January 16 – May 6, 2007
(Revised February 19, 2007)

General Facility Hours

6:30 am - 11:30 pm Monday - Thursday
6:30 am - 10:00 pm Friday
10:00 am - 10:00 pm Saturday
10:00 am - 11:30 pm Sunday

Pool Hours
6:30 am - 8:30 am (Early Bird) Monday-Friday
11:30 am - 9:00 pm Monday - Sunday

Swim Team Practice
September 1 – February 20
Monday through Friday
1:15 pm to 5:00 pm

Please Note: Monday-Friday the entire pool is closed to patrons between 2:00 pm – 4:30 pm. From 1:15 pm-2:00 pm two (2) lanes are available for patrons to use and from 4:30 pm-5:00 pm four (4) lanes are available.

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Areas within the Simon Recreation Center may be closed Monday-Friday from 9:00 am to 11:00 am for cleaning and maintenance.

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Activity Areas
Fitness Center featuring Cardio and free weights
Running/Walking Track * Basketball
Volleyball * Locker Rooms * Saunas
(The areas are available daily during building hours.)

Court Reservations Needed For:
Racquetball * Squash
Tennis (Not available during intramurals.)
Badminton Court (Most Fridays & Saturdays only!)

Limited Availability
Multipurpose Room 1 (Main Floor)
Pool & Whirlpool (During Pool Hours only!)

Phase One - includes a new and expanded fitness floor, juice bar and lounge, additional locker rooms, and several multipurpose rooms - January 19, 2007.

To use Multipurpose Room 1 or Basketball Courts or any other area of facility for a scheduled practice, event or activity, please contact the Administrative Office for a Request Form. ALL RESERVATIONS FOR SPACE IN THE SIMON RECREATION ARE SUBJECT TO CHANGE RESULTING FROM THE UPCOMING RENOVATION!

BREAK PERIODS and HOLIDAY HOURS

Martin Luther King Day (Monday, January 15)
10:00 am - 9:00 pm
Pool Hours: 11:30 am to 8:30 pm
No Early Bird Hours!

Spring Break (March 10-18)
Daily Hours: 10:00 am to 9:00 pm
Pool Hours: 11:30 am to 8:30 pm

Early Bird Hours
6:30 am to 9:00 am (Pool closes at 8:30 am)

Early Bird Days - March 12, 14, & 16

Easter Break (April 5-8)
Thursday, April 5th
6:30 am - 9:00 pm
Pool Hours:
6:30 am to 8:30 am & 11:30 am to 8:30 pm

Closed – April 6 (Good Friday)
Saturday, April 7
10:00 am to 9:00 pm
Pool Hours:
11:30 am to 8:30 pm

Closed – April 8 (Easter Sunday)

Campus Recreation Staff
Hossein Dastgah, Director
Eric Anderson, Assistant Director
Sandi Bruce-Sykes, Financial Coordinator
Glen Kemper, Fitness Coordinator
Sam Kelner, IM, Sport Club Coordinator
James Page, Member Services Coordinator
Khannie Dastgah, Aquatics & Wellness Coordinator
Tyrone Carpenter, Office Assistant

Administrative Offices
Monday-Friday
8:00 am - 5:00 pm
977-3975

Important Phone Numbers
General Info 977-3975 or 977-3181
Court Reservations 977-3181
Guest Reservations 977-3181
Membership/Family Info 977-3181
Intramural Sports 977-3559
January 16 – May 6, 2007

General Facility Hours

Monday: 6:30 - 11:00 am and 12:00 - 8:00 pm
Tuesday: 6:30 - 8:30 am and 12:00 - 8:00 pm
Wednesday: 6:30 - 11:00 am and 12:00 - 8:00 pm
Thursday: 6:30 - 8:30 am and 12:00 - 8:00 pm
Friday: 6:30 - 11:00 am and 12:00 - 8:00 pm
Saturday: 7:30 - 9:30 am and 4:00 - 7:00 pm
Sunday: 7:30 - 9:30 am and 4:00 - 7:00 pm

The Salus Fitness Center is operated by the Department of Campus Recreation and is open to students, members of the Simon Recreation Center and Water Tower Inn guests. For more information, call 977-8250 or 977-3975.

BREAK PERIODS and HOLIDAY HOURS

Martin Luther King Weekend
CLOSED
Saturday, January 13
Sunday, January 14
Monday, January 15

Spring Break
March 10-18

No change in hours - Normal hours of operation.

Easter Break
CLOSED
Friday, April 6
Saturday, April 7
Sunday, April 8

Salus Fitness Center Patrons and Water Tower Inn guest may use the Simon Recreation Center during any closed periods.