

Katie Sniffen, PhD, ATC
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(314) 977-8066
Updated July 2026

EDUCATION

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| 2023 | PhD in Public Health Studies; Concentration in Health Outcomes Research
Saint Louis University
St. Louis, MO. |
| 2013 | MS in Human Physiology: Post-Professional Athletic Training
University of Oregon
Eugene, OR. |
| 2010 | BS in Athletic Training
California State University, Long Beach
Long Beach, CA. |

LICENSURE AND CERTIFICATION

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| 2017 | Licensed Athletic Trainer
State Board of Healing Arts, Missouri
#2017032731 through January 2027 |
| 2011 | Certified Athletic Trainer
Board of Certification
#2000006131 through January 2028 |

PROFESSIONAL EXPERIENCE AND ACADEMIC APPOINTMENTS

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| 2023-Present | Director/Assistant Professor, Athletic Training Program
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO. |
| 2020-2023 | Director of Operations & Outreach, Advanced Health Data Institute
School of Medicine
Saint Louis University
St. Louis, MO. |
| 2017-2019 | Program Manager, Center for Interprofessional Education and Research
School of Medicine
Saint Louis University
St. Louis, MO. |
| 2018-2020 | Part-Time Athletic Trainer, Washington University in Saint Louis
Department of Athletics
St. Louis, MO. |
| 2013-2017 | Assistant Athletic Trainer/Rehabilitation Coordinator, Pepperdine University
Department of Athletics
Malibu, CA. |
| 2014-2017 | Athletic Trainer, Marv Dunphy Volleyball Camp
Pepperdine University |

Malibu, CA.

2011-2013 Graduate Athletic Trainer, University of Oregon
Department of Athletics
Eugene, OR.

2011 Assistant Athletic Trainer, Marina High School
Huntington Beach, CA.

GRANTS

Funded

7/26-7/27 Harris Research Endowment, College of Pharmacy & Health Sciences, Drake University; Evaluating and Enhancing Safety Protocols in Youth Sports Organizations: A Pilot Community Engagement Project, \$1000. Role Co-Investigator (PI: Richelle, Williams, PhD, ATC)

4/21-4/22 Irma Ruebling Endowed Research Fund, How Much is Too Much in Youth Team Sport: A Systematic Review, \$4,745. Role: Co-Investigator (PI: Olu Owoeye, PhD)

5/19-8/19 SPARK Microgrant, Investigation of Interprofessional Education Outcomes: Alumni/ae Focus Groups, \$990. Role: PI

Pending

Not funded

NOCSAE Small Grant, Evaluating and Enhancing Safety Protocols in Youth Sports Organizations. \$42,800. Role: Co-PI (Co-PIs: Richelle Williams, PhD, ATC; Hayley Root, PhD, ATC)

PROFESSIONAL ORGANIZATION / HONOR SOCIETY MEMBERSHIPS

2024-Present World Federation of Athletic Training & Therapy

2021-Present Alpha Eta Society

2021-2023 National Academies of Practice

2020-Present Missouri Medical Reserve Corps

2019-Present American Public Health Association

2019-Present Association of Schools Advancing Health Professions

2017-Present Missouri Athletic Trainers' Association

2017-Present Mid-America Athletic Trainers' Association

2009-Present National Athletic Trainers' Association

2011-2013 Northwest Athletic Trainers' Association

2009-2017 Far West Athletic Trainers' Association

PROFESSIONAL SERVICE

International

World Federation of Athletic Training and Therapy

2024-Present Member, Academic Institutions Committee
Student Abstract Reviewer

Manuscript Reviewer

2025 BMC Public Health
2025 International Journal of Athletic Training & Therapy

National

American Public Health Association

2021-present Co-Chair, Sport and Recreation Injury Committee
2024-2025 Abstract Reviewer, Injury Control and Emergency Health Services Section

Association of Schools Advancing Health Professions

2020 Member, Awards Committee

National Athletic Trainers' Association

2025-Present Chair, Athletic Training and Public Health Committee
2021-2024 Committee Lead, Athletic Training and Public Health Taskforce
2019-2020 Member, Athletic Training and Public Health Workgroup

Manuscript Reviewer

2025 Journal of Athletic Training
2024 Journal of Allied Health

Regional

Mid-America Athletic Trainers' Association

2022-2025 State Representative, Council on Practice Advancement

Far West Athletic Trainers' Association

2013-2017 Member, Young Professionals Committee

Northwest Athletic Trainers' Association

2011-2013 Student Senator

State

Missouri Athletic Trainers' Association

2020-2025 Chair, Council on Practice Advancement
2018-2020 Member, Young Professional Committee

