



SAINT LOUIS UNIVERSITY
MADRID

NURS M3930: Maternity Nursing And Women Health
Fall 2017

Class Days and Time: MW, 1430-1345

Classroom: PRH 15

Prerequisite Marquette Courses: NURS 2002, NURS 3110 (which may be taken concurrently), NURS 2200, NURS 2500, HEAL 1025, PSYC 2101; must be taken concurrent with NURS 3964 and NURS 3600.

Credit(s): 3 credit hours theory

2 credit hours clinical (112 hours-8 weeks clinical)

Instructor: Heather Sanudo

Instructor's Email: heather.sanudo@slu.edu

Instructor's Campus Phone: 91 554 58 58, ext. 216

Office: PAH-2nd floor

Office Hours: MW, 1230-1430

TR, 1400-1600

Course Description: The theory portion of this course focuses on nursing, health promotion, families in transition and adaptation from preconception through postpartum, perinatal loss, internatal care, genetics and women's health in a global perspective. Emphasis is placed on theoretical knowledge and evidence-based practice as the basis for nursing strategies to promote, maintain, and restore health. Consideration is also given to common complications occurring in the childbearing cycle. An interprofessional team approach is emphasized in the delivery of safe, effective, and quality care.

Course Goals and Student Learning Outcomes: At the end of the course, students will:

- A. Apply knowledge of genetic, anatomic, physiologic, psychosocial, and cultural processes to nursing care for diverse childbearing families.
- B. Apply the nursing process to meet the needs of diverse families throughout the childbearing cycle.
- C. Use evidence-based health promotion and maintenance strategies to provide nursing care from preconception throughout the childbearing year.
- D. Recognize and explore specific physical and psychosocial health deviations that may occur during pregnancy and postpartum.
- E. Compare and contrast global health issues in childbearing with those encountered in American health care environments.

<i>Course Objectives</i>	<i>Student Learning Outcomes</i>	<i>Assessment Method</i>
A	Applies knowledge of genetics, anatomic, physiologic, psychosocial and cultural processes in classroom	Exams, assignments, and quizzes
B	Uses nursing process in classroom	Exams, assignments, and quizzes

C	Ensures all nursing care is evidence based	Exams, assignments, and quizzes
D	Ability to identify any deviations occurring in pregnancy and postpartum	Exams, assignments, and quizzes
E	Compare and contrast global vs American health care environments	Exams, assignments, and quizzes

Saint Louis University - Madrid Campus is committed to excellent and innovative educational practices. In order to maintain quality academic offerings and to conform to relevant accreditation requirements, the Campus regularly assesses its teaching, services, and programs for evidence of student learning outcomes achievement. For this purpose anonymized representative examples of student work from all courses and programs is kept on file, such as assignments, papers, exams, portfolios, and results from student surveys, focus groups, and reflective exercises. *Thus, copies of student work for this course, including written assignments, in-class exercises, and exams may be kept on file for institutional research, assessment and accreditation purposes.* If students prefer that Saint Louis University - Madrid Campus does not keep their work on file, they need to communicate their decision in writing to the professor.

Required Texts and Materials: Lowdermilk, D. L., Perry, S. E., Cashion, K., & Alden K.R. (2012). *Maternity and woman's health care* (10th ed.). St. Louis, MO: Mosby.

Attendance Policy:

Attendance is required at all lectures. Students who will be missing class should contact the professor at heather.sanudo@slu.edu

Unexcused absences and leaving class early will result in a reduction in the participation grade. Scheduled test dates will be strictly adhered to. Students who are unable to take the test at the scheduled time must inform the professor prior to the test time. Failure to do so will result in **5 percentage points** deducted from test score.

Make-up tests must be scheduled at the earliest possible opportunity. Students who are ill, and present a valid health care practitioner's statement attesting to that illness, may reschedule the test without penalty. All other students who need to reschedule the test date will automatically have **5 percentage points** deducted from their test grade. Failure to provide proper prior notification or to keep the scheduled make-up appointment will result in an additional **5 percentage point deduction**. Failure to complete the makeup exam within one week of the originally scheduled exam will result in a score of zero. Faculty reserves the right to substitute an alternate form of the test as a make-up exam

Course Requirements and Grading Rationale/System:

1. Class attendance
2. Required readings
3. Examinations
4. Completion of assignments
5. Active class participation (in-class & on blackboard)

All cell phones must be turned off or to vibrate during class times.

