HOW TO
REGISTER

VITALITY WEBSITE REGISTRATION GUIDE

1. Go to the Vitality website, **www.powerofvitality.com**

2. Once there, click the "Register today!" button

   Complete all required (*) fields

   *First name
   *Last name
   *Date of Birth
   *Last four digits of your SSN

Please note: we also encourage you to provide your email address. Having your email address on file allows us to keep you informed on the most recent events and activities, which are required for a successful Vitality experience.

3. Once the data provided is validated, you will be asked to create a username and password

4. Read and accept the Terms & Conditions

5. Enter your security question

If data provided cannot be verified and an error message is received, skip to step 8

6. You are now registered

7. Select "Continue to site" to begin the Vitality program

8. If data entered is not verified, you will receive an error message

9. You should, first, re-check your required fields (*)

10. Keep in mind that for fields such as first name or phone number, the system may have another on file than the one you had just entered (e.g. Joseph instead of Joe)

11. If data can still not be verified, you will receive an error message

12. If you continue to encounter errors, contact the Vitality Web Support Team at (877).224.7117

BEFORE YOU BEGIN

Becoming a member of the Vitality program is an exciting first step to a healthier you. Register for the program online. It's fast, free and easy!

Before you begin, be sure to have the last four digits of your Social Security Number (SSN) on hand. Once you have that important piece of information, you are ready to get started. Now let's get you registered!

Vitality
THE POWER OF HEALTH®

Brought to you by

SAINT LOUIS UNIVERSITY