

Vitality's Gym Rebate Program Highlights

Simon Recreation Center

- SLU Employees must reach the minimum workout threshold of **100 workouts** by the end of the Vitality year (September 30th) before rebate can be requested & awarded.
- SLU Employees can receive a rebate of up to \$350 for their gym membership (cost of a Faculty/Staff membership at Simon Recreation Center).
- Spouses can earn back \$300 here at the Simon Rec Center (this is our Annual membership rate) or up to \$350 at other gyms, depending on total gym fees.
- Points are awarded through:
 - Monthly workout submissions from Simon Rec Center*
 - Vitality Today app via gym check-in functionality
 - Vitality compatible fitness tracking device (Fitbit, Garmin, Apple Watch)
 - Connecting with a FREE smartphone app such as Apple's Health app or MapMyFitness or Google Fit
 - Online submission**
- Only Standard and Advance workouts count toward your 100 workout goal
- The member's rebate will not be more than his or her gym dues for the program year and may only submit for reimbursement once.
- **If a member is on Payroll Deduction at the Simon Rec Center, they will want to wait until the end of the Vitality year to submit for reimbursement since they will want to show they've paid the full \$350 for the year.** For example, if you reach your 100 workouts in June and are on Payroll Deduction, you've only "paid in" 6 months worth of membership fees, so Vitality will only reimburse you what you've already paid. Since you can only submit for your rebate one time per Vitality year, it is best to wait until you can get the largest rebate amount possible.
- Once you've reached your workout minimum requirement and are ready to submit for reimbursement, follow the steps on the next page of this document.

**Monthly Submission* -The Simon Rec Center submits visit history for our SLU Faculty/Staff/Spouse members between the 1st and 15th of each month for the prior month. No additional setup is required for us to submit on your behalf – just swipe in each time you come to workout (*Please note: We are the ONLY gym that submits workouts for members*).

***Online Submission* - Vitality needs proof of workouts from your gym. The Simon Rec Center will automatically send these, but if you ever need your visit list you can access the past 30 days by following the steps below:

- Visit shopcampusrec.slu.edu
- Click on "Log In" in the upper right-hand corner of the screen
- Login by clicking on the blue box "sign in with login.slu.edu" and using your SLU username and password.
- Once you're logged in, you'll see your username in the top right-hand corner for the screen. Click on your username and then click on profile.
- Next, click on "Facilities" on the left-hand side of the screen and then click on "Access History".
- Here, you should be able to access/view your facility access history and share this information with Vitality through their online submission process. I recommend taking a screen shot, putting in a Word document and then saving as a PDF to upload to Vitality.

To discuss Vitality's Gym Rebate Program in more detail, please reach out to one of the contacts below:

Vitality 877-224-7117 or wellness@powerofvitality.com

SLU HR Benefits, Elisabeth King 314-977-2366 or elisabeth.king@slu.edu

Campus Recreation/Simon Rec Center, Samantha McLeod at 7-3973 or samantha.mcleod@slu.edu



GYM REBATE SUBMISSION GUIDE – Simon Rec Center

Step 1: Gather Necessary Gym Documentation:

Before starting the Vitality Gym Rebate application online, you'll need to have some documentation ready to attach to the application. Vitality will ask for proof of gym membership and proof of payment. Here is how you can get both:

1. Gym Membership documentation

- Visit <http://www.slu.edu/life-at-slu/campus-recreation/membership-to-simon-rec.php> to access Simon Rec's Vitality Gym Rebate Form (bottom of page)
- Complete this form as your gym membership documentation
- Upload your gym membership documentation to the Gym Rebate Application

2. Proof of Payment

Payroll Deduction Members

- Login to mySLU and click on your Employee Tab
- Click Pay Information
- Click Deductions History
- Set the date you want to run it for, then click on the Simon Rec Membership Fees
- It will show the monthly deductions for that date range that you can then screen shot/save as a PDF and upload to the Gym Rebate Application

Non-Payroll Deduction Members

- Copy of your receipt or credit card statement from your membership purchase (contact Member Services Coordinator if you need a copy of your receipt)

Step 2: Access the Gym Rebate Application on Vitality

- Login to Vitality's website at <https://www.powerofvitality.com>
- Click on the "Rewards" tab
- Click on "Wellness Rebates"
- Click on "[Apply Online](#)" under "Gym Rebate"
- Complete and submit the "Gym Rebate Application".

Note: you must have met the 100 minimum workout requirement for the application to be unlocked

Step 3: Complete the Gym Membership Application

- **Gym Name:** Simon Recreation Center
- **Gym Address:** 3639 Laclede Ave. | St. Louis, MO 63108
- **Gym Phone Number:** 314.977.3181
- **Gym Email:** campusrec@slu.edu
- **Date Joined:** If you joined before the start of the Vitality year (October 1st) use any date prior. If you joined after October 1st of the current Vitality year, use your exact join date. Contact Simon Rec if you are unsure.