SAINT LOUIS UNIVERSITY
TRUDY BUSCH VALENTINE
SCHOOL OF NURSING
Class of 2020
PRESENTATION OF NURSING ALUMNI ASSOCIATION PINS
Patricia A. Potter, Ph.D., R.N., F.A.A.N.
Alumna and Executive Advisory Board Chair

RECOGNITION OF GRADUATES SERVING IN MILITARY
Judith H. Carlson, MSN, RN, CNE
Associate Professor Emeritus

RECOGNITION OF NOMINEES FOR AND RECIPIENTS OF AWARDS AND HONORS
Judith H. Carlson, MSN, RN, CNE
Associate Professor Emeritus

PRESENTATION OF AWARDS
TEACHING EXCELLENCE AWARD
Joanne L. Thanavaro, DNP, APRN, AGPCNP-BC, AGACNP-BC, DCC, FAANP
Associate Dean, Graduate Nursing Education
Associate Professor of Nursing

STUDENT AWARDS
Kristine L’Ecuyer, PhD, RN, CNL
Associate Dean, Undergraduate and Prelicensure Education;
Associate Professor
Peggy Ellis, RN, MSN, Ph.D.
Interim Dean, Trudy Busch Valentine School of Nursing

THE ACADEMIC COSTUME AND THE MEANING OF THE HOOD
The colorful attire worn by graduates, faculty, trustees and officers of the University has historic roots in the distant medieval past. Dressed in cap and gown, the graduates and their professors are part of a long tradition that dates back to Paris and Bologna, Italy, to Oxford and Cambridge, England, in the days of their Catholic glory. The exact origins of several parts of the academic garb are a bit of a mystery. Because medieval students enjoyed the status of cleric during their university years, one might guess that their attire found its inspiration in the clerical dress of medieval times. The gown seems to be an adaptation of the robe of friar or priest; the hood, of the monk’s or friar’s cowl; and the mortarboard cap of today recalls the skullcap of days when tonsured heads needed protection against the drafts of medieval classrooms.

Academic attire began to appear on U.S. campuses in the late 1890s. Since that time, its use has become universal for solemn university functions, and its pattern is highly uniform.

THE HOOD
The hood at first seems to have been worn over the head and attached to the gown. When the skullcap was introduced, the hood was retained but detached and worn much as it is today. Each degree (bachelor’s, master’s, doctoral) has its special hood, which varies in length and, for the doctor, also in pattern. The color or colors lining the hood are those of the college or university that granted the wearer’s degree. For example, Saint Louis University is known by blue chevron on a field of white. The colored velvet binding or edging of the hood, in different widths for bachelor, master and doctor, is determined by the field of study. The color signifying nursing is apricot.
CANDIDATES FOR BACHELOR OF SCIENCE IN NURSING

TRADITIONAL OPTION

MAY 2020 GRADUATES
Moira Abdalia ♠
Lauren Accurri ♠
Kendall Barlow ♠
MacKenzie Bednarek ♠
Katherine Bell ♠
Kennedy Bell ♠
John Benben ♠
Robin Bender ♠
Ryan Benson ♠
Bhavini Bhakta ♠
Jessica Bird ♠
John Benben ♠
Alexandra Jokisch ♠
Abigail Herr ♠
Abigail Hanson ♠
Miranda Humes ♠
Marisa Groch ♠
Madeleine Gomez ♠
Mary Franko ♠
Margaret Eames ♠
Allison Egan ♠
Deirdre Flanagan ♠
Lauren Flogel ♠
Lauren Forbes ♠
Olivia Furman ♠
Anika Garber ♠
Rebecca Gardner ♠
Clare Gervase ♠
Madeleine Gomez ♠
Samantha Curoe ♠
Jack Curtis ♠
Chelsea DiValerio ♠
Candace Dwyer ♠
Madeleine Eames ♠
Sarah Egan ♠
Allison Egan ♠
Deirdre Flanagan ♠
Lauren Flogel ♠
Lauren Forbes ♠
Mary Franko ♠
Stephanie Gurevich ♠
Allison Siekierski ♠
Ashley Mosty ♠
Laura Murphy ♠
Marianne Nguyen ♠
Carrie Noll ♠
Elizabeth O’Neill ♠
Gabrielle Papachristou ♠
Meghan Paslaski ♠
Karishma Patel ♠
Leah Patten ♠
Elizabeth Philpotts ♠
Mikayla Phillips ♠
Jack Pinel ♠
Yen Quach ♠
Anna Quadri ♠
Mary Riley ♠
Cassandra Rizio ♠
Abby Sadler ♠
Christina Schober ♠
Lauren Schrader ♠
Alyssa Seitzer ♠
Kateri Sheber Howard ♠
Sidney Smith ♠
Jacqueline Snyder ♠
Madison Sprague ♠

AUDI AUGUST 2020 GRADUATES
Keeley Armstrong ♠
Molly Dineen ♠
Emily Francis ♠
Zachary Franklin ♠
Emily Friedman ♠
Karalyn Hanke ♠
Rachel Heafner ♠
Luke McClanahan ♠
Joseph Roeckell ♠
Katherine Vespa ♠
Lauren Whitehead ♠

