remember, this was long before anesthesia.

7) He became a beggar. Ignatius lived for a period as a pilgrim, wearing sackcloth and one raveled shoe.

8) He looked terrible. During his years as a pilgrim, Powers reports, “He gave up meat and wine, staples of the Basque diet, and stopped taking care of his appearance, of which he had been so proud.”

9) He felt terrible, and he felt terrible about it. Ignatius dealt with severe abdominal pains for years. His autopsy revealed “almost innumerable” gallstones; today his condition would be diagnosed as biliary colic. He later instructed the Jesuits that, unlike him, they should not harm themselves with extreme fasting and penances.

10) When he died, there were a thousand Jesuits. He started with a band of six companions in 1541, and at the time of his death in 1556, there were 1,000 living in Europe, India and Brazil.

11) For me, it’s often comforting to view Ignatius as a person and not just as a saint. When we approach his life and works in relation to our own, we can truly follow his example and “find God in all things.”
Biondi named ‘Citizen of the Year’

Saint Louis University President Lawrence Biondi, S.J., was named St. Louis’ “Citizen of the Year” for 2005. Awarded by a committee of former recipients, the honor is given to a community leader who demonstrates concern for St. Louis growth and vitality. The honor, sponsored by the St. Louis Post-Dispatch, was announced Jan. 1. Past recipients of the award, which was established in 1955, include Jack Buck, John Danforth, August Busch III, Ozzie Smith and former SLU President Paul Reinert, S.J.

Thanksgiving in New Orleans

Nearly 40 Saint Louis University students spent their Thanksgiving holiday in New Orleans participating in rebuilding efforts, rather than heading home to celebrate with family and friends. While in New Orleans, the students worked with volunteers from Celebration Church, a Christian church with 3,000 members located just outside of New Orleans. Although one of its facilities was eight feet under water for 10 days, the church has conducted relief efforts since the disaster struck. The SLU students served on a food line that provided 4,000 meals a day, assisted with rebuilding and clean-up projects in the hardest hit areas and handed out supplies to local residents.

New VPs join SLU

Thomas W. Keefe, former president of the University of Wisconsin-Oshkosh Foundation, is Saint Louis University’s new vice president for development and University relations. He joined the University Dec. 1. In addition to heading the University of Wisconsin-Oshkosh Foundation, Keefe was also executive director for university advancement. During his tenure, grant support increased 130 percent, foundation pledges increased 295 percent, and the number of donors increased. Previously, Keefe was executive director of the Catholic Aid Foundation of St. Paul, Minn. He also served as associate vice president of institutional advancement at the University of St. Thomas in St. Paul.

Frank Reale, S.J. (A.M. ’74) became SLU’s new vice president for mission and ministry Jan. 1. The former provincial for the Jesuits of the Missouri Province, Reale had served in campus ministry as chaplain to SLU’s School of Law since August 2004. He now oversees all areas of mission and ministry, including campus ministry and pastoral care.

From 1997-2003, Reale led about 300 Jesuits who serve in five states and Belgium. He also worked closely with the leadership of the province’s universities, high schools, retreat houses and parishes. Reale served the Missouri Province for 15 years. He was assistant for formation/secndary education and vacation director. He also taught at St. Louis University and Rollins High Schools.

SLU researchers test bird flu vaccine

Bird flu infections in humans have prompted a new study at Saint Louis University. Through a study sponsored by the National Institutes of Health, SLU researchers will test an investigational bird flu vaccine in children ages 2 to 9, a population that is especially vulnerable to influenza.

The National Institute of Allergy and Infectious Diseases, part of the NIH, already has tested a new H5N1 avian influenza vaccine in healthy adults at clinical sites across the country. Now that safety data are available from the first adult study, NIAID is testing this vaccine in other populations, including children.

SLU will conduct a research study using a killed flu virus vaccine for the bird flu virus, known as AH5N1. This experimental vaccine was made the same way as “regular” flu vaccine that is given to people every year before flu season. In this study, researchers are evaluating the investigational vaccine’s safety and ability to stimulate antibodies, part of the body’s proteins that fight infections, in children. Study participants may receive two or three doses of the investigational vaccine. There is also a chance that participants will receive a placebo injection of saltwater instead of the investigational flu vaccine. Nationally, 120 children will be vaccinated.

Research Building goes green

Saint Louis University’s new biomedical Research Building could become the largest facility of its kind in the St. Louis area to earn a “green” designation from the U.S. Green Building Council, a leading non-profit group dedicated to sustainable building design and construction. The University is seeking silver certification in Leadership Energy & Environmental Design, a rating system administered by the council.

The LEED Green Building Rating System is a voluntary national standard for developing high-performance, sustainable buildings. To qualify for LEED certification, buildings must meet certain standards in energy efficiency and other areas.

Very few major research facilities seek LEED certification, so that’s because these structures have significant construction and operational demands, he said. Although there are increased costs associated with constructing a LEED-certified building, he said, the benefits are significant.

Belshe honored by Scientific American

In the December issue of Scientific American, Dr. Robert Belshe (pictured left), director of the Center for Vaccine Development at the School of Medicine is listed as one of “Scientific American’s 50 for 2005: Leaders Shaping the Future of Technology.” Belshe was singled out for “getting serious about flu,” citing his 2004 article in the New England Journal of Medicine on intradermal flu vaccinations as an alternative to the traditional flu shot. “This insight could also lead to an array of new techniques for administering regular flu vaccine to groups, such as the elderly, who often have a weak response to the traditional flu shot,” the magazine writes. Belshe has conducted research related to influenza for more than two decades.
**News Briefs**

**Dr. Mark Varrares** (Mod ‘96), a head and neck surgeon and department chairman of otolaryngology at the School of Medicine, is now the director of Saint Louis University Cancer Center. He remains chair of the department of otolaryngology–head and neck surgery, a position he assumed after leaving his faculty position at Harvard University Medical School and the Massachusetts Eye and Ear Infirmary in Boston.

**Dr. Bjong Wolf Yehg** has stepped down as the dean of Parks College of Engineering, Aviation and Technology. Dr. Neil Szelt, professor of finance and former dean of the John Cook School of Business, is serving as interim Parks dean while a search begins for Yehg’s replacement.

**Dr. Michael Sproule**, dean of the College of Arts and Sciences, will resign from his position effective June 30 and will join the faculty as a professor of communication. Graduate School Dean Don Brennan will serve as interim dean during the 2006-07 fiscal year. He will continue to serve as dean of the Graduate School.

Ben Abell (A&S ’60, Grad ’65), a professor of meteorology in the department of earth and atmospheric sciences, has been named to the St. Louis Radio Hall of Fame. A staple of local weather forecasting, Abell has appeared on several St. Louis stations since the early 1960s. Since 1972 he has reported the weather on local National Public Radio affiliate KWMU.