UNIVERSITY SERVICE

College

2023-Present	Member, Dean's Assessment Advisory Group, Doisy College of Health Sciences
<u>Department</u>	
2023-Present	Co-Chair, Curriculum Committee, Department of Physical Therapy & Athletic Training
2023-Present	Co-Chair, Appeal of Dismissal Committee, Department of Physical Therapy & Athletic Training
2023-Present	Chair, Athletic Training Program Curriculum Committee, Department of Physical Therapy & Athletic Training
2023-Present	Chair, Athletic Training Program Admissions Committee, Department of Physical Therapy & Athletic Training
2023-Present	Chair, Athletic Training Program Awards Committee, Department of Physical Therapy & Athletic Training
2023-Present	Member, Outcomes Committee, Department of Physical Therapy & Athletic Training
2023-Present	Member, Awards Committee, Department of Physical Therapy & Athletic Training

COMMUNITY SERVICE

State

2020-Present Missouri Medical Reserve Corps

HONORS AND AWARDS

Nominations

- 2023 Individual Public Service Award, Injury Control and Emergency Health Services Section, American Public Health Association
- 2023 Young Professionals' Distinction Award, Mid-America Athletic Trainers' Association
- 2022 Young Professionals' Distinction Award, Mid-America Athletic Trainers' Association

PUBLICATIONS

Peer Reviewed Manuscripts

- 2026 Sniffen K, Root H, Williams R. Systematic Review of Sport Safety Best Practice Implementation in Non-Scholastic Youth Sport Organizations. *Internet Journal of Allied Health Sciences and Practice*. (in print)
- 2026 Sniffen K, Hirschhorn R, Klossner J, Wallace J, Kostyn R, Hoffman M, de la Motte S. Athletic Trainers' Engagement in Essential Public Health Services. *Journal of Athletic Training - Education & Practice*. (under review)

- 2026 Owoeye OBA, Hill M, Hageman J, Lennox E, Parmar A, Wayne M, Sniffen K. Using Systems Thinking Framework to Understand Load Tolerance, Risk Trajectories, and Injury Susceptibility in Women's Soccer: A Prospective Exploratory Study. *Journal of Science and Medicine in Sport*. (under review)
- 2026 Sniffen K, Nguyen N, Owoeye OBA. Physical Activity-Related Injury Trends and Patterns Among US Adults: Implication for Age- and Activity-Specific Injury Prevention Strategies. *Journal of Physical Activity & Health*. (under review).
- 2025 Sniffen K, Rozier M, Stamatakis K, Buchanan P, Simon J, Hinyard L. Quality of Athletic Training Services for Lower Extremity Injuries. *Clinical Practice in Athletic Training*. Vol. 9: Iss. 1, Article 2.
- 2025 Owoeye O, Grese J, Stenersen M, Yemm T, Sebelski C, Sniffen K. The more you play, the better you feel: A dose-response analysis of pickleball and mental wellbeing in U.S. adults. *Frontiers in Psychology*. 2025;16. doi:10.3389/fpsyg.2025.1676695
- 2025 Linsenmeyer W, Heiden-Rootes K, Burch L, Del Rosario G, Sniffen K, Schmuke A, Richter K, Dalton M, Rahman R, Drallmeier T, Hollinger R. Advancing Transgender Health Education for Health Professional Students: A Faculty Fellowship Model for Capacity Building and Curricular Change. *Healthcare*. 2025;13(17). doi: 10.3390/healthcare13172124
- 2025 Sniffen K, Collins C, Rozier M, Stamatakis K, Buchanan P, Hinyard L. Treatment and Cost Characteristics of Athletic Training Services in Secondary Schools for Knee and Ankle Cases. *Journal of Athletic Training*. 2025 Dec;61(1):51–58. doi:10.4085/1062-6050-0587.24
- 2025 Sniffen K, Smith K, Rozier M, Stamatakis K, Buchanan P, Hinyard L. Access to Outreach Athletic Trainers Improves Orthopedic Specialty Appointment Adherence," *Journal of Sports Medicine and Allied Health Sciences: Official Journal of the Ohio Athletic Trainers Association*: 2025;10(3). doi:10.25035/jsmahs.10.03.04
- 2022 Sniffen K, Noel-London K, Schaeffer M, Owoeye O. Is Cumulative Load Associated with Injuries in Youth Team Sport? A Systematic Review. *Sports Medicine - Open*. 2022/09/16 2022;8(1):117. doi:10.1186/s40798-022-00516-w
- 2022 Salas J, Hinyard L, Cappellari A, et al. Infant, pediatric and adult well visit trends before and during the COVID-19 pandemic: a retrospective cohort study. *BMC Health Services Research*. 2022;22(1):328. doi:10.1186/s12913-022-07719-7
- 2021 Sniffen K, Al-Hammadi N, Hinyard L. The Role of Interprofessional Education in the Development of Healthcare Professionals' Team Skills. *The Internet Journal of Allied Health Sciences and Practice*. 2021 Jan 01;19(3).
- 2020 Schaeffer M, Kozma N, Garba N, Sniffen K. We Asked, They Told Us: The Use of an Electronic Survey to Address Parental Health Concerns for Children. *Clinical pediatrics*. Jun 2020;59(7):671-678. doi:10.1177/0009922820908910
- 2019 Briggs EP, Sniffen K, Breitbach A, Hinyard L. Group Performance Trajectories of Athletic Training and Physical Therapy Students Engaged in Case-Based Learning Activities. *Health, Interprofessional Practice and Education*. 2019;3(4):1181. doi:0.7710/1181

