

## **Remote or Limited In-Person Contact Volunteer Opportunities**

SLU students, faculty and staff are encouraged to contact the person listed for any opportunities they are interested in. This list is updated often, so check back for more ways to continue to serve the community!

**Organization:** Salvation Army

**Opportunity:** Volunteers are needed to:

- Help deliver food boxes to the homes of elderly, shut-ins, and those homebound during COVID-19.
- Help with our weekly drive-by food pickups, assisting families in need load their cars, help with traffic flow, etc. Locations vary.
- Remotely work the telephone assistance lines for people seeking assistance from the Salvation Army.

**Contact:** Sherida Miller, [Sherida.miller@usc.salvationarmy.org](mailto:Sherida.miller@usc.salvationarmy.org) or 314-646-3012.

**Organization:** American Red Cross Blood Center

**Opportunity:** Volunteers are needed to act as facility entry screeners, taking the temperatures of guests before coming into the building to give blood. Protective equipment and sanitation will be provided. Screeners are also needed at our mobile blood drive locations, greeting donors and taking their temperature. Register online at: <https://rdcrss.org/2ygxi95>

**Contact:** Kristin Pendleton at 314-281-7968 or [kristin.pendleton@redcross.org](mailto:kristin.pendleton@redcross.org).

**Organization:** The Little Bit Foundation, assisting children of low-income families in St. Louis with school supplies and educational support.

**Opportunity:** Volunteers are needed to read stories to our students by recording themselves and uploading the video; also, tutors are needed to utilize Zoom to help our students with their virtual homework.

**Contact:** John Pimmel, 314-330-4619 or [john.pimmel@thelittlebitfoundation.org](mailto:john.pimmel@thelittlebitfoundation.org).

**Organization:** Leave It To Us

**Opportunity:** Volunteers will pick up pre-ordered groceries from a store, deliver them to a senior or immuni-compromised individual's home, then call them later to double check they received them. Masks and gloves provided, and volunteers do not need to enter homes.

**Contact:** Rachel Noser, 314-660-5223, [Rachel.noser@gmail.com](mailto:Rachel.noser@gmail.com).

**Name of Organization:** Fit and Food Connection, assisting low-income families in St. Louis with healthier eating habits and living a more active lifestyle.

**Short Description of Opportunity(ies):** Volunteer Delivery Drivers needed. We have multiple families on our waiting list to receive food donations - we understand the seriousness of the Coronavirus, and will do our best to keep you safe, while helping to feed our families in need. Volunteers should pick up food outside of Believers Temple in Ferguson and deliver the food outside of the homes of our families without any interactions/contact. \*\*\*Donations for the deliveries are also needed - click [here](#) for a list of needed items.

**Contact Information:** Gabi Cole at 314.312.2746 or [info@fitandfoodconnection.org](mailto:info@fitandfoodconnection.org).

**Organization:** Center for Women in Transition, assisting women recently released from incarceration become productive members of the community.

**Opportunity:** Volunteers are needed to grocery shop for clients in one of our transition homes. Volunteers will be given a list and gift cards, and after purchasing the groceries, can drop them off at the transition home (curbside, not necessary to bring them into the home).

**Contact:** Deborah Oguntui, [deborahogunti@cwitstl.org](mailto:deborahogunti@cwitstl.org).

**Name of Organization:** Gateway Greening

**Short Description:** Volunteer to help maintain a school garden while students and teachers are learning remotely. Students may be gone from schools but the gardens are still growing. Volunteers would be expected to volunteer once a week through at least the end of the school year and would receive virtual training in garden planting and maintenance. Basic garden skills are helpful, but not required. Gloves, hand sanitizer, and cleaning solution will be provided and [COVID-19 recommendations](#) are to be followed.

**Contact Information:** Lucy Herleth, [lucy@gatewaygreening.org](mailto:lucy@gatewaygreening.org) or 314-588-9600 x106

**Name of Organization:** KidSmart

**Short Description:** KidSmart's mission is to empower children in need to succeed in school by providing free essential tools for learning. KidSmart is an essential social service and we are remaining open in order to serve teachers and kids! Volunteers are needed at the warehouse to help build out the 20,000 emergency family learning kits and prepare for our weekly Tuesday drive thru distributions for teachers. We are sensitive to social distancing and are not scheduling more than 6-8 volunteers at any given time. Work stations will be spaced 6-8 feet apart.

**Contact Information:** Sign ups can be made here and contact information is included- <https://www.signupgenius.com/go/9040948aba92aa7fe3-kidsmart3>

**Name of Organization:** Metropolitan Congregations United, a consortium of churches in the City of St. Louis working for social justice.

**Short Description of Opportunity(ies):** Senior Check-Ins - assist with a phone bank of making calls to homebound senior citizens. Ask them how they are, if they have any health or other needs, share resource numbers and JUST LISTEN. Many of our seniors are living isolated and unable to connect with family who might be in other states.

**Contact Information:** Jai Johnson, [jai@mcustl.com](mailto:jai@mcustl.com)

**Name of Organization:** Emmaus Homes - Provides housing and community for people living with disabilities.

**Short Description of Opportunity(ies):** Call for Presenters (audition required). With many of the women and men of Emmaus staying home during these times of uncertainty, we are looking for ways to entertain and engage them through our social media outlet. We are looking for volunteers who will be able to provide a class or lesson in a variety of areas. These areas may include cooking, live music, yoga, meditation, drawing, etc. Volunteer must have access to a smart device to host a live event that Emmaus can share as a "live contributor" on Facebook.

**Contact Information:** MacKenzie Barber, [barbermackenzie@emmaushomes.org](mailto:barbermackenzie@emmaushomes.org), 314-585-8682.

**Name of Organization:** St. Louis Quarantine Support, a group committed to aiding those who are currently sick and those who are preemptively quarantining, especially those who are immunocompromised, those who are 65 or older, and caretakers of these groups.

**Short Description of Opportunity(ies):** Phonebank Sign-Up: Phonebankers will call through a list of people to recruit volunteers and assess the needs of people in the community, checking up on the elderly, sick, etc..

**Contact Information:** Sign up online by [clicking here](#), and visit their [Facebook page](#) for more information.

**Name of Organization:** Christian Friends of New Americans

**Short Description of Opportunity(ies):** Volunteers needed to donate supplies and perform deliveries for our food distribution program, where we deliver essentials to 70+ kids and families. Supplies needed include: hand sanitizer, soaps, clorox wipes, potatoes, onions, tomatoes, and/or bread items.

**Contact Information (Name, Email, Phone):** Center is located at 4019 S. Grand - contact Pastor Stanley at [stanish9@gmail.com](mailto:stanish9@gmail.com).

**Name of Organization:** HealthVisions Midwest, providing support to older adults in the St. Louis region with their health and well-being.

**Short Description of Opportunity(ies):** Telephone Reassurance Calls (TRC)

The objective of our Telephone Reassurance program is to provide psychological reassurance, promote independence and safety, healthier living and access to needed services. The Telephone Reassurance program services will enable older adults to remain independent and live in their own homes. Telephone Reassurance helps improve their quality of life by connecting them with a volunteer who cares about their well-being. Through telephone reassurance, older adults are empowered to access medical, social services and take care of personal business. A phone call to check in provides socialization services enabling seniors to remain connected to the outside world, while remaining safe in their homes.

**Contact Information (Name, Email, Phone):** Vera Jones, [vjones@hvusa.org](mailto:vjones@hvusa.org) or 618-514-5276.