Boissia’s national news magazine, Slobodna Bosnia, has selected a researcher in the School of Public Health as one of the 50 most successful Bosnian immigrants in the world. The magazine, which is similar to Time and Newsweek, chose Dr. Aljosa Karamaleh in part for her work on a unique St. Louis campaign to educate Bosnian women about breast cancer.

**SLU leads in minority opportunities**

Saint Louis University has again been recognized as a leader in providing educational opportunities to minority and underrepresented students. The national magazine Diversity — Issues In Higher Education, formerly known as Black Issues in Higher Education, ranked Saint Louis University among the country’s top 100 in producing graduate degrees to students of color. SLU tied with Harvard and Stanford universities on the list of doctoral degrees awarded to African Americans. Since 1987, the Saint Louis University Graduate School has been ranked among the top five Catholic colleges and universities in the nation in the number of doctoral degrees granted overall.

**SLU alum is Jeopardy champ**

**A. Who is Tom P. Kavanaugh (A&S ’01)?**

“I’ve always been able to remember useless bits of information,” Kavanaugh said. “It’s just never come in handy before, until now.”

All those “useless bits of information” paid off — literally. Kavanaugh’s total earnings of more than $140,000 place him high on Jeopardy’s list of non-tournament, big-money winners.

Last spring, he traveled to Chicago for Jeopardy’s 50-question test and buzzer audition. September brought the call that he was in, and the shows were taped in October. “When the show aired in January, I watched with my parents and friends,” he said. “It was weird to watch, and so frustrating because I can’t believe I missed certain questions.”

For Kavanaugh, SLU runs in the family. He attended the University under the watchful eye of uncle John Kavanaugh, S.J. (A&S ’95, Grad ’96, ’75), professor of philosophy. Brother John (A&S ’95) and father Tom (Pub ’71) also are alumni.

Kavanaugh lives in St. Louis and is a screenwriter. He and Chris Willing (A&S ’97, Law ’01) have founded Mushrooms Street Productions.

**Biomed engineer is ‘Professor of the Year’**

Dr. Rebecca Kuntz Wilkins, associate professor of biomedical engineering, was named Missouri’s “Professor of the Year” by the Carnegie Foundation for the Advancement of Teaching and the Council for Advancement and Support of Education (CASE). Wilkins, who teaches in SLU’s Parks College of Engineering, Aviation and Technology, was selected from nearly 400 top professors in the United States. Known for integrating research into her classes, Wilkins has been recognized for providing research opportunities for undergraduate students.

**Ivy league**

The Saint Louis University campus is known for its statutes, but as Wilkie as some are, none have been really alive — until now. This fall, a 15-foot Billiken topry sprang up on Grand Boulevard right in front of Busch Student Center. The topry, which is made of English ivy, should fare well through St. Louis winters. It was created by a custom topry firm in Kansas.

**the ARTS at SLU**

**Keen Vision at SLUMA**

Through July 17, the Saint Louis University Museum of Art is presenting “Keen Vision: The Grey C. Wente Collection.” The exhibition is the third in a series showcasing the private art collection of Saint Louisans. The collection features the art and sculpture of contemporary European and American artists such as Jacques Lipchitz, Deborah Butterfield, Jim Dine, Fernando Botero and Pablo Picasso. It also includes works by contemporary glass sculptors Dale Chihuly, William Morris and Leo Tagliapietra. The exhibit is free and open to the public. SLUMA’s hours are 11 a.m.-4 p.m. Wednesday through Sunday. Open Tondalays by appointment. For more information, visit sluma.slu.edu.

**MOCRA shows works from its collection**

Through July 30, Saint Louis University’s Museum of Contemporary Religious Art (MOCRA) is presenting a selection of works from its permanent collection. In addition to perennial favorites by Michael Tracy, Thomas Schutte, Shelly Kandt and Eleanor Dickinson, several recent acquisitions will be displayed for the first time. Charlotte Lichtblau’s Resurrection (The Other Shore) (1992) is a poignant visualization of the Christian hope of life beyond death. It is an MOCRA tour de force and other works that help visitors understand religious faith and experiences in new and unexpected ways. Call (314) 977-1770 or visit mocra.slu.edu for more information.

**Back home again**


**SLU partners with Latin American schools**

Saint Louis University has established a partnership with Jesuit universities in Latin America. SLU will help college students from across the nation who might not be able to afford a Jesuit university education in the United States attend three Latin-American institutions: the Universidad Iberoamericana in Puebla, Mexico; the Universidad Alberto Hurtado in Santiago, Chile; and the Pontificia Universidad Catolica de Ecuador in Quito, Ecuador.

But that is just one facet of the program, said Dr. Paul Garcia, director of international studies. He said another goal is to provide an opportunity for students from those Latin American schools to take classes at SLU. He is looking to finan-

cially assist these students through a new Arts and Sciences endowment that is fueled by corporate sponsors and national foundations. He also hopes that faculty members from these institutions — many of whom do not hold terminal degrees — could pursue their doctorates at SLU as well.

Plans also are in the works for a retreat for SLU faculty or staff members on career faculty members on sabbatical to lead brief, intensive educational sessions in Latin America. They would serve as volunteers, specializing in fields unique to the three universities. The three Latin American institutions would sponsor housing for the volunteers, and a second year’s endowment would help defray airfare and health insurance costs.
SAINT LOUIS UNIVERSITY NEWS

VARSITY SPORT PROGRAMS REALIGNED
SLU ADDS TRACK AND FIELD; MOVES GOLF TO CLUB STATUS

SAINT LOUIS UNIVERSITY director of athletics Cheryl L. Levick announced Feb. 24 that the University will add the sports of men’s and women’s outdoor track and field to its campus athletic offerings in the fall. The addition of track and field will also boost the scholarship money awarded by the athletics department, and the program will add an assistant coach. The track and field program will also allow the staff to recruit runners from a middle-distance background and give student-athletes additional opportunities for community service and leadership in the area.

The golf program will complete its 2006 spring schedule as planned. The men’s program began in 1961, while the women’s program is in its second year. Director of golf operations Ed Schwent recently resigned his position to become the full-time teaching pro at the Missouri Bluffs Golf Club.

“This was an extremely difficult decision, but strategic analysis clearly demonstrates that this realignment better fits our lig in collegiate or professional sports,” said University President Lawrence Biondi, S.J. “I know our alumni have been waiting for this news. I am excited about our future opportunities for our student-athletes in racing, travel and training,” Nelson said. “This will make us more competitive on both the conference and regional levels. No Nike Games are far away for SLU because we do not have a track and field team. The metro St. Louis area is home to a tremendous array of high school and club programs, and we plan to build the foundation of our teams with area talent.”

