WOMEN'S HISTORY MONTH

March is designated Women’s History Month to honor women’s contributions in American history. Women’s History Month started as Women’s History Week. It began as a local celebration in Santa Rosa, California. The Education Task Force of the Sonoma County (California) Commission on the Status of Women planned and executed a “Women’s History Week” celebration in 1978. The organizers selected the week of March 8 to correspond with International Women’s Day.

In 1980, a consortium of women’s groups and historians, led by what is now the National Women’s History Alliance, successfully lobbied for national recognition. In February 1980, President Jimmy Carter issued the first Presidential Proclamation declaring the Week of March 8th 1980 as National Women’s History Week.

In March of 1987, Congress passed Public Law 100-9, designating March as “Women’s History Month.” Since 1995, each president has issued an annual proclamation designating the month of March as “Women’s History Month.”

The National Women’s History Alliance selects and publishes the yearly theme. The theme for Women’s History Month in 2021 captures the spirit of these challenging times. Since many of the women’s suffrage centennial celebrations originally scheduled for 2020 were curtailed, the National Women's History Alliance is extending the annual theme for 2021 to "Valiant Women of the Vote: Refusing to Be Silenced."
IMPORTANT DATES

Women's History Month
   All Month
   -
International Badge Day
   March 1
   -
Alpha Iota Omicron's Philanthropy Week
   March 1 - 5
   -
Phi Mu's Founders' Day
   March 4
   -
Kappa Delta's Philanthropy Week
   March 8 - 12

International Women's Day
   March 8
   -
SLU Mental Health Day
   March 11
   -
Phi Delta Theta's Philanthropy Week
   March 15 - 19
   -
Alpha Delta Pi's Philanthropy Week
   March 22 - 26
   -
Mental Wellness Week
   March 22 - 26

SUGGESTION FORM
If you have constructive feedback that would be beneficial in improving our programs and services or would like to share news about SLU Fraternity & Sorority Life organizations and students, please take a moment to share information with us. You can also utilize this form to share anonymously, but know that we can only follow-up on submissions that include an e-mail address or other forms of contact information.
You can access the form HERE.

WELLNESS RESOURCES

University Counseling Center
   2nd Floor Wuller Hall
   (314) - 977 - 2323
   -
   Title IX
   DuBourg Rm. 36
   anna.kratky@slu.edu
   (314) - 977 - 3886
   -
   Academic Success Center
   mark.pousson@slu.edu
   (314) - 977 - 8885

Monarch
Monarch is an organization dedicated to providing sexual health education and a safe place for all on SLU's campus. The organization was formed to provide adequate sexual education. The organization covers many topics like healthy relationships, period poverty, and contraceptives. Leaders of the organization believe that knowledge is power and want to make sure that all students at SLU feel empowered to make healthy decisions about their own bodies. You can get involved by following them on Instagram (@monarch_stl) and attending their general body meetings.
Monarch is open to all, regardless of gender, background, race, ability, or political beliefs.
The Lambda Mu chapter of Order of Omega at SLU is growing! Order of Omega is SLU's Fraternity/Sorority Life Honor Society that recognizes upperclassmen who have exemplified high standards in the areas of scholarship, leadership, involvement within their respective organization and within the Fraternity/Sorority, campus, and local community. For the first time, Order of Omega will be opening membership for its spring new member class for those in the Fraternity/Sorority Life community that are eligible for membership:

Eligibility Requirements:
- Active member of a recognized fraternity/sorority at host institution (Saint Louis University)
- Achieved a cumulative GPA at or above the most recent all Greek Average GPA (3.507).
- Be of sophomore status or higher (based on credit hours)

The SLU chapter of Order of Omega is eligible to invite the equivalent of 5% of the entire FSL community into membership. This year's initiation class size can be as large as 75 members. After initiating 17 members into the Order of Omega in the fall, we can open the opportunity to an additional 58 members.

Applications:
For those eligible and interested please complete this membership application. Applications will be reviewed based on this scoring rubric. Applications are due by March 15th.

