

Whitney R. Linsenmeyer, PHD, RD, LD
Saint Louis University
Department of Nutrition and Dietetics
3437 Caroline Street, Room 3076
St. Louis, MO 63104
314-977-8523 · whitney.linsenmeyer@health.slu.edu
Updated 5.16.2019

EDUCATION

- 2017 PhD in Higher Education Administration
Saint Louis University
St. Louis, MO
- 2012 MS in Nutrition and Culinary Entrepreneurship
Saint Louis University
St. Louis, MO
- 2011 Dietetic Internship
Saint Louis University
St. Louis, MO
- 2010 Honors BS in Nutrition and Dietetics with an Emphasis in Culinary Arts
Saint Louis University
St. Louis, MO

LICENSURE AND CERTIFICATION

- 2011 Registered Dietitian
Commission on Dietetic Registration
#1010832, registered through 2022
- 2011 Licensed Dietitian
Missouri Division of Professional Registration
#2011035397, licensed through 2020

PROFESSIONAL EXPERIENCE AND ACADEMIC APPOINTMENTS

- 2018-2021 National Spokesperson, Academy of Nutrition and Dietetics
Chicago, IL
- 2019-Present Assistant Professor, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO
- 2013-2019 Instructor, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO
- 2013 Adjunct Instructor, Culinary Arts Program
The Art Institute of St. Louis
St. Charles, MO

2012-2013 School Meal Program Manager, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

2012-2013 Adjunct Instructor, Hospitality Studies
St. Louis Community College at Forest Park
St Louis, MO

2011-2012 Graduate Assistant, Department of Nutrition and Dietetics
Doisy College of Health Sciences
Saint Louis University
St. Louis, MO

GRANTS

Funded

7/19-6/20 Applied Health Sciences Research Grant Program. Transgender Health Collaborative, \$19,980. Role: Primary Investigator.

4/19-7/19 Saint Louis University Spark Microgrant. Nutrition, Cooking and Budgeting: A Pilot Program for Single Parents with Young Children, \$1,000. Role: Co-Investigator.

9/18-12/18 Saint Louis University Spark Microgrant. Diet and Nutrition Considerations of Transgender Patients: A Mixed Methods Cohort Study, \$1,000. Role: Primary Investigator.

1/17-12/17 Foodservice Systems Management Education Council (FSMEC). The Future of Food Service Management Practitioners: Workforce Demands and Millennial Students' Career Aspirations, \$2,000, Role: Primary Investigator.

7/19-6/20 Coleman Foundation Fellow, \$1,000. Role: Veteran Fellow.

7/18-6/19 Coleman Foundation Fellow, \$1,000. Role: Veteran Fellow.

7/17-6/18 Coleman Foundation Fellow, \$1,500. Role: Veteran Fellow.

7/16-6/17 Coleman Foundation Fellow, \$1,500. Role: Veteran Fellow.

7/15-6/16 Coleman Foundation Fellows, \$2,000. Role: Veteran Fellow.

7/14-6/15 Coleman Foundation Fellows, \$5,000. Role: Fellow.

9/14-8/15 National Food Service Management Institute, Applied Research Division (NFSMI, ARD), Exploring how Elementary and Middle/Jr High Students' Preferences Impact Their Milk Selection in Schools, \$23,846.00. Role: Primary Investigator.

Not funded

11/18 Research Growth Fund. Transgender Health Collaborative, \$20,920. Proposed Role: Primary Investigator.

6/18 Wayne F. Placek Grant. Food and Nutrition Considerations of Transgender Clients in an Underserved Community: An Exploratory Ethnographic Pilot Study, \$10,000. Proposed Role: Primary Investigator.

10/15-9/14 Foodservice Systems Management Education Council (FSMEC). Motivating Factors of Undergraduate Dietetics Students to Earn a Combined Degree in Nutrition and Culinary Arts, \$2,000. Proposed Role: Primary Investigator.