Saint Louis University freshman swimmer Elena Ramirez has set six school records this season. She broke the school record in the 100-yard backstroke (55.82) and in the 200-yard freestyle (2:01.42) at the Atlantic 10 Conference Championships in Buffalo, N.Y. The swims earned her a trip to the NCAA Zones, which was also the case with her Show-Me Showdown at the University of Missouri, Ramirez recorded a school-record time in the 100 back (58.25). At the UPIIT Triangular, she claimed a school record in the 1,000 free (10:37.95). She also was part of two relay teams — the 200 and 400 medley relays — that broke school records. The A-10 honored Ramirez’s efforts by naming her the swimming and diving Rookie of the Week for four weeks this winter. The A-10 also selected SLU’s women’s volleyball as Conference’s Team of the Week for two different weeks this winter. Lasinski broke school records in the three-meter dive at the UPIIT Triangular with a score of 302.83, which was also the case with her Show-Me Showdown at the University of Missouri, and Lasinski was one of five student-athletes who were part of College Sports News’ All-America second team, and Eric Swettie earned a spot on the publication’s All-Freshman second team.

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Swimming and diving coach Jim Halliburton returned a winning team this season. His 1,20 meet against Indiana University-Purdue University Indianapolis. He moved past Dr. Richard B. Nelson as the program’s all-time winningest coach with the three victories at the UPIIT meet. Halliburton, now in his fifth year at the helm of SLU’s program, set 204 career wins after that meet’s victories. During his swimming days, Halliburton was a member of the U.S. National Team from 1972-1992. The team was twice ranked No. 1 in the world in the 100-meter butterfly.

Two SLU freshmen on the men’s basketball team are making quite an impression on the Atlantic 10. Guard Tywan Kimble was named the Atlantic 10’s Rookie of the Week for the fifth time when he was honored for the period ending Feb. 18. Lindquist posted career highs for points and career highs for points and career highs for rebounds and 3 rebounds as the Billikens swept a pair of conference games. He also faces the challenge of leading SLU’s program, hit 104 career wins after that meet’s victories. During his swimming days, Halliburton was a member of the U.S. National Team from 1972-1992. The team was twice ranked No. 1 in the world in the 100-meter butterfly.

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In September 1525, two 19-year-olds found themselves assigned to the same room in the College of Sainte-Barbe at the University of Paris. Pierre Favre came from a family of sheep herders in the Savoy region of France. He was smart, studious, shy — what today we’d call a nerd. Francis Xavier came from Spanish aristocracy. He was outgoing, ambitious, the "Mr. Personality" type who enjoyed sports — in other words, a jock. Despite their differences the two roommates liked each other and became good friends.

Their routines were typical for university students of that day, lectures and drills, all in Latin, the monotony punctuated by the occasional feast day. But their lives changed four years later, when Favre and Xavier were assigned another roommate, a 30-something Spanish nobleman who walked with a limp and had become very serious about religion. Rarely has a decision made by someone in residence life had such historic consequences.

Ignatius Loyola was a man with a vision, but he knew he alone could not bring it to life. For years he had been trying to get colleagues to join him in his enterprise. First in Spain, then Paris, he found, then lost collaborators. In Favre and Xavier he finally found two companions who stayed with him. Four others also joined them. These "seven friends in the Lord," as they called themselves, became the first Jesuits.

April 2006 marks the 500th anniversary of the births of those two roommates, Francis Xavier and Pierre Favre, and this July the 450th anniversary of Ignatius’ death. Here at Saint Louis University and at Jesuit institutions around the world, presentations and events have been organized to mark these anniversaries with an entire Ignatian Year.

That’s worth pausing to think about. Even a few years ago such anniversaries would have meant all the Jesuits getting together and celebrating with a nicer-than-usual dinner, uncorking a few bottles of better-than-usual wine. Maybe faculty, staff and students would be invited to a Mass on the anniversary days themselves. And that would be it.

But the Superior General of the Society of Jesus, Father Peter-Hans Kolvenbach, sees this year as a teaching opportunity. And Jesuits are marking these anniversaries by including their co-workers and students. The Ignatian Year is being seen as a family celebration, and all of us here, SLU grads included, are part of that Ignatian family.

Ignatius would not be remembered today were it not for Favre, Xavier and the other companions who joined him. And their early enterprises, from housing the homeless to opening schools, would never have gotten off the ground without non-Jesuits supporting and working with them. Jesuit enterprises have always been, and still are, dependent upon a shared vision and a shared companionship.

In other words, the Ignatian family is not just Jesuits, nor is it just Catholics. We have Jews, Muslims, members of Eastern religions and of no particular religious tradition who have espoused the Ignatian vision as faculty, staff, students, alumni and benefactors.

Our marketing and communications office likes to boast...
that Saint Louis University goes back to 1818, making it the first institution of higher learning west of the Missis-
sippi. I prefer to point out that we have an educational tradition that goes back to 1548. That gives all of us at Je-
suit schools a pedigree 88 years older than Harvard’s, 153 years older than Yale’s. Our Jesuit heritage reaches back to the Renaissance. What that means for us at SLU can be described by looking at the three men whose anniversaries we are celebrating this Ignatian Year. They symbolize the vision and values that make SLU what it is. 

Ignatius Loyola

Most Universitas readers are probably familiar with the main outline of Ignatius’ ear-
ly life—a scandalous youth, a shattered leg, a conversion experience during convalescence that changed both him and history. I have always been impressed by his sheer Willpower and determination. After his leg was reset a sec-
ond time, some bone protruded. Ignatius insisted that the surgeons cut the flesh and excess bone away—in a time, of course, without anesthesia. There is no question, that Ignatius was one tough hombre. 

Last year, in a course I teach on several prominent Je-
suits who exemplify Ignatian spirituality, I asked the class if they identified with any of the Jesuits we studied. I was surprised how many chose Ignatius. Personally, I wouldn’t choose to have lunch with the man, let alone identify with him. He was just too intense for me. So I was puzzled why these 20-year-olds would identify with Ignatius, until I thought about their situation. Many, if not most of them, are at a crossroads, unlike me but much like him. They are doing a lot of thinking about what to do with the rest of their lives. 

First at Loyola and then for 10 months in the town of Udine, Italy, Ignatius experienced profound religious ex-
periences in which he came to believe that, like a school-
teacher, God was instructing him how to help others exper-
ience God as well. He began joining the lessons in lit-
urgy that became the Spiritual Exercises. 

Ignatius had become convinced that God is present and at work in all creation, in all our lives. Also, if God would 
just have to take time, significant time, to quiet ourselves 
at work in all creation, in all our lives. Also, if God would 

The early Jesuits worked in hospitals and prisons and 
directed people in the spiritual exercises. When asked to 
open a school, Ignatius decided that education would be a 
great way to make a difference. The early Jesuits believed 
that they could help reform the Church and improve soci-
ety by educating future leaders who shared their vision of 
making the world a better place. 

