



SAINT LOUIS UNIVERSITY

MADRID

**PSY4390: Abnormal Psychology**

Spring 2018

**Class Days and Time:** Tuesday/Thursday 11:00am-12:15pm

**Classroom:** PRH 4

**Prerequisite(s):** PSY 1010

**Credit(s):** 3

**Instructor:** Andrea Pousada, Ph.D.

**Instructor's Email:** andrea.pousada@slu.edu

**Instructor's Campus Phone:** 91 554 58 58, ext. 254

**Office:** SIH 308

**Office Hours:** Tuesday 1:30-2:30pm (Please make an appointment)

**Course Description:**

Psychology is the study of human behavior and mental processes. This course is designed as an introduction to psychopathology, or the study of the mental processes related to the development of mental disorders. Using an integrative approach, the course will include a review of the mental disorders featured in the DSM-V, as well as relevant theory related to the etiology and treatment of mental disorders. Special emphasis will be placed on critical review of the latest scientific research related to psychopathology.

**Course Goals and Student Learning Outcomes:**

Through the use of readings, videos, activities, lectures, and written assignments, this course should enable you to:

- become familiar with the major mental disorders as listed in the DSM-V. This fund of knowledge will be assessed using quizzes, and midterm and final exams.
- develop an appreciation for and understanding of how scientific research is applied to the study of abnormal psychology. This will be assessed through class discussion/participation and the completion of a scholarly research project.
- learn to think critically about abnormal psychology and apply knowledge of mental disorders in the real world in order to better understand interpersonal relationships, interactions, and individuals with mental illness. This will be assessed through class discussion and written work.
- become familiar with the scientific and professional issues related to working with people with mental disorders, not limited to, but including topics such as the social stigma of mental illness and the ethical/professional treatment of individuals with mental disorders. This will be assessed through class discussion and written work.

- further develop critical academic skills, such as oral and written communication skills. This will be assessed through class participation, written work, and the completion of a scholarly research project and oral presentation.

Saint Louis University - Madrid Campus is committed to excellent and innovative educational practices. In order to maintain quality academic offerings and to conform to relevant accreditation requirements, the Campus regularly assesses its teaching, services, and programs for evidence of student learning outcomes achievement. For this purpose anonymized representative examples of student work from all courses and programs is kept on file, such as assignments, papers, exams, portfolios, and results from student surveys, focus groups, and reflective exercises. Thus, copies of student work for this course, including written assignments, in-class exercises, and exams may be kept on file for institutional research, assessment and accreditation purposes. If students prefer that Saint Louis University - Madrid Campus does not keep their work on file, they need to communicate their decision in writing to the professor.

### **Required Texts and Materials:**

- Oltmanns, Thomas F. And Emery, Robert E. (2015). Abnormal Psychology, 8 th ed.. Pearson International.

### **Supplemental Text\*:**

- American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: American Psychiatric Publishing (\*Full text available online via SLU Libraries)

- Additional Materials Available on Blackboard: The professor will post relevant articles and videos for home review on the course's website via Blackboard, including Power Point presentations for exam preparation. (No other study guides will be provided.)

**Reading Policy:** All students are expected to read the textbook BEFORE attending class, as it is impossible to review all relevant material during class lectures. We will not cover all of the material in the chapter during class time. Rather, class time will be used to review major concepts from the text, but also to introduce new, relevant material, and to discuss current events and/or scientific literature as they relate to the course content.

In addition, Power Point presentations are designed to highlight major themes from the text, as well as provide you with a way to review the day's lecture at home, or follow up on new material introduced by the professor in class that is not included in the text. The Power Points are very thorough, and can and should be used as a supplement to your text when preparing for an exam. It is suggested that you download the PPs and use them to take notes during class. However, just as is the case with the textbook, **WE WILL NOT COVER ALL THE SLIDES IN CLASS**. Rather, the Power Points are a starting point from which we will cover major concepts and foster class discussion. It is rare, actually, that we will complete an entire Power Point before the end of class. However, "We didn't talk about that in class," is not a valid excuse for not having reviewed material in the text that may appear on the exam. You are responsible for ALL MATERIAL covered in the assigned chapters, UNLESS otherwise indicated by the professor in class.

In addition, please keep in mind what the professor calls, "The Psychology Trojan Horse": Due to its nature, students often find the material discussed in class to be interesting and personally relevant. Classes are usually animated and full of debate, which fosters critical thinking, and often leads students to believe that they have mastered a major concept just by being part of the discussion. DON'T FALL INTO THE TRAP: you will need to review the finer details (and the less-exciting but equally important concepts and vocabulary) of concepts outside of class in order to truly master the material and perform well on evaluations.

