



As Saint Louis University moves towards a tobacco free campus, the benefits team wanted to make you aware that you can receive smoking cessation products through the pharmacy benefit at no charge. The details of coverage are as follows:

Coverage of any agent (including over the counter items) used for tobacco cessation with zero-dollar cost share requires a prescription written by a licensed health care professional. The eligibility for coverage includes:

- Men and women; ≥ 18 years of age
- Products (summarized list provided below):

All prescription drugs that are FDA approved and carry an indication for use as an aid to tobacco cessation treatment.

o bupropion sustained-release 150mg (generics and Zyban) and

o varenicline (Chantix)

o nicotine replacement therapy (NRT) (Nicotrol Inhaler and Nasal Spray)

All generic and brand OTC agents that carry an FDA-approved indication for use as an aid to tobacco cessation treatment such as nicotine gums, nasal sprays, patches and lozenges

The following are exclusions from this coverage:

o Electronic cigarettes, available OTC (e-cigarettes), are **not** included in the ESI Preventive Items and Services Offering.

o Other therapies sometimes prescribed for tobacco cessation therapy, nortriptyline and clonidine, do not have an FDA approved indication for tobacco cessation, and therefore, are excluded from the ESI offering.

Using the benefit:

The member will need to have their physician write a prescription, even for over the counter items. This will allow the pharmacist to assign an "Rx Number" which can then be transmitted to

ESI for payment. The ESI system is set up to allow coverage at 100% and the member will pay \$0 copay.

Members may use ESI mail order for prescription items such as Chantix, however, over the counter items should be purchased at a local pharmacy.

If you have any questions about this coverage, please contact Express Scripts at 888-778-8755.