



SAINT LOUIS UNIVERSITY

CENTER FOR SERVICE AND
COMMUNITY ENGAGEMENT

Guidelines and Resources on How to Responsibly Serve During the COVID-19 Pandemic Fall 2020

While we still encourage Billikens to continue to serve their community, we also need to be mindful of those we will be interacting with, especially vulnerable populations. Please follow these guidelines when serving in-person anywhere in the community. Additional resources for serving responsibly can be found on the following page.

Guidelines and Tips

1. Screen Yourself for COVID-19. (Take your temperature; “Are you feeling well?”)
 - The best way to ensure you and others are safe when volunteering is to test for COVID-19.
2. Use a cloth face cover whenever you are in public.
 - This helps to reduce the virus spread. Avoid touching your eyes, mouth, and nose.
3. Avoid close contact with others and limit your group size.
 - Stay at least 6 feet apart from others, remembering that even people without symptoms can spread the virus.
4. Wash your hands often.
 - Using soap, wash your hands for at least 20 seconds, especially after being in a public space.
5. Follow the advice of public health officials.
 - These are very confusing times, but feel confident trusting the advice of public health organizations like the CDC and WHO and check their websites for updates and health tips.
6. Before arriving at service, check with the organization that the need is still there and ask what safety precautions they have in place.
 - This communication is critical (never show up unannounced!) and can help you not only be prepared for your service but also reduce the risk of virus transmission.
7. Bring everything you need for your service shift (including water, face covering, and hand sanitizer).
 - The fewer contact points you make, the fewer opportunities for spread you create.

Resources

- CDC Guidelines
 - <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/considerations.html>
- Idealist
 - <https://www.idealist.org/en/careers/help-others-coronavirus>
- Corporation for National and Community Service
 - <https://www.nationalservice.gov/serve>
- Volunteer Match
 - <https://blogs.volunteermatch.org/engagingvolunteers/2017/06/21/5-essential-safety-tips-for-volunteers/>
- Lilly Family School of Philanthropy, IUPUI
 - <https://blog.philanthropy.iupui.edu/2020/03/27/volunteering-during-covid-19-is-it-safe/>
- United Way of Greater St. Louis
 - <https://www.stlvolunteer.org/covid19>
- United Way - East FL
 - <https://unitedwaynefl.org/volunteering-safely-during-the-covid-19-pandemic/>
- International Volunteer HQ
 - <https://www.volunteerhq.org/top-volunteer-safety-tips/>
- Student Training and Education in Public Service (Steps)
 - <https://www.publicservicedegrees.org/volunteering/in-college/>

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