Evaluation Methods will be based on points earned in the following ways:

Exam #1 [NEWBORN UNIT] 25%

Exam #2 [POSTPARTUM/ WOMEN's HEALTH] 25%

Exam #3 [ANTEPARTUM UNIT] 25%

Final Exam [COMPREHENSIVE] 10%

Nutrition Assignment 10%

Attendance/class participation 5%

Total 100%

Exams: There will be 4 in-class examinations given. These will be objective, using multiple choice, and matching formats. **Tests 1-3 will be 50 questions, 2 point each. The final exam will be in an in-class KAPLAN COMPUTER-BASED TEST. You will need a functional lap top computer with battery life of more than 2 hours that you can bring to the final exam.** The course information will be distributed among the tests as follows:

Exam 1- September 25th

Exam 2- October 23rd

Exam 3- November 20th

Exam 4- **COMPREHENSIVE KAPLAN FINAL Wednesday December 14th 1530-1830 *tentative based on computer lab availability**

Blackboard Discussions: Will also be used as a method of participation. Throughout the semester you will be assigned to a discussion group to view simulation videos & discuss. Student interactions should reflect preparation for class. Questions are encouraged.

Nutrition Assignment: Each student will complete a one day diet recall and complete the analysis as outlined on the electronic version of the assignment that is on blackboard. This assignment is **due November 20th by midnight**

Grading Scale: Grades are calculated based on total percentage earned from assignments and participation. Students must have a 77% average in this course in order to advance in the nursing sequence.

5% of the grade is earned from class attendance and participation. The percentage of attendance points earned will be added to the student's grade ONLY if a 77% test average is attained.

GRADING SCALE:

A 93-100
A- 91-92
B+ 89-90
B 85-88
B- 83-84
C+ 80-82
C 77-79
C- 75-76
D 70-75
F 69 and below

Please Check Blackboard Learn. Blackboard Learn is used for communication between faculty and students throughout this course. Students are responsible for any information communicated electronically through blackboard.

E-mail: Campus and course announcements will often be handled by e-mail. Students should check their "@slu.edu" e-mail regularly.

University Statement on Academic Integrity: Academic integrity is honest, truthful and responsible conduct in all academic endeavors. The mission of Saint Louis University is "the pursuit of truth for the greater glory of God and for the service of humanity." Accordingly, all acts of falsehood demean and compromise the corporate endeavors of teaching, research, health care and community service via which SLU embodies its mission. The University strives to prepare students for lives of personal and professional integrity, and therefore regards all breaches of academic integrity as matters of serious concern.

The governing University-level Academic Integrity Policy can be accessed on the Provost's Office [website](#) at:. Additionally, SLU-Madrid has posted its academic integrity policy online: <http://www.slu.edu/madrid/academics>. As a member of the University community, you are expected to know and abide by these policies, which detail definitions of violations, processes for reporting violations, sanctions and appeals.

The professor will review these matters during the first weeks of the term. Please direct questions about any facet of academic integrity to your faculty, the chair of the department of your academic program or the Academic Dean of the Madrid Campus.

University Title IX Statement: Saint Louis University and its faculty are committed to supporting our students and seeking an environment that is free of bias, discrimination, and harassment. If you have encountered any form of sexual misconduct (e.g. sexual assault, sexual harassment, stalking, domestic or dating violence), we encourage you to report this to the University. If you speak with a faculty member about an incident of misconduct, that faculty member must notify SLU's Title IX deputy coordinator, Marta Maruri, whose office is located on the ground floor of Padre Rubio Hall, Avenida del Valle, 28 (mmaruri@slu.edu; 915-54-5858, ext. 213) and share the basic fact of your experience with her. The Title IX deputy coordinator will then be available to assist you in understanding all of your options and in connecting you with all possible resources on and off campus.

If you wish to speak with a confidential source, you may contact the counselors at the SLU-Madrid's Counseling Services on the third floor of San Ignacio Hall (counselingcenter-madrid@slu.edu; 915-54-5858, ext. 230) or Sinews Multipletherapy Institute, the off-campus provider of counseling services for SLU-Madrid (www.sinews.es; 917-00-1979). To view SLU-Madrid's sexual misconduct policy and for resources, please visit

the following web address: <http://www.slu.edu/Documents/Madrid/campus-life/SLUMadridSexualMisconductPolicy.pdf>.