ACCELERATED OPTION

MAY 2020 GRADUATES
Anthony Bell ♠
Maurie Blakeley ♠
Caroline Boyer ♠
Anna Brodski ♠
Danielle Carter ♠
Wel Cuthers ♠
Caroline Dye ♠
Monica Gatus ♠
Gage Grapperhaus ♠
Stephanie Green ♠
Jillian Hanley ♠
Shelly Hannaford ♠
Jenna Haselhorst ♠
Chase Heiwig ♠
Ethan Held ♠
Jennifer Zeisset ♠
Madeline Krause ♠
Sarah Lallky ♠

Maria Lanari ♠
Miyoung Luhanghisay ♠
Brittany Miller ♠
Elia Mouyihian ♠
Tori Muza ♠
Anoucha Mukoko ♠
Marie LaFara ♠
Stephanie Olomukoro ♠
Patricia Opp ♠
Abigail Orf ♠
Yogi Patel ♠
Lillian Pech ♠
Julia Peterson ♠
Kalli Porter ♠
Laura Poupard ♠

Elish Quinn ♠
Elissa Rennert ♠
Lisa Ross ♠
Allison Siekierski ♠
Hannah Siemer ♠
Heidi Steinbrenner ♠
Amanda Warden ♠
Susanna Weller ♠
Grace Wickham ♠
Xue Zhao ♠

ACCELERATED

MAY 2020 GRADUATES
Alexandra Anderson Beaulieu ♠
Evangelyn Arizne ♠
Aubrey Bailey ♠
Elyssa Cappaert ♠
Monica Carron ♠
Kellie Christensen ♠
Tia Dameron ♠
Lindsey Dunning ♠
Nicole Forbes ♠
Ebitari Fregene ♠
Erika Gotway ♠
Griffin Guay ♠
Michelle Haldeman ♠
Caitlin Hamann ♠
Katherine Henkels ♠
Kristen Jordan ♠

Henriette Kenfack ♠
Kristyn LeGrande ♠
Esmeralda Lopez-Rivas ♠
Arielle Melliza ♠
Amal Morses ♠
Shannon Nash ♠
Omoabhiene Okudua ♠
Yan Paing ♠
Tanvi Patel ♠
Margaret Puckett ♠
Kiyonna Rock ♠
Elizabeth Ryan ♠
Manjot Sekhon ♠
Rachael Simon ♠
Cameron Smith ♠
Courtney Sousa ♠
Stephanie Spradling ♠
Alexandra Wilson ♠

ACCELERATED

MAY 2020 GRADUATES
Amanda Warden ♠
Allison Siekierski ♠
Xue Zhao ♠

CLINICAL NURSE LEADER

AUGUST 2020 GRADUATES
Sarah Ottensmeyer ♠

NURSE PRACTITIONER

MAY 2020 GRADUATES
Meaghan E. Lecture ♠
Caitlin Mullen ♠

POST MASTER CERTIFICATE

NURSE PRACTITIONER

Matthew Hyde ♠
Taha Jefin Nonog ♠

CANDIDATES FOR MASTER OF SCIENCE IN NURSING

ACCELERATED

MAY 2020 GRADUATES

Anticipated Honors
Certificate in Family Nursing
Certificate in Interprofessional Practice
Sigma Theta Tau International Honor Society of Nursing
Alpha Sigma Nu Jesuit Honor Society

Graduation honors for candidates appearing in this book are calculated based on the Grade Point Average at the end of the Fall semester.
University honors will be officially calculated when final grades have been submitted and the degrees are conferred. This program is not an official document.
CANDIDATES FOR DOCTOR OF NURSING PRACTICE

DEBORAH O. AJEWOLE
DNP PROJECT:
Increasing the HPV vaccination rates among the Adolescents Ages 11-18 Years Old in an Outpatient Pediatric Clinic
Hooded By: Nancy J. Cibulka, Ph.D., FNP, WHNP, FAANP
Associate Professor of Nursing Coordinator of Specialty

GINGER A. POTTS
DNP PROJECT:
Alternative measures for patients on long term opioid therapy: Evaluation of a multidisciplinary group intervention.
Hooded By: Karen Moore, DNP, APRN, ANP-BC, FAANP, FAANP

JUSTINE M. SMITH
DNP PROJECT:
Use of motivational interviewing to impact caregiver burden in formal caregivers of dementia patients
Hooded By: Joanne Thanavaro, DNP, APRN, AGPCNP-BC, AGACNP-BC, DCC, FAANP

CANDIDATES FOR DOCTOR OF PHILOSOPHY IN NURSING

NAIF S. ALZAHRANI
DISSERTATION:
The Effect of Negative Inferential Types on Hopelessness Among Heart Disease Patients
Hooded By: Joanne Schneider, Ph.D., RN

KRISTIN G. KELLER
DISSERTATION:
Understanding Cancer Prevention in Adults
Hooded By: Helen Lach, Ph.D., RN, CNL, FGSA, FAAN

