Summer Water Safety

While over 90% of families with young children will be in the water at some point this summer, almost half (48%) plan to swim in a place with no lifeguard.

With so many planning to be in, on, or near the water, it is important to follow the basics of water safety, maintain constant supervision of children, and to get trained!

**Practice Water Safety**
- Swim in designated areas supervised by lifeguards
- Always swim with a buddy; do not allow anyone to swim alone
- Ensure everyone in the family learns to swim well
- Never leave a young child unattended near water and do not trust a child’s life to another child; teach children to always ask permission to go near water

**Maintain Constant Supervision**
- If you have a pool, secure it with appropriate barriers—many children who drown in home pools were out of sight for less than 5 minutes and in the care of one or both parents at the time
- Actively supervise children whenever around water—even if lifeguards are present
- Always stay within arm’s reach of young children
- Avoid distractions when supervising children around water

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