Warm wishes to all for a happy and healthy holiday season! May we reflect and remember not just the tough times, but the good times that 2020 brought us and may we start 2021 anew!

With the holiday season upon us, we want to take a second to wish you all a very happy holidays, and acknowledge all that may be celebrating around this time.

Hanukkah is the festival of lights, a Jewish holiday that's celebrated for eight days and nights, beginning on the 25th day of the Jewish month of Kislev. This year Hanukkah will be taking place from sunset on Thursday December 10th - Friday December 18th.

Kwanzaa is a seven day holiday that celebrates African culture. It begins on December 26th and ends on January 1st.

For Pagans, December means the holiday of Yule is coming! It falls on December 21st, which marks the winter solstice. It is the shortest day and longest night of the year. The winter solstice celebrates the rebirth of the sun, when the days get longer again.

From December 16th through December 24th, Las Posadas is celebrated by some Hispanic families in the United States. It's a nine-day celebration before Christmas, beginning with a procession with candles, songs and sometimes even people playing the parts of Mary and Joseph, who lead the parade. Las Posadas translates to "the inns" and the procession symbolizes the holy family seeking comfort and shelter.

The Chinese New Year is celebrated for 15 days, beginning on the first day of the lunar new year. The Chinese New Year marks the end of winter and the beginning of Spring and is a time to be spent with family and loved ones, eating and enjoying time together.

This holiday season, we encourage you to take time to learn about the traditions and celebrations of others! We wish you all a safe and healthy holiday season.
If you have constructive feedback that would be beneficial in improving our programs and services or would like to share news about SLU Fraternity & Sorority Life organizations and students, please take a moment to share information with us. You can also utilize this form to share anonymously, but know that we can only follow-up to submissions that include an e-mail address or other forms of contact information. You can access the form HERE.

### SUGGESTION FORM

### WELLNESS RESOURCES

**University Counseling Center**
2nd Floor Wuller Hall
(314)-977-2323
- Title IX
DuBourg Rm. 36
anna.kratky@slu.edu
(314)-977-3886
- Academic Success Center
mark.pousson@slu.edu
(314)-977-8885

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**IMPORTANT DATES**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>IFC Fraternity Spring Recruitment Registration LIVE</td>
<td>Dec 1</td>
</tr>
<tr>
<td>Alpha Phi Alpha Fraternity, Inc. Founders' Day</td>
<td>Dec 4</td>
</tr>
<tr>
<td>University Closed</td>
<td>Dec 23 - Jan 3</td>
</tr>
<tr>
<td>Delta Gamma Founders' Day</td>
<td>Dec 25</td>
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<tr>
<td>Phi Delta Theta Founders' Day</td>
<td>Dec 26</td>
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<tr>
<td>Kappa Alpha Psi Fraternity, Inc. Founders' Day</td>
<td>Jan 5</td>
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<tr>
<td>Phi Beta Sigma Fraternity, Inc. Founders' Day</td>
<td>Jan 9</td>
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<tr>
<td>Tau Kappa Epsilon Founders' Day</td>
<td>Jan 10</td>
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<tr>
<td>Delta Sigma Theta Sorority, Inc. Founders' Day</td>
<td>Jan 13</td>
</tr>
<tr>
<td>Alpha Kappa Alpha Sorority, Inc. Founders' Day</td>
<td>Jan 15</td>
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<tr>
<td>GOLD Retreat (Schedule on pg. 5)</td>
<td>Jan 15 - 17</td>
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<tr>
<td>Zeta Phi Beta Sorority, Inc. Founders' Day</td>
<td>Jan 16</td>
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<tr>
<td>Kappa Alpha Theta Founders' Day</td>
<td>Jan 27</td>
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<tr>
<td>First Day of Classes</td>
<td>Jan 28</td>
</tr>
<tr>
<td>University Closed</td>
<td>Dec 23 - Jan 3</td>
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</tbody>
</table>

**Alice Chicani** is the newly elected president of **Delta Gamma**. Originally from Louisville, Kentucky, Alice is an International Studies major on the pre-law track. She says that she wanted to run for president because she wanted to be there for her sorority sisters the way that they have been there for her. She is hoping to make diversity and inclusion a central part of Delta Gamma so that the chapter can help make a change. Alice is excited to get to know more members of her chapter and be a guide to them all like the past presidents have been for her.