Students with Special Needs: In recognition that people learn in a variety of ways and that learning is influenced by multiple factors (e.g., prior experience, study skills, learning disability), resources to support student success are available on campus. Students who think they might benefit from these resources can find out more about:

- Course-level support (e.g., faculty member, departmental resources, etc.) by asking your course instructor.
- University-level support (e.g., tutoring/writing services, Disability Services) by visiting the Academic Dean's Office (San Ignacio Hall) or by going to <https://www.slu.edu/madrid/academics/student-resources>.

Students with a documented disability who wish to request academic accommodations must contact Disability Services to discuss accommodation requests and eligibility requirements. Once successfully registered, the student also must notify the course instructor that they wish to access accommodations in the course. Please contact Disability Services at disabilityservices-madrid@slu.edu or +915 54 58 58, ext. 230 for an appointment. Confidentiality will be observed in all inquiries. Once approved, information about the student's eligibility for academic accommodations will be shared with course instructors via email from Disability Services. For more information about academic accommodations, see "Student Resources" on the SLU-Madrid webpage.

Note: Students who do not have a documented disability but who think they may have one are encouraged to contact Disability Services.

(IF APPLICABLE): Mandatory Trips/Activities: Students enrolled in this class must participate and make payment for all mandatory trips/activities. The prices posted on the web are approximate; and the final price will be based on the number of students enrolled on the last day of the Add/Drop period. All students, including those who withdraw from the class after this date, are required to pay these fees, which are non-refundable, unless the trip is cancelled due to low enrollment. Please review SLU-Madrid's trip policies, available on-line.

Fall 2017 Course Schedule:

Monday, September 4	Intro to Maternity Nursing
Wednesday, September 6	Women's health, fertility awareness & preconception care
Monday, September 11	Family planning
Wednesday, September 13	Sexually transmitted infections
Monday, September 18	Pregnancy and lactation. Antenatal nursing care
Wednesday, September 20	Human Fetal Development
Monday, September 25	Exam 1
Wednesday, September 27	Intrapartum nursing care; labor and birth process
Monday, October 2	Intrapartum nursing care; labor and birth process
Wednesday, October 4	Intrapartum nursing care; Pain management
Monday, October 9	Intrapartum nursing care; Fetal assessment
Wednesday, October 11	Postpartum nursing care
Thursday, October 12	Fall Break
Friday, October 13	
Saturday, October 14	
Sunday, October 15	
Monday, October 16	Postpartum maternal physiologic adaptation

Wednesday, October 18	Postpartum complications. Perinatal loss
Monday, October 23	EXAM 2
Wednesday, October 25	Newborn Adaptation
Monday, October 30	Newborn Nursing Care Last Day to Drop a Class and Receive the Grade of W.
Wednesday, November 1	University Closed
Monday, November 6	Newborn Nutrition & Feeding
Wednesday, November 8	Neonatal Hyperbilirubinemia & congenital anomalies
Thursday, November 9	University Closed
Monday, November 13	High Risk newborn assessment & care
Wednesday, November 15	Parent-infant attachment and role
Monday, November 20	EXAM 3
Wednesday, November 22	Assessment of antenatal risk
Monday, November 27	Assessment of antenatal risk
Wednesday, November 29	High risk antepartum nursing care; cardiovascular and hypertensive disorders
Monday, December 4	High risk antepartum nursing care; hemorrhagic disorders and preterm labor
Wednesday, December 6	University Closed
Friday, December 8	University Closed
Monday, December 11	High risk antepartum nursing care; hemorrhagic disorders and preterm labor
Wednesday, December 13	High risk antepartum nursing care; Endocrine and genetic disorders and risk
Thursday, December 14	Final Exam – 1530-1830
Saturday, December 23	Grades Due to Registrar

	14 Dec (Th)	15 Dec (Fr)	18 Dec (Mn)	19 Dec (Tu)	20 Dec (Wd)
08:30-11:30	Mn classes that meet at 9:00 & 9:30	Mn classes that meet at 10:00	Mn classes that meet at 11:00 & 11:30	Tu classes that meet at 9:30 & 10:00	Tu classes that meet at 8:00
12:00-15:00	Tu classes that meet at 11:00	Mn classes that meet at 13:00	Tu classes that meet at 14:30	Mn classes that meet at 12:00	Tu classes that meet at 12:30
15:30-18:30	Mn classes that meet at 14:30	Tu classes that meet at 17:00 & 17:30	Mn classes that meet at 16:00	Tu classes that meet at 15:30 & 16:00	Mn classes that meet at 17:30
19:00-22:00	---	---	Mn classes that meet at 19:00	Tu classes that meet at 19:00	---