Becoming a Registered Dietitian Nutritionist (RDN)

There are five important steps to becoming a RDN:

1. Complete a bachelor’s degree and receive a verification statement from an ACEND Accredited Dietetics Program. This can be through a Didactic Program in Dietetics (DPD), a Coordinated Program, a Future Education Graduate Program or Foreign or International Dietitian Education Program.

2. Complete an ACEND-accredited supervised practice dietetic internship program or Individual Supervised Practice Pathway, a graduate coordinated program, a Future Graduate Program and International Dietitian Education Program

3. Pass the Commission on Dietetic Registration (CDR) Exam

4. If practicing in Missouri, licensure required.

5. Maintain your CDR credentialing with continuing education

For more information on how to become a Registered Dietitian please visit: https://www.eatrightpro.org/about-us/become-an-rdn-or-dtr/high-school-students/5-steps-to-become-a-registered-dietitian-nutritionist