PROFESSIONAL ORGANIZATION MEMBERSHIPS

2018-Present Les Dames d'Escoffier, St. Louis Chapter, Member.
2016-Present Academy of Nutrition and Dietetics, Member.
2016-Present Missouri Academy of Nutrition and Dietetics, Member.
2016-Present St. Louis Chapter, Academy of Nutrition and Dietetics, Member.
2016-Present Alpha Eta Honors Society, Member.
2015-Present Foodservice Systems Management Education Council, Member.
2014-Present Coleman Foundation, Fellow.
2015-2017 American College Personnel Association, Member.
2015-2017 Missouri College Personnel Association, Member.
2008-2010 American Culinary Federation, Member.

PROFESSIONAL SERVICE

2019-Present Green Tables Chair, Les Dames d'Escoffier, St. Louis Chapter.
2018-Present Reviewer, Journal of Child Nutrition and Management, School Nutrition Association.
2018-Present Mentorship Chair, Research Dietetic Practice Group, Academy of Nutrition and Dietetics.
2017-Present Secretary, Alpha Eta Honors Society, Doisy College of Health Sciences Chapter.
2016-2017 Social Media Chair, Academy of Nutrition and Dietetics, St. Louis Chapter.
2016-2017 Member, Conference Planning Committee, American College Personnel Association Midwest Drive-In Conference.
2016-2017 Member, Wellness and Accessibility Committee, American College Personnel Association Midwest Conference.
2016 Participant, Advisory Roundtable, Midwest Dairy Council: Milk & Dairy Imitators.
2015-2017 Assistant Editor, Journal of the 21st Century Academic Forum.
2015 Member, Ad Hoc Food and Nutrition Conference Expo Committee, Foodservice Systems Management Education Council.
2015 Participant, Advisory Roundtable, Midwest Dairy Council: DASH Diet.
2015 Participant, Advisory Roundtable, Midwest Dairy Council: Sustainability.

2015 Participant, Advisory Roundtable, Midwest Dairy Council: Health and Wellness.

ENTREPRENEURIAL/CLINICAL SERVICE

2016-Present Staff Dietitian, Student Health, Saint Louis University.

2014-2015 Manager, Fresh Gatherings Café, Saint Louis University.

2014 Manager, School Meal Program, Saint Louis University.

UNIVERSITY SERVICE

University Service

2019 Member, Search Committee, Director of the Center for Entrepreneurship

2016 Member, Sustainability Council.

2016 Member, Saint Louis University Ecosystem "Kitchen Cabinet."

2016 Grant Reviewer, President's Research Fund.

2016 Judge, Angels in the Outfield, Saint Louis University Center for Entrepreneurship.

2015-2016 Faculty Advisor, Culinary Club, Saint Louis University.

College

2019 Strategic Map Implementation Team, Doisy College of Health Sciences, Saint Louis University.

2015-Present Member, Awards Committee, Doisy College of Health Sciences, Saint Louis University.

2018 Member, Summer Minor Committee, Doisy College of Health Sciences, Saint Louis University.

2016 Member, Search Committee for Medical Imaging and Radiation Therapeutics faculty member, Doisy College of Health Sciences, Saint Louis University.

2010-2015 Member, Alumni Committee, Doisy College of Health Sciences, Saint Louis University.

Department

2014-Present Member, Dietetic Intern Selection Committee, Department of Nutrition and Dietetics, Saint Louis University

2014-2016 Preceptor, Dietetic Internship, Department of Nutrition and Dietetics, Saint Louis University

