



### Our Mission:

The Saint Louis University School of Public Health is dedicated to the discovery, translation, and dissemination of public health knowledge to improve the health and well being of all.



### Men on the Move (MOM)

*Men on the Move* is a community-based participatory action research project funded by the National Institutes of Health Center for Minority Health and Health Disparities to increase educational and economic opportunities among African American men in Pemiscot County, Missouri.

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#### Discovery

#### **What is the health problem?**

- ❖ While access to affordable and quality health care and health behaviors are clearly related to health outcomes, recent work has highlighted that social, economic and environmental conditions account for a large portion of the mortality in the United States.
- ❖ Moreover, the literature describing the relationship between conditions needed for health, commonly referred to as social determinants (e.g., living, working and social conditions, institutions, systems, and resources such as employment opportunities, education, safe housing), and health outcomes has documented that the unequal distribution of these conditions across various populations is a significant contributor to persistent and pervasive health disparities in the U.S. and elsewhere, and that without attention to these conditions we will most surely fail in our efforts to eliminate health disparities.
- ❖ Recent findings suggest that practitioners must address the social determinants that affect health if they hope to substantially reduce health disparities.

#### Translation

#### **How do we take what we know and apply it to health disparities?**

- ❖ Men on the Move will work with key stakeholders in the community to:
  - ❖ enhance the existing general equivalency diploma (GED) program to incorporate problem solving, goal setting, and individual mentoring;
  - ❖ develop a job readiness program; and,
  - ❖ develop a plan for economic development in the county.

#### Dissemination

#### **How will we disseminate the findings from our project?**

- ❖ We are presenting our community assessment findings to the community and at national conferences.
- ❖ We will be writing up our findings for the Prevention Works newsletter, conference proceedings and peer-reviewed publications.

#### Change

#### **What changes do we hope will occur because of the dissemination?**

- ❖ We may see enhanced educational and economic opportunities among men in Pemiscot County and by doing so improve overall physical and mental health outcomes.