



**SAINT LOUIS  
UNIVERSITY**

— EST. 1818 —

Student Health Center  
Marchetti Towers East  
3518 Laclede Avenue  
St. Louis, MO 63103  
P: 314-977-2323  
F: 314-977-7165  
shc@slu.edu

<http://www.slu.edu/student-health-center>

## **MENINGOCOCCAL VACCINATION WAIVER FOR STUDENTS LIVING ON CAMPUS**

***REQUIREMENT MUST BE MET BEFORE THE START OF SCHOOL***

\_\_\_\_\_  
STUDENT NAME

\_\_\_\_\_  
BANNER ID

\_\_\_\_\_  
DATE OF BIRTH

We highly recommend vaccination against meningitis. Saint Louis University requires all students living in residence halls on campus to show proof of meningococcal vaccine (MenACWY - Menactra or Menveo). If you chose not to be vaccinated and are living on campus, we require that you review the information provided on the back of this form, and sign the below waiver stating that you understand the risk of not being vaccinated.

While we do not require serogroup B meningococcal vaccine (MenB - Trumenba or Bexsero), we recommend speaking with your health care provider about both vaccines to make an informed decision about your health. Both MenACWY and MenB are offered at the Student Health Center on campus.

**OPTION #1 VACCINATION:** Please provide proof of vaccination on our required health forms, or request a copy of your vaccination record be sent to our office. MenACWY vaccination is required. If you have had MenB vaccination, please also provide the information for our records. In the event of an outbreak, different instructions may be given to students who have been vaccinated and those who have not.

**OPTION #2 VACCINATION WAIVER:** to be completed by the individual (or parent/ guardian for individuals less than 18 years of age) requesting an exemption from the requirement.

**For individuals 18 years of age or older:**

I am 18 years of age or older. I have received and read the information provided by Saint Louis University explaining the risks of meningococcal disease and am aware of the effectiveness and availability of the vaccine at the Student Health Center. I am aware that meningococcal disease is a rare, but life-threatening illness. I understand that Saint Louis University policy requires that students residing in on-campus housing for the first time be vaccinated against meningococcal disease. With this waiver, I seek exemption from this requirement. I voluntarily agree to release, discharge, indemnify and hold harmless Saint Louis University, its officers, employees and agents from any and all costs, liabilities, expenses, claims of causes of action on account of any loss or personal injury that might result from my decision not to be immunized against meningococcal disease.

Student signature: \_\_\_\_\_

Date: \_\_\_\_\_

**PARENTAL ACKNOWLEDGMENT I have received and read the information provided by Saint Louis University and am aware of the decision of the above-named student regarding vaccination against meningococcal disease.**

Name of Parent/ Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent/ Guardian: \_\_\_\_\_



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Meningococcal disease is a serious illness caused by a type of bacteria called *Neisseria meningitidis*. It can lead to meningitis (infection of the lining of the brain and spinal cord) and infections of the blood. Meningococcal disease often occurs without warning — even among people who are otherwise healthy.

Meningococcal disease can spread from person to person through close contact (coughing or kissing) or lengthy contact, especially among people living in the same household.

There are at least 12 types of *N. meningitidis*, called “serogroups.” Serogroups A, B, C, W, and Y cause most meningococcal disease.

Anyone can get meningococcal disease but certain people are at increased risk, including:

- Infants younger than one year old
- Adolescents and young adults 16 through 23 years old
- People with certain medical conditions that affect the immune system
- Microbiologists who routinely work with isolates of *N. meningitidis*
- People at risk because of an outbreak in their community

Even when it is treated, meningococcal disease kills 10 to 15 infected people out of 100. And of those who survive, about 10 to 20 out of every 100 will suffer disabilities such as hearing loss, brain damage, kidney damage, amputations, nervous system problems, or severe scars from skin grafts.

**Meningococcal ACWY (MenACWY) vaccines** can help prevent meningococcal disease caused by serogroups A, C, W, and Y. The United States Centers for Disease Control and Prevention (CDC) recommends adolescents aged 11 to 12 **should** be vaccinated with MenACWY, with a booster at age 16 for protection when they are at the highest risk. College freshmen living in residence halls are also considered at increased risk.

**Serogroup B meningococcal (MenB) vaccines** can help prevent meningococcal disease caused by serogroup B. The CDC recommends that adolescents and young adults age 12 – 23 **may** also be vaccinated with MenB, preferably at age 16 – 18 for protection during the ages of increased risk.

Some people should not get these vaccines – tell your provider if you have any severe, life-threatening allergies, you are pregnant or breastfeeding, or you are not feeling well.

More information about meningococcal disease, vaccines, recommendations, contraindications and precautions can be found at:

The Centers for Disease Control and Prevention (CDC) website:

<https://www.cdc.gov/meningitis/>

US Department of Health and Human Services

<https://www.vaccines.gov/diseases/meningitis/index.html>

Saint Louis University Student Health Center

<https://www.slu.edu/life-at-slu/student-health/required-records-forms.php>