Media Presentations

- 2019
- Glycemic response, SELF Magazine, July 2019
 - Intermittent fasting, Great Day St. Louis, June 2019
 - Protein metabolism, SELF Magazine, June 2019
 - Caffeine and the cardiovascular system, Healthline.com, June 2019
 - Ultra-processed vs. unprocessed foods, HealthDay, May 2019
 - Cellulose in FDA-cleared weight-loss device, Great Day St. Louis, April 2019
 - Macronutrient digestion, absorption and metabolism, SELF Magazine, April 2019
 - Intermittent fasting, Under Armour, April 2019.
 - Marketing of “healthy” foods, Consumer Reports, March 2019
 - Talking about healthy habits with children, New York Times, March 2019
 - Dairy is a local food, Great Day St. Louis, February 2019
 - Is granola good for you? Consumer Reports, February 2019
 - Diet and depression, MyFitnessPal, February 2019
 - Adapting the Okinawan diet, Huffington Post, February 2019
 - Responding to the *EAT-Lancet Commission* diet, U.S. News & World Report, January 2019
 - Folate deficiency, Furthermore from Equinox, January 2019
 - Tips for weight loss in 2019, health.com, January 2019
 - Intermittent fasting, MyFitnessPal, January 2019
- 2018
- Interpreting nutrition research, *Time Magazine*, December 2018
 - Healthy-ish dark chocolate bark, Great Day St. Louis, December 2018
 - Food safety and your fridge, Channel 2, November 2018
 - Healthfulness of sushi, How Stuff Works, November 2018
 - Medicinal properties of beets, Consumer Reports, November 2018
 - Appetite changes during holiday travel, MyFitnessPal, November 2018
 - The science (or lack of) behind fat diets, Good Housekeeping, November 2018
 - Danger of dietary cleanses, Great Day St. Louis, November 2018
 - Flexitarian diet, Rally Health, October 2018
 - Staying healthy during the holidays, Appetite for Health, October 2018
 - Safety of edible gold leaf, The Takeout, October 2018
 - Health benefits of vinegar, Consumer Reports, September 2018.
 - Dangers of extreme dieting, U.S. News & World Report, September 2018.
 - Microwave cooking and nutrient retention, CNN, September 2018.
 - Healthy cooking in foil packets, FitBit, August 2018.
 - The keto diet, Great Day St. Louis, August 2018.
 - Healthy brunch ideas, ShareCare.com, August 2018.
 - School lunch and social stigmatization. *Huffington Post*, July 2018.
 - Celebrating National Blueberry Month. Great Day St. Louis, July 2018.
 - Dangers of water fasting. *Women’s Health*, July 2018.
 - How long can you survive without food or water? *Shape Magazine*, July 2018.
 - Alcohol and cancer risk, Great Day St. Louis, June 2018
 - Iron 101, Great Day St. Louis, April 2018
 - Healthy choices on spring break, Great Day St. Louis, March 2018
- 2017
- The versatile canned pumpkin, Great Day St. Louis, November 2017
 - Okttoberfest beer and your diet, Great Day St. Louis, September 2017
 - Demystifying milk alternatives, Great Day St. Louis, August 2017
 - No-cook meals for St. Louis summers, Great Day St. Louis, July 2017
 - All things coconut, Great Day St. Louis, June 2017
- 2016
- Ranking of holiday meats, poultry, and fish, KMOX, December 2016
 - Healthiest meats at your holiday buffet, Channel 2, December 2016
 - Food safety for the holidays, Great Day St. Louis, December 2016
 - Calorie counts influence just 8% of fast food eaters, Channel 2, December 2016

Eating the rainbow on Thanksgiving, Channel 2, November 2016
Sugar coated: the great sugar debate, Channel 2, November 2016
The power of pumpkin, Great Day St. Louis, October 2016
Eating healthy on-the-road, Channel 2, October 2016
Back-to-school breakfasts, Great Day St. Louis, August 2016
Ugly fruits & vegetables, Great Day St. Louis, July 2016
New food labels to show added sugar, Channel 2, May 2016
FODMAP diet, Channel 2, May 2016
Feasting on asparagus, Great Day St. Louis, April 2016
New dietary guidelines, Channel 2, January 2016

2015 Hangover cures, Great Day St. Louis, December 2015
Nutrition labeling on wine bottles, Channel 2, December 2015
The great cranberry, Great Day St. Louis, November 2015
Clean eating on Thanksgiving, Channel 2, November 2015
Roasting fresh pumpkin seeds, Channel 2, October 2015
Health benefits of beer, Great Day St. Louis, September 2015
Packing a power lunch for your kids, Great Day St. Louis, August 2015
Getting the most bang for your buck, Great Day St. Louis, July 2015
Storing shelf-stable pantry items, Channel 2, April 2015

