Remote or Limited In-Person Contact Volunteer Opportunities

SLU students, faculty and staff are encouraged to contact the person listed for any opportunities they are interested in. This list is updated often, so check back for more ways to continue to serve the community!

**Organization:** The Little Bit Foundation, assisting children of low-income families in St. Louis with school supplies and educational support.

**Opportunity:** Volunteers are needed to read stories to our students by recording themselves and uploading the video; also, tutors are needed to utilize Zoom to help our students with their virtual homework.

**Contact:** John Pimmel, 314-330-4619 or john.pimmel@thelittlebitfoundation.org.

---

**Organization:** BJC Hospice

**Opportunity:** Volunteers are needed to make simple greeting cards to send to homebound patients on hospice. Our patients can easily feel isolated, especially during these times, and we often hear back from patients and their families how much the cards brighten their day. These are super-simple cards -- all you need is regular white computer paper and markers (or crayons or colored pencils). Some guidelines will need to be followed, and location to send the cards will be provided.

**Contact:** Mary Lindsley, mary.lindsley@bjc.org or 314-792-8151

---

**Name of Organization:** Fit and Food Connection, assisting low-income families in St. Louis with healthier eating habits and living a more active lifestyle.

**Short Description of Opportunity(ies):** Volunteer Delivery Drivers needed. We have multiple families on our waiting list to receive food donations - we understand the seriousness of the Coronavirus, and will do our best to keep you safe, while helping to feed our families in need. Our new food delivery process is as follows: Volunteers should pick up food outside of Believers Temple in Ferguson and deliver the food outside of the homes of our families without any interactions/contact. More information will be provided.

***Donations for the deliveries are also needed - click [here](#) for a list of needed items.

**Contact Information:** Gabi Cole at 314.312.2746 or info@fitandfoodconnection.org.
**Name of Organization:** VOYCE, providing advocacy and ombuds support for older adults in the St. Louis region.

**Short Description of Opportunity(ies):** Call long-term care communities to assess their current needs, in order to help VOYCE put together a listing of how people in the communities can help. Volunteers will be given a call list with script and will complete a Google Form for each community they are able to make contact with.

**Contact Information (Name, Email, Phone):** Marjorie Moore, mmoore@voycestl.org 314-919-2401

**Organization:** PROMO, MO’s LGBTQ+ rights advocacy organization.

**Description of Opportunity:**
- Phone bank to call our LGBT older adults in Missouri to check in, provide resources, and ask if they have completed the 2020 census. This remote phone bank requires a phone and a computer or tablet, and internet access and will include all the instructions and support to feel prepared checking in on our vulnerable population of LGBT older adults in our community.
- Remote volunteers to assist with collecting candidate information during the months of April and May. This remote data entry volunteer opportunity only requires a computer and internet access, and will include all the instructions and support to complete this task.

**Contact Information:** Karis Agnew, Karis@PROMOonline.org, 417-521-4834

**Name of Organization:** Gateway Greening

**Short Description:** Volunteer to help maintain a school garden while students and teachers are learning remotely. Students may be gone from schools but the gardens are still growing. Volunteers would be expected to volunteer once a week through at least the end of the school year and would receive virtual training in garden planting and maintenance. Basic garden skills are helpful, but not required. Gloves, hand sanitizer, and cleaning solution will be provided and COVID-19 recommendations are to be followed.

**Contact Information:** Lucy Herleth, lucy@gatewaygreening.org or 314-588-9600 x106

**Name of Organization:** KidSmart

**Short Description:** KidSmart’s mission is to empower children in need to succeed in school by providing free essential tools for learning. KidSmart is an essential social service and we are remaining open in order to serve teachers and kids! Volunteers are needed at the warehouse to help build out the 20,000 emergency family learning kits and prepare for our weekly Tuesday
drive thru distributions for teachers. We are sensitive to social distancing and are not scheduling more than 6-8 volunteers at any given time. Work stations will be spaced 6-8 feet apart.

**Contact Information:** Sign ups can be made here and contact information is included- [https://www.signupgenius.com/go/9040948aba92aa7fe3-kidsmart3](https://www.signupgenius.com/go/9040948aba92aa7fe3-kidsmart3)

**Name of Organization:** SLU Care and SSM Health  
**Short Description of Opportunity(ies):** Volunteers are needed to provide childcare, petcare, or grocery delivery to healthcare workers at SLU Care and SSM who are on the front lines of battling COVID-19. Interested students should [sign up here](https://www.signupgenius.com/go/9040948aba92aa7fe3-kidsmart3) - please read the information tab before committing.  
**Contact Information:** Lou Vinarsik, lindsay.vinarsik@health.slu.edu

**Name of Organization:** Metropolitan Congregations United, a consortium of churches in the City of St. Louis working for social justice.  
**Short Description of Opportunity(ies):** Senior Check-Ins - assist with a phone bank of making calls to homebound senior citizens. Ask them how they are, if they have any health or other needs, share resource numbers and JUST LISTEN. Many of our seniors are living isolated and unable to connect with family who might be in other states.  
**Contact Information:** Jai Johnson, jai@mcustl.com

**Name of Organization:** Employment Connection, assisting people who are seeking gainful employment through skill development, interview practicing, and resume-building.  
**Short Description of Opportunity(ies):** Volunteer from home or complete volunteer orientation virtually so you can volunteer in-person in the future! We're especially seeking people who can help in these roles:  
- Mentors - Check in weekly with your mentee by phone, email or video chat to offer encouragement and a listening ear. We'll help you prepare for the role through a virtual mentoring training before you get started.  
- Mock interviewers - Share a few hours to help participants practice their interview skills over the phone or through video chat.  
**Contact Information:** Tandra Parks at tparks@connectionstosuccess.org

**Name of Organization:** Emmaus Homes - Provides housing and community for people living with disabilities.
**Short Description of Opportunity(ies):** Call for Presenters (audition required). With many of the women and men of Emmaus staying home during these times of uncertainty, we are looking for ways to entertain and engage them through our social media outlet. We are looking for volunteers who will be able to provide a class or lesson in a variety of areas. These areas may include cooking, live music, yoga, meditation, drawing, etc. Volunteer must have access to a smart device to host a live event that Emmaus can share as a “live contributor” on Facebook. Volunteer must be able to have access to all supplies needed.