Obviously what this means for Jesuit education is help-
ing students to think about the rest of their lives. And, in 
the phrase made famous by Father Pedro Arrupe, educating 
“men and women for others.” To avoid any hint of con-
descension, that slogan has been expanded to emphasize soli-
arity, “men and women for and with others.” 

I have often heard that the Jesuit spirituality is so broad, it 
can be difficult to see how we fit in. But I think we have to 
look at our global village and the forces that shape and 	hreaten it. 

If Ignatius Loyola symbolizes a vision, Francis Xavier en-
emplifies the global outreach of that vision. When Xavier 
was chosen as the first Jesuit missionary, he didn’t real-
ize that sharing that vision would take him to the other 
side of the world. 

Xavier was the first Jesuit missionary. And like other mis-
sionaries of the time, he thought he was doing a good thing 
by bringing not only Christian faith but also Western cul-
ture to the natives first in India and then in Indonesia. 

But when Xavier traveled to Japan, he discovered a cul-
ture quite different from his own. There he came to realize that his shabby black robe, symbolic of his vow of poverty, 
amade unfavorable impression on the Japanese. So he adapted 
to the culture and traded it for fine silk. 

Xavier missionaries followed Xavier’s example, building 
houses that looked like pagodas, with a special room for 
the traditional tea ceremony. In China they exchanged 
Western culture for the robes, fans and lifestyle of Con-
fucian scholars. In India they gave up not only Western 
culture but the meat and wine of a Western diet, so they 
could speak to the people of India with the same authority as 
Hindu holy men. The story of Jesuit missions rose out to 

Pierre Favre

Pierre Favre is the least known of our three honorees. Yet he was the 
first companion to persevere with Ignatius. And he probably had a 
lot to do with Xavier overcoming his initial reluctance to go too close to Ignatius. Favre suf-
fereed from bouts of depression and anxiety about sin and 
guilt, commonly known as scruples. Ignatius had suffered 
the same malady for a time while at Manresa. He was able to 
support him in a life of prayer and help him deal with it. Under 
Ignatius’ direction, Favre made the spiritual exercises and 
achieved some peace of mind. 

Favre was not a genius at administration like Ignatius or a 
missionary to exotic lands like Xavier. But he became ex-
pert at giving the spiritual exercises. In a memoir he wrote 
toward the end of his life, he thanked divine providence that 
Ignatius had entered into it, and time again using the words 
consolation and conversion. Consolation because that’s what 
he experienced through the spiritual exercises. And conversa-
tion because that’s what he did most when directing the spiri-
tual exercises. It needs to be noted here that the essence of 
conversation is the art of listening, and that listening comes 
from the word to lean over to hear better. Favre was a good 
spiritual director. 

If Ignatius Loyola symbolizes a vision and Francis Xavier 
the global outreach of that vision, Pierre Favre represents 
its spiritual dimension. One of the slogans that has come to 

coupable Ignatian values is educating the whole per-
son. That means speaking to hearts as well as minds, hon-
ing students’ skills but also addressing their spirituality. 

Visit any bookstore and you will discover that spiritu-
ality is a hot topic these days. It’s because spirituality in 
its broadest sense has to do with—what fills your sails 
and drives you? What lifts your heart and heartaches you? 

Dr. Ronald Modras is a professor of theo-
logical studies at Saint Louis University. 

Most recent book is Ignatian Hu-
manism: A Dynamic Spirituality for the 
21st Century (Loyola Press).
Exercise is a huge part of Hoehner’s life when she’s working, too. Much of Hoehner’s research involves examining how the features of our communities — the availability of mass transit, the proximity of parks and recreation centers, even whether cities have sidewalks that aren’t broken — encourage physical activity. She’s convinced that if you build it, they will come. Cities can be designed to encourage people to walk to the store to buy a cup of coffee or bike to the library to return a book instead of driving. And if we move, we’ll be healthier.

We all know exercise is the right thing to do. It’s good for our bodies and reduces the risk of illnesses such as obesity, diabetes, hypertension, heart disease, breast and colon cancer and osteoporosis. Exercise is also a mental cocktail. It improves your mood, gives you more energy, releases tension and stress, helps you sleep better and makes you feel great when you’re finished.

Katie Duggan (Grad AHP, Pub Hlth ’94), manager of the Prevention Research Center at the School of Public Health, knows firsthand about the importance of exercise in keeping a sense of equilibrium. After her mother died suddenly of heart disease, Duggan was torn between shock and grief. Yet she still had to balance work and caring for her preschool-aged son and her father, who has Alzheimer’s disease. “The only thing that has kept me sane has been my very regular exercise routine,” she says. “I have a standing lunch date with myself and the gym every day, and I have stayed committed to this routine for eight years now. You’ll feel better, look better and be better able to cope with life stresses if you plan your exercise and exercise your plan.”

Duggan’s experience as a woman having to juggle multiple responsibilities is fairly typical, says Dr. Amy Eyles, associate professor of community health at the School of Public Health and the author of a book about reasons why women don’t exercise. “The most common reason both men and women give for not working out is lack of time.”

My life is a treadmill of activity, and I can’t find time to work out.

» Look harder. Schedule exercise into your day as you would a meeting with your boss. Put it in your planner, and don’t let other things that come up take precedence. You don’t need hours of open time, just 30 minutes a day to improve your overall health. Watch one hour of TV show a day or shorten your hour-long lunch break by a hairbrush. Wake up 30 to 45 minutes earlier to create new time in your day. Walk briskly out your door for 15 minutes, then turn around and come back for a total 30-minute workout that is simple and doesn’t involve driving to the gym.

I’ve looked. I still can’t find time.

» Look for tinier snippets of time. You can reap some overall health benefits exercising for 10 minutes three times a day, so those walks with your dog add up. Even better: Select high intensity activities to get more bang for your buck. Jogging and stair-stepping burn more calories than walking and pack more benefit in a shorter period of time.

You don’t get it. My day is really packed.

» Then look for ways to make activity a part of your day. Park farther from work so you’ll have a longer walk. Take the stairs instead of the elevator. When you need a loaf of bread, walk or bike to the supermarket instead of driving. Suggest a “walk-as-you-talk” meeting with a colleague instead of a sit-down session. Hide the remote control for the TV so you have to get off the couch to change channels. Don’t make activity an “add on” to your day, but do more on the weekends or days that aren’t so rushed. Make exercise a part of your daily routine, like brushing your teeth.

But a man’s reason for not having time is different than a woman’s. Men seem to have the feeling that they’re the providers and have to put more time into work,” says Eyles, who wakes up before her two young children and husband to fit in a run for women, their dedication to family pres. “For women, their time is limited to being physically active. They’re too busy taking care of other people to take care of themselves.”

