Vitality’s Gym Rebate Program Highlights & Submission Guide

Simon Recreation Center

(Updated October 2020)

- SLU Employees must reach the minimum workout threshold of 100 workouts by the end of the Vitality year (September 30th) before rebate can be requested & awarded.
- SLU Employees can receive a rebate of up to $350 for their gym membership (cost of a Faculty/Staff membership at Simon Recreation Center).
- Spouses can earn back $300 here at the Simon Rec Center (this is our Annual membership rate) or up to $350 at other gyms, depending on total gym fees.
- Points are awarded through:
  - Monthly workout submissions from Simon Rec Center*
  - Vitality Today app via gym check-in functionality
  - Vitality compatible fitness tracking device (Fitbit, Garmin, Apple Watch)
  - Connecting with a smartphone app such as Apple’s Health app or MapMyFitness or Google Fit
  - Online submission**

*Monthly Submission - The Simon Rec Center submits visit history for our SLU Faculty/Staff/Spouse members between the 1st and 15th of each month for the prior month. No additional setup is required for us to submit on your behalf – just swipe in each time you come to workout (Please note: We are the ONLY gym that submits workouts for members).

**Online Submission – Due to COVID, Vitality is currently accepting you to submit non-gym workouts without “proof” on the Power of Vitality website; these will count as Standard Workouts. To submit workouts:
Navigate to the Gym Workout page on the website by going to Your Account > Forms and Waivers > Gym Workout > Enter ‘Home’ in the Name of Gym field (select any/all dates you completed a workout)

- Only Standard and Advanced workouts count toward your 100 workout goal
- The member’s rebate will not be more than his or her gym dues for the program year and may only submit for reimbursement once per Vitality year.
  - If a member is on Payroll Deduction at the Simon Rec Center, they will want to wait until the end of the Vitality year to submit for reimbursement since they will want to show they’ve paid the largest amount possible for the Vitality year. For example, if you reach your 100 workouts in June and are on Payroll Deduction, you’ve only “paid in” 6 months worth of membership fees, so Vitality will only reimburse you what you’ve already paid. Since you can only submit for your rebate one time per Vitality year, it is best to wait until you can get the largest rebate amount possible.
- Once you’ve reached your workout minimum requirement and are ready to submit for reimbursement, login to your account on powerofvitality.com to submit!
  - Review the next page of this document for details on how to submit for your Gym Rebate from Vitality.

To discuss Vitality’s Gym Rebate Program in more detail, please reach out to one of the contacts below:
Vitality 877-224-7117 or wellness@powerofvitality.com
SLU HR Benefits 314-977-3949 or benefits@slu.edu
Campus Recreation & Wellness/Simon Rec Center, Samantha McLeod at 314-977-3973 or samantha.mcleod@slu.edu
GYM REBATE SUBMISSION GUIDE – Simon Rec Center

Updated October 2020

Step 1: Gather Necessary Gym Documentation:
Before starting the Vitality Gym Rebate application online, you’ll need to have some documentation ready to attach to the application. Vitality will ask for “Gym Contract” and “Proof of Payment”. Here is how you can get both:

1. **Proof of Gym Contract**
   - Complete this form as your “proof of gym contract” documentation

2. **Proof of Payment**
   **Payroll Deduction Members (two options for the 2019-2020 Vitality Year)**
   1. **Option 1:** Pull Pay Stubs and Redact Personal Information
      - Login to Banner to pull September-December 2019 payroll deductions
      - Login to Workday to pull 2020 payroll deductions
      - Redact any personal information before submitting all documents to Vitality
   2. **Option 2:** Reach out to Samantha McLeod directly ([samantha.mcleod@slu.edu](mailto:samantha.mcleod@slu.edu)) and request a letter for “Proof of Payment” of all rec center fees paid to Simon Rec via payroll deductions for the 2019-2020 Vitality year.

   **Non-Payroll Deduction Members**
   - Copy of your receipt or credit card statement from your membership purchase (contact Member Services Coordinator if you need a copy of your receipt)

Step 2: Access the Gym Rebate Application on Vitality
- Login to your Vitality account on the Vitality’s website at [https://www.powerofvitality.com](https://www.powerofvitality.com)
- Hover over the "Rewards" tab
- Click on "Wellness Rebates"
- Click on "Apply Online" under "Gym Rebate"
- Complete and submit the "Gym Rebate Application".

*Note: you must have met the 100 minimum workout requirement for the application to be unlocked*

Step 3: Complete the Gym Rebate Application
- **Gym Name:** Simon Recreation Center
- **Gym Address:** 3639 Laclede Ave. | St. Louis, MO 63108
- **Gym Phone Number:** 314.977.3181
- **Gym Email:** campusrec@slu.edu
- **Date Joined:** If you joined before the start of the Vitality year (October 1st) use any date prior. If you joined after October 1st of the current Vitality year, use your exact join date. Contact Simon Rec if you are unsure.
- **Add Files:** Upload your Gym Contract & Proof of Payment files
- **Enter Payment Email Address:** Vitality will have the payment vendor contact you at this email address so you can receive your rebate electronically (they do not mail checks).
- **Statement of Consent & Submit!**