**Contact Information:** MacKenzie Barber, barbermackenzie@emmaushomes.org, 314-585-8682.

**Name of Organization:** St. Patrick Center

**Short Description of Opportunity(ies):** Prepare bagged breakfasts or lunches. Bagged lunch consists of sandwich, fruit (banana or orange), chips/pretzels and bottle of water. Meat and cheese (no condiments) preferred, peanut butter and jelly accepted. For breakfast, bags could include any or all of the following – breakfast bar, instant oatmeal cup, disposable spoon, bottle of water, piece of fruit (oranges and bananas are best), and small single serving of donuts or muffins. Package either in brown bag or gallon size Ziploc bag. We anticipate needing 150+ each day. Breakfasts or Lunches can be dropped off at the St. Patrick Center, 800 N. Tucker.

**Contact Information:** Sarah Webb, spcvolunteers@stpatrickcenter.org, 314-802-0681

**Name of Organization:** El Refugio, a hospitality house for immigrants and refugees in Atlanta.

**Short Description:** As immigrants and refugees are released from the Atlanta Detention Facility and are being housed elsewhere, we are in need of interpreters fluent in Spanish to assist by phone as well as home-based volunteers to log requests from volunteers on the ground.

**Contact Information:** Interested volunteers can sign up on this [Google Form](#).

**Name of Organization:** St. Louis Quarantine Support, a group committed to aiding those who are currently sick and those who are preemptively quarantining, especially those who are immunocompromised, those who are 65 or older, and caretakers of these groups.

**Short Description of Opportunity(ies):** Phonebank Sign-Up: Phonebankers will call through a list of people to recruit volunteers and assess the needs of people in the community, checking up on the elderly, sick, etc..

**Contact Information:** Sign up online by [clicking here](#), and visit their [Facebook page](#) for more information.
**Name of Organization:** Christian Friends of New Americans  
**Short Description of Opportunity(ies):** Volunteers needed to donate supplies and perform deliveries for our food distribution program, where we deliver essentials to 70+ kids and families. Supplies needed include: hand sanitizer, soaps, clorox wipes, potatoes, onions, tomatoes, and/or bread items.  
**Contact Information (Name, Email, Phone):** Center is located at 4019 S. Grand - contact Pastor Stanley at stanish9@gmail.com.

**Name of Organization:** HealthVisions Midwest, providing support to older adults in the St. Louis region with their health and well-being.  
**Short Description of Opportunity(ies):** Telephone Reassurance Calls (TRC)  
The objective of our Telephone Reassurance program is to provide psychological reassurance, promote independence and safety, healthier living and access to needed services. The Telephone Reassurance program services will enable older adults to remain independent and live in their own homes. Telephone Reassurance helps improve their quality of life by connecting them with a volunteer who cares about their well-being. Through telephone reassurance, older adults are empowered to access medical, social services and take care of personal business. A phone call to check in provides socialization services enabling seniors to remain connected to the outside world, while remaining safe in their homes.  
**Contact Information (Name, Email, Phone):** Vera Jones, vjones@hvusa.org or 618-514-5276.

**Name of Organization:** Urban Strategies, Inc. - Supports youth education programs in low-income urban areas of North St. Louis.  
**Short Description of Opportunity(ies):**  
Supporting our VP of Educational Initiatives (She is based in Atlanta)  
- Volunteer should know how to use PowerPoint, Excel One that understands statistics and how to do research is a plus.  
Supporting our Communications/Marketing Manager (I am based in St. Louis)  
- Assist in merging multiple Facebook pages into one  
- Setting up multiple dummy Instagram accounts  
- Compiling national updates surrounding COVID19  
Supporting the national USI system  
- Research  
- Data managing, improvement to LEARN  
**Contact Information:** Erika Wilson, Manager of Communications/Marketing at 314.425.0784 or Erika.Wilson@UrbanStrategiesInc.org.
**Name of Organization:** Smart Kids, Inc.  
**Short Description of Opportunity(ies):** We are in need for volunteers to call our past clients, private and corporate partners/donors to ask them for their financial support for the 2020 Give STL Day. Give STL Day is a 24 hour giving campaign hosted by the St. Louis Foundation Organization to help St. Louis non-profits to receive funds to support their organizations.  
**Contact Information:** Renada Chandler, stlsmartkidsinc@gmail.com or 314-884-1486.

---

**Name of Organization:** DeSales Community Development  
**Short Description of Opportunity(ies):** Social Media Ambassador: Give STL Day-- This volunteer will aid DeSales in its outreach for Give STL Day, which is on May 7th. This 24-hour day of giving is very important for our non-profit, especially amidst the coronavirus situation. The volunteer will be asked to aid in remote peer-to-peer fundraising throughout April and into May. We will award between 1 and 5 hours of credit depending on the consistency of story sharing. Funds raised will go towards the development and management of affordable housing and community programming in Fox Park and Tower Grove East. All instructions, graphics, and content materials will be provided.  
**Contact Information (Name, Email, Phone):** Kate Grindstaff, kate@desalescd.com, 314-312-2977.