While many members of the School of Public Health faculty enjoy working up a good sweat, they acknowledge that it’s tough to make exercise part of your life. An extra hour of sleep beckons. You need to meet with a prospective client instead of spinning at the health club. While many members of the School of Public Health faculty enjoy working up a good sweat, they acknowledge that it’s tough to make exercise part of your life. An extra hour of sleep beckons. You need to meet with a prospective client instead of spinning at the health club. It’s too cold to go running. It’s too expensive to join a gym. Pretty soon you’re coming up with more excuses than crunches — and excuses won’t tone your abs.

No more. On the following pages, Hoehner, Duggan and Eyles share the most common obstacles to exercise and offer their strategies to navigate the path to fitness.

SLU exercise gurus share their top tips to leap over workout roadblocks.
I have kids.

» Instead of sitting and watching your children at sports practices or dance lessons, get up and walk. When they’re not involved in their own activities, invite them to exercise with you. Play tag in the backyard. Walk with them to school instead of driving. Kick a soccer ball around. In addition to spending quality time with the young and reckless, you’re setting a great example for your children, who, these days, are at increased risk of becoming overweight themselves.

I would get a better workout if my kids weren’t around.

» Exercise is a great way to grab some time for yourself. Let your family know that exercise is a priority and arrange for your spouse to watch the kids while you work out. Swap babysitting time with a friend, and exercise when you don’t have babysitter duty. Find a facility or health club that offers babysitting on site, or simply hire a babysitter. The cost is a worthwhile investment in your physical and mental health.

I feel funny exercising around other people.

» Exercise at home. Turn on the radio and dance. No one’s watching, and you’ll have a great workout. If you’re certain you’ll use a treadmill or stair-step for workouts instead of as a drying rack for hand-washables, consider purchasing one. An exercise ball, resistance bands and free weights are not as costly and can help you build muscle strength. And try to add in old-fashioned calisthenics — the kinds of exercises you did to warm up during gym class — such as push-ups and crunches, for free and effective conditioning.

I can’t tell if I’m making any progress.

» Set a goal. Keep an exercise log on your nightstand and record in it every day what you’ve done to come closer to achieving your objective. This will help you track your progress and boost your motivation. If you miss a day or two, see the empty space in your log is likely to inspire you to return to your routine. Progress is measured in many ways. Think about how you feel when you walk up a few flights of stairs — are you as winded as you were when you were younger? Are you sleeping better? Weight loss doesn’t tell the whole story.

It’s been so many years since I exercised, and I’m so out of shape that I don’t know how to get started.

» Your first step is to see your doctor to make sure you’ve got the green light to start exercising. If you are good to go, consider walking, which is the easiest and most common form of exercise. All you need is your feet, a comfortable pair of shoes and a safe place to walk, such as a mall, multi-use trail or sidewalk.

Exercise will make me hungry, and I’ll eat more.

» While you may have more of an appetite, you’ll be able to eat more of the things you love without feeling guilty and still maintain a healthy weight. Look at food and exercise as two facing seals on a teeter-totter. They will balance if the calories you eat (food equals those you burn (physical activity). Eat more than you burn, and your weight goes up.

I don’t like to exercise.

» Maybe you don’t like the exercise programs you’ve already tried. Keep looking for something you might like — kickboxing, swimming, biking, golfing. Instead of aerobics, look at new class options — Pilates, Latin dance, spinning or kick-boxing. Walk and enjoy what you see around you. And yes, of all, think of how good you’ll feel when you’re finished.

Exercise doesn’t cut it. Instead of being stopped by workout roadblocks, search for alternate routes to physical activity, faculty members say. It’s worth the effort.

» You’ll receive a great return on the time you invest in exercising. With just 30 minutes a day, you’ll increase your lifespan, work to prevent diseases, lower your risk of obesity and get a mental boost. Even Wall Street can’t beat a return like that,” Eyler says.

The bottom line:

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The season both closed the first decade of the program's existence and opened SLU's tenure in the Atlantic 10 Conference. The Billikens celebrated both with a bang. The team posted a school-record 16 wins, including a perfect 8-0-0 mark in league play, en route to claiming the University's first A-10 regular-season and conference tournament titles and becoming the first SLU women's team of any sport to play in an NCAA Tournament.

"This was a special season for us in terms of honoring our history as well as continuing to lift the national exposure of a relatively young program," head coach Tim Champion said. "This group of players set the standard for us as a team by achieving high expectations and coming off a Conference USA regular-season title in 2004. SLU had reached the NCAA Tournament for the first time, we were able to show what we have felt for the last couple of seasons, and that is that we are among the top women's soccer programs in the country."

At a glance, the Billikens' results are impressive. Playing 21 games, SLU could count its losses on one hand, with three of those defeats coming at the hands of top 10 teams. After storming through the A-10 regular season, the top-seeded Billikens completed the title sweep with a pair of 1-0 shutouts at the A-10 Tournament at Dayton to advance to the NCAA Tournament. The Billikens didn’t travel all the way to Santa Clara, Calif., just to play in the national tournament, either. They blanked No. 18 Santa Clara with a 1-0 shutout in the semifinals before advancing to the title game with an impressive 2-0 victory. Ferguson drove home her school-record sixth game winner of the season, and Hughes tucked on an insurance goal to claim the title.

"We faced a very good team today after a tough game Friday night," Champion said after the Santa Clara match. "That said, we are so proud of this team and what they have accomplished. We lost a difficult game today, but there is nothing for these players to hang their heads about. They have set the standard for our program moving forward, not just in reaching the NCAA Tournament, but in how hard they played every game this season."

Eastman summed up the season and the program here: "This year was so rewarding because we accomplished all our goals, and we were winning all the way to the end."
ALL OF SAINT LOUIS UNIVERSITY’S ON-CAMPUS RESIDENCE HALL ROOMS START OUT WITH THE SAME ESSENTIALS — BEDS, DESKS, CHAIRS, ETC. But as soon as students move in, it isn’t long before the rooms become as unique as their occupants.

Some are jammed packed with all sorts of high-tech, state-of-the-art electronic gizmos and gadgets. Others are furnished with fluffy rugs, futons and beanbag chairs. For some students, the color of the walls is unknown because posters are plastered over every square inch.

In November, we sent an e-mail message to SLU students living on campus asking to see cool rooms. Plenty of students responded, and eight rooms stood out above the rest. They represent apartments and residence halls, creativity and functionality.

As you will see on the following pages, every student has a different idea of what makes a room a home. We’ve included both pictures of roommates and of their rooms. Try to match the students with their living quarters. The answers appear on page 21.

Meera Patel and Gargi Gajera from Hopkinsville, Ky., and Clarksville, Tenn., are undecided freshmen living in Reinert. They have known each other since they were 10 years old.

“Everything you see in our living room cost us less than $30 total.”

Angela Kayler and Renee Reed from Indianapolis and Arlington Heights, Ill., are freshmen living in Walsh. Both are physical therapy majors who love the color pink. To tie the room together, they used wrapping paper as a border.