- 2019 Sniffen K, Briggs E, Hinyard L, Breitbach AP. Interprofessional Role Clarity, Case-Based Learning, and Perceptions of Group Effectiveness Among Athletic Training and Physical Therapy Students in a Shared Professional Course. *The Internet Journal of Allied Health Sciences and Practice*. 2019;17(4).
- 2019 Sniffen K; Breitbach A, Briggs E, Hinyard L. Embedding Interprofessional Activities with Physical Therapy and Athletic Training Students in Shared Professional Course. *International Journal of Health Sciences Education*, 2019;6(1).
- 2014 Sniffen K, Dawson SM. Health Care Professionals' Rating of Athletic Trainers' Ability to Demonstrate Characteristics of Professional Quality. *Athletic Training & Sports Health Care: The Journal for the Practicing Clinician*. 2014;6(3):111-118. doi:10.3928/19425864-20140501-02.

PRESENTATIONS

Peer-reviewed Presentations

International

- 2025 Sniffen K. Athletic Training and Public Health Practice: Bridging Individual Care and Population Health. Oral Presentation; Presented at the World Federation of Athletic Training & Therapy's World Congress. Maynooth, Ireland. October 2025.
- 2019 Sniffen K. The relationship between prior interprofessional education and healthcare professionals' self-rated teamwork skills. Oral presentation; Presented at Collaborations Across Borders. Indianapolis, IN, October 2019.
- 2019 Barreca J, Sniffen K. Using the structure of team meetings to facilitate the development of collaboration skills. Oral presentation; Presented at Collaborations Across Borders. Indianapolis, IN, October 2019.

National

- 2026 Sniffen K, Delfin Talley D, Debose J. Stronger Voices, Healthier Communities: Leveraging Public Health for Impactful Advocacy. Oral Presentation; Presented at the National Athletic Trainers' Association Clinical Symposia. Philadelphia, PA, July 2026.
- 2024 Klossner J, Hirschhorn R, Wallace J, Kostyun R, Sniffen K, De La Motte S. Certified athletic trainers engage in public health services. Poster; Presented at the American Public Health Association Annual Meeting. Atlanta, GA, October 2024.
- 2024 Sniffen K, Root H. Integrating public health content in athletic training curriculum. Oral Presentation; Presented at the Virtual Athletic Training Educators' Conference, Virtual, October 2024.
- 2024 Sniffen K. Defining athletic training services: accessible, affordable, and quality healthcare. Oral Presentation; Presented at the National Athletic Trainers' Association Clinical Symposia. New Orleans, LA, June 2024.
- 2023 Kim J, Sniffen K, Owoeye O. Internal load and injuries in Division I women's soccer: a pilot prospective cohort study. Poster; Presented at the American College of Sports Medicine Annual Meeting. Denver, CO, May 2023. Abstract Published in *Medicine & Science in Sports & Exercise*. 2023, 55:S258.

