Nutrition and Dietetics
+ Doisy College of Health Sciences

Saint Louis University is a Catholic, Jesuit institution that values academic excellence, life-changing research, compassionate health care, and a strong commitment to faith and service.

Founded in 1818, the University fosters the intellectual and character development of nearly 14,000 students on two campuses in St. Louis, Missouri, and Madrid, Spain. Building on a legacy of nearly 200 years, Saint Louis University continues to move forward with an unwavering commitment to a higher purpose, a greater good.

OVERVIEW ///

The mission of Saint Louis University's department of nutrition and dietetics is to prepare dietetic professionals who possess those qualities of competence, compassion and conduct requisite to a health professional. The department offers a Master of Science degree with four emphasis areas:
- Nutrition and physical performance (30 credit hours)
- Medical dietetics (31 credit hours)
- Culinary entrepreneurship (30 credit hours)
- Food innovation and entrepreneurship (31 credit hours)

We also offer a dual degree:
- Master of Science in nutrition and dietetics/Master of Public Health dual degree (54 credit hours)

M.S. in Nutrition and Dietetics, Emphasis in Nutrition and Physical Performance: The Master of Science in nutrition and dietetics, emphasis in nutrition and physical performance, educates students in a multidisciplinary approach to prevention, utilizing nutrition and exercise intervention strategies for lifestyle change and using nutrition for improving exercise performance. The program is designed for professionals who have a baccalaureate degree in an allied health field. Coursework focuses on nutrition, health promotion, prevention, physiology and cardiovascular fitness. Graduates are encouraged to seek the ACSM health fitness instructor certification.

M.S. in Nutrition and Dietetics, Emphasis in Medical Dietetics: The Master of Science in nutrition and dietetics, emphasis in medical dietetics, is designed for professionals who have a baccalaureate degree in an allied health field. Coursework focuses in the areas of education, administration and counseling as they apply to nutrition care.

M.S. in Nutrition and Dietetics, Emphasis in Culinary Entrepreneurship: The Master of Science in nutrition and dietetics, emphasis in culinary entrepreneurship, prepares students to successfully merge culinary nutrition skills with traditional business skills to develop innovative and successful entrepreneurial programs and services. The program is designed for professionals who have a baccalaureate degree in nutrition and culinary experience. Coursework focuses on nutrition, sustainable food systems, entrepreneurship, finance, marketing and organizational management.

M.S. in Nutrition and Dietetics, Emphasis in Food Innovation and Entrepreneurship: The Master of Science in nutrition and dietetics with an emphasis in food innovation and entrepreneurship has three primary components: nutrition, business and culinary arts. They are woven together with a common thread of sustainability and social justice. Designed for non-RD students, a nutrition component is present, but a greater emphasis is placed on the culinary arts and business with the goal of building local sustainable food systems and farm-to-table operations through entrepreneurship. Building on the required culinary background, students will spend time in the kitchen, the urban farm/garden and the classroom to learn both the theory and practice of new product development, business planning and entrepreneurship.

M.S. in Nutrition and Dietetics/Master of Public Health: The primary goal of this degree program is to prepare nutrition specialists to work in many types of public health and voluntary agencies, as well as medical care and educational settings. Graduates specialize in public health and dietetics and are able to design, organize, conduct and evaluate nutrition intervention programs in the public health sector. Interested applicants must apply separately to both the department of nutrition and dietetics and the College for Public Health and Social Justice.
The department of nutrition and dietetics faculty and staff are committed to student-centered learning, research and service. Our primary mission is to prepare dietetic professionals who possess those qualities of competence, compassion and conduct requisite to a health professional.

Daniel Brewer, M.S., RD, LD, Chef
Katie Elliot, Ph.D., RD, LD
Ivis Forrester, Ph.D., M.P.H., RDN, LDN,
Susan Hansen, Ph.D., RD
Steve Jenkins, M.A., Chef
Lori Jones, M.S., M.P.H., RD, LD
Kathy Kress, M.S., RD, LDN
Lauren Landfried, M.S., RD, LD
Whitney Linsenmeyer, M.S., RD, LD, Chef
Michael Milster, M.S., Chef
Amy Moore, Ph.D., M.P.H., RD, LD
Todd Parkhurst, B.S., Chef
Rabia Rahman, M.S., RD, LD
Melissa Ramel, M.S., M.P.H., RD, LD
Marjorie Sawicki, M.S., RD, LDN
Edward P. Weiss, Ph.D.

STAFF:
Jeanne Young
Carolyn Iezzi
Marian Linck
Megan Osborn
Laura Rettig

Career Paths:
Possible careers include chef/certified culinarian, consultant and registered dietitian, or food and nutrition entrepreneur.

Information concerning financial aid and scholarships can be obtained from the student financial services website: finaid.slu.edu.