“Small Spaces. Big Ideas.”

— By Billy Brennan
Photos by Jim Visser
Mollie Kendzicky (left) from South Bend, Ind., and Jourdan Bertrams from Naperville, Ill., are freshmen living in Griesedieck. Kendzicky is a secondary education major, and Bertrams majors in special education. Just one peek at their walls and you’ll know a lot about these two – the walls are covered with lights, posters, personal artwork and even shopping bags.

Jesús Guerrero (from left) from Milwaukee, Eric Strodtman from O’Fallon, Mo., and Nick Stewart from Brighton, Ill., are seniors living in the Village Apartments. Strodtman is a pre-med and management major, Stewart is studying criminal justice, and Guerrero is a finance major. They refer to their room as the “ultimate bachelor’s pad.” With surround sound system, a mini pool table, a pop-a-shot basketball game and a soda machine, who can argue?

Torie Bruckerhoff (left) from Ste. Genevieve, Mo., and Rachelle Beabout from Belleville, Ill., are sophomores living in the Village Apartments. Beabout is a theology major, and Bruckerhoff is majoring in pre-med and social work. They hated the white walls and wanted to dress them up a bit, so Beabout gave the room an “artsy” feeling by draping blue cloth across the walls and hanging a painting she created on another wall.

Courtney Marron (from left) from Highland, Ill., and Amy Kuhl from Aviston, Ill., went to high school together and now are freshmen living in Griesedieck. Marron is a marketing major, and Kuhl’s major is biology. After bumping their heads one too many times on the bottom of their beds, they had the ingenious idea to use swimming noodles as a safety precaution.

Matt Case (from left) from Omaha, Neb., Chris Parrett from St. Louis, Jacob Bode from Kaneohe, Hawaii, and Dane Griffard from St. Louis are sophomores living in DeMattias. They are all members of the Sigma Alpha Epsilon fraternity. Bode is a nursing major, Griffard and Parrett are aviation science/professional pilot majors, and Case’s major is finance. One of their favorite things in the room is the wall-mounted can crusher.

“Everyone congregates in our room, even if we’re not home... At times I feel that our room may be too ‘homey’ – everyone always wants to be in it.”

“We’re both very random – that may explain why our room is the way it is.”

“One moment I could be watching the soccer game from our balcony and the next minute, I am watching the instant replay on my television in the living room. Our room conforms to any situation.”

“Our room says that we’re a bunch of creative guys with a good sense of humor who like to relax and have a good time without having to leave the apartment.”

“Our apartment shows how well we get along with each other. We share and do everything together, and our room shows that.”

“It’s a very large room. It used to be a classroom, but it’s now a dorm. I think we set it up pretty well.”

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be brutal Salvadoran civil war unofficially ground to an end almost 14 years ago. But for the sake of hundreds of the country's children lost to their families during the carnage and still unaccounted for, a campaign goes on, no end in sight.

Jon de Cortina, S.J., (IT '63) spearheaded it beginning in 1994 when he co-founded Pro-Busqueda de Niños y Niñas Desaparecidos, or Association in Search of Disappeared Children. The organization has painstakingly traced some 300 of the country's missing sons and daughters and is attending now to about 470 unresolved cases.

For this work, Cortina received Saint Louis University's highest honor, the 2005 Sword of Justice that had been "his life's compass." No one was ever charged with absolutely no connection to reality" for the peasants and for an end to the violence already shaking the country. This infuriated the authorities, and he was shot to death in 1973, and he was 38 years old.

The country was somewhat familiar to him. He had spent a year there in the 1950s and been jarred by the poverty and the guns, and he was shaken when he heard himself identified as one of the dead. Earlier radio reports assumed as much, but for Cortina the mother was fulfilling the gospel and the way of justice for the peasants and for an end to the deportations through military checkpoints to speaking out against the brutalities they were suffering, ferrying the wounded of both warring sides through military checkpoints to hospitals and other treatment facilities.

After Hurricane Mitch in 1986, he used his engineering expertise to evaluate damaged buildings. He helped St. Anna Mangango (Med '92), a pediatrician who had taught at SLU's medical school, to establish a rural health clinic two years later.

Cortina's award acceptance speech at the University's highest honor, the 2005 Sword of Nations commission investigating wartime atrocities and rights abuses in El Salvador. For lack of hard evidence, the commission's eventual report was silent on the issue of the missing children. But for Cortina the mothers were evidence enough. He believed them, and together with Ralph Sprankels, a young Dutch man then working in El Salvador for an organization resettling war refugees, he began investigating a flood of cases that were coming to their attention. Soon, so many families were asking them to look for their children that they formed Pro-Busqueda.

Pro-Busqueda isn't about giving these children back to their original families but finding out for those families what happened to them. It's also about giving back to the children what Cortina said they lost when they were taken away — "their true identity." Cortina's death was "really terrible" not just for Pro-Busqueda but "for the whole country," said Leonor Artaga, a lawyer for the organization. "Nobody can take his place," she said. The organization's work continues because "that's what Father Jon wanted us to do," she said. "We're going to keep working until the last kid is found."
Dr. Ralph J. Ovchirov (Med) is a retired gynecologist who recently graduated from the Universidad in Linden, N.J. He was nominated for Who’s Who Among American Teachers in 2004 and 2005.

Dr. John M. Comfort (Law) recently was named chief medical examiner of Orange and Osceola counties in central Florida. She just had a new book published, The Oxford Guide to Library Reference and Information Management, 3rd edition.

Dr. Emory J. Linder (Law) is listed in the Best Lawyers in America for 2006 Edition of The Best Lawyers in America. He is with the St. Louis law firm of Armstrong Teasdale and is listed in the 2006 edition of The Best Lawyers in America. He is a retired partner at Evans & Dixon.

Dr. Stephen R. Greenberg (Grad) is a retired dentist who lives in Park Forest, Ill., and has two grown children. He was recognized for his service to Ireland. He lives in Rochelle, Illinois. He earned a master’s degree in theology from the School of Theology at the University of St. Mary of the Lake Seminary.

Dr. Norman Freiberger (Med) is a professor of pathology, were also valued mentors. His son was so thankful; he was finally able to tune into a show about dead bodies every Friday night.

Dr. John J. Inkley (A&S) is a professor emeritus at Universidad in Clayton, Mo. He teaches an evening class at Fontbonne College in St. Louis.

Dr. Lawrence J. Schneider (A&S) is a professor of secondary education at the University of South Florida. He is a retired partner at Evans & Dixon.


Dr. Dr. Ralph Bolman (Med) is the chief of cardiology at Brigham and Women’s Hospital in Boston, a teaching affiliate of Harvard Medical School. He lives in Park Forest, Ill., and has two sons and two grown children.

