President’s Message

It is hard to believe that we are entering into the second week of November and that Thanksgiving is just around the corner. The Thanksgiving holiday is a time to gather with family and friends to share and make memories and to reflect on events and people in our lives for which we are grateful.

I am thankful to have an exceptional Executive Board and for the many friendships I have formed through the Women’s Commission. I am also thankful for the support of the SLU community through participation in our programs and taking the time to acknowledge and recognize the amazing women of Saint Louis University.

I hope all of you spend time this Thanksgiving holiday and throughout the year giving thanks and gratitude for the many blessing in our lives.

Sue McGahan, Women’s Commission 2013-2014 President

Women of SLU “Time Capsule” Opened Oct. 23

Mary Bruemmer, Tonie FitzGibbon, and Sister Mary Flick, CSJ, gathered on Oct. 23 to share the history of women at SLU. Ms. Bruemmer shared her experiences at the University for more than 60 years. Ms. Fitzgibbon recalled her acceptance by male faculty and students when she joined the law school as a student and later faculty member. Concluding the panel discussion, Sister Flick spoke of the future for SLU women. The event was recorded and will be made available on the Women’s Commission website.
Women from across the University filled the senate chambers in the Busch Student Center on Wednesday, Sept. 20 for the first Women's Commission event of the 2013-2014 school year. The program featured a discussion on "balancing it all" from a panel made of Allison Miller, Ph.D., Associate Professor, Department of Biology; Leanna Fenneberg, Ph.D., Assistant Vice President of Student Development; and Amanda Waltos, Pre-Med Scholar student in the Doisy College of Health Science; moderated by Diana Carlin, Ph.D., Associate Vice President, Graduation Education.

As part of the holiday celebration, guests are encouraged to bring an item to donate to the Crisis Nursery. The Crisis Nursery is a non-profit organization committed to the prevention of child abuse and provides emergency intervention and support in crises. On their holiday wish list are items like clothing in sizes 3T-16/18, sippy cups, Lysol wipes, cereal and snacks, and much more. A full list can be found on their website.

Crisis Nursery Holiday Wish List Includes:
- Art paint
- Play dough
- Baby wash
- Size 4,5,6 diapers
- Lotion
- Dish soap
- Bubble bath
- Gloves
- Legos
- Canned pasta
- Paper plates
- And much, more!

“I Don’t Know How I Do It All Either” program held

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All women who attended received 35 Vitality Points.
CDC Encourages Mothers to Help Protect Babies from Whooping Cough

This cold season, the Center for Disease Control (CDC) is reminding expecting mothers and loved ones of babies to receive a whooping cough vaccine. Whooping cough (pertussis) is very serious for babies and is also very contagious. According to the CDC website, you can help protect babies from whooping cough by getting vaccinated in your third trimester if you are pregnant, by surrounding your young baby with vaccinated loved ones, and by making sure your baby receives all doses of the whooping cough vaccine.

Saint Louis County Health, Saint Louis University School of Public Health: Institute for BIO Security, and the Saint Louis University School of Medicine CME Program have worked on an educational activity to help educate the providers in the St. Louis area on this disease. The link to the enduring material is listed below for you to view or pass along to your healthcare provider. medschool.slu.edu/pertussis

2013-2014 Calendar of Events

Since this year’s theme is Connecting the Women of SLU, we’d like to hear from you on what events you’d like to see from the Women’s Commission. Would you be interested in attending a women’s basketball game with your colleagues? Or a performance at the Saint Louis University Theatre? What ideas do you have? Email us and let us know at wc@slu.edu. In the meantime, join us at one of these upcoming events:

**Wednesday, Nov. 20, 2013**
*Holiday Program*
Boileau Hall
11:45 a.m. - 1 p.m.

**Thursday, Dec. 5, 2013**
*YWCA Leader Lunch*
Millennium Hotel
11:30 - 1:30 p.m.

**Tuesday, Jan. 28, 2014**
*Book Club with former Trauma Nurse, SLU Alumnus and New York Times Bestselling, Award-Winning author Eileen Dreyer*
Room 253-A and 253-D
Busch Student Center
11:45 a.m. - 1 p.m.

**Wednesday, March 26, 2014**
*Women’s Wellness*
Multipurpose Room in the Allied Health Professions Building
11:45 a.m. - 1 p.m.

**Wednesday, April 30, 2014**
*Women of the Year Luncheon*
Wool Ballroom
11:30 a.m. - 1:30 p.m.

**Thursday, Feb. 20, 2014**
*SLU Women in International Service*
Center for Global Citizenship 11:45 a.m. - 1 p.m.

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