2014 Cooking demonstration of homemade granola, Channel 2, April 2014

COMMUNITY SERVICE

2015-Present Pre-School Team Leader, University City Family Church

2015-2016 Secretary, Tiffany Neighborhood Association

2014-2015 Standing Member, Tiffany Neighborhood Association

PUBLICATIONS

Peer Reviewed Manuscripts

- 2019 Rahman, R, Linsenmeyer, W. Caring for our transgender patients and clients: Nutrition-related clinical and psychosocial considerations. *Journal of the Academy of Nutrition and Dietetics*, 119(5), 727-732.
- 2019 Linsenmeyer, W, Rahman, R. Caring for transgender and gender diverse patients: Considerations for the clinical nutrition manager. *Future Dimensions in Clinical Nutrition Practice, Academy of Nutrition and Dietetics*, Spring 2019, 38(2), 14-21.
- 2019 Linsenmeyer, R, McNair, M. Catalog of nutrition and dietetics journals. *The Digest, Academy of Nutrition and Dietetics*, 54(1), 1-9.
- 2018 Linsenmeyer, W, Rahman, R. The future of registered dietitian nutritionists in foodservice management: Millennial students' career motivations and aspirations. *Journal of Foodservice Management & Education*, (12)1, 7-12.
- 2018 Linsenmeyer, W, Daugherty, J. Career exploration of culinary nutrition: Motivations and career aspirations of undergraduate students. *The Journal of Family and Consumer Sciences Education*, 25, 1-13.

- 2018 Linsenmeyer, W, Rahman, R. Validation of the Career Aspirations and Motivations of Dietetics Students (CAMDS) instrument using content validity index methodology. *The Digest, Academy of Nutrition and Dietetics*, 53(2), 1-5.
- 2018 Linsenmeyer, W, Rahman, R. Diet and nutritional considerations for a FtM transgender male: A case report. *Journal of American College Health*, 66(7), 533-536.
- 2017 Linsenmeyer, W, Lucas, T. Student development during the Occupy SLU movement through the lens of Perry. *Jesuit Higher Education*, 6(1), 33-43.
- 2017 Lucas, T, Linsenmeyer, W, Finocchario, E. The impact of flag desecration on social justice movements: The case of Occupy SLU. *Jesuit Higher Education*, 6(1).
- 2017 Linsenmeyer, W, Lucas, T. Student perceptions of the faculty response during the civil unrest in Ferguson, Missouri. *International Journal of Teaching and Learning in Higher Education*, 29(3).
- 2016 Lucas, T, Linsenmeyer, W. Cutting through a crisis: Guiding prospective students and families during times of unrest. *The Journal of College Admission*, 231, 30-32.
- 2015 Lucas T, Linsenmeyer W, O'Brien K. Crisis management: An assessment of the college and university executive communications prior to the release of the Darren Wilson grand jury decision. *Western Journal of Black Studies*, (39)4, 299-311.
- 2013 Linsenmeyer W, Kelly P, Jenkins S, Mattfeldt-Beman M. School food environment of charter schools in St. Louis. *Journal of Child Nutrition Management*, 37(2). Retrieved from www.schoolnutrition.org

Book Contributions

- 2016 Linsenmeyer, W. Free degree? Sure, why not? In: C. Artenie & D.J. Davis & (Eds.), *Specialists: Passions and Careers*. Montreal, Canada: Universitas Press; 2016.

Non-peer Reviewed Manuscripts

- 2015 Linsenmeyer, W & Lucas, T. An assessment of college and university executive communication to key stakeholders prior to the unrest in Ferguson, Missouri. Proceedings from the International Conference on Advances in Management.