Dr. John J. Inkley (A&S) is a professor emeritus at Universidad in Clayton, Mo. He teaches an evening class at Fontbonne College in St. Louis. For the past 18 years, Garavaglia has been a forensic pathologist and recently was named chief medical examiner of Orange and Osceola counties in central Florida. She just has a new book published, The Oxford Guide to Library Reference and Information Management, 3rd edition.

Dr. Ralph L. Telesco (A&S) recently graduated from the FRI National Academy and was promoted to captain with the U.S. Air Force. He is assigned to the commanding officer of field technology.

Dr. Timmy O’Dea (A&S) is president and CEO of the Holy Cross Health System in St. Louis. He has joined the regional advisory board of MidWest Bariatric Center in Missouri. He also serves on the board of directors for Catholic Charities in St. Louis, the Redemptorist fathers, Big Brothers/Big Sisters and the St. Louis Arches.

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University, working in Banda Aceh, Indonesia, one of the places destroyed by the tsunami of December 2004. She is helping to rehabilitate and improve midwifery pre- and in-service training.

Timothy Zemek (Paris) is an engine ar- chitect at Pratt & Whitney Unison Technology working on the Engine Alliance GTF200 for the Airbus A350 super jetliner. He works in East Hartford, Conn.

John Enneking (Pitt) has written several books on business, including "Social Media Strategy with Facebook: Create a Great Brand in 3 Easy Steps." He is an assistant professor of business at Elizabethtown College. He lives in Warrendale, Pa.

Linda S. Ashbrook (Law) is a business leader and a philanthropist specializing in medical humanitarian and personal injury cases. She lives in South Bend, Ind.

Steven F. DeWitt (A&S) is the executive director of the Institute for Business Ethics at the University of Iowa. He is a tenured associate professor of business valuation at the University of Iowa.


Katie Sullivan Hoover (A&S) and husband, Dan, welcome their first child, Ashley Katelyn, on Sept 12, 2006. They live in Granite City, Ill.

Dr. Gregory Sabatini (Med) has left a private medical practice in St. Louis to focus on fellowship in musculoskeletal oncology in New York City. He is a board-certified radiologist and has a subspecialty certificate of added qualification in vascular and interventional radiology.

Brian Mariah (A&S) is a partner with Deloitte & Touche. He lives in San Antonio, Tex., with his wife, Sharon, and son, Edward.

Mark L. Amaks (A&S) is the president of MillerTek Communications Inc. in St. Louis.

Gary Cirpe (AHP '00) was recently named a partner and business owner of a congregation of mostly feminists at Brigham Young University in Provo, Utah. She is the spiritual and educational leader of some 175 students for four years. She also practices family medicine, in Utah.

Dr. Anne D. Ewine (Beth H) worked 10 years as a hospital and health ad- minister, then went back to school and obtained her M.B.A. from the University of Iowa in 2002. She is a tenured associate professor of sociology at the State University of New York at Geneseo.

Am. M. Kliner (Paris '84, Grad '96) is an assistant professor of sociology at Southern University of Louisiana. She lives in Hammond, La.


Erica Jallega (A&S) has been named the Medical Director of the Clinical Fellowship Program of the University of Minnesota.

Katherine (Blain) Kide (Grad) along with her husband, Robert Kide (Grad) of Minneapolis, welcome their first child, Sarah Elizabeth, on May 23, 2005. The family resides in Stillwater, Minn., where Katherine is an internist at the University of Minnesota Medical Center.

Christopher Geller (BCH') and his wife, Alison Web- ster (BCH') welcome their first child, Palmer Ryan, on May 20. They live in Normal, Ill., with Katherine, their son, and daughter, Mackenzie Marie. They live in Bowling Green, Ky.

Dr. Gregory Sabatini (Med) is the ex- ecutive director of the Institute for Biomedical and Health Engineering at the University of Pennsylvania. He is a clinical professor of surgery at the University of Pennsylvania School of Medicine.

Stacey Ramsey (A&S) has joined Integrated Design Group as director of design. She lives in San Diego, Calif., on a year-round basis. She will be responsible for the firm’s Hospitality Practice.

Jonathan Guenther (BCH') and his wife, Emily Rapp (BCH') welcome their first child, Erika Jagalla, on March 11, 2005. Jonathan Guenther is an internist in the University of Pennsylvania Medical School.

Dr. Irene Long (A&S) is a professor at the University of Missouri-St. Louis in the Clayton, Mo., law firm of Paule,茚tch, and Yancey. She was selected for 2005-2006. She has been named to the Board of Directors of the Missouri Bar for 2005-2006. She has been named to the Board of Directors of the Missouri Bar for 2005-2006.

Dr. Robert L. Bahlkoff (Grad) appears in Global Health Directory. "Bahlkoff" is a misspelling. and charity serving Warren County, Mo.

Dr. Richard T. Brady (A&S) and wife, Mary Elizabeth, have adopted their second child, Palmer Ryan, on May 20. They live in Normal, Ill., with Katherine, their son, and daughter, Mackenzie Marie. They live in Bowling Green, Ky.

Dr. Gregory Sabatini (Med) has left a private medical practice in St. Louis to focus on fellowship in musculoskeletal oncology in New York City. He is a board-certified radiologist and has a subspecialty certificate of added qualification in vascular and interventional radiology.

Dr. Susan Sanchez Mercado-Leon (Grad) has published her sixth book, "Excellence: Education, Anger and Stress Management," with Seeing Publishing Development and Edu- cational Management. She has written several books on teaching experience and is a reading teacher for the Handboc (Med) School District.

Dr. Michael K. Murphy (Med) has joined Kindred Healthcare as the medical director of the trauma center at Reading Hospital and Medical Center. He lives in South Bend, Ind.

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Mr. William Good (Med '50)
Mr. Edward C. Hoober (Med '50)
Mr. Mark L. Hoober (Med '50)
Mr. Robert L. Hoober (Med '50)
Mr. Thomas J. L. Hoober (Med '50)
Mr. Thomas M. Hoober (Med '50)
Mr. Howard J. Hoober (Med '50)
Mr. John O. Hoober (Med '50)
Mr. John S. Hoober (Med '50)
Mr. John V. Hoober (Med '50)
Mr. John W. Hoober (Med '50)
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Alumni Associations

COLLEGE OF ARTS AND SCIENCES
President: Ann Brennan (‘90)

The Sauce for a special visit to the new Boston Sports on Sunday, April 23, when the Chicago Cubs visit the Cardinals’ new home for the first time. The event is in the new Coca-Cola Scoreboard Patio and includes a two-hour buffet, beer and unlimited soda. Limit of two tickets per alum. Register online: www.slu.cops.kintera.org/pray06

DENTAL ALUMNI ASSOCIATION
President: Abreha Smirk (Grad ‘90)

Doisy College of Health Sciences alumni relations

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Mark Fyans (A&S ’72)
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Spring Tours

APRIL 10–17
Alumni Campus Alumni: Tuscany-Cortona (area envir.)