### **Attendance Policy and Class Participation:**

Students are expected to attend class regularly and to arrive to class promptly. You are responsible for all announcements made and/or material covered during class meetings. It is the student's responsibility to stay abreast of any scheduling changes or adjustments to the syllabus that are announced in class. I will take attendance during the Drop/Add period. After this period, your attendance is your responsibility. I will provide a sign-in sheet each day, which I will use to take notes at the end of the session regarding your participation. If you do not sign in, it is very possible that I will not remember your level of participation at the end of the semester when determining your class participation grade, and you will receive the average grade for participation (75%). This means that there is no magic number of "missed classes" or "excused absences." SLU Madrid policy does not specify any criteria for excusing an absence from class. If you miss class due to illness, you may choose to notify me as a courtesy, but this is not required as there are no "excused absences." HOWEVER, students who miss a quiz or exam are asked to notify the professor as soon as possible to discuss the issue and agree upon the appropriate course of action.

### **Classroom Environment and Expectations:**

Classroom discussion is an important part of the learning process, therefore, it is vital to maintain a classroom environment that is respectful and free of discrimination and/or recrimination from peers. Please make every effort to be respectful of others' opinions.

Regarding course content, be aware that we will be discussing topics related to Abnormal Psychology that may trigger emotional or psychological distress in some students. Please keep this in mind as you make comments or pose questions in class. Furthermore, these difficult issues can be raised in any class meeting, without prior warning. That is, if it is difficult for you to listen to or engage in a discussion about a particular mental illness or topic, you might decide not to come to class the day we plan to review that chapter. However, you should be aware that many issues in Abnormal Psychology are related to each other, and the topic may come up during class discussion in a spontaneous way. Thus, if your personal circumstances make it difficult for you to listen to or engage in discussion about mental health issues and mental illness, please give careful consideration to your participation and enrollment in Abnormal Psychology.

With that in mind, in this culture of social media which often includes "over sharing", I would encourage you to think carefully prior to sharing very personal/intimate

information about yourself during class. Please remember that class is NOT a protected, confidential environment, and the professor cannot guarantee that other students/peers will maintain your confidential information.

*Again*, it is the professor's expectation that students will come to class prepared, having read the material and with any assignments that are due, and ready to participate in a thoughtful discussion about the day's topic. As PSY 4390 is a 400 level class, students should expect that academic demands will be higher than lower level psychology classes. This is most often reflected in the difficulty level of the scholarly work/research project, essay questions on exams, and in general, the level of independence and autonomy that is expected by the professor. If you have concerns or questions about the workload or other demands associated with an advanced psychology course, please discuss them with the professor as early as possible.

**Email and Technology in the Classroom E-mail:**

Campus and course announcements will often be handled by e-mail. Students should check their "@slu.edu" e-mail regularly.

The professor will respond to email **between the hours of 9:00 and 6:00 pm.**, Monday through Friday. In general, emails are answered within 48 hours. Please be aware that I do not regularly check my SLU email in the evening, so if you send me an email after 6 pm, I may not respond until the next working day.

LAPTOPS OR MOBILE PHONE USE WILL NOT BE PERMITTED IN CLASS FOR ANY REASON. As a courtesy to others, you are expected to turn off or put your phone on silent during the class session. Any student using a mobile phone in class may be asked to leave the room.

**Course Requirements and Grading Rationale/System:**

Your total course grade will be based on the following evaluations:

- MIDTERM EXAM - 25%
- FINAL EXAM - 25%
- LITERATURE REVIEW - 20%
- ORAL PRESENTATION - 10%
- QUIZZES - 15%
- CLASS PARTICIPATION - 5%

**Saint Louis University Grade Policy**

A	94-100 4.0	Sobresaliente
A-	90-93 3.7	Sobresaliente bajo
B+	87-89 3.3	Notable alto
B	84-86 3.0	Notable

B-	80-83 2.7	Notable bajo
C+	77-79 2.3	Aprobado alto
C	74-76 2.0	Aprobado
C-	70-73 1.7	Aprobado bajo
D	60-69 1.0	Aprobado bajísimo
F	<60 0.0	Suspense
P/NP		Apto / No apto
W		Clase retirada

**Quizzes (15% of Course Grade)** : There will be three quizzes that will be administered and graded online via BLACKBOARD.

- **The quizzes will cover Chapters 8, 14, and 17. These chapters WILL NOT be reviewed in class.**
- **As quizzes are posted on Blackboard, you will be notified that they are available via your SLU email.** The availability of each quiz will be time-limited, based on the length and extent of the material. Quizzes will be available for a minimum of three days, and for a maximum of one week. Students may use class materials when taking the quiz, but may NOT take the quiz along with another student or share answers for the quizzes with classmates. Questions for each quiz are randomly assigned from a bank of questions, so no two students will have the same quiz.
- **When the time period for the quiz has expired, the quiz will no longer be available.** Given that students have ample time to complete a quiz, **absolutely no make-up quizzes will be provided.**
- Chapters 8, 14, and 17 will NOT BE INCLUDED in the midterm, or in multