

Curriculum Vitae

Jillon S. Vander Wal, Ph.D.

Contact Information

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Educational Background

University of Illinois--Chicago

2001 Postdoctoral Training in Clinical Health Psychology

University of Missouri--Columbia

1999 Ph.D. in Clinical Psychology
Major Area: Clinical Psychology
Minor Area: Research & Statistical Methods

1995 M.A. in Clinical Psychology

Calvin College, Grand Rapids, MI

1993 B.A. in Psychology

Licensure/Registration

State of Missouri, Health Service Provider, license # 2004021723
State of Illinois, license # 071-006265
State of Michigan, license # 6301011832
National Register of Health Service Psychologists #51014

Academic/Professional Positions

- 07/16 – pres. **Director of Clinical Training, Saint Louis University, Department of Psychology**
Administration: Responsibilities include maintaining requirements for APA accreditation; development, evaluation, and implementation of program policies and procedures; evaluation of student performance, development, maintenance, and supervision of graduate student funding mechanisms; curriculum development and administration; oversight of admissions; recruitment and retention of faculty; coordination and supervision of external placements; provision of attestations; responsible for risk management and legal issues; liaison for alumni relations; coordination with higher level administration.
- 07/15 – pres. **Professor, Director of the Eating & Weight Studies Lab, Saint Louis University, Department of Psychology**
Research: Eating disorders, obesity, and health behavior change
Teaching: Clinical Vertical Team; Research Vertical Team; Cognitive Behavioral Interventions, Psychometric Theory; Univariate Statistics, Abnormal Psychology; Undergraduate Practica & Research
- 06/09 – 06/15 **Associate Professor, Director of the Eating & Weight Studies Lab, Saint Louis University, Department of Psychology**
Research: Eating disorders, obesity, and health behavior change
Teaching: Clinical Vertical Team; Research Vertical Team; Cognitive Behavioral Interventions, Psychometric Theory; Univariate Statistics, Abnormal Psychology; Undergraduate Practica & Research
- 08/04 - 05/09 **Assistant Professor, Director of the Eating & Weight Studies Lab, Saint Louis University, Department of Psychology**
Research: Eating disorders, obesity, and health behaviors
Teaching: Clinical Vertical Team; Research Vertical Team; Cognitive Behavioral Interventions, Test Theory & Construction; Psychological Tests & Measurements; Abnormal Psychology, Undergraduate Practica and Research
- 07/01 - 08/04 **Assistant Professor, Wayne State University, College of Nursing, Center for Health Research**
Research: Eating disorders, obesity, health behaviors
Responsibilities: Provided statistical services to faculty and graduate students including grant proposal development as well as data management, analysis, and interpretation.
Teaching: Advanced Research Methodology
- 01/02 - 04/04 **Staff Clinician, Orchard Hills Psychiatric Center, Royal Oak, MI**
Responsibilities: Provided individual psychotherapy on a part-time basis. Areas of expertise included the treatment of eating disorders, obesity,

smoking, and anxiety and depressive spectrum disorders as well as interventions for health behavior management and change.

Post-Doctoral Positions

- 09/99 - 07/01 **Postdoctoral Fellow, University of Illinois-Chicago/Hines VA**
Research Responsibilities: Project director for NIH funded research on carbohydrate craving. Research activities included team organization, data management/analysis, fulfilling NIH reporting requirements, subject recruitment, and project execution.
Clinical Responsibilities: Performed structured diagnostic interviews, conducted cognitive behavioral smoking cessation groups, and mentored both undergraduate and graduate students.
Supervised by: Bonnie Spring, Ph.D.
- 01/01 - 05/01 **Teaching Assistant, University of Illinois-Chicago, Department of Psychology**
Courses Taught: Psychology 250, Research Methodology
Supervised by: Patrick Conley, Ph.D.
- 09/00 - 07/01 **Staff Clinician, University of Illinois-Chicago, Office of Applied Psychological Services**
Responsibilities: Conducted structured diagnostic interviews for bariatric surgical candidates and carried small private caseload of eating disorder clients.
Supervised by: Nancy Dassoff, Ph.D.

Internship Position

- 08/98 - 08/99 **Psychology Resident, Oklahoma State Department of Health, Clinical Psychology Residency Program**
Clinical, primary rotation: University of Oklahoma Counseling and Testing Center. Conducted individual therapy, group therapy, and psychological evaluations.
Supervised by: Michael Daves, Ph.D.
Clinical, secondary rotation: Jim Thorpe Rehabilitation Hospital. Provided individual and group therapy, aided in treatment planning, and conducted neuropsychological screenings and assessments.
Supervised by: Rebecca Adcock, Ph.D.
Clinical, secondary rotation: Moore Child Guidance Center. Provided child, adolescent, and family therapy as well as comprehensive child evaluations.
Supervised by: Lynn Roach, Ph.D.

Masters & Doctoral Program Positions

- 05/98 **Instructor, University of Missouri--Columbia, Department of Psychology**
Teaching responsibilities: Abnormal Psychology, summer session, 1998.
- 07/97 - 06/98 **Clinical Intern, Heart of Missouri Mental Health Services, Columbia, MO**
Clinical responsibilities: Conducted psychiatric rehabilitation classes, intake and referral services, outpatient therapy, and crisis management.
Supervised by: Gina Jones, M.S. & Bruce Horowitz, Ph.D.
- 01/97 - 07/97 **Psychology Technician, Columbia Psychological Services Inc, Columbia, MO**
Clinical responsibilities: Conducted intellectual, personality, educational, and neuropsychological testing.
Employed by: Nancy Newton, Ph.D. and Russell Newton, Ph.D.
- 08/96 - 07/97 **Robert S. Daniels Teaching Fellow, University of Missouri-Columbia, Department of Psychology**
Teaching responsibilities: Taught Abnormal Psychology, fall semester 1996, winter semester 1997, and summer session, 1997.
Supervisors: Mary Heppner, Ph.D. and Kathy Sheridan, Ph.D.
- 01/96 - 08/97 **Research Assistant, Fulton State Hospital, Fulton MO**
Research responsibilities: Member of research team that focused on chronic mental illness. Project involvement included policy development for inpatient expression of sexuality and multi-trait multi-method assessment of schizophrenic symptomatology.
Supervised by: Anthony Menditto, Ph.D. and Paul Stuve, Ph.D.
- 07/95 - 08/96 **Clinical Intern, Fulton State Hospital, Fulton, MO**
Clinical Rotation #1: Psychology intern on the Aggression Management Unit. Conducted group sessions, conducted individual therapy, wrote treatment plans, prepared treatment summaries, and performed preliminary evaluations.
Supervised by: Charlene Coe-Gilmore, M.S.
Clinical Rotation #2: Psychology intern on inpatient unit for men with chronic schizophrenia. Conducted group sessions, wrote treatment summaries, and designed materials for use in group therapy.
Supervised by: Sonia Partridge, Ph.D.
- 01/94 - 08/96 **Staff Clinician, University of Missouri-Columbia, Psychological Services Clinic**
Clinical responsibilities: Provided outpatient services to individual adult clients. Also served as a member of a live observation therapy team consulting on family, individual, and child cases.
Supervised by: Charles Borduin, Ph.D., Meg Klein-Trull, Ph.D., Nan Presser, Ph.D., and Deborah Bell-Dolan, Ph.D.
- 01/96 - 05/96 **Research Consultant. Project A.D.A.P.T. (Alcohol and Drug Abuse Prevention Team), University of Missouri-Columbia**

Research responsibilities: Prepared information relevant to the design, implementation, and outcome evaluation of programs designed to promote the safe use of alcohol on college campuses. Prepared information on the efficacy of state policies and statutes regarding the use of alcohol.
Supervised by: David Dubois, Ph.D.

07/94 - 06/95 **Research Assistant, University of Missouri-Columbia**

Research Responsibilities: Prepared statistical analyses, result summaries, and manuscripts in the area of child exercise.
Supervised by: Thomas DiLorenzo, Ph.D.

08/93 - 06/94 **Graduate Research Assistant, Rusk Rehabilitation Center, University of Missouri Hospital and Clinics**

Research Responsibilities: Performed literature searches, prepared treatment protocols, conducted family assessments and telephone surveys, and instructed families in the areas of medical compliance, pain management, and stress reduction.
Supervised by: Kristofer Hagglund, Ph.D.

Previously Funded Research

Co-Investigator. *Validating Outcome Measures for Remediation of Research Wrongdoing.* (Department of Health and Human Services, 09-01-2013 to 08-31-2015). J. DuBois, PI. The purpose of the study is to develop, modify, and establish norms for two measures of ethical decision making in the research context. [5% effort; \$9,732]

Principal Investigator. *Behavioral Interventions for the Treatment of Night Eating Syndrome.* (President's Research Fund, 09-11 to 09-13): \$21,000. The purpose of study was to examine the efficacy of PRM and PMR plus moderate exercise in contrast to an attention-control group for the treatment of NES using a randomized controlled experimental design.

Principal Investigator. *Does a History of Ad-36 Virus Exposure Inhibit Weight Loss?* (Beaumont Faculty Development Fund, 06-01-2011 to 05-31-2012): \$5,000. The purpose of the study was to determine whether Ad-36 seropositivity is associated with response to a standardized residential weight loss treatment program among children and adolescents between the ages of 8 and 17.

Principal Investigator. *A Randomized Controlled Trial of Escitalopram in the Treatment of Night Eating Syndrome.* (Forest Research Institute, 08-01-2007 to 07-31-2010): \$125,880. Multi-site PI: Kishore Gadde, MD; Duke University. The purposes of the study were to examine the efficacy of escitalopram vs placebo in alleviating symptoms of NES; and examine the efficacy of escitalopram vs placebo in alleviating co-morbid mood and anxiety symptoms.

Principal Investigator. *Correlates of Eating Disorder Development in Guatemalan Girls.* (Summer Research Award, 07-01-2006 to 09-30-2006): \$4,576. The purpose of the study

was to examine the fit of the dual pathway model of eating disorder symptomatology among an economically stratified sample of Guatemalan girls.

Principal Investigator. *Living Well: Helping Youth Improve Weight.* (Beaumont Faculty Development Fund, 01-01-2006 to 12-31-2006): \$4,356.20. The purpose of the study was to evaluate the effectiveness of a home-based intervention versus hospital-based treatment as usual in improving the weight, nutrition status, and physical activity levels of severely obese children.

Co-Investigator. *Eggs for Treatment of Obesity.* (American Egg Board, 08-22-2005 to 08-22-2006): \$199,592. N.V. Dhurandhar, PI; P. Khosla, Co-Investigator; **J.S. Vander Wal, Co-Investigator**; J. Marth, Research Coordinator. The purpose of the study was to determine the extent to which the incorporation of eggs in breakfast would produce satiety, resulting in an unintentional reduction in energy intake, and subsequent weight loss among obese participants and to determine whether the beneficial effect of eggs was greater for participants on a low-calorie versus no diet.

Co-PI. *Low-carbohydrate Low-fat versus Very Low-Carbohydrate High-Fat Meal Replacements for Weight Loss, Food Cravings, and Mood.* (Kellogg Company, 07-01-2004 to 06-30-2005): \$223,000. N.V. Dhurandhar, PI; **J.S. Vander Wal, Co-PI**; N. Moellering; Research Coordinator; J. Marth, Research Coordinator. Study 1 examined the impact of a low-carbohydrate low-fat diet, a low-carbohydrate high-fat diet, and a control diet on satiety and weight loss over a 4-week period of time. Study 2 examined the short-term impact of high- versus low-carbohydrate meals and high versus low fiber meals on subsequent satiety, food cravings, alertness, palatability, and food intake. [15% effort]

Co-Investigator. *Mother-Child Coping and Adjustment in Iraqi Refugees* (NIH/NINR; 04/01/2004 - 03/31/2009): 1 R01 NR008504-01A1; \$2,351,719. K. Arorian, PI; E. Hough, Co-Investigator; A. Kulwicki, Co-Principal Investigator; A. Meleis, Consultant; V. Rice, Consultant; J. Tisak, Statistical Consultant; T. Templin, Investigator/Statistician; **J. S. Vander Wal, Co-Investigator/Statistician.** The purpose of the study was to develop a working model of child adjustment given maternal, environmental, and child characteristics among recent Iraqi refugees as the children matured from early to late adolescence. [Proposal writing team; 20% effort]

Co-Investigator. *Hypertension Prevention Beliefs among African Americans* (NIH/NINR, 09/01/2003 - 08/31/2006): \$151,000. R. Peters, PI, J. Flack, Co-investigator; K. Aroian, Co-Investigator; **J.S. Vander Wal, Co-Investigator.** The aim of the project was to develop a culturally-relevant instrument that examined attitudes and beliefs about hypertension caretaking behaviors among African Americans. [09/01/03 - 08/13/04; 3% Effort]

Co-Investigator. *Nurse Managed BP Telemonitoring with African Americans* (NINR; 09/01/2001- 05/31/05): 1 R01 NR07682-01; \$1,341,000. N.T. Artinian, PI; O. Washington, Co-Investigator; Jen, K. Co-Investigator; J. Flack, Co-Investigator; **J.S. Vander Wal, Co-Investigator.** Study goals were to increase the saliency of hypertension for participants, to provide a cue to take action, and to assist them in learning what actions to take. [09/01/2001 - 05/31/2003, 5% Effort; 06/01/03 - 08/13/04, 10% Effort]

Statistical Consultant. *African American Hypertensives: Cognition and Self-Care* (NINR;

05/01/2003 - 08/31/2005): 1F31NR008472; \$68,634. K. Klymko, PI; N Artinian Sponsor. Study goals were to identify links between hypertension and cognitive functioning among the elderly. [05/01/2003 – 08/13/2004]

Co-PI. *A Ready-to-Eat Cereal as a Meal Replacement for Weight Management.* (Kellogg Company, 07/01/2003 - 06/30/2004): \$169,055. N.V. Dhurandhar, PI; **J.S. Vander Wal, Co-PI**; E. Johnson, Co-Investigator. This study evaluated the efficacy of readily-available partial meal replacements (Special K products) as weight loss interventions. [15% effort]

Co-Investigator. *Short-term Effect of Eggs on Satiety in Overweight and Obese Subjects.* (USDA, 05/01/2003 - 04/30/2004): \$74,930. N.V. Dhurandhar, PI; P. Khosla, Co-Investigator; **J.S. Vander Wal, Co-Investigator**; C. Jen, Co-Investigator; S. Bijlani, Co-Investigator; W. Hardy, Co-Investigator; J.M. Marth, Research Coordinator. Investigated whether a breakfast consisting of eggs would induce greater satiety, reduce lunch-time energy intake, and decrease cravings for tasty and energy dense foods more than an isocaloric breakfast of equal weight among overweight and obese persons. [10% effort]

PI. *Ethnic Differences in Eating and Body Image Dissatisfaction among Children.* (Women of Wayne Research Grant, 2002): \$1,000. **J.S. Vander Wal, PI.** This study examined predictors of disturbed eating attitudes and behaviors and body image dissatisfaction among African American and Hispanic girls.

Co-PI. *Post-dinner Ready-to-eat Cereal for Treatment of Obese 'Night Snackers.'* (Kellogg Company, 06/03/2002 - 03/15/2003). \$84,370. N.V. Durhandar, PI; **J.S. Vander Wal, Co-PI**; D.M. Klurfeld, Co-Investigator; S. Bijlani, Co-Investigator; J. Daley, Research Coordinator. The primary purpose of this study was to examine the impact of a readily available and affordable structured meal replacement program on weight loss in obese night snackers. The secondary purpose was to determine whether the addition of a structured post-dinner snack would enhance weight loss. [7.5% effort]

Co-PI. *Post-dinner Ready-to-eat Cereal for Weight Management* (Kellogg Company, 06/03/2002 - 03/15/2003): \$39,508. N.V. Durhandar, PI; **J.S. Vander Wal, Co-PI**; D.M. Klurfeld, Co-Investigator; S. Bijlani, Co-Investigator; J. Daley, Research Coordinator. This study examined the effectiveness and efficacy of a short-term behavioral strategy to promote weight loss and to reduce evening snacking. [5% effort]

Co-Investigator. *An Intervention Study Using Patient Education and Decision Making for a Community-Based Weight Management Program for the Medically Underserved.* (Detroit Community Health Connection, 07/01/2002 - 06/30/2004): \$75,659. M. Dobal and F. Wilson, Co-PIs; **J.S. Vander Wal, Co-Investigator.** The goals of this project were to evaluate the efficacy and effectiveness of tailored weight loss interventions among the medically underserved. [4% effort]

Peer Reviewed Publications

69. DuBois, J.M, Chibnall, J.T., Tait, R., & **Vander Wal, J.S.** (in press). The Professionalism and Integrity in Research Program: Description and preliminary outcomes. *Academic*

Medicine.

68. Emmert, N.A., Schwarz, L.R., **Vander Wal, J.S.**, & Gfeller, J.G. (in press). The RBANS Factor Structure in Older Adults with Suspected Cognitive Impairment: Evidence for a 5-Factor Structure. *Applied Neuropsychology: Adult*.
67. Maraldo, T.M., Zhou, W., Dowling, J., & **Vander Wal, J.S.** (2016). Replication and extension of the dual pathway model of disordered eating: The role of fear of negative evaluation, suggestibility, rumination, and self-compassion. *Eating Behaviors*, 23, 187-194.
66. Dubois, J.M., Chibnall, J.T., Tait, R., **Vander Wal, J.** (2016). Misconduct: Lessons from researcher rehab. *Nature*, 534, 173-175.
65. Antes, A.L., Chibnall, J.T., Baldwin, K.A., Tait, R.C., **Vander Wal, J.S.**, & DuBois, J.M. (2016). Making professional decisions in research: Measurement and key predictors. *Accountability in Research: Policies and Quality Assurance*, 23(5), 288-308.
64. Dubois, J.M., Chibnall, J.T., Tait, R.C., **Vander Wal, J.S.**, Baldwin, K.A., Antes, A.L., Mumford, M.D. (2015). Professional Decision-Making in Research (PDR): The validity of a new measure. *Science and Engineering Ethics*, 22(2), 391-416.
63. **Vander Wal, J.S.**, Maraldo, T., Vercellone, A.C., & Gagne, D.A. (2015). Behavioral interventions for the treatment of night eating syndrome: A pilot study. *Appetite*, 89, 136-144.
62. Wenzel, K.R., Weinstock J., **Vander Wal, J.S.**, & Weaver, T.L. (2014). Examining the role of negative urgency in a predictive model of bulimic symptoms. *Eating Behaviors*, 15, 343-349.
61. Wonderlich-Tierney A., Wenzel, K.R., **Vander Wal, J.S.**, & Wang-Hall, J. (2013). Food-related advertisements and food intake among adult men and women. *Appetite*, 71, 57-62. <http://dx.doi.org/10.1016/j.appet.2013.07.009>
60. **Vander Wal, J.S.**, Huelsing, J., Dubuisson, O., & Dhurandhar, N.V. (2013). An observational study of the association between adenovirus 36 antibody status and weight loss among youth. *Obesity Facts*, 6, 269-278.
59. Russo, V.A., Van Acker, M.M., **Vander Wal, J.S.**, & Sinha, A.A. (2012). Patterns of use of sunless tanning product alternatives to indoor tanning among female college students. *Archives of Dermatology*, 148(7), 855-857.
58. **Vander Wal, J.S.** (2012). The relationship between body mass index and unhealthy weight control behaviors among adolescents: The role of family and peer social support. *Economics and Human Biology*, 10, 395-404.
57. **Vander Wal, J.S.**, Gang, C.H., Griffing, G.T., & Gadde, K.M. (2012). Escitalopram for treatment of night eating syndrome: A 12-week, randomized, placebo-controlled trial. *Journal of Clinical Psychopharmacology*, 32(3), 341-345.

56. **Vander Wal, J.S.** (2012). Night eating syndrome: A critical review of the literature. *Clinical Psychology Review*, 32(1), 49-59.
55. Osei-Bonsu, P.E., Weaver, T.L., Eisen, S.V., **Vander Wal, J.S.** (2012). Posttraumatic Growth Inventory: Factor structure in the context of DSM-IV traumatic events. *ISRN Psychiatry*, Advance online publication. doi 10.5402/2012/937582
54. **Vander Wal, J.S.** (2012). Unhealthy weight control behaviors among adolescents. *Journal of Health Psychology*. 17(1), 110-120.
53. **Vander Wal, J. S.**, & Mitchell, E.R. (2011). Psychological complications of pediatric obesity. *Pediatric Clinics of North America*, 58(4), 1393-1401.
52. **Vander Wal, J.S.**, Stein, R.I., & Blashill, A.J. (2011). The EDE-Q, BULIT-R, and BEDT as self-report measures of binge eating disorder. *Eating Behaviors*, 12(4), 267-271.
51. Blashill, A. J., & **Vander Wal, J.S.** (2011). Components of body image in gay men with HIV/AIDS. *American Journal of Men's Health*, 5(1), 6-10.
50. Hood, M.M., Craddock, M.M., & **Vander Wal, J.S.** (2011). A survey of psychological assessment on interdisciplinary craniofacial teams. *Cleft Palate-Craniofacial Journal*, 48(4), 425-444.
49. Clary, L.E., **Vander Wal, J.S.**, & Titus, J. (2010). Examining health-related quality of life, adaptive skills, and psychological functioning in children and adolescents with epilepsy presenting for a neuropsychological evaluation. *Epilepsy and Behavior*, 19(3), 487-493
48. Blashill, A. J., & **Vander Wal, J.S.** (2010). The role of body image dissatisfaction and depression on HAART adherence in HIV positive men: Tests of mediation models. *AIDS & Behavior*, 14(2), 280-288.
47. Blashill, A.J., & **Vander Wal, J.S.** (2010). Gender role conflict as a mediator between social sensitivity and depression in a sample of gay men. *International Journal of Men's Health*, 9(1), 26-39.
46. Wonderlich-Tierney, A.L., & **Vander Wal, J.S.** (2010). The effects of social support and coping on the relationship between social anxiety and eating disorder symptomatology. *Eating Behaviors*, 11, 85-91.
45. Dennis, J.P., & **Vander Wal, J.S.** (2010). The Cognitive Flexibility Inventory (CFI): Instrument development and estimates of reliability and validity. *Cognitive Therapy and Research*, 34(3), 241-253.
44. Blashill, A.J., & **Vander Wal, J.S.** (2009). Mediation of gender role conflict and eating pathology in gay men. *Psychology of Men & Masculinity*, 10(3), 204-217. (Note: Journal website incorrectly lists Vander Wal as Wal).
43. Blashill, A.J., & **Vander Wal, J.S.** (2009). The Male Body Attitudes Scale: A

confirmatory factor analysis among a sample of gay men. *Body Image*, 6, 322-325.

42. Hamann, D.M., Wonderlich-Tierney, A.L. & **Vander Wal, J.S.** (2009). Interpersonal sensitivity predicts bulimic symptomatology cross-sectionally and longitudinally. *Eating Behaviors*, 10(2), 125-127.

41. Joyce, A.W., Ross, M.J., **Vander Wal, J.S.**, & Austin, C.C. (2009). College students' preferences for psychotherapy across depression, anxiety, relationship, and academic problems. *Journal of College Student Psychotherapy*, 23(3), 212-226.

40. Ross, K., Handal, P., Clark, E.M., & **Vander Wal, J.S.** (2009). The relationship between religion and religious coping: Religious coping as a moderator between religion and adjustment. *Journal of Religion and Health*, 48(4), 454-467.

39. Klymko, K. W., Artinian, N.T., Washington, O.G.M., Lichtenberg, P.A., & **Vander Wal, J.S.** (2008). Effect of impaired cognition on hypertension outcomes in older urban African Americans. *MedSurg Nursing: The Journal of Adult Health*, 17(6), 405-410.

38. **Vander Wal, J.S.**, Gibbons, J.L., & Grazioso, M.P. (2008). The sociocultural model of eating disorder development: Application to a Guatemalan sample. *Eating Behaviors*, 9(3), 277-284.

37. **Vander Wal, J.S.**, Gupta, A., Khosla, P., & Dhurandhar, N.V. (2008). Egg breakfast enhances weight loss. *International Journal of Obesity*, 32(10), 1545-1551.

36. Ridolfi, D.R., & **Vander Wal, J.S.** (2008). Eating disorders awareness week: The effectiveness of a one-time public body image intervention. *Eating Disorders: The Journal of Treatment and Prevention*, 16(5), 428-443.

35. Dennis, J.P., Markey, M.A., Johnston, K.A., **Vander Wal, J.S.**, & Artinian, N.T. (2008). The role of stress and social support in predicting depression among a hypertensive African American sample. *Heart & Lung*, 37(2), 105-112.

34. **Vander Wal, J.S.**, Johnston, K.A., & Dhurandhar, N.V. (2007). Psychometric properties of the State and Trait Food Cravings Questionnaires among overweight and obese persons. *Eating Behaviors*, 8, 211-223.

33. **Vander Wal, J.S.**, McBurney, M.I., Moellering, N., Cho, S., Marth, J. & Dhurandhar, N.V. (2007). Moderate-carbohydrate low-fat versus low-carbohydrate high-fat meal replacements for weight loss. *International Journal of Food Sciences and Nutrition*, 58(4), 321-329.

32. **Vander Wal, J.S.**, McBurney, M.I., Moellering, N., Cho, S., Marth, J., & Dhurandhar, N.V. (2007). Ready-to-eat cereal products as meal replacements for weight loss. *International Journal of Food Sciences and Nutrition*, 58(5), 331-340.

31. Aroian, K.J., & **Vander Wal, J.S.** (2007). Health service use in Russian immigrant and nonimmigrant older persons. *Family and Community Health*, 30(3), 213-223.

30. Aroian, K.J., & **Vander Wal, J.S.** (2007). Measuring elder's symptoms with daily diaries and retrospective reports. *Western Journal of Nursing Research*, 29(3), 322-337.
29. Aroian, K.J., **Vander Wal, J.S.**, Peters, R.M., & Tate, N. (2007). Consumer dissatisfaction, self-treatment, and health service use in low income African American and White older persons. *Journal of Cultural Diversity*, 14(2), 61-67.
28. Markey, M.A., & **Vander Wal, J.S.** (2007). The role of emotional intelligence and negative affect in bulimic symptomatology. *Comprehensive Psychiatry*, 48(5), 458-464.
27. **Vander Wal, J.S.**, Waller, S.M., Klurfeld, D.M., McBurney M.I., Cho, S., Kapila, M., & Dhurandhar N.V. (2006). Effect of a post-dinner snack and partial meal replacement program on weight loss. *International Journal of Food Sciences and Nutrition*, 57(1-2), 97-106.
26. **Vander Wal, J.S.**, Waller, S.M., Klurfeld, D.M., McBurney, M.I., & Dhurandhar, N.V. (2005). Night eating syndrome: Evaluation of two screening instruments. *Eating Behaviors*, 6(1), 63-73.
25. **Vander Wal, J.S.**, Marth, J.M., Khosla, P., Jen, K-L C., & Dhurandhar, N.V. (2005). Short-term effect of eggs on satiety in overweight and obese subjects. *Journal of the American College of Nutrition*, 24(6), 510-515.
24. Nies, M.A., **Vander Wal, J.S.**, Schim, S.M., Artinian, N.T., & Sherrick-Escamilla, S.A. (2005). Physical activity in an urban Hispanic community. *Hispanic Health Care International*, 3(1), 15-20.
23. Oermann, M.H., Lesley, M.L., & **Vander Wal, J.S.** (2005). Using web sites on quality healthcare for teaching consumers in public libraries. *Quality Management in Health Care*, 14(3), 186-193.
22. Sandretto, A.M., Krouse, H.J., **Vander Wal, J.S.**, & Krouse, J.H. (2005). Validation of the Sinus Symptom Questionnaire for clinical practice. *Clinical Excellence for Nurse Practitioners*, 9(2), 79-85.
21. Persky, I., Spring, B., **Vander Wal, J.S.**, Pagoto, S., & Hedeker, D. (2005). Adherence across behavioral domains in treatment promoting smoking cessation plus weight control. *Health Psychology*, 24(2), 153-160.
20. **Vander Wal, J.S.** (2004). Eating and body image concerns among obese and average weight African American and Hispanic girls. *Eating Behaviors*, 5(2), 181-187.
19. **Vander Wal, J.S.**, & Thomas, N. (2004). Predictors of body image dissatisfaction and disturbed eating attitudes and behaviors in African American and Hispanic girls. *Eating Behaviors*, 5(4), 291-301.
18. **Vander Wal, J.S.**, & Sherrick-Escamilla, S.A. (2004). Health risk assessment in an urban Hispanic community. *Clinical Nurse Specialist*, 18(6), 302-307.

17. Waller, S.M., **Vander Wal, J.S.**, Klurfeld, D.M., McBurney, M.I., Bijlani, S., & Dhurandhar, N.V. (2004). Evening ready-to-eat cereal consumption contributes to weight management. *Journal of the American College of Nutrition*, 23(4), 316-321.
16. Artinian, N.T., Froelicher, E.S., & **Vander Wal, J.S.** (2004). Data and safety monitoring during randomized controlled trials of nursing interventions. *Nursing Research*, 53(6), 414-418.
15. Lesley, M.L., Oermann, M.H., & **Vander Wal, J.S.** (2004). A nursing interaction approach to consumer internet training on quality of care. *Health Education*, 104(1), 25-32.
14. Lesley, M.L., Oermann, M.H., & **Vander Wal, J.S.** (2004). Internet education of African American consumers on quality of care. *Journal of Community Health Nursing*, 21(1), 1-14.
13. Artinian, N.T., Schim, S.M., **Vander Wal, J.S.**, & Nies, M.A. (2004). Eating patterns and cardiovascular disease risk in a Detroit Mexican American population. *Public Health Nursing*, 21(5), 425-434.
12. Artinian, N.T., Nies, M.A., Schim, S.M., **Vander Wal, J.S.**, & Keves-Foster, M.K. (2004). Hypertension and diabetes in Detroit Hispanics. *Applied Nursing Research*, 17(3), 158-167.
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7. **Vander Wal, J.S.**, & Thelen, M.H. (2000). Predictors of body image dissatisfaction in elementary-age school girls. *Eating Behaviors*, 1(2), 105-122.
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Solicited Publications & Book Chapters

12. **Vander Wal, J.S.** (2014). Psychosocial factors in obesity. In Bhave, S.Y. (Ed.) *Obesity in Children and Adolescents* (pp. 74-81). New Delhi, India: IJCP Group of Publications.
11. **Vander Wal, J.S.** (2014). Family factors in obesity. In Bhave, S.Y. (Ed.) *Obesity in Children and Adolescents* (pp. 15-23). New Delhi, India: IJCP Group of Publications.
10. **Vander Wal, J.S.** (2013). The treatment of night eating syndrome: A review and theoretical model. *Current Obesity Reports*. 3, 137-144.
9. **Vander Wal, J.S.** (2012). Diagnosis and treatment of night eating syndrome, In Kryger, Meir, Dement, Roth (eds): *Principles and Practice of Sleep Medicine*, 5e, Chapter 94, by Saunders, an imprint of Elsevier Inc., 2010, Online update March 21,2012 <http://www.expertconsultbook.com/>
8. **Vander Wal, J.S.** (2012). A behavioral economic view of obesity. *Psyc Critiques*. [Review of the book, *Eating Behavior and Obesity: Behavioral Economics Strategies for Health Professionals*, by S. Heshmat]. *PsycCRITIQUES*, 57(4). doi: 10.1037/a0026940.
7. **Vander Wal, J.S.** (2009). Depression: A synthesis of experience and perspective. [Review of the book, *Depression: Causes and Treatment*, by A.T. Beck and B.A. Alford]. *PsycCritiques*, 54(49). doi: 10.1037/a0017754.
6. Hood, M.M., **Vander Wal, J.S.**, & Gibbons, J. (2009). Culture and eating disorders. In S. Eshun & R.A.R. Gurung (Eds.), *Culture and Mental Health: Sociocultural Influences, Theory, and Practice* (pp. 273-295). Malden, MA: Wiley-Blackwell.
5. **Vander Wal, J.S.** (2007). Book review: Treating bulimia in adolescents: A family-based approach. *Eating Disorders: The Journal of Treatment and Prevention*, 15(5), 451-453.
4. Aroian, K.J., & **Vander Wal, J.S.** (2007). Comment: Response by Aroian and Vander Wal. *Western Journal of Nursing Research*, 29(1), 1-3.

3. **Vander Wal, J.S.** (2003). Bulimia nervosa and laparoscopic adjustable gastric banding. *Obesity Reports* 1(5), 1-5.
2. **Vander Wal, J.S.** (2002). Book review: Eating disorders and obesity. *NAASO Notes & Notices: Newsletter of the North American Association for the Study of Obesity*, 11(2), 6-7.
1. Gore, S., **Vander Wal, J.S.**, & Thelen, M.H. (2001). Treatment of eating disorders in children and adolescents. In J.K. Thompson & L. Smolak (Eds.), *Body Image, Eating Disorders, and Obesity in Children and Adolescents: Theory, Assessment, Treatment, and Prevention*. Washington, DC: American Psychological Association.

Published Abstracts

20. **Vander Wal, J.S.**, Maraldo, T., Vercellone, A.C, & Gagne, D.A. (2014). Behavioral interventions for the treatment of night eating syndrome: A pilot study. In the *Obesity Week 2014 Abstract Book*, USA, S150.
19. **Vander Wal, J.S.**, Gang, C.H., Griffing, G.T., & Gadde, K.M. (2011). Escitalopram for treatment of night eating syndrome: A 12-week, randomized, placebo-controlled trial. *Obesity*, 19(Suppl 1), S180.
18. Russo,V.A., Van Acker, M.M., **Vander Wal, J.S.**, Erickson, Q.L., Sinha, A.A. (2011). Patterns of use of non-UV alternatives to indoor tanning among female college students. *Journal of Investigative Dermatology*, 131(S1), S40.
17. **Vander Wal, J.S.** (2010). BMI and unhealthy weight control behaviors in adolescents: The role of emotional adjustment and family. *Obesity*, 18(Suppl. 2), S122.
16. **Vander Wal, J.S.**, Blashill, A.J., & Stein, R.I. (2010). Screening for binge eating disorder: The utility of the EDE-Q, BULIT-R, and BEDT. *Obesity*, 18(Suppl. 2), S159.
15. Wonderlich-Tierney, A.L., & **Vander Wal, J.S.** (2010). The impact of television on food intake: The role of gender, advertisements, and transportability. *Obesity*, 18(Suppl. 2), S216.
14. Rufener, C., & **Vander Wal, J.S.** (2008). Emotional eating: The regulative effects of eating across mood states. *Obesity*, 16(Suppl. 1), S113-114.
13. Stein, R., **Vander Wal, J.S.**, & Klein, S. (2008). Efficacy of YMCA-delivered family weight loss program in treating childhood obesity: A pilot study. *Obesity*, 16(Suppl. 1), S299.
12. von Linden, M., & **Vander Wal, J.S.** (2008). Parent knowledge and perception of child overweight. *Obesity*, 16(Suppl. 1), S208-209.
11. **Vander Wal, J.S.**, Wonderlich-Tierney, A.L., Markey, M.A., Dennis, J.P., Stein, R.I., & Barlow, S.E. (2007). Home-based cognitive behavioral support for the treatment of child obesity: Pilot study outcomes. *Obesity Research*, 15(Suppl. 1), A221.

10. Dhurandhar, N.V., **Vander Wal, J.S.**, Currier, N., Khosla, P., & Gupta, A. (2007). Egg breakfast enhances weight loss. *FASEB J*, 21(5), A326.
9. **Vander Wal, J.S.**, Markey, M.A., Dennis, J.P., Wonderlich-Tierney, A.L., & Barlow, S.E. (2006). A pilot study of home-based cognitive behavior support for treatment of pediatric obesity. *Obesity Research*, 14(September supplement), A230.
8. Dhurandhar, N.V., **Vander Wal, J.S.**, McBurney, M.I., & Marth, J. (2005). Effect of macronutrient composition of weight loss diets on cardiovascular risk profile. *FASEB J*, 19(4), Part 1, A91.
7. Marth, J., **Vander Wal, J.**, Cho, S., McBurney, M., & Dhurandhar, N.V. (2004). Ready-to-eat cereal products as meal replacements for weight loss. *FASEB J*, 18(5), A872.
6. Marth, J., **Vander Wal, J.**, Khosla, P., Jen, K-L. C., Dhurandhar, N.V. (2004). An egg breakfast reduces food intake. *Obesity Research*, 12 (supplement): A45.
5. Artinian, N.T., Flack, J.M., **Vander Wal, J.S.**, Washington, O.G.M., Jen, K-L. C. (2004). Depressed hypertensive African American women report more blood pressure related symptoms, stress, and less social support than non-depressed women despite similar levels of blood pressure. *Ethnicity & Disease*, 14(4).
4. Artinian, N., **Vander Wal, J.S.**, Washington, O.G., Flack, J.M., & Jen, C. (2004). Depression, stress, and BP control in urban African American women. *American Journal of Hypertension*, 17(5, part 2), 169A.
3. Dhurandhar, N.V., Waller, S., **Vander Wal, J.S.**, Klurfeld, D.M. McBurney, M.I., Cho, S.S., Daley, J., & Bijlani, S. (2003). Impact of Kashi Go Lean Natural Slimming System & post-dinner snack on weight loss. *Journal of the American College of Nutrition*, 22, 478.
2. Brogan, K., Artinian, N., Flack, J., **Vander Wal, J.S.**, Washington, O., & Jen, C. (2003, October). Risk factors in community-based elderly African Americans. *Obesity Research*, 11S, A141.
1. Dhurandhar, N.V., Waller, S., **Vander Wal, J.S.**, Klurfeld D.M., McBurney, M.I., Daley, J., & Bijlani, S. (2002). Evening ready-to-eat cereal consumption contributes to weight loss. *Journal of the American College of Nutrition*, 21, 490.

National & International Conference Presentations

102. **Vander Wal, J.S.**, Kauffman, A., & Soulliard, Z. (2017, November). Differences in self-report vs performance-based measures of alexythymia among disordered eating participants. Poster presentation accepted to the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego.
101. Kauffman, A.A., & **Vander Wal, J.S.** (2017, November). Mediating effects of experiential avoidance and rumination on emotion dysregulation and eating disorder

symptomatology. Poster presentation accepted to the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego.

100. Zhou, W., Stephens, J., Musa, I. & **Vander Wal, J.S.** (2017, March). *The influence of gender on Asian American acculturation and mental health stigma*. Poster presentation accepted to the 2nd biennial International Convention of Psychological Science, Vienna, Austria.

99. **Vander Wal, J.S.** (October, 2016). *Handling obesity and a child with complex psychosocial issues*. In Woolford, S., (Chair): Inside the mind of the clinician: Challenging cases of child and adolescent obesity. Presented at the Annual Scientific Meeting of the Obesity Society, New Orleans, LA.

98. DuBois, J., Chibnall, J., Tait, R., & **Vander Wal, J.S.** (2016, October). Dispelling myths about why researchers get into trouble: Lessons learned from 3 years of a national remediation training program. Paper presented at the ASBH Bioethics Conference.

97. Emmert, N.A., Gfeller, J.D., Schwarz, L.R., **Vander Wal, J.S.**, & Zane, K.L. (2016, February). *The RBANS factor structure in older adults with suspected cognitive impairment: Evidence of a 5-factor structure*. Poster session presented at the 44th Annual Meeting of the International Neuropsychological Society, Boston, MA.

96. **Vander Wal, J.S.**, Maraldo, T., Vercellone, A.C., & Gagne, D.A. (2015, November). *Education, progressive muscle relaxation therapy, and exercise for the treatment of night eating syndrome: A pilot study*. In **Vander Wal, J.S.** (Chair), Brief intervention for eating disorders. Symposium conducted at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

95. **Vander Wal, J.S.** (2015, November). Integrating ACT and DBT techniques into CBT for disordered eating. In **Vander Wal, J.S.** (Moderator), *Integrating innovative cognitive-behavioral and mindfulness techniques in treatment for disordered eating*. Panel presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

94. Berbette, B.B., & **Vander Wal, J.S.** (2015, November). *An acceptance and commitment therapy group workshop intervention for emotional eating*. In **Vander Wal, J.S.** (Chair), Brief intervention for eating disorders. Paper presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

93. Gagne, D.A., & **Vander Wal, J.S.** (2015, November). *Predictors of internalized weight bias in a community sample of adult women: The role of self-compassion*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

92. Maraldo, T.M., **Vander Wal, J.S.**, Ross, M.J., & Willoughby, L.M. (2015, November). *Brief ACT intervention for dietary restriction*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

91. Zhou, W., **Vander Wal, J.S.**, Willoughby, L.M., & Ross, M.J. (2015, November). *A preliminary investigation of the Mental Health Attitudes and Stigma Scale for Asian*

Americans (MHASSAA). Poster presented at the 49th convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

90. Zhou, W., & **Vander Wal, J.S.** (2015, July). *Addressing barriers to mental health access among ethnic minority populations*. Podium presentation at the 35th Inter-American Conference, Lima, Perú

89. Zhou, W., **Vander Wal, J.S.**, Willoughby, L., & Ross, M.J. (2015, July). *The development of the Mental Health Attitudes and Stigma Scale for Asian Americans (MHASSAA)*. Poster presentation at the 35th Inter-American Conference, Lima, Perú.

88. Gagne, D.A., **Vander Wal, J.S.**, & Wenzel, K. (2014, November). *Evaluation of an obesity stigma intervention in reducing implicit and explicit weight bias*. Poster presented at the Annual Scientific Meeting of the Obesity Society, Boston, MA.

87. **Vander Wal, J.S.**, Maraldo, T., Vercellone, A.C., & Gagne, D.A. (2014, November). *Behavioral interventions for the treatment of night eating syndrome: A pilot study*. Poster presented at the Annual Scientific Meeting of the Obesity Society, Boston, MA.

86. Wadeson, H.K., & **Vander Wal, J.S.** (2014, November). *Effect of self-awareness and dietary cues on consumption*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

85. **Vander Wal, J.S.** (2013, December). *The diagnosis, assessment, and treatment of night eating syndrome*. Presentation given at the 2nd World Clinical Diagnostics Online Conference.

84. **Vander Wal, J.S.** (2013, November). *Social functioning differences between parent-rated depressed and non-depressed weight loss treatment-seeking youth*. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

83. Gagne, D.A., **Vander Wal, J.S.**, & Wenzel, K. (2013, November). *Evaluation of an obesity stigma intervention in reducing implicit and explicit weight bias*. Poster presented at the Eating Disorders and Obesity SIG Expo of the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

82. Allen, J., Berbette, B., & **Vander Wal, J.** (2012, November). *Self-Reported versus measured BMI: Are undergraduate women accurate reporters?* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

81. Allen, J., **Vander Wal, J.**, Gfeller, J., & Ross, M. (2012, November). *The relationship between impulsivity and bulimic symptomatology: Does stress matter?* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

80. Berbette, B., & **Vander Wal, J.S.** (2012, November). *Emotion regulation mediates the relationship between alexithymia and eating disorder symptoms*. Poster presented at the

annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

79. **Vander Wal, J.S.**, Huelsing, J., Dubuisson, O., & Dhurandhar, N.V. (2012, September). *Baseline lipids and weight loss among youth are associated with Ad-36 antibody status*. Poster presented at the Annual Scientific Meeting of the Obesity Society, Phoenix, AZ.

78. **Vander Wal, J.S.** (Writer), & Ontiveros, C. (Producer). (2012). *An overview of night eating syndrome*. Recorded commentary. Retrieved from <http://www.sleepclinician.com/>

77. Gibbons, J.L., **Vander Wal, J.S.** & del Pilar Grazioso, M. (August, 2012). *Gender role attitudes and eating disorders in young adolescent Guatemalan girls*. Poster presented at the 2012 Annual Convention of the American Psychological Association, Orlando, FL.

76. **Vander Wal, J.S.**, Gang, C.H., Griffing, G.T., & Gadde, K.M. (October, 2011). *Escitalopram for treatment of night eating syndrome: A 12-week, randomized, placebo-controlled trial*. Poster presented at the 2011 Annual Scientific Meeting of the Obesity Society, Orlando, FL.

75. Hinrichs, J., Ross, M.J., Gfeller, J., & **Vander Wal, J.S.** (August, 2011). *The relationship between personality and treatment preference*. Poster presented at the Annual Convention of the American Psychological Association, Washington DC.

74. Hooper, D.R., Ross, M.J., **Vander Wal, J.S.**, Weaver, T.L. (August, 2011). *Hierarchical models of mood and anxiety disorders and the role of temperament*. Poster presented at the Annual Convention of the American Psychological Association, Washington DC.

73. Bullett, E.S., Ross, M.J., **Vander Wal, J.S.**, & Gfeller, J.D. (August, 2011). *Effects of information regarding dangerousness, controllability of cause, and demographic variables on a measure of mental illness stigma*. Poster presented at the Annual Convention of the American Psychological Association, Washington DC.

72. Russo, V., Van Acker, M., **Vander Wal, J.S.**, Erickson, Q., Sinha, A.A. (May, 2011). *Patterns of use of non-UV alternatives to indoor tanning among female college students*. Poster presented at the 71st Annual Meeting of the Society for Investigative Dermatology, Phoenix, AZ.

71 Mitchell, E.R., **Vander Wal, J.S.**, & Buchanan, T. (April, 2011). *The effect of cortisol reactivity on emotional eating behavior*. Poster presented at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

70. **Vander Wal, J.S.** (October, 2010). *BMI and unhealthy weight control behaviors in adolescents: The role of emotional adjustment and family*. Poster presented at the 2010 Annual Scientific Meeting of the Obesity Society, San Diego, CA.

69. **Vander Wal, J.S.**, Blashill, A.J., & Stein, R.I. (October, 2010). *Screening for binge eating disorder: The utility of the EDE-Q, BULIT-R, and BEDT*. Poster presented at the 2010 Annual Scientific Meeting of the Obesity Society, San Diego, CA.

68. Wonderlich-Tierney, A.L., & **Vander Wal, J.S.** (October, 2010). *The impact of television on food intake: The role of gender, advertisements, and transportability*. Poster presented at the 2010 Annual Scientific Meeting of the Obesity Society, San Diego, CA.
67. Blashill, A.J., & **Vander Wal, J.S.** (November, 2009). *Mediation of gender role conflict and eating pathology in gay males*. Poster presented at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
66. Dennis, J.P., & **Vander Wal, J.S.** (November, 2009). *Self-report measures of cognitive flexibility: An instrument validation study*. Poster presented at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
65. Hamann, D.M., Wonderlich-Tierney, A.L., & **Vander Wal, J.S.** (November, 2009). *Interpersonal sensitivity predicts bulimic symptomatology cross-sectionally and longitudinally*. Poster presented at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
64. von Linden, M., & **Vander Wal, J.S.** (November, 2009). *Caregiver perceptions, feeding, and knowledge as predictors of child BMI percentile*. Poster presented at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
63. **Vander Wal, J.S.** (June, 2009). *Introduction to cognitive behavioral therapy*. Workshop presented at the Interamerican Society of Psychology, Guatemala City, Guatemala.
62. **Vander Wal, J.S.** (June, 2009). *The transdiagnostic treatment of eating disorders*. Workshop presented at the Interamerican Society of Psychology, Guatemala City, Guatemala.
61. Hood, M.M., Cradock, M.M., & **Vander Wal, J.S.** (April, 2009). *Psychological assessment on interdisciplinary craniofacial teams*. Poster presented at the 30th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Montreal, Quebec, Canada.
60. Rufener, C., & **Vander Wal, J.S.** (October, 2008). *Emotional eating: The regulative effects of eating across mood states*. Poster presented at the 2008 Annual Scientific Meeting of the Obesity Society, Phoenix, AZ.
59. Stein, R., **Vander Wal, J.S.**, & Klein, S. (October, 2008). *Efficacy of an open clinical pilot of a YMCA-delivered family weight loss program*. Poster presented at the 2008 Annual Scientific Meeting of the Obesity Society, Phoenix, AZ.
58. von Linden, M., & **Vander Wal, J.S.** (October, 2008). *Parent knowledge and perception of child overweight*. Poster presented at the 2008 Annual Scientific Meeting of the Obesity Society, Phoenix, AZ.
57. **Vander Wal, J.S.** & Crowther, J. (2007, November). *Cross cultural models of eating disorder symptomatology*. Symposium presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia.

56. **Vander Wal, J.S.**, Gibbons, J.L., & Grazioso, M.P. (2007, November). *The sociocultural model of eating disorder development: Application to Guatemalan girls*. In **Vander Wal, J.S.** (Chair), *Cross-cultural models of eating disorder symptomatology*. Paper presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
55. **Vander Wal, J.S.**, Dennis, J.P., Wonderlich-Tierney, A.L., & Markey, M.A. (2007, November). *Bio-Ecological CBT for the treatment of child obesity: A pilot*. Poster presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
54. Wonderlich-Tierney, A.L., & **Vander Wal, J.S.** (2007, November). *Potential mediators between social anxiety and bulimic symptomatology*. Poster presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
53. Markey, M.A., & **Vander Wal, J.S.** (2007, November). *Affective states: The relationship with emotional intelligence and coping*. Poster presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
52. Clary, L.E., & **Vander Wal, J.S.** (2007, November). *Predictors of bulimic symptoms in female university athletes*. Poster presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
51. Ridolfi, D.R., & **Vander Wal, J.S.** (2007, November). *Eating disorders awareness week: The effectiveness of a one-time body image dissatisfaction prevention session*. Poster presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
50. Dennis, J.P., & **Vander Wal, J.S.** (2007, November). *The Cognitive Flexibility Inventory (CFI): Instrument development and estimates of reliability and validity*. Poster presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
49. Dennis, J.P., & **Vander Wal, J.S.** (2007, November). *The relationship between life event stress, cognitive flexibility, coping, and depression: A longitudinal study*. Poster presented at the 41st Annual Convention of the Association for Cognitive and Behavioral Therapies, Philadelphia, PA.
48. **Vander Wal, J.S.**, Wonderlich-Tierney, A.L., Markey, M.A., Dennis, J.P., Stein, R.I., & Barlow, S.E. (2007, October). *Home-based cognitive behavioral support for the treatment of child obesity: Pilot study outcomes*. Poster presented at the NAASO 2007 Annual Scientific Meeting, New Orleans, LA.
46. Gibbons, J. L., **Vander Wal, J. S.**, Grazioso, M. de P., González, A. G., Lopez Esquivel, D. & Lara, R. (2007, July). *Factores de riesgo para el desarrollo de síntomas de trastornos de la alimentación en jóvenes adolescentes de la ciudad de Guatemala [Risk factors for eating disorder symptoms in young adolescent Guatemalan girls]*. Paper presented at the 31st Interamerican Congress of Psychology, Mexico City, Mexico.

