



The Saint Louis University Honors Program emphasizes the importance of both in-depth exploration of areas of study as well as skills obtained through experiential learning. For this reason, the curriculum is comprised of 25 credits of Core and Major Enrichment and Contemplation in Action. Because the program is designed to work with all majors and programs at SLU, students are able to incorporate honors experiences into their schedules with the assistance of their honors advisor.

Foundations in Honors

A co-curricular first-year experience for honors students focused on our core values of holistic learning, academic innovation, Ignatian reflection, and global citizenship. Students participate in cohort-based, developmental sessions that span the first year and culminate in a program-wide retreat that invites them to envision how to flourish as an honors student at SLU.

Core and Major Enrichment (21 credits)

Contemplation in Action (4 credits)

HR 2800 Honors Sophomore Seminar (3 credits) *

A cross-disciplinary course for second-year honors students, taught on a different theme or topic each year. The course draws from a wide range of disciplinary materials and perspectives, including Anthropology, Art History, Biology, Fine and Performing Arts, History, Literature, Philosophy, Social Sciences, and Theology.

Honors Ultimate Questions Seminars (3-6 credits) *

These special, smaller sections are limited to honors students and feature distinctive pedagogical approaches to deepen student learning in Core courses.

Honors Ways of Thinking Courses (3-6 credits) *

Honors sections are offered across all schools and colleges and include enriched academic experiences in Core courses.

Honors Upper-Level Course or “Contract” (3-6 credits)

Enroll in an honors section or propose an honors contract for an upper-level course in your major, minor, or a closely related field of study. Intended as preparation for capstone.

HR 4000 Honors Collaborative Inquiry (3 credits) *

A broad-based, discussion-oriented course designed to help juniors and seniors develop awareness of and apply their disciplinary expertise to issues of national and international importance. You may propose another upper-level honors course or contract to satisfy this requirement.

HR 4960 Honors Senior Capstone (3 credits)

Complete a comprehensive research or creative project in your major/minor during senior year. May be completed as an independent project or via an existing departmental course (with appropriate honors enrichment).

** denotes a course or experience that aligns with the University Core*

CORE 1500 Self in Community (1 credit) *

Enroll in an honors-only section of Cura Personalis 1. This course launches honors students on a path of self-discovery and deeper meaning-making by exploring fundamental questions of identity, history, and place.

HR 4810 Honors Teaching Assistantship (1 credit) *

Secure a position as a teaching assistant or peer instructor for a course at SLU. Work closely with the instructor to facilitate the course, and participate in a workshop series to develop skills and reflect on the impact of the experience.

HR 4820 Honors Study Abroad (1 credit) *

Participate in an online, reflective writing experience during your time abroad. Writing prompts invite you to consider your personal growth, examine your assumptions and biases, and demonstrate an increasing level of cultural competency.

HR 4850 Honors International Partnership (1-3 credits)

Serve as a conversation partner for an international student at SLU. Meet regularly with your partner, then reflect in writing on cross-cultural communication and intercultural competency. The experience may be repeated, for a total of 3 credits.

HR 4840/4910 Honors Research/Internship (1-3 credits)

Secure an internship or research experience related to your major field(s) of study or professional interests. Propose and complete a final project documenting and reflecting on your personal and professional growth.

HR 4860 Honors Professional Development and Vocational Discernment (1 credit) *

Through a series of workshops, give shape to the substance of your academic and personal life and reflect on the character and meaning of your future work. Emerge with concrete professional skills and philosophical insights to aid in the job search or graduate/professional school application process.