



myNurseLineSM

When you have a health concern, it can be difficult and time-consuming to find the information you need. myNurseLine can help you make smart health care decisions with immediate telephone and **online access** to experienced registered nurses.

Your health advocate

One toll-free number connects you with a registered nurse who will take the time to understand what is going on with your health and provide personalized information that is right for you. And this is all available **24 hours a day, seven days a week**, at no additional cost to you. It is included in your benefits.

myNurseLine also give you access to an audio health information library. Choose from more than 1,100 health and well-being topics, with 600 messages available in Spanish. Services are available to translate 140 languages and for callers with hearing impairments.

Experience you can rely on

myNurseLine nurses have an average of 15 years clinical nursing experience. They are an excellent resource when you need help choosing care, managing a chronic condition, understanding treatment options and more.

Your one-stop source

Whether you have a baby with a 102 temperature at midnight or need help managing your diabetes, myNurseLine is the one source to give you the answers you need.

Not sure if you need a doctor, urgent care clinic or just some good health advice? One call to myNurseLine can help you get information about the care and services you need. So, think of myNurseLine as your one-stop resource to help you make smart health care decisions every day.

To talk with a myNurseLine nurse, call the Customer Care number on the back of your health plan ID card, or visit **myuhc.com**[®].



My health, my questions, myNurseLine.

myNurseLine can help you:

- Chat with a nurse live on **myuhc.com**
- Understand treatment options
- Ask medication questions
- Choose appropriate medical care
- Locate available local resources
- Find a doctor, hospital, or specialist and check if a doctor is in your network and is accepting new patients. We may even be able to make the appointment for you.

UnitedHealthcare
Insurance Company



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