

Nutrition and Dietetics

+ Doisy College of Health Sciences

Saint Louis University is a world-class Catholic, Jesuit institution educating nearly 13,000 students on two dynamic, urban campuses - in St. Louis, Missouri, and Madrid, Spain. Founded in 1818, the University will soon celebrate its bicentennial.

With a legacy of innovative academics and research, compassionate health care and faithful service, Saint Louis University attracts a diverse community of scholars who push intellectual boundaries in pursuit of creative, meaningful ways to impact the world, striving to serve a higher purpose and seek a greater good.

OVERVIEW ///

The mission of Saint Louis University's department of nutrition and dietetics is to prepare dietetic professionals who possess those qualities of competence, compassion and conduct requisite to a health professional. The department offers a Master of Science degree with four emphasis areas:

- Nutrition and physical performance (30 credit hours)
- Medical dietetics (31 credit hours)
- Culinary entrepreneurship (30 credit hours)
- Food innovation and entrepreneurship (31 credit hours)

We also offer a dual degree:

Master of Science in nutrition and dietetics/Master of Public Health dual degree (54 credit hours)

M.S. in Nutrition and Dietetics, Emphasis in Nutrition and Physical Performance:

The Master of Science in nutrition and dietetics, emphasis in nutrition and physical performance, educates students in a multidisciplinary approach to prevention, utilizing nutrition and exercise intervention strategies for lifestyle change and using nutrition for improving exercise performance. The program is designed for professionals who have a baccalaureate degree in an allied health field. Coursework focuses on nutrition, health promotion, prevention, physiology and cardiovascular fitness. Graduates are encouraged to seek the ACSM health fitness instructor certification.

M.S. in Nutrition and Dietetics, Emphasis in Medical Dietetics:

The Master of Science in nutrition and dietetics, emphasis in medical dietetics, is designed for professionals who have a baccalaureate degree in an allied health field. Coursework focuses in the areas of education, administration and counseling as they apply to nutrition care.

M.S. in Nutrition and Dietetics, Emphasis in Culinary Entrepreneurship:

The Master of Science in nutrition and dietetics, emphasis in culinary entrepreneurship, prepares students to successfully merge culinary nutrition skills with traditional business skills to develop innovative and successful entrepreneurial programs and services. The program is designed for professionals who have a baccalaureate degree in nutrition and culinary experience. Coursework focuses on nutrition, sustainable food systems, entrepreneurship, finance, marketing and organizational management.

M.S. in Nutrition and Dietetics, Emphasis in Food Innovation and Entrepreneurship:

The Master of Science in nutrition and dietetics with an emphasis in food innovation and entrepreneurship has three primary components: nutrition, business and culinary arts. They are woven together with a common thread of sustainability and social justice. Designed for non-RD students, a nutrition component is present, but a greater emphasis is placed on the culinary arts and business with the goal of building local sustainable food systems and farm-to-table operations through entrepreneurship. Building on the required culinary background, students will spend time in the kitchen, the urban farm/garden and the classroom to learn both the theory and practice of new product development, business planning and entrepreneurship.

M.S. in Nutrition and Dietetics/Master of Public Health:

The primary goal of this degree program is to prepare nutrition specialists to work in many types of public health and voluntary agencies, as well as medical care and educational settings. Graduates specialize in public health and dietetics and are able to design, organize, conduct and evaluate nutrition intervention programs in the public health sector. Interested applicants must apply separately to both the department of nutrition and dietetics and the College for Public Health and Social Justice

CONTACT INFORMATION ///

Nutrition and Dietetics

EMAIL { dchs@health.slu.edu

PHONE { 314-977-8523

WEB { slu.edu/doisy

APPLICATION DEADLINE ///

M.S. or M.S./M.P.H.

FALL { July 1

SPRING { Nov. 1

SUMMER { April 1

Deadlines for assistantships are listed online.

DEGREES AND PROGRAMS OFFERED ///

Master of Science (M.S.) in Nutrition and Dietetics
Master of Science in Nutrition and Dietetics/Master of Public Health (M.S./M.P.H.)

COURSES AVAILABLE ///

DAYS NIGHTS WEEKENDS ONLINE

APPLICATION REQUIREMENTS ///

- Transcript(s)
- Three letters of recommendation
- Personal Potential Index (PPI)
- GRE G scores
- Résumé
- Professional goal statement
- Interview (desired)
- International students: TOEFL

ADMISSION CRITERIA ///

A bachelor's degree in dietetics, nutrition or a related area is required for admittance to the program.



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GRADUATE EDUCATION

Nutrition and Dietetics

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FACULTY ///

The department of nutrition and dietetics faculty and staff are committed to student-centered learning, research and service. Our primary mission is to prepare dietetic professionals who possess those qualities of competence, compassion and conduct requisite to a health professional.

Daniel Brewer, M.S., RD, LD, Chef

Ivis Forrester, Ph.D., M.P.H., RDN, LDN

Susan Hansen, Ph.D., RD

Lori Jones, M.S., M.P.H., RD, LD

Kathy Kress, M.S., RD, LDN

Lauren Landfried, M.S., RD, LD

Whitney Linsenmeyer, M.S., RD, LD, Chef

Amy Moore, Ph.D., M.P.H., RD, LD

Todd Parkhurst, B.S., Chef

Rabia Rahman, M.S., RD, LD

Edward P. Weiss, Ph.D.

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PROGRAM HIGHLIGHTS ///

Career Paths:

Possible careers include chef/certified culinarian, consultant, registered dietitian, food and nutrition entrepreneur and others.

FINANCIAL SUPPORT ///

For information on scholarships and financial aid, please visit the student financial services office online at finaid.slu.edu.



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