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**LOOKING AHEAD: SPRING 2021**

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**New Officer Spotlight**

Alice Chicani is the newly elected president of Delta Gamma. Originally from Louisville, Kentucky, Alice is an International Studies major on the pre-law track. She says that she wanted to run for president because she wanted to be there for her sorority sisters the way that they have been there for her. She is hoping to make diversity and inclusion a central part of Delta Gamma so that the chapter can help make a change. Alice is excited to get to know more members of her chapter and be a guide to them all like the past presidents have been for her.
Congratulations to our newest members of Order of Omega! The Lambda Mu chapter at Saint Louis University inducted seventeen new members at our virtual meeting on November 18th.

Kalynn Clearwater - Kappa Delta
Abigail Maloney - Kappa Alpha Theta
Kirby Weiland - Kappa Delta
Lara Goodrich - Zeta Tau Alpha
Megan Basco - Alpha Delta Pi
Bekah Truss - Kappa Alpha Theta
Jenna Vanberkom - Kappa Alpha Theta
Lauren Bakewell - Zeta Tau Alpha
Veronica Mussay - Zeta Tau Alpha

Anna Asta - Kappa Alpha Theta
Julia O’Bryant - Gamma Phi Beta
Molly Machala - Zeta Tau Alpha
Autumn Ferguson - Kappa Alpha Theta
Tanya Joseph - Kappa Alpha Theta
Aubrey Quaranto - Kappa Alpha Theta
Mary Tallet - Alpha Delta Pi
Abigail O’Brien - Kappa Alpha Theta

NPHC welcomed four new members during the Fall 2020 semester. As pictured left to right, Justice Hill newly initiated member of the Alpha Eta Chapter of Alpha Phi Alpha Fraternity Incorporated, Indigo Smith newly initiated member of the Alpha Omega Chapter of Delta Sigma Theta Sorority Incorporated, Mi’Angila Graham newly initiated member of the Alpha Omega Chapter of Delta Sigma Theta Sorority Incorporated, and Gina Bazile (not pictured) newly initiated member of the Alpha Omega Chapter of Delta Sigma Theta Sorority Incorporated.

Congratulations to each of you as we know all the hard work and dedication that went forth into crossing over into a lifetime of service and scholarship! We are elated to witness the light and work you all will bring to your chapters. The real work begins now!
**Panhellenic and IFC Scholarships**

Congratulations to the members of our Panhellenic and IFC communities who have recently received scholarships through their council. These men and women have shown excellent leadership and commitment to not only their chapters, but the community as a whole.

**Panhellenic Council**

<table>
<thead>
<tr>
<th>Name</th>
<th>Sorority/Chapter</th>
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</thead>
<tbody>
<tr>
<td>Emma Murphy</td>
<td>Zeta Tau Alpha</td>
</tr>
<tr>
<td>Tory Christian</td>
<td>Zeta Tau Alpha</td>
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<tr>
<td>Emily Kaszyk</td>
<td>Kappa Alpha Theta</td>
</tr>
<tr>
<td>Kalynn Clearwater</td>
<td>Kappa Delta</td>
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<tr>
<td>Colleen Williams</td>
<td>Delta Gamma</td>
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<tr>
<td>Layden Butler</td>
<td>Phi Mu</td>
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<tr>
<td>Sarah Kemmerer</td>
<td>Kappa Delta</td>
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<tr>
<td>Alexis Aherns</td>
<td>Phi Mu</td>
</tr>
<tr>
<td>Emily Schlecht</td>
<td>Zeta Tau Alpha</td>
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<tr>
<td>Madison Fagan</td>
<td>Zeta Tau Alpha</td>
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<tr>
<td>Maggie Pawlowski</td>
<td>Zeta Tau Alpha</td>
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<tr>
<td>Maria Cieslarczyk</td>
<td>Kappa Alpha Theta</td>
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<tr>
<td>Olivia Poholik</td>
<td>Gamma Phi Beta</td>
</tr>
<tr>
<td>Brooke Lemp</td>
<td>Delta Gamma</td>
</tr>
<tr>
<td>Lauren Paul</td>
<td>Kappa Delta</td>
</tr>
<tr>
<td>Maggie Miller</td>
<td>Zeta Tau Alpha</td>
</tr>
<tr>
<td>Alesia Gjoni</td>
<td>Gamma Phi Beta</td>
</tr>
<tr>
<td>Jessie Le</td>
<td>Kappa Delta</td>
</tr>
</tbody>
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**InterFraternity Council**