PEER REVIEWED PRESENTATIONS

International

- 2018 Linsenmeyer, W, Rahman, R. Evidence-based care for our transgender patients and clients. Presentation at the Food and Nutrition Conference Expo, 2018, Washington D.C., October 2018.
- 2016 Linsenmeyer, W, Lucas, T. Crisis management: An assessment of executive officer communications to key stakeholders prior to the release of the Ferguson grand jury decision. Paper presentation at the American College Personnel Association Conference, 2016, Montreal, QE, March 2016.
- 2016 Lucas, T, Linsenmeyer, W. A time for healing: An analysis of university executive communication following the Ferguson, Missouri grand jury decision. Paper presentation at the Hawaii International Conference on Education, Honolulu, HI, January 2016.

- 2015 Longley, C, Shanley, E, Lewis, K, Arendt, S, Burgess-Champoux, T, Linsenmeyer, W, Rice, B, Rosen, R, Strohbehn, C, Cosby, R, English, S, Faivre, H. Want milk! Exploring students' milk preferences and perceptions. Research presentation at the Food and Nutrition Conference and Expo, Nashville, TN, October 2015.
- 2015 Linsenmeyer, W, Lucas, T, O'Brien, K. Crisis management: An assessment of college and university executive communication to key stakeholders prior to the unrest in Ferguson, Missouri. Paper presentation at the International Conference on Advances in Management, Boston, MA, July 2015.

National

- 2019 Linsenmeyer, W, Rahman, R. The future of registered dietitian nutritionists in foodservice management: Millennial students' career motivations and aspirations. Foodservice Systems Management Education Council 2019 Conference. Savannah, GA, March 2019.
- 2017 Lucas, T, Linsenmeyer, W, Goff, J, Hamstra-Smith, W, Steinlage, M. Cutting through a crisis: Guiding prospective students and families through times of unrest. Panel discussion at the 2017 National Association of College Admission Counseling National Conference. Boston, MA, September 2017.
- 2017 Lucas, T., Finocchario, E.G., Linsenmeyer, W. (2017). Student social media use during crisis: Lessons learned post-Ferguson. Paper presentation at the American Association of University Professors National Conference, Washington D.C., June 2017.
- 2017 Blisset, R, Baker, D, Lucas, T, Linsenmeyer, W. Leading through crisis: Assessing higher education executive communications and management Styles after the Darren Wilson grand jury decision. Paper presentation at the Annual Meeting of the American Educational Research Association in San Antonio, TX, April 2017.
- 2017 Lucas, T, Linsenmeyer, W, Finocchario, E. Burning the flag: An artistic means for promoting social justice. Paper presentation at the National Conference of the American College Personnel Association in Columbus, Ohio, March 2017.
- 2017 Lucas, T, Linsenmeyer, W, Finocchario, E. Student social media use during crisis: Lessons learned post-Ferguson. Paper presentation at the National Conference of the American College Personnel Association in Columbus, Ohio, March 2017.
- 2016 Lucas, T, Linsenmeyer, W. Burning the flag: An artistic means for promoting social justice. Research presentation at the American Association of University Professors, Washington D.C., June 2016.
- 2016 Lucas, T, Linsenmeyer, W. The student experience: On-campus social justice and the crisis in Ferguson, Missouri. Research presentation at the American Association of University Professors, Washington D.C., June 2016.
- 2016 Linsenmeyer, W, Lucas, T. Student voices during the civil unrest in Ferguson, Missouri. Research presentation at the Memphis in May Student Affairs Conference, Memphis, TN, May 2016.
- 2015 Lucas, T, Linsenmeyer, W. Crisis management communication: Evaluating university executive communications to key stakeholders with relation to the Darren Wilson grand jury decision. Common Core and More: Research and Practice, Philadelphia, PA, October 2015.
- 2015 Lucas, T, Linsenmeyer, W. Crisis management: Evaluating communication with stakeholders exemplified by the unrest in Ferguson, Missouri. Paper presentation at the Art Institute Professional Development Series, Denver, CO, July 2015.

