

DEGREE(S)

- + Bachelor of Science (B.S.) in Nutrition and Dietetics
- + Emphasis options: Culinary or General (includes RDN and non-RDN options)
- + Pre-Physician Assistant option
- + Pre-professional and/or medical school option

PROGRAM OVERVIEW

Registered Dietitians (RDNs) are food and nutrition experts who are dedicated to improving lives through nutrition. RDNs use their nutrition expertise to help individuals and groups make lifestyle changes to both prevent and treat nutrition-related illnesses. Translating the science of nutrition into solutions for healthy living, RDNs are equipped with the knowledge to impact lives.

To become a registered dietitian, you must:

- + Complete a Bachelor of Science degree in Nutrition and Dietetics
- + Complete a supervised practice program
- + Pass a national examination
- + Complete continuing professional education requirements

The Saint Louis University Dietetics Association is the on-campus organization established by students to promote nutrition and dietetics and to provide student opportunities for leadership and service. Departmental welcome picnics, open houses, holiday parties and research presentations allow students to socialize with faculty and peers.

The Fresh Gatherings Café is run by the Nutrition and Dietetics department and is used as a teaching lab for all students studying Nutrition and Dietetics.

ABOUT THE FACULTY

Faculty members are registered dietitians with graduate degrees and certified executive chefs that bring expertise to the curriculum. Our students also benefit from the expertise of the numerous food and nutrition professionals and health care practitioners they work with during internships, practica and course projects.

CURRICULUM

The Nutrition and Dietetics program at Saint Louis University offers students an exceptional education.

- + Since its establishment in 1934, the department has had a reputation as a leader in dietetics education.
- + The Doisy College of Health Sciences is located within the Allied Health Professions Building in SLU's Medical Center. The school boasts modern labs including a gait lab for assessing motion analysis, a culinary lab for teaching food services and preparation and a simulated medical office suite and exam rooms complete with videotaping capabilities and one-way mirrors for student observation.
- + The curriculum is unique, offering courses such as "Contemporary Issues in Food and Nutrition" and "Principles of Food Preparation and Cooking" and a curricular thread in sustainable food systems.
- + Class sizes are small, averaging five to 30 students. The instructors are recognized for their expertise and enhance their courses through service learning, on-site experiences and guest lectures by alumni and local experts.
- + The core curriculum features an interprofessional focus that emphasizes a team approach to health care.
- + SLU Nutrition and Dietetics is one of the few programs in which students can choose to complete both the undergraduate requirements for becoming a registered dietitian and a certified culinarian.

ADMISSION.SLU.EDU

Contact

Doisy College of Health Sciences
314-977-2570
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OFFICE OF ADMISSION, ONE NORTH GRAND BLVD., ST. LOUIS, MO 63103
(800) SLU-FOR-U • (314) 977-2500 • admitme@slu.edu • www.slu.edu • beabilliken.com

Graduate Programs

For a full listing of programs, visit graduate.slu.edu

ADMISSION REQUIREMENTS

Factors considered for admission include academic performance, class rank, college admission test scores, and high school profile.

Freshman admission criteria include:

- + ACT composite of at least 24 (or equivalent SAT score)
- + Minimum GPA of 2.7/4.0
- + Four years of high school English and three years of high school math and science, with one year of chemistry and one year of biology

Transfer admission criteria include:

- + GPA of 2.75/4.0 for external transfer students

Currently, the average GPA of admitted students is 3.8 on a 4.0 scale and the average ACT score is a 26.

If you are interested in transferring to our undergraduate program or have already earned an undergraduate degree, we can help you plan a strategy for transfer of credits and program completion.

SCHOLARSHIPS AND FINANCIAL AID

There are two principal ways to help finance a Saint Louis University education:

- + Scholarships: awarded based on academic achievement, service, leadership and financial need. In addition to University scholarships, the Doisy College of Health Sciences Alumni Association offers a scholarship to sophomores, juniors and seniors.
- + Financial Aid: provided in the form of grants and loans, some of which require repayment.

For priority consideration for merit-based scholarships, applicants should apply for admission by Dec. 1 and complete a Free Application for Federal Student Aid (FAFSA) by March 1.

For more information, visit the student financial services office online at finaid.slu.edu.

WHY CHOOSE THIS PROGRAM?

- + The nutrition and dietetics program is one of only a few programs in the United States to offer both an RD and certified culinarian option.
- + Students in the nutrition and dietetics program have the opportunity to work in the Fresh Gatherings Café – which is run by the students and faculty of the nutrition and dietetics department. The café was ranked a top 40 college dining hall in the U.S. in 2015 and emphasizes local foods and sustainability.
- + The nutrition and dietetics program maintains an award winning urban garden which its students can use to enhance their learning experience.

Benefits of the nutrition and dietetics program also include several career opportunities. Registered dietitians are employed in a wide variety of areas, including hospitals, food service, private practice, community and public health settings, universities, research, journalism, sports nutrition, corporate wellness, schools and industry.

The annual salary range for registered dietitians is \$30,000–\$130,000. Earnings vary according to the area of dietetics practice, level of education, additional certifications and the geographic location of practice. Nationally, the average salary is \$50,590 according to the Bureau of Labor Statistics. The Academy of Nutrition and Dietetics (AND) provides an interactive salary calculator that can be found on their website at eatright.org.

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