SASINUN PUNSUWUN
DISSERTATION:
Ecological Factors Influencing Student Nurses’ Attitudes Toward Teen Mothers & Fathers
Hooded By: Lee Smith, MSN, BSN, RN

RHONDA D. WINEGAR
DISSERTATION:
Investigating Vitamin D Levels and Sleep Quality
Hooded By: Joanne Schneider, Ph.D., RN

AWARDS AND HONORS

TRUDY BUSCH VALENTINE SCHOOL OF NURSING TEACHING EXCELLENCE AWARD
EXCELLENCE IN CLASSROOM TEACHING
Nominees:
Margaret Benz, MSN, RN, APRN, ANP-BC, FAAN
Kathleen Carril, MSN, RN, CNL
Joanne Schneider, Ph.D., RN
Winner:
Joanne Schneider, Ph.D., RN

DELTA LAMBDA CHAPTER - SIGMA THETA TAU INTERNATIONAL HONOR SOCIETY OF NURSING
Excellence Award Nominees:
SISTER MARY TERESA NOTH
TRADITIONAL BSN
Katherine Kopriva
ACCELERATED BSN
Jennifer Zeisset
RN TO BSN
Cody Meyer
ACCELERATED MSN
Erika Gotway

Leadership Award Nominees:
SISTER MARY TERESA NOTH
TRADITIONAL BSN
Katherine Kopriva
ACCELERATED BSN
Wil Caruthers
RN TO BSN
Jamie Harrison
ACCELERATED MSN
Esmeralda Lopez-Rivas

BACCALAUREATE AND PRELICENSED PROGRAMS IN NURSING

MAE HAMILTON NURSING EXCELLENCE:
Winner:
Dr. Jean Krampe

MISSION

The Trudy Busch Valentine School of Nursing Alumni Association welcomes you as a new alumus/alumna of Saint Louis University. Special thanks to all the graduates participating in the ceremony and those family members, friends, faculty and staff in attendance this morning to honor them. We want to keep you informed about all the exciting things that are happening on campus and in your program so please follow us on Facebook at www.facebook.com/stlnurse
The tradition of the nursing pin dates back to 1880. The school of nursing that initiated this tradition was Bellevue Hospital School of Nursing in New York.

The Saint Louis University Trudy Busch Valentine School of Nursing pin, which dates back to 1928, expresses by its symbolism the spirit and objectives of the School. The upper left section of the shield displays a representation of what was the seal of the Sisters of Saint Mary (now the Franciscan Sisters of Mary) under whose direction the school of nursing was first conducted as a University school for Sisters and lay nurses (1928). The seal of the Sisters of Saint Mary exhibited as its central feature a large capital “M” representing the name of Mary. The upper arms of the letter “M” enclose a heart, symbolic of Christ and His love. This compound symbol rests in the angle made by two crossed arms, one representing Christ, and the other, Saint Francis, whose spirit the Sisters of Saint Mary adopted.

In the lower right section of the shield is the seal of Saint Louis University. A modified American Eagle, taken from the Great Seal of the United States, symbolizes the presence of the Society of Jesus (Jesuits) in the United States. The large shield on the breast of the eagle exhibits the letters HIS (Iota, Eta, Sigma), the first three letters of the Greek name for Jesus and the symbol of the Society of Jesus. In the right talon, the eagle holds a cross, signifying the primary reason the Jesuits came to America – to teach Christianity. In the left talon, the eagle holds a laurel branch or palm, signifying the Jesuits’ secondary purpose for coming to America – to teach liberal arts. Around the eagle, there are three fleur-de-lis, the symbol of France and that of King Louis IX, the saint after whom the City of St. Louis and the University are named.

In the upper right small triangular field is the caduceus, which is universally accepted as the symbol of the medical profession. Traditionally, it is the wand of the god Mercury who was regarded by the Romans, the Greeks, and the nations of the Roman period as the god of healing or health. It reflects two serpents intertwined around a central staff. From the head of the staff springs a pair of outstretched wings. A capital “N” overlying the caduceus represents Nursing.

In the lower left of the shield, there is a lamp of science and of truth. Florence Nightingale is represented traditionally as carrying such a Roman lamp and is referred to as the “Lady with the Lamp.” For this reason, a lamp has been adopted as a symbol of nursing.

The pin itself is shaped as a defensive shield with a very rigorous outline around the edges to symbolize the vigor and strength of the School. The border in the original design, though not in the pin, is blue enamel and the field of the shield is white. The two colors, blue and white, are the colors of the University. The blue signifies the Jesuits’ devotion to the Blessed Mother Mary, and the white, the color of the lilies of France.

As a Saint Louis University Trudy Busch Valentine School of Nursing graduate, I solemnly pledge myself before God and in the presence of this assembly to faithfully practice my profession of nursing. As a health care professional dedicated to enhancing the well-being of individuals and communities, I am committed to fulfilling my responsibilities with compassion for patients’ care. I pledge collaboration with all my colleagues similarly committed to meeting health care needs of individuals and their communities. I will constantly endeavor to increase my knowledge and skills in nursing and use them wisely. As a person for others, I will assist all in safeguarding and promoting the health and happiness of mankind.