- 2015 Arendt, S, Burgess-Champoux, T, Linsenmeyer, W, Lewis, K, Longley, C, Rice, B, Rosen, R, Shanley, E, Strohbehn, C, Cosby, R, English, S, Faivre, H. Kids talk milk: Best practices in conducting student focus groups. Poster presentation at the School Nutrition Association Annual Conference, Salt Lake City, UT, July 2015.
- 2015 Rice, B, Lewis, K, Linsenmeyer, W. Want milk! Exploring students' milk preferences and perceptions. Research brief at the Foodservice Systems Management Education Council Conference, Memphis, TN, March 2015.
- 2014 Linsenmeyer, W. Achieving 70% local sourcing in a free and reduced-price school lunch program. Poster presentation at the biennial Farm to Cafeteria Conference, Austin, TX, April 2014.
- 2014 Linsenmeyer, W, Jenkins, S, Brewer, D, Mattfeldt-Beman, M. Vertical integration in a local food hub. Poster presentation at the biennial Farm to Cafeteria Conference, Austin, TX, April 2014.

State

- 2019 Wilson, M, Linsenmeyer, W, Rahman, R, Jones, L. Clinical care programs for transgender populations in the U.S.: Nutrition-related assessment tools. Poster presentation at the Missouri Academy of Nutrition and Dietetics Conference, St. Louis, MO, April 2019.
- 2017 Linsenmeyer, W, Lucas, T. Let's talk about it: Addressing student questions about civil unrest on a college campus. Oral presentation at the Missouri Association of College Admissions Counselors College Counseling Institute, St. Louis, MO, October 2017.
- 2016 Lucas, T, Finocchiaro, E. The Ferguson riots. Paper presentation at the National Association of Multicultural Education Conference, Missouri Chapter, Kansas City, MO, October 2016.
- 2016 Linsenmeyer, W, Lucas, T. The student voice: How the civil unrest in Ferguson affected SLU students. Paper presentation at the American College Personnel Association Midwest Conference, Kansas City, MO, October 2016.
- 2015 Linsenmeyer, W. Employing students in a sustainable food service operation. Paper presentation at the Missouri College Personnel Association Conference, Osage Beach, MO, October 2015.
- 2015 Lucas, T, Linsenmeyer, W. Assessment of college and university communications: Ferguson grand jury decision. Paper presentation at the Missouri College Personnel Association Conference, Osage Beach, MO, October 2015.

Local

- 2018 Linsenmeyer, W, Rahman, R. Caring for our transgender patients and clients: Nutrition-related clinical and psychosocial considerations. Paper presentation at the Health and Social Justice Conference, St. Louis, MO.
- 2017 Linsenmeyer, W, Lucas, T. Student development during the Occupy SLU movement through the lens of Perry. Paper presentation at the 2017 Graduate Student Association Research Symposium, St. Louis, MO, March 2017.

- 2017 Linsenmeyer, W, Lucas, T. Student perceptions of the faculty response during the civil unrest in Ferguson, Missouri. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, February 2017.
- 2016 Linsenmeyer, W. Student perceptions of the faculty response during the civil unrest in Ferguson, Missouri. Poster presentation at the 3rd Annual Scholarship of Teaching and Learning Symposium, St. Louis, MO, October 2016.
- 2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the unrest in Ferguson, Missouri during the 2014-2015 school year. Poster presentation at the Sigma Xi Research Symposium, St. Louis, MO, May 2016.
- 2016 Linsenmeyer, W, Lucas, T. The student experience on-campus during the crisis in Ferguson, Missouri. Paper presentation at the 2016 Graduate Student Association Research Symposium, St. Louis, MO, April 2016.
- 2016 Linsenmeyer, W. Using appreciative inquiry to develop an entrepreneurial mindset in a graduate-level management course. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, March 2016.
- 2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the unrest in Ferguson, Missouri during the 2014-2015 school year. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, March 2016.
- 2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the unrest in Ferguson, Missouri during the 2014-2015 school year. Paper presentation at the Global and Local Social Justice Conference, St. Louis, MO, February 2016.
- 2015 Linsenmeyer, W. Using appreciative inquiry to develop an entrepreneurial mindset in a graduate-level management course. Poster presentation at the 2nd Annual Scholarship of Teaching and Learning Symposium, St. Louis, MO, October 2015.
- 2015 Lucas, T, Linsenmeyer, W, O'Brien, K. Crisis management: An assessment of university president communications with relation to the Darren Wilson grand jury decision. Presentation at round table discussion at Ferguson: Talking and Teaching Through our National Crisis Symposium, St. Louis, MO, May 2015.
- 2015 Linsenmeyer, W, O'Brien, K, Lucas, T. Crisis management: An assessment of university president communications with relation to the Darren Wilson grand jury decision. Paper presentation at the 2015 Graduate Student Association Research Symposium, St. Louis, MO, April 2015.
- 2015 Lucas, T, Linsenmeyer, W, O'Brien, K. Crisis management: An assessment of university president communications with relation to the Darren Wilson grand jury decision. Poster presentation at the Doisy College of Health Sciences Research Symposium, St. Louis, MO, February 2015.

