

Triple P

Positive Parenting Program



What Parents Are Saying About Triple P...

"I wish everyone knew of this program because I don't know what I would have done without it. Thank you from the bottom of my heart."

"I had a great time. This program has shown me that I can be a great parent and learn to teach my daughter the right things to do without getting upset."

"My son is a different child. He is much better now. I can't thank you enough! This is amazing! He is a new kid. He is helping out with the youngest ones at home. At school he has become a leader with the other kids. The teacher said she doesn't know what you are doing but keep it up."

What Your Colleagues Are Saying About Triple P...

"I am so proud of the work you do. I and my patients are blessed to have you and your team working with us. I can't help but think of the butterfly effect (the flap of butterfly wings causing tornadoes on the other side of the world). I cannot begin to imagine the tremendous downstream blessings your work and this program have had on these families and this world." Donna Halloran, MD

Did you know that...

Children are more likely to misbehave when they are bored. Encourage parents to provide lots of engaging indoor and outdoor activities such as water balloons, sprinkler-play, tag, coloring, cardboard boxes, and dress up.

Contact Donna McNamara at:
(314) 974-0602 or dmcnama1@slu.edu

Coordinator's Corner



Pediatricians, my name is Donna McNamara and I am your first point of contact for referring your patients to Triple P. I am here to answer your questions.

Triple P is:

- 1) For St. Louis City and St. Louis County parents who have a child between the ages of 1 and 12 years with a behavior concern.
- 2) Brief, with 4 sessions taking place over 4-6 weeks.
- 3) Convenient for busy parents, with staff available 5 days per week (Monday-Friday) and meetings taking place at Danis Pediatric Center in SSM Cardinal Glennon Children's Hospital.
- 4) Able to provide travel support, if needed. Free to patients served at SSM Health Cardinal Glennon Children's Hospital.

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