

Bystander Intervention 101

What does that even mean?

Bystander intervention simply means that each one of us, every person, has the power to intervene in worrying situations that could lead to sexual harassment or misconduct.

Here are 4 simple things you can do to become an engaged bystander in your everyday life!

#1 Recognize when there could be a problem! This might mean confronting sexist jokes, taking a stand against words/actions that objectify others, or directly intervening when you see something happening.

#2 Choose a course of action. In some situations, this could be something as simple as going up and talking to someone, distracting someone, getting a friend to help another friend, or asking friends to help you.

#3 Be prepared and proactive. Think about potential risks, especially in social situations - and then decide how you might handle those situations.

#4 Get an authority when one is needed. Some situations are too big for us to control - that's when it's time to call for help! This may mean calling 911, police, a staff advisor, or other person in authority.

Questions? Contact your Title IX Coordinator (Anna Kratky) at akratky@slu.edu or your Title IX Investigator (Kim Sahr) at ksahr@slu.edu