INVITED PRESENTATIONS

- 2018 Randolph, T, Landfried, L, Jaegers, L, Ezekiel, U, C, Yi-Fang, Newsham, K, Garcia-Martinez, J, Salsich, G, Breitbach, T, Heuertz, R, Linsenmeyer, W. Three-minute "thesis" faculty scientist edition. Linsenmeyer, W, Ahmad, O. Case reports for advancing research and clinical practice: A practical guide and discussion. Doisy College of Health Sciences Scholarship Committee Colloquium, Saint Louis University, St. Louis, MO.

- 2017 Linsenmeyer, W, Ahmad, O. Case reports for advancing research and clinical practice: A practical guide and discussion. Doisy College of Health Sciences Scholarship Committee Colloquium, Saint Louis University, St. Louis, MO.
- 2017 Linsenmeyer, W. Mindful eating. Dietetic Internship, Saint Louis University, St. Louis, MO, September 2017.
- 2017 Linsenmeyer, W. Maximizing research and publishing productivity during your doctoral studies. School of Education, Saint Louis University, St. Louis, MO, May 2017.
- 2016 Linsenmeyer, W, Ohmes, K, Karnas, M, Presley, C. Everything you want to know about conferences and publications. Professional Development Committee, School of Education, St. Louis University, St. Louis, MO, November 2016.
- 2016 Linsenmeyer, W. Nutrition and mindful eating. Our Lady of Lourdes Parent Teacher Association Meeting, Our Lady of Lourdes, St. Louis, MO, September 2016.
- 2016 Linsenmeyer, W. Mindful eating and weight management. Saint Louis University Dietetic Internship, Saint Louis University, St. Louis, MO, September 2016.
- 2016 Davis, D, Ashwaq, AM, Borgeson, MA, Daniels, R, Lim, Youngsun, Lin, Jiaxin, Linsenmeyer, W, Mostafa, H, Qahwaji, S. Why are we here? Perspectives of female doctoral students from five countries. Atlas Week, Saint Louis University, St. Louis, MO, April 2016.
- 2016 Linsenmeyer, W, Lucas, T. The student experience on-campus related to the crisis in Ferguson. Atlas Week, Saint Louis University, St. Louis, MO, April 2016.
- 2016 Linsenmeyer, W. Nutrition and the ADA. Missouri College Personnel Association Professional Staff Drive-In Conference, Saint Louis University, St. Louis, MO, April 2016.
- 2016 Lucas T, Linsenmeyer, W. Presenting at professional conferences. Graduate Student Association Professional Development Series, Saint Louis University, St. Louis, MO, March 2016.
- 2016 Linsenmeyer, W, Mackey, J. Dairy update, Academy of Nutrition and Dietetics, St. Louis Chapter, St. Louis, MO, February 2016.
- 2016 Linsenmeyer W, Nutrition 101, The University City Family Church Wellness Conference, St. Louis, MO, January 2016.
- 2015 Lucas T, Linsenmeyer W, Crisis management in relation to the unrest in Ferguson, Missouri, Current Issues in Higher Education, Saint Louis University, St. Louis, MO, June 2015.
- 2015 Linsenmeyer, W. Mindful eating and weight management. Saint Louis University Dietetic Internship, Saint Louis University, St. Louis, MO, September 2015.
- 2014 Linsenmeyer W, Grocery cart IQ, The Wilson School Speaker Series, St. Louis, MO, April 2014.
- 2014 Linsenmeyer, W. Mindful eating and weight management. Saint Louis University Dietetic Internship, Saint Louis University, St. Louis, MO, September 2014.