- 2022 Sniffen K. Current understanding of the relationship between cumulative workload and injury in youth team sport. Oral presentation; Presented at the National Athletic Trainers' Association Clinical Symposia. Philadelphia, PA, July 2022.
- 2021 Hinyard L, Sniffen K, Scherrer J. Saint Louis University and SSM Health virtual data warehouse: lessons learned from the creation of a multi-institutional virtual data warehouse in the Mid-West. Poster; Presented at the Health Care Services Research Network Annual Conference. Pasadena, CA, May 2021.
- 2021 Sniffen K, Hinyard L; Relationship between location at time of injury and days of work missed. Poster; Presented at The Steadman Clinic and Steadman Philippon Research Institute, Injury Prevention Symposium. Virtual, April 2021.
- 2020 Sniffen K. Embedding IPE experiences in an existing course. Oral presentation; Presented at the Virtual National Athletic Trainers' Association Annual Meeting, Athletic Training Education Committee Webinar. Virtual, September 2020.
- 2019 Sniffen K. Temporal analysis of sprains and strains in US emergency departments. Poster; Presented at the American Public Health Association Annual Meeting. Philadelphia, PA, November 2019.
- 2019 Sniffen K, Barreca J. Engaging and sustaining mutually beneficial community and clinical partnerships for enhanced interprofessional learning experiences. Oral presentation; Presented at the Association of Schools of Allied Health Professions Summit. Charleston, SC, October 2019.
- 2019 Barreca J, Sniffen K. Integration of social determinants of health activities into an interprofessional community practicum course. Oral presentation; Presented at the Association of Schools of Allied Health Professions Summit. Charleston, SC, October 2019.
- 2018 Sniffen K. Creating clinical partnerships to advance interprofessional education beyond the classroom. Oral presentation; Presented at the Nexus Summit. Minneapolis, MN, July 2018.
- 2018 Sniffen K. Utilizing case-based learning to enhance interprofessional role clarity for athletic training and physical therapy students. Poster; Presented at the Nexus Summit. Minneapolis, MN, July 2018.
- 2018 Sniffen K. The relationship between role clarity, interprofessional pedagogy, and quality outcomes in a health professions course. Oral presentation; Presented at the National Association of Athletic Trainers' Clinical Symposium. New Orleans, LA, June 2018.

Regional

- 2026 Sniffen K & Williams R. Non-Scholastic Youth Sport Safety: Best Practice Recommendations. Oral presentation; Presented at Mid-America Athletic Trainers' Association Annual Meeting. Des Moines, IA. March 2026
- 2022 Sniffen K. Athletic training and public health practice. Oral presentation; Presented at the Mid-America Athletic Trainers' Association Annual Meeting. La Vista, NE. March 2022.
- 2021 Hinyard L, Hitz P, Kallal C, Sniffen K. The journey to a common data model in an academic – regional health system partnership. Oral presentation; Presented at Transforming Data with Intelligence, St. Louis Chapter Quarterly Meeting. Virtual, June 2021.

State

- 2020 Sniffen K. Untapped potential: Athletic training and public health. Oral presentation; Presented at the Missouri Athletic Trainers' Association 2020 Online Continuing Education Series. Virtual, September 2020.

Local

- 2019 Sniffen K. Temporal analysis of sprains and strains in US emergency departments. Poster; Presented at the Saint Louis University Graduate Student Symposium. St. Louis, MO, April 2019.
- 2018 Sniffen K. The relationship between role clarity, interprofessional pedagogy, and quality outcomes in a health professions course. Poster; Presented at the Saint Louis University Doctoral Research Symposium. St. Louis, MO. October 2018.

Invited Presentations

International

- 2015 Sniffen K. Curso internacional de fisioterapia deprotiva. Oral presentation; Presented at the Instituto Peruano del Deporte. Lima, Peru, June 2015.

TEACHING EXPERIENCE

Saint Louis University

2025-Present	MAT 5600: Athletic Training Administration, Primary Instructor
2023-Present	MAT 6969: Athletic Training Capstone, Primary Instructor
2020-Present	MAT 5800: Medical Conditions in Athletic Training, Course Coordinator
2020-2023	MAT 1000: Introduction to Athletic Training, Primary Instructor
2020-2021	MAT 5650: Research in Athletic Training, Primary Instructor
2019-2022	MAT 5550: Rehabilitation in Athletic Training II, Primary Instructor
2017-2019	MAT 4125: Therapeutic Modalities, Lab Instructor
2017-2019	MAT 4905: Interprofessional Clinical Practicum, Course Coordinator
2017-2019	MAT 4900: Interprofessional Community Practicum, Faculty Advisor

California State University, Northridge

2013-2017	Approved Clinical Instructor, Athletic Training Program
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Pepperdine University

2014	SPME 330: Musculoskeletal Anatomy and Kinesiology, Lab Coordinator
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University of Oregon

2011-2012	HPHY 321: Human Anatomy, Lab Instructor
2011-2015	HPHY 362: Tissue Injury and Repair, Lab Instructor

FACULTY/CLINICIAN DEVELOPMENT ACTIVITIES

- 2025 Foundations in Dry Needling for Orthopedic Rehab & Sport Performance (SFDN1), Structure and Function Education
- 2021 Certificate in University Teaching Skills, Reinert Center for Transformative Teaching and Learning, Saint Louis University
- 2016 Myofascial Decompression Technique

2011	Graston Technique®: M1 – Basic Training
2011	Selective Functional Movement Assessment: Advanced