46. Dhurandhar, N.V., **Vander Wal, J.S.**, Currier, N., Khosla, P., Gupka, A.K. (2007, April). *Egg breakfast enhances weight loss*. Poster presented at the Federation of American Societies for Experimental Biology's 2007 Experimental Biology Conference, Washington, DC.
45. **Vander Wal, J.S.**, Gibbons, J.L., de Pilar Grazioso, M., Gonzalez, A.G., Esquivel, D.L., Lara, R. (2007, February). *Correlates of eating disorder symptoms in Guatemalan Girls*. Paper presented at the 2007th Annual Meeting of the Society for Cross-Cultural Research, San Antonio, TX.
44. **Vander Wal, J.S.** (2006, November). *Relationship between facets of interpersonal sensitivity and bulimic symptomatology*. Poster presented at the 40th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
43. Dennis, J., & **Vander Wal, J.S.** (2006, November). *The relationship between life event stress, cognitive flexibility, coping, and depression*. Poster presented at the 40th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
42. Markey, M., & **Vander Wal, J.S.** (2006, November). *The role of emotional intelligence and negative affect in disordered eating*. Poster presented at the 40th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
41. Markey, M., **Vander Wal, J.S.**, & Dhurandhar, N.V. (2006, November). *The relationship between negative mood and food cravings, health-related quality of life, and body size in obese women presenting for weight loss treatment*. Poster presented at the 40th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
40. Markey, M., Dennis, J., Johnston, K., **Vander Wal, J.S.**, & Artinian, N.T. (2006, November). *The role of stress and social support in predicting depression among a hypertensive African American sample*. Poster presented at the 40th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
39. **Vander Wal, J.S.**, Markey, M.A., Dennis, J.P., Wonderlich-Tierney, A.L., Stein, R.I., & Barlow, S.E. (2006, October). *A pilot study of home-based cognitive behavior support for treatment of pediatric obesity*. Poster presented at the NAASO 2006 Annual Scientific Meeting, Boston, MA.
38. **Vander Wal, J.S.**, Johnson, K., & Dhurandhar, N.V. (2005, November). *Psychometric properties of the state and trait food cravings questionnaire in overweight and obese persons*. Poster presented at the 39th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
37. Smith, S.A., **Vander Wal, J.S.**, & Weaver, T.L. (2005, November). *A brief measure of body appearance: Is a single item sufficient?* Poster presented at the 39th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, DC.
36. Dhurandhar, N.V., **Vander Wal, J.S.** (2005, April). *Effect of macronutrient composition of weight loss diets on cardiovascular risk profile*. Poster presented at the Federation of American Societies for Experimental Biology's 2005 Experimental Biology Conference, San

Diego, CA.

35. Jarosz, P.J., & **Vander Wal, J.S.** (2005, April). *The prevalence of disordered eating behaviors and cravings in obese urban African Americans*. Poster presented at the 29th Annual MNRS Research Conference in Cincinnati, OH.
34. Aroian, K., **Vander Wal, J.S.**, Peters, R., & Tate, N. (2005, April). *A comparative study of health care disparity in low income African American and Caucasian elders*. Poster presented at the 29th Annual MNRS Research Conference in Cincinnati, OH.
33. Marth J., **Vander Wal, J.**, Khosla P., Jen C., and Dhurandhar N.V. (2004, November). *An egg breakfast reduces food intake*. Poster presented at the NAASO 2004 Annual Scientific Meeting, Las Vegas, NV.
32. **Vander Wal, J.S.** (2004, November). *Ethnocultural and peer considerations for eating disorders among elementary-age school girls*. Poster presented at the 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
31. **Vander Wal, J.S.** (2004, November). *Predictors of disturbed eating attitudes and behaviors among African American and Hispanic girls*. Poster presented at the 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
30. Artinian, N.T., Washington, O.G.M., Flack, J., Jen, K-L. C., **Vander Wal, J.** (2004, October). *Experiences with telemonitoring to enhance blood pressure control in urban African Americans*. Paper presented at the 2004 National State of the Science Congress in Nursing Research, Washington, DC.
29. Aroian, K., & **Vander Wal, J.S.** (2004, October). *Daily diaries as a method for studying symptom experiences in the elderly: A validation study*. Poster presented at the 2004 National State of the Science Congress in Nursing Research, Washington, DC.
28. Aroian, K., & **Vander Wal, J.S.** (2004, July). *Health service use in three racial/ethnic groups*. Paper presented at the Sigma Theta Tau International Evidence-Based Nursing Conference, Dublin, Ireland.
27. Artinian, N.T., Flack, J.M., **Vander Wal, J.S.**, Washington, O.G.M., Jen, K-L. C. (2004, June). *Depressed hypertensive African American women report more blood pressure related symptoms, stress, and less social support than non-depressed women despite similar levels of blood pressure*. Poster presented at the International Society on Hypertension in Blacks, Detroit, MI.
26. Artinian, N., **Vander Wal, J.S.**, Washington, O.G., Flack, J.M., & Jen, C. (2004, May). *Depression, stress, and BP control in urban African American women*. Poster presented at the 19th Annual Scientific Meeting of the American Society of Hypertension, New York, NY.
25. Marth, J., **Vander Wal, J.**, Cho, S., McBurney, M., & Dhurandhar, N.V. (2004). *Ready-to-eat cereal products as meal replacements for weight loss*. Poster presented at the Federation of American Societies for Experimental Biology's 2004 Experimental Biology Conference, Washington, DC.

24. Artinian, N., Washington, O., Flack, J., Jen, K.C., & **Vander Wal, J.** (2004, Feb/March). *Nurse managed blood pressure telemonitoring with African Americans*. Poster presented at the 28th Annual MNRS Research Conference, St. Louis, MO.
23. Brogan, K., Artinian, N., Flack, J., **Vander Wal, J.S.**, Washington, O., & Jen, C. (2003, October). *Risk factors in community-based elderly African Americans*. Poster presented at the NAASO 2003 Annual Scientific Meeting, Ft. Lauderdale, FL.
22. Waller, S., **Vander Wal, J.S.**, Klurfeld, D.M. McBurney, MI, Cho, S.S., Daley, J., Bijlani, S. & Dhurandhar, N.V. (2003, October). *Impact of Kashi Go Lean Natural Slimming System & post-dinner snack on weight loss*. Poster presented at the 2003 Annual Meeting of the American College of Nutrition, Nashville, TN.
21. Arorian, K., M. Vartanian and **J. Vander Wal.** (2003, July) *Breast screening in Armenia*. Paper presented at the First International Medical Congress of Armenia, Yerevan, Armenia.
20. Jirovec, M.M., & **Vander Wal, J.S.** (2003, March). *Caregiver burden and caregiver health: The influence of self-care*. Poster presented at the 2003 Annual Research Conference of MNRS, Grand Rapids, MI.
19. Dhurandhar, N.V., Waller, S., **Vander Wal, J.S.**, Klurfeld D.M., McBurney, M.I., Daley, J., & Bijlani, S. (2002, October). *Evening ready-to-eat cereal consumption contributes to weight loss*. Poster presented at the 2002 Annual Meeting of the American College of Nutrition, San Antonio, TX.
18. **Vander Wal, J.S.**, & Thelen, M.H. (2002, August). *Does sensitivity to criticism moderate or mediate the relationship between teasing and body image?* Poster presented at the 110th Annual Convention of the American Psychological Association, Chicago, IL.
17. Hernandez, S., **Vander Wal, J.S.**, & Spring, B. (2002, August). *Efficacy of a negative mood induction across repeated administrations*. Poster presented at the 110th Annual Convention of the American Psychological Association, Chicago, IL.
16. Nies, M., Chen, K.Y., & **Vander Wal, J.S.** (2002, August). *Indices of energy expenditure and leptin*. Poster presented at the 110th Annual Convention of the American Psychological Association, Chicago, IL.
15. Nies, M.A., Chen, K.Y., & **Vander Wal, J.S.** (2002, March). *Relationship between serum leptin and indices of sleeping energy expenditure in sedentary women*. Poster presented at the 2002 Annual Research Conference of MNRS, Chicago, IL.
14. Persky, I., Spring, B., **Vander Wal, J.S.**, Pagoto, S., & Hedeker, D. (2002, February). *Generality of adherence across behavior domains in smoking cessation plus weight control treatment*. Paper presented at the 23rd Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
13. Persky, I., **Vander Wal, J.**, Spring, B., & Stelter, J. (2001, February). *BMI moderates*

how successfully weight concerns regulate dietary adherence among women quitting smoking. Poster presented at the Society for Research on Nicotine and Tobacco, Seattle, WA.

12. Persky, I., **Vander Wal, J.**, Spring, S., & Stelter, J. (2001, February). *Nonparallelism between dietary adherence, weight concerns and weight control among women quitting smoking.* Poster presented at the Society for Research on Nicotine and Tobacco, Seattle, WA.

11. **Vander Wal, J.S.** (2000, November). *Effect of two minimalist interventions on aftercare adherence.* Poster presented at the 34th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

10. **Vander Wal, J.S.**, & Thelen, M.H. (1999, November). *Body discontent in young girls: From where might it stem?* Poster presented at the 33rd Annual Convention of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

9. **Vander Wal, J.S.**, & Thelen, M.H. (1999, August). *Eating and body image concerns among obese and non-obese children.* Poster presented at the 106th Annual Convention of the American Psychological Association, Boston, MA.

8. **Vander Wal, J.S.**, & Thelen, M.H. (1997, November). *Eating and body image concerns among obese and non-obese children.* Poster presented at the 31st Annual Convention of the Association for the Advancement of Behavior Therapy, Miami, FL.

7. **Vander Wal, J.S.**, & Thelen, M.H. (1997, August). *Relationship between childhood sexual abuse and fear of intimacy.* Poster presented at the 105th Annual Convention of the American Psychological Association, Chicago, IL.

6. **Vander Wal, J.S.**, & Thelen, M.H. (1996, November). *Attitudes toward bulimic behaviors in two generations: The role of knowledge, body mass, gender, and bulimic symptomatology.* Poster presented at the 30th meeting of the Association for Advancement of Behavior Therapy, New York, NY.