TEACHING EXPERIENCE

Saint Louis University

- 2018 Advanced Nutrition, DIET 3850, Primary Instructor
Foundations in Nutrition, DIET 2080, Primary Instructor
Seminar in Dietetics Research, DIET 5870, Primary Instructor
Clinical Practicum Lab I, DIET 4110, Primary Instructor
Clinical Systems Management, DIET 5350, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor
Nutrition Capstone, DIET 5960, Primary Instructor
Nutrition Thesis, DIET 5990, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor
- 2017 Advanced Nutrition, DIET 3850, Co-Instructor
Clinical Systems Management, DIET 5350, Primary Instructor
Foundations in Nutrition, DIET 2080, Primary Instructor
Nutrition Capstone, DIET 5960, Primary Instructor
Pastry Lecture, DIET 4270, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
- 2016 Foundations in Nutrition, DIET 2080, Primary Instructor
Clinical Systems Management, DIET 5350, Primary Instructor
Baking Lecture, DIET 4250, Primary Instructor
Pastry Lecture, DIET 4270, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Primary Instructor
Bioenergetics of Athletic Performance, MAT 5160, Primary Instructor
Aspects of Nutrition in Physical Therapy, DPT 5137, Primary Instructor
Crossroads: Intro to Honors, HR 1900-02, Primary Instructor
- 2015 Foundations in Nutrition, DIET 2080, Primary Instructor
Clinical Systems Management, DIET 535, Primary Instructor
Dietetic Internship, DIET 5910, Course Coordinator
Baking Lecture, DIET 4250, Primary Instructor
Baking Lab, DIET 4250, Co-Instructor
Pastry Lecture, DIET 4270, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor
- 2014 Nutrition in the Lifecycle, DIET 210, Primary Instructor
Hot Topics in Nutrition, DIET 100, Co-Instructor
Clinical Systems Management, DIET 535, Primary Instructor
Dietetic Internship, DIET 5910, Course Coordinator
Pastry Lecture, DIET 4270, Primary Instructor
Culinary Medicinal Herbs, DIET 4070/5070, Co-Instructor
- 2013 Ethnic Meal Management, DIET 251, Co-Instructor

Prior Institutions

- 2012-2013 Nutrition for the Culinarian, HRM 128, St. Louis Community College, Primary Instructor
- 2013 Nutritional Science, SCI 156, The Art Institute of St. Louis, Primary Instructor

HONORS AND AWARDS

- 2017 Exemplary Achievement in Leadership and Service, Saint Louis University
- 2017 John B. Muir Editor Award, National Association for College Admission Counseling
- 2016 Excellence in Entrepreneurial Teaching, University of Florida at Gainesville Experiential Classroom
- 2016 Faculty Mentor of a Spirit of the Billiken Award recipient, Saint Louis University
- 2016 Brennan Service Award, Saint Louis University

FACULTY DEVELOPMENT ACTIVITIES

- 2018 Small Group Instructional Feedback Session for DIET 3850, Saint Louis University
- 2017 National Transgender Health Summit, University of California San Francisco
- 2017 Grantsmanship Workshop, Saint Louis University
- 2017 Women in Science and Entrepreneurship Conference
- 2016 The Experiential Classroom, University of Florida at Gainesville
- 2016 19th Annual Academic Portfolio Retreat, Saint Louis University
- 2016 Winter Institute 2016: Thinking Critically, Thinking Creatively about Teaching, Saint Louis University
- 2016 Small Group Instructional Feedback Session for MAT 5160, Saint Louis University
- 2013 Online Teaching Skills Certificate, St. Louis Community College