Membership Dues:
- $70 New Member Dues
  - Includes:
    - $50 one time fee to National Order of Omega
    - $20 fee to local Lambda Mu Chapter
- $10 Initiated Member Dues paid semesterly
  - All $10 stays with local Lambda Mu Chapter

Order of Omega Awards
Order of Omega hosts an annual awards ceremony to honor outstanding individuals in the fraternity/sorority life community for their hard work and dedication. Each recipient is nominated by their peers for one or more of the following awards.

Most Inspiring New Member
Most Inspiring Chapter Member
Membership & Retention
Unsung Hero
Most Dedicated to Brotherhood/Sisterhood
Left the Chapter Better Than They Found It
For and With Others
Cura Personalis
Helping Hands
Outstanding Chapter Advisor
Outstanding Chapter President

This year's awards nominations will open on March 8th and close March 28th. The nominations should be for accomplishments made in the 2020 calendar year.

The Order of Omega Awards Ceremony will be incorporated into the closing ceremonies of Greek Week 2021.

Follow Order of Omega on Instagram!
International Women's Day

**March 8th**

This year’s IWD theme is #choosetochallenge. Join us on Monday March 8th, at 7:00 pm to hear about how we can challenge gender stereotypes and workplace biases. Be sure to follow our social media channels to see more ways to share and get involved in the #choosetochallenge campaign.

Mental Wellness Week

**March 22nd - 26th**

The Fraternity & Sorority Life community is partnering with SLU Campus Rec & Wellness to raise mental health awareness, normalize the conversation about mental well-being, and to equip the SLU student body with accessible and effective resources for the students to help themselves and their peers. A detailed schedule of events will be shared later, but in the meantime complete the Ask.Listen.Refer online module. Ask.Listen.Refer. is a free online suicide prevention education program. Funded by the Missouri Department of Mental Health, ALR was designed to help educate those who complete the program to identify people at risk for suicide; recognize the risk factors, protective factors and warning signs of suicide; and respond to and get help for people at risk. In addition, the training discusses language associated with suicide, as well as environmental factors and psychological factors that contribute to why individuals die by suicide. The program takes as little as 20 minutes to complete.

Student Organization Spotlight

**Una**

Una is a group of students dedicated to upholding feminist values and promoting equity across gender, race, class, orientation, and more! Una holds general body meetings every other week where they discuss topics related to feminism and what they can do about it. They also hold events and activism opportunities throughout the year. To get involved, you can follow them on Instagram @unaslu for updates on meetings and events. You can also join their organization on SLU groups to be added to their email list. Meetings are open to everyone!
March Philanthropy Events

**Alpha Iota Omicron**

**March 1-5**
Proceeds benefit the National Down Syndrome Society

- **Monday:** Instagram Bingo Challenge
- **Tuesday:** Zoom event with the National Down Syndrome Society
- **Thursday:** Nominate a brother to run

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**Kappa Delta**

**March 8-12**
Proceeds benefit the Girl Scouts of America

- **Monday:** Noodles and Company Profit Share 10:30 am -9:00 pm
- **Tuesday:** Chipotle Profit Share 5:00-9:00 pm
- **Wednesday:** Jeni’s CWE 3:00-6:00 pm
- **All Week:** Papa John's Profit Share
- **Other events:** Shamrock Virtual 5k; McDonald’s Coupons for $3
March Philanthropy Events

Phi Delta Theta
March 15-19
Proceeds benefit the ALS Foundation

Follow @sluphideltatheta for updates on events and donating!

Alpha Delta Pi
March 22-26
Proceeds benefit the Ronald McDonald House

Monday: Chipotle Profit Share 5 - 9 pm
Tuesday: Rockin for Ronald Zoom Night 7 pm
Wednesday: Raising Cane's Profit Share 5-10 pm
Thursday: Jeni's CWE Profit Share 3 - 6 pm;
  Family Feud Night ($1 per ticket)
All week: Krispy Kreme Profit Share