5. **Vander Wal, J.S.**, Thelen, M.H., & Mintz, L.B. (1996, August). *The Bulimia Test-Revised: Validation with DSM-IV criteria for bulimia nervosa.* Poster presented at the 104th Annual Convention of the American Psychological Association, Toronto, Canada.

4 **Vander Wal, J.S.**, Thelen, M.H., Thomas, A.M., & Harmon, R. (1996, August). *Fear of intimacy among dating couples.* Poster presented at the 104th Annual Convention of the American Psychological Association, Toronto, Canada.

3. **Vander Wal, J.S.**, & Thelen, M.H. (1995, August). *Attitudes toward bulimic patterns of eating in two generations: The role of knowledge, body mass, gender, and bulimic symptomatology.* Poster presented at the 103rd Annual Convention of the American Psychological Association, New York, NY.

2. DiLorenzo, T.M., Stucky-Ropp, R.C., Gotham, H.J., & **Vander Wal, J.S.** (1995, August). *Influence of parental factors in determining physical activity in children.* Poster presented at

the 103rd Annual Convention of the American Psychological Association, New York, NY.

1. Stucky-Ropp, R.C., DiLorenzo, T.M., Gotham, H.J., & **Vander Wal, J.S.** (1994, November). *A longitudinal analysis of determinants of physical activity in children*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.

Local & Regional Conference Presentations

14. **Vander Wal, J.S.** (May, 2010). *The relationship between BMI and unhealthy weight control behaviors among adolescents: The role of family and peer support*. Paper presented at the Obesity and the Family Conference, Provo, UT.

13. Bowersox, S.A., & **Vander Wal, J.S.** (April, 2009). *Children's body image and eating concerns: The impact of teasing as reported by multiple sources*. Poster presented at the Midwest Conference on Pediatric Psychology, Kansas City, MO.

12. Stein, R., **Vander Wal, J.S.**, & Klein, S. (April, 2009). *Efficacy of an open clinical pilot of a YMCA-delivered family weight loss program*. Poster presented at the 2009 St. Louis American Foundation's Solute to Excellence in Healthcare. St. Louis, MO.

11. Clary, L.E., & **Vander Wal, J.S.** (2007, October). *The effects of a cognitive dissonance body image intervention on a sample of non-referred, female college athletes*. Poster presented at the Academy of Eating Disorders SIG One-Day Conference, Indianapolis, IN.

10. Clary, L.E., & **Vander Wal, J.S.** (2007, October). *Bulimic symptomatology in division I, female college athletes*. Poster presented at the Academy of Eating Disorders SIG One-Day Conference, Indianapolis, IN.

9. Joyce, A., Ross, M. J., **Vander Wal, J.S.** & Gfeller, J. (May, 2007). *Self-concept clarity and self-descriptiveness ratings in predicting depression*. Poster presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

8. Barlow, S.E., Markey, M., Dennis, J.P., & Wonderlich-Tierney, A.L., Stein, R.I., & **Vander Wal, J.S.** (2007, March). *A pilot study of home-based cognitive behavior support for the treatment of pediatric obesity*. Paper presented at the Cardinal Glennon Children's Medical Center Pediatric Science Days, St. Louis, MO.

7. **Vander Wal, J.S.** (2006, February). *Panel discussant: Healthy living*. The 2006 Region II AMA-MSS Conference, St. Louis, MO.

6. Artinian, N.T., Jen, K-L.C., **Vander Wal, J.S.**, Washington, O.G.M., & Flack, J.M. (2004, March). *Gender differences in BP control and CV risk in African Americans*. Poster presented at the 2004 College of Nursing Research Day, Detroit, MI.

5. Sandretto, A., Krouse, H.J., **Vander Wal, J.S.**, & Krouse, J.H. (2004, March). *Validation of the Sinus Symptom Questionnaire*. Poster presented at the 2004 College of Nursing

Research Day, Detroit, MI.

4. **Vander Wal, J.S.** (2003, October). *The diagnosis, assessment, & treatment of eating disorders*. Invited Address presented at the Wayne State University College of Nursing Conference, Building Psychiatric & Mental Health Competencies Across Clinical Practice Settings, Detroit, MI.
3. Hernandez, S., **Vander Wal, J.S.**, & Spring, B. (2001, April). *Reliability and efficacy of a negative mood induction procedure across repeated administrations*. Poster presented at the 2nd Annual Undergraduate Research Symposium at the University of Illinois at Chicago, Chicago, IL.
2. **Vander Wal, J.S.** (1993, April). *Lay attributions about distress after a natural disaster: A replication and extension*. Paper presented at the Michigan Undergraduate Students of Psychology Conference, Saginaw, MI.
- 1 **Vander Wal, J.S.** (1992, December). *Lay attributions about distress after a natural disaster: A replication and extension*. Poster presented at the Calvin College Psychological Research Invitational, Grand Rapids, MI.

Workshops & Community Presentations

32. **Vander Wal, J.S.** (May, 2017). *Eating disorders*. Presentation given at the Saint Louis University School of Medicine. Lauren Schwartz presiding.
31. **Vander Wal, J.S.** (March, 2017). *Focus on recovery: First year results from the Eating Disorder Recovery Registry*. Presentation given at the National Eating Disorders Awareness Walk. Melody Miller presiding.
30. **Vander Wal, J.S.** (March, 2017). *CBT-E for disordered eating*. One-day workshop given at Burrell Behavioral Health. Denise Mills presiding.
29. **Vander Wal, J.S.** (May, 2016). *Eating disorders in primary care*. Presentation given at the Saint Louis University School of Medicine. Lauren Schwartz presiding.
28. **Vander Wal, J.S.** (April, 2016). *Eating disorders in athletics*. Presentation given at the Saint Louis University Athletic Training Program. Whitney Linsenmeyer presiding.
27. **Vander Wal, J.S.** (March, 2016). *Eating disorders*. Presentation given to the Psi Chi chapter at Saint Louis University. Mike Anch presiding.
26. **Vander Wal, J.S.** (May, 2015). *Eating disorders: Diagnosis, evaluation, and treatment resources*. Presentation given at the Saint Louis University School of Medicine. Lauren Schwartz presiding.
25. **Vander Wal, J.S.** (April, 2015). *The ACT model and application to disordered eating*. Presentation given at Webster Wellness, St. Louis, MO. Laura Bumberry presiding.

24. **Vander Wal, J.S.** (April, 2015). *The treatment of pediatric obesity: Lessons from etiology and comorbidity*. Presentation given at the University of Missouri—Columbia. Janet Farmer presiding.
23. **Vander Wal, J.S.** (May, 2014). *Commentary and discussion on the video “Killing Us Softly III.”* Discussant for National Eating Disorder Awareness Week at Washington University School of Medicine, Michael Yang presiding.
22. **Vander Wal, J.S.** (September, 2013). *Night eating syndrome: Diagnosis, assessment, & treatment*. Grand Rounds: Neurology & Psychiatry, Saint Louis University Medical Center. John Chibnall presiding.
21. Huelsing, J., & **Vander Wal, J.S.** (March, 2012). *Pediatric overweight: Pitfalls and promise*. Invited presentation for the American Diabetes Association Peer Educator’s Meeting at St. John’s Mercy Medical Center.
20. **Vander Wal, J.S.** (March, 2012). *Discussion and commentary on “Killing Us Softly.”* Discussant for National Eating Disorder Awareness Week at Washington University School of Medicine, Stephanie Thomas presiding.
19. **Vander Wal, J.S.** (August, 2010). *Night eating syndrome*. Invited presentation to Webster Wellness Professionals in conjunction with McCallum Place on the Park. Darcy Downey presiding.
18. **Vander Wal, J.S.** (April, 2010). *Management of eating disorders among student athletes*. Invited presentation for the Athletic Training Program at Saint Louis University.
17. **Vander Wal, J.S.** (2009, March). *Role of athletics administration in the detection and treatment of disordered eating*. Invited lecture. Saint Louis University, Department of Nutrition, Tony Breitbach presiding.
16. **Vander Wal, J.S.** (2006, April). *Problematic eating attitudes and behaviors in youth*. Invited lecture, Saint Louis University School of Nursing, Andrew Mills presiding.
15. **Vander Wal, J.S.** (2003, November). *Diagnosis & assessment of eating disorders*. Invited Seminar for Psychology 7300, Psychopathology, Wayne State University, Department of Psychology, Dr. Cano presiding.
14. **Vander Wal, J.S.** (2003, October). *The diagnosis, assessment, & treatment of eating disorders*. Invited Seminar for Nursing 7150, Primary Prevention: Adult Care, Wayne State University, College of Nursing, Dr. Benkert presiding.
13. **Vander Wal, J.S.** (2003, March). *The psychological treatment of eating disorders*. Invited Seminar for Psychology 6370, Wayne State University, Departments of Nutrition and Food Science and Psychology, Dr. Coscina presiding.
12. **Vander Wal, J.S.** (2003, March). *Eating disorder treatment issues*. Invited Seminar, Nursing 7620, Wayne State University, Dr. Miller presiding.

11. **Vander Wal, J.S.** (2003, February). *Body Image and eating disorders in girls: Scope of problems and interventions*. Invited Seminar, Wayne State University, Department of Psychiatry and Behavioral Neurosciences Education and Training Programs, Dr. Rajarethinam presiding.
10. **Vander Wal, J.S.** (2002, October). *Research and statistical methods*. Invited Seminar, Harper Hospital, Depart of Otolarnogology, Paul Finlayson presiding.
9. **Vander Wal, J.S.** (2002, February). *Predictors of body image dissatisfaction in Caucasian and Multiethnic settings*. Invited Seminar, Wayne State University, Department of Nutrition and Food Science, Dr. Klurfeld presiding.
8. **Vander Wal, J.S.** (2002, January). *Clinical trials in community settings*. Invited Lecture for Nursing 7998: Research Methodology, Wayne State University, College of Nursing, Dr. Washington presiding.
7. **Vander Wal, J.S.** (2001, October). *The psychological treatment of eating disorders*. Invited Lecture for 6270: Eating Behavior and Body Weight Regulation, Wayne State University, Department of Nutrition and Food Science and Department of Psychology. Dr. Coscina presiding.
6. **Vander Wal, J.S.** (2001, September). *Interpersonal sensitivity in bulimic and non-bulimic women: Relationship to conformity, affect, and food cravings*. Invited Seminar, Wayne State University, Center for Health Research. Dr. Nies presiding.
5. **Vander Wal, J.S.** (1999, May). *The role of empirically supported treatments*. Invited Presentation, the Annual Conference of the Oklahoma State Department of Health Clinical Psychology Residency Program, Oklahoma City, Oklahoma.
4. Dupell, J., & **Vander Wal, J.S.** (1999, February). *Do you see what I see? Eating disorders and the media*. Invited Address for National Eating Disorders Awareness Week at the University of Oklahoma, Norman.
3. **Vander Wal, J.S.** (1998). *The development of hospital policy regarding the needs of psychiatric inpatients*. Invited Address, Fulton State Hospital Board of Directors, Fulton, Missouri.
2. **Vander Wal, J.S.** (1995, March). *Orientations to psychological distress and classification*. Colloquium conducted at the Transitional Housing Authority in-service training seminar, Columbia, MO.
1. **Vander Wal, J.S.** (1994, March). *Compliance with treatment*. Colloquium conducted at "Tiger Trailblazers '94" a retreat for families of children with Juvenile Arthritis, Columbia MO.

