As you approach a new year on the Vitality program, you may be wondering what happens to your Vitality Points, Status, and Bucks. Refer to this flyer for renewal information.

**Vitality Points**

You'll earn Vitality Points for every Vitality activity completed and goal achieved. Engage often and your points will add up quickly. Refer to the table below for the amount of Vitality Points you need to earn each status.

Since points and bucks are separate, you don’t need to be concerned about spending your bucks and it impacting your status. You can spend or save your bucks as you wish, and refer to your current year’s points value to know your status.

Vitality Points DO reset each year. You will receive a “carryover bonus” of 10% of your points balance from the prior year when this happens. For example, if you earned 9,700 Points in year one, you will start year two with 970 Vitality Points.

**Vitality Status**

As you increase your points, you'll also increase your Vitality Status. You earn your status each year, but once you've achieved a certain status level you get to enjoy the benefits of that level for the next program year (while you work to earn your status again). For example, if you earn Gold Vitality Status in year one, you enjoy the benefits of Gold in the remainder of year one AND year two. If you surpass the level you earned the previous year, you get to move up to the higher status right away! You don't have to wait until the next program year.

*See the reverse side of this flyer for a member example.*

**Vitality Bucks**

Vitality Bucks are the currency you use to spend for merchandise in the Vitality Mall. You get one Vitality Buck for every Vitality Point you earn. The higher your status the larger your discount in the mall.

If your status resets at program year renewal, what happens to your Vitality Bucks? Don’t worry; you do not lose your spendable bucks (unless you buy something, of course).

If you have questions, contact a Vitality Wellness Specialist at 877.224.7117. You can also log into the Vitality website for more details.

If it is unreasonably difficult due to a medical condition for you to fully participate in the Vitality program and earn Vitality Points and/or achieve Status, please call us at 877.224.7117 and we will work with you to develop another way for you to participate.
Below is a example of hypothetical member Kate's Vitality experience. Note: In year two and three, there are three different scenarios.

**Year 1**
Kate achieves Gold Vitality Status.

**Year 2**
Kate enjoys the benefits of Gold status *(i.e. 20% discount in Vitality Mall)* but she has to earn her points status each year so her:

1. Kate earns Vitality Points to get her points status to Silver
2. Kate earns Vitality Points to get her points status to Gold
3. Kate earns Vitality Points to get her points status to Platinum
   *She enjoys Platinum rewards status the remainder of year two.*

**Year 3**
*Based on year two’s results...*

1. Kate enjoys the benefits of Silver status in year three
2. Kate continues to enjoy Gold status in year three
3. Kate continues to enjoy Platinum status in year three

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