IFIC President of the Year - **Ryan Wilkes** (Sigma Chi)
Outstanding Service Award - **Luke Schwetschenau** (Sigma Chi)

**Meet the Council Presidents!**

Newly elected **Panhellenic President, Grace Arnold**, is a member of Alpha Delta Pi studying International Business. She is most excited to work with the women from all chapters and form relationships with new people. Her hopes as Panhellenic President are to continue to grow Circle of Sisterhood and provide more opportunities for Panhellenic women to get involved.

Newly elected **IFC President, Andy Kendall**, is a member of Beta Theta Pi studying Physical Therapy with a minor in Philosophy. He chose to run for IFC President because of how grateful he is for what fraternity life has done for him. His goal is to bring fraternity life closer on SLU’s campus and to collaborate with other groups on campus to expand relationships.

**Phi Mu’s new president, Megan Collins,** is a Public Health major originally from Bettendorf, Iowa. Megan decided to run for president of the chapter because she had many ideas on how to improve the chapter and continue to strive to be the women that the chapter has the potential to be. She is excited to see the chapter grow and form deep bonds with one another. Megan hopes to work with her executive team to come up with creative ways to spend time together as a chapter while following COVID-19 protocols and protecting the health and safety of the community.
Retreat Schedule at a Glance

**Friday, Jan 15th**

1:00 PM - 2:00 PM  Introduction to Leadership  
*All Officers*

2:00 PM - 3:00 PM  Effective Goal Setting  
*All Officers*

3:00 PM - 4:00 PM  Discernment and The Common Good  
*All Officers*

4:00 PM - 5:00 PM  Title IX Overview  
*Presidents, Standards Officers, Wellness Officers*

5:00 PM - 6:00 PM  Book Club Discussion  
*Registrants Only*

**Saturday, Jan 16th**

9:00 AM - 9:45 AM  Recruitment, Membership & Retention  
*Presidents, Recruitment Officers, Membership Officers, Brotherhood/Sisterhood Officers, Programming Officers*

11:00 AM - 12:00 PM  Community Service, Fundraising and Advocacy  
*Presidents, Philanthropy Officers, Programming Officers*

1:00 PM - 2:00 PM  Mental Wellness for Student Leaders  
*All Officers*

2:00 PM - 4:00 PM  Diversity, Equity and Inclusion  
*All Officers*

4:15 PM - 5:15 PM  Risk Prevention & Community Standards  
*Presidents, Standards Officers, Wellness Officers*

**Sunday, Jan 17th**

9:00 AM - 9:45 AM  FSL Leadership HIIT Class (optional)  
*Any Officer (participants will be entered to win a prize)*

11:00 AM - 1:00 PM  Council Relations  
*Presidents, Chapter Delegates, Council Administrative Officer*

1:00 PM - 7:00 PM  Chapter Success Coach Meetings/Council Counterpart Meetings  
*All Officers*

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**Attendance Expectations:**
ALL chapter and council officers from the Panhellenic and IFC communities are invited to attend GOLD Retreat programming. It is the expectation that a minimum of one officer from each chapter and council is in attendance for the duration. It is highly encouraged that your entire chapter or council Executive Board participates in sessions that indicate All Officers. To be cognizant of everyone’s time, position specific officers have been recommended to attend topic specific sessions throughout the retreat.

**Registration Form:**
The GOLD Retreat is pivoting to a virtual environment this year. We ask that all participants register for the sessions they plan to attend ahead of time. This will allow facilitators to prepare to accommodate their virtual program to the anticipated group size and set up any polls or break out rooms prior to retreat weekend. All officers should complete this registration form by January 10th.

**Chapter Success Coach Meeting:**
Based on your chapter Success Coach, chapter presidents should select a time in the Doodle Polls below that works for all or a majority of your Executive Board.

Brianna Criscione  
Sydney Papadopoulos  
Nolan Spaenhower