Theses and Dissertations at SLU

Theses Chaired – 13 completed; 0 in progress; 13 total
Thesis Committees – 14 completed; 2 in progress; 16 total
Dissertations Chaired – 17 completed; 1 in progress; 18 total
Dissertation Committees – 17 completed; 3 in progress; 20 total

A complete listing is available upon request

Awards & Recognition

- 2016 Letter of recognition for excellence of reviews completed for the Annals of Internal Medicine during the 2015 review cycle.
- 2015 Letter of recognition for excellence of reviews completed for the Annals of Internal Medicine during the 2014 review cycle.
- 2015 Letter of appreciation from William Siler, Director, Research & Development Services at Saint Louis University, for work conducted in conjunction with the Research Peer Review Committee; specifically, review of Beaumont Faculty Development Fund applications submitted for the Spring 2015 cycle.
- 2014 Letter of appreciation from Jay Goff, Vice President of Enrollment and Retention Management at Saint Louis University, and Lisa Dorsey, Associate Vice President of Undergraduate Education at Saint Louis University, for making a difference in the lives of students
- 2014 Letter of appreciation from Raymond Tait, Vice President for Research at Saint Louis University, for work conducted in conjunction with the Research Peer Review Committee; specifically, review of President's Research Fund applications submitted for the Fall 2013 cycle.
- 2014 Letter of appreciation from Dean Michael Barber for serving as a reviewer for the President's Research Fund Awards for the Fall 2013 cycle.
- 2014 Letter of recognition for excellence of reviews completed for the Annals of Internal Medicine during the 2014 review cycle.
- 2013 Letter of appreciation from Jay Goff, Vice President of Enrollment and Retention Management at Saint Louis University, and Lisa Dorsey, Associate Vice President of Undergraduate Education at Saint Louis University for making a difference in the lives of students.
- 2013 Letter of appreciation for assistance in the review of Presidential Research Fund applications at Saint Louis University
- 2013 Named a Fellow of the Obesity Society
- 2013 Letter of recognition for excellence of reviews completed for the Annals of Internal Medicine during the 2012 review cycle.

- 2011 Presidential Research Award (Saint Louis University)
- 2011 Beaumont Faculty Development Award (Saint Louis University)
- 2008 Letter of recognition for excellence of reviews completed for the Annals of
Internal Medicine
- 2006 Beaumont Faculty Development Award (Saint Louis University)
- 2006 Summer Research Service Award (Saint Louis University)
- 2002 Women of Wayne Research Grant (Wayne State University)
- 1997 Psychology Graduate Travel Award (University of Missouri-Columbia)
- 1996 Psychology Graduate Travel Award (University of Missouri-Columbia)
- 1996 Graduate Professional Council Conference Travel Scholarship (University of Missouri-Columbia)
- 1989-93 Faculty Honors Scholarship (Calvin College)

Professional Memberships

American Psychological Association (APA), Full Member
 Association for Behavioral and Cognitive Therapies (ABCT), Full Member & Ambassador
 The Obesity Society, Full Member & Fellow

Manuscript/Abstract/Conference/T&P Reviews

- 2016 **Ad hoc Reviewer:** Appetite, Body Image, Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, International Journal of Environmental Research & Public Health, Nursing Research, Comprehensive Psychiatry
- 2015 **Ad hoc Reviewer:** Annals of Internal Medicine, Appetite, BMJ Pediatrics, Current Psychiatry Reviews, International Journal of Obesity, Psychiatry Research, Scientific Reports
- 2014 **Ad hoc Reviewer:** Annals of Internal Medicine, Appetite, BMJ Pediatrics, Body Image, Clinical Psychological Science, International Journal of Obesity, International Perspectives in Psychology, Nursing Research, Perceptual and Motor Skills, Quality of Life Research.

Abstract Reviewer for the Obesity Society Annual Scientific Meeting

External Tenure and Promotion Reviewer

- 2013 **Ad hoc Reviewer:** Adolescent Health, Annals of Internal Medicine, Body Image, Clinical Psychological Science, International Journal of Obesity, Nursing Research, Psychological Reports, Quality of Life Research
- 2012 **Ad hoc Reviewer:** Annals of Internal Medicine, Body Image, Eating Behaviors, European Eating Disorder Review, International Journal of Obesity, International Perspectives in Psychology, Journal of Abnormal Child Psychology, Journal of Health Psychology, Journal of Clinical Psychiatry, Nursing Research, Nutrition & Metabolism, Obesity
- 2011 **Ad hoc Reviewer:** Annals of Internal Medicine, Body Image, Eating Behaviors, International Journal of Obesity, International Journal of Vitamin and Nutrition Research, International Perspectives in Psychology, Nursing Research, Nutrition & Diabetes, Physiology & Behavior, Translational Behavioral Medicine,

Abstract Reviewer for the Obesity Society Annual Scientific Meeting
- 2010 **Ad hoc Reviewer:** Annals of Internal Medicine, Eating Behaviors, International Journal of Obesity, Obesity, International Journal of STD & AIDS, Nursing Research
- 2009 **Ad hoc Reviewer:** Eating Behaviors, International Journal of Behavioral Nutrition and Physical Activity, Obesity, Nursing Research
- 2008 **Ad hoc Reviewer:** Annals of Internal Medicine, Body Image, Croatian Medical Journal, Eating Behaviors, Health Education Research, International Journal of Obesity, Journal of Clinical Psychology, Journal of Social and Clinical Psychology, Nursing Research, Physiology and Behavior
- 2007 **Ad hoc Reviewer:** Eating Behaviors, International Journal of Obesity, Journal of Clinical Psychology, Journal of Psychosomatic Research, Nursing Research, Obesity Research
- 2006 **Ad hoc Reviewer:** Body Image, Eating Behaviors, European Journal of Clinical Nutrition, International Journal of Obesity, Journal of Clinical Psychology, Nursing Research
- 2005 **Ad hoc Reviewer:** Annals of Internal Medicine, BMC Public Health, Eating Behaviors, International Journal for Vitamin and Nutrition Research, Journal of the American College of Nutrition, Journal of Clinical Child and Adolescent Psychology, Journal of Clinical Psychology, Nursing Research, Pediatrics
- 2004 **Ad hoc Reviewer:** Archives of Pediatrics and Adolescent Medicine, Eating Behaviors, Journal of Clinical and Consulting Psychology, Nursing Research

- 2003 **Ad hoc Reviewer:** Nursing Research
- 2002 **Ad hoc Reviewer:** Nursing Research, Society for a Science of Clinical Psychology
- 1999 **Ad hoc Reviewer:** Nicotine & Tobacco Research

Committee & Review Panel Membership

- 01/12 – pres. **Member.** Institutional Review Board, Saint Louis University
- 11/07 – pres. **Member.** Research Peer Review Committee, College of Arts & Sciences, Saint Louis University
- 08/08 – pres. **Member.** Board of Advisors, Living Well Foundation
- 07/14 – 5/15 **Co-Coordinator.** Co-Coordinator of Pre-doctoral Internships, Department of Psychology, Saint Louis University
- 09/14 – 12/14 **Member.** Clinical Child Faculty Search Committee, Saint Louis University
- 09/05 – 12/11 **Member.** IRB Pre-Review Committee, Department of Psychology, Saint Louis University
- 07/07 – 05/11 **Coordinator.** Coordinator of Pre-doctoral Internships, Department of Psychology, Saint Louis University
- 01/10 – 05/10 **Member.** Subject Pool Task Force, Department of Psychology, Saint Louis University
- 01/10 – 05/10 **Member.** Research Methods Task Force, Department of Psychology, Saint Louis University
- 08/09 – 12/09 **Member.** Clinical Psychology Search Committee, Department of Psychology, Saint Louis University
- 06/09 – 09/09 **Member.** Research Instruction Task Force, College of Arts & Sciences, Saint Louis University
- 09/06 – 05/09 **Member.** Academic Honesty Committee, College of Arts & Sciences, Saint Louis University
- 06/04 **Member.** Special Emphasis Review Panel, Centers for Disease Control, Atlanta, GA
- 09/02 - 05/04 **Chair.** Diversity Committee, College of Nursing, Wayne State University

- 09/01 - 05/04 **Member.** Urban Health Research Interest Group, College of Nursing, Wayne State University
- 09/01 - 07/04 **Member.** Biostatistics Journal Club, Wayne State University and Karmanos Cancer Institute
- 09/01 - 05/04 **Member.** Beautification Committee, College of Nursing, Wayne State University
- 01/02 - 01/03 **Member.** Health Care Effectiveness Research Seminar Planning Committee, Wayne State University
- 09/00 - 07/01 **Member.** Research Training Committee--Hines VA Medical Center
- 1997 - 1998 **Member.** Institutional Review Board--University of Missouri-Columbia
- 1994, 1997 **Departmental Host.** Hosted applicants to the Department of Psychology at the University of Missouri-Columbia
- 1997 - 1998 **Member.** Advisory Committee. Department of Psychology--University of Missouri- Columbia
- 1995 - 1998 **Member.** Human Subjects Committee, Department of Psychology, University of Missouri—Columbia
- 1994 - 1995 **Treasurer.** Graduate Association of Students in Psychology - G.A.S.P. (University of Missouri)
- 1994 - 1995 **Member.** Scholarly Communications Committee, University of Missouri-Columbia

References

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