Staying Safe in a Tornado

According to the National Oceanic and Atmospheric Agency (NOAA) there is no guaranteed safety during a tornado. The possibility of a tornado must take seriously. You can increase your chance of surviving a tornado if you follow safety precautions.

**Be Prepared**

The best way to stay safe during a tornado is to be prepared with the following.

- A battery-operated TV, radio, or internet-enabled device to listen to the latest emergency weather information
- An emergency plan including access to a “safe shelter”
- An emergency kit (including water, non-perishable food, and medication)

**Stay Aware of Weather Conditions**

If you know thunderstorms are expected, stay tuned to the latest weather information.

If you notice a dark or green-colored sky; a large dark low-lying cloud; large hail, or a loud roar which sounds like a freight train—take cover immediately.

**Know Where To Shelter**

Falling and flying debris causes most injuries and deaths during a tornado. Although there is no completely safe place during a tornado, some locations are much safer than others.

- Go to the basement or an inside room without windows on the lowest floor and avoid windows
- Get under something sturdy (a heavy table or workbench)
- Cover your body with a blanket, sleeping bag, or mattress; protect your head with anything available