APRIL 25–29
Tours of St. Louis: 100 Years of Cardinals History

MAY 15–19
Kitsilano, an Austrian Delight

MAY 20–22
Legendary Passage

MAY 24–25
Italy Combo: Sorento/Orvieto

JUNE 5–9
Innsbruck: Mountains of Switzerland

JUNE 8–16
Village Life in the Dordogne

JULY 8–17
Exploring the Majestic Moroccan Northwest

JULY 10–20
Kenya Migration: Nature’s Greatest Wildlife Spectacle

JULY 21–25
An Irish Classic

JULY 25–27
Sailing the French Riviera

Register online: www.slu.kintera.org/ascards06

For more details on these trips and how to reserve your space, visit the travel program Web site at www.slu.edu/alumnitrivia. Or call (314) 977-2250 and asked to be placed on the travel mailing list.

Alumni relations presents chapter awards

The office of alumni relations presented two special awards during its annual Student Chapter Spring Festival, March 16–18. An award honoring the Outstanding Chapter President was presented for the first time. It went to Brad Burwell (A&S ’72), representing the St. Louis Chapter, who has been the chapter president annually to the Alumni Association’s best president, also is named in Burwell’s honor. Burwell has been the president of the Omaha chapter since 2004 and is the Alumni Association’s best president, also is named in Burwell’s honor. Burwell has been the president of the Omaha chapter since the formation of the club in the late 1990s. He has planned alumni events and also promoted SLU students from the Omaha area through phone calls, letters and personal contact. The highlight of the club’s year is the annual Spring Send-Off, where more than 100 alumni, students and parents welcome incoming freshmen to the SLU Omaha family. “Brad is the model chapter president,” said Steve Peteres, associate vice president for alumni relations. “He demonstrates his commitment to SLU through his actions and has single-handedly recruited dozens of students to SLU.”

An award for the Outstanding Alumni Chapter also was presented. This year’s recipient was the New York City alumni chapter and John Shahanan (B&A ’83, ’87, Law ’88, Grad B&A ’98).

The club was recognized for a strong calendar of new and innovative events, including a trip to see the St. Louis Symphony at Carnegie Hall, as well as a tour of the Metropolitan Museum of Art led by MOCA director Terry Dempsey, S.J. “The New York chapter provided a wide array of events that really appealed to alumni in that area,” Petersen said.

For more information regarding the alumni clubs in any city, visit www.slu.edu/alumni.
They are from Courage
– Anne Farina (A&S ’99, SW ’03)

They are from Strength.

They are from mothers who work long hours.

They are fromanon who no longer see their grandchildren.

They are from separated families.

They are from fathers lost.

They are from cold mountain tops.

They are from vampires, kufia and maan.

They are from warm sunshine.

They are from basketball shoes.

They are from peace-loving, non-aggressive people.

They are from refugee camps.

They are from soccer.

They are from heat and days and lazy Saturday mornings.

They are from short skirts and dancing.

They are from being watched for how they have grown.

And here they are, in St. Louis. What a blessing to have them.

For more information, e-mail Anne Farina at annef@stlcenterforsurvivors.org.

*Names were changed for confidentiality.

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Issue makes alumnae proud

At the first glance, the fall 2005 Universitas did not strike my fancy. What a mistake I would have made if I had not read Father Biondi’s message! The articles “Shelter from The Storm” and “Make a Joyful Noise” are my favorites, not to mention “Flight from New Orleans.”

My congratulations to all SLU “men and women for others” so nobly exemplified ad majorem Dei gloriam! I am so proud of my alma mater and her alumnae.

FRANCIS E. Smith (AAS ’48, GRAD ’50)

Evanston, Ill.

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Easter Egg Hunt

Join fellow SLU alumnae, their children and grandchildren for the sixth annual SLU Alumni Easter Egg Hunt. Places: April 5. Hunts are planned for children 1-10. The festivities also include a visit from the Easter Bunny, music and treats.

Register online: www.slu.kintera.org/easter

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SLU Homecoming

Sept. 29-Oct. 1

Join us for the biggest alumni celebration of the year! Tailgates, parades, concerts, fireworks—all your favorites are back for another year.

Are you a member of the Class of 1956 or the Class of 1981? Then this is a very special year for you! The Class of 1956 will celebrate its 50-year reunion (also known as the Golden Biliken Reunion), and the Class of 1981 will mark its 25-year reunion. Please save the date now for these special celebrations to be held during the SLU Homecoming weekend. Also, watch your mail for information regarding special events and activities for your reunion group.

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30 years ago in Universitas

THE COVER OF THE APRIL 15TH ISSUE OF UNIVERSITAS FEAT.
A STORY ON THE RESTORATION OF COUPLES HOUSE.

The University bought the 48-room stone mansion on
West Pine from the Railroad Telegraphers Union in
1946 for $50,000, one-fifth of the original cost.

Originally, the university named the mansion Chouteau House,
after Charles Pierre Chouteau, the first student admi-
nited to Saint Louis College after the Jesuits took over.

Before it was reborn, SLU used the house in a variety of ways, such as a student center and a home for
the National and Metropolitans College.

The magazine also reported that the University was in
the final stages of arranging the purchase of the
Kaiser High School building at 3733 West Pine Blvd.
The building was constructed 19 years earlier and was
owned by the Sisters of Charity of the Blessed
Virgin Mary, who operated the high school until
June 1974.

In addition, the issue included news on University
President Curtis D. O’Dell’s decision to continue intercollegiate sports at SLU. The athletic
department and sports programs were able to prove
that they could operate within a balanced budget.

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Quotable UTAS:

“Ignorance is the real threat to religious faith, not scholarly analysis.”

— Dr. Arthur C. Meyer Jr., an economics
professor who also worked as director of Campus Ministry at SLU

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The Sign of the Times

“When I came back to the University after my theol-
ogy training there wasn’t a picture in sight. We had
Father Minister at that time in whom cleanliness was
next to godliness and self-denial.”

— Maurice “Mac” B. McMahon, S.J., describing the lack of art
in the Xavier High School building at 3733 West Pine Blvd.

The building was constructed 19 years earlier and was
owned by the Sisters of Charity of the Blessed
Virgin Mary, who operated the high school until
June 1974.

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We want you to hear from us

Please send us your letters, class notes and address
changes. There are three easy ways to reach us.

By letter:
11960 Chouteau Avenue
St. Louis, MO 63103

By phone:
(314) 977-2400

By e-mail:
utas@slu.edu

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Ad major Dei gloriam. 'My congratulations to all SLU “men and women for others” so nobly exemplified ad majorem Dei gloriam! I am so proud of my alma mater and her alumnae. ’

FRANCIS E. Smith (AAS ’48, GRAD ’50)

Evanston, Ill.

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Emmitsburg, Md.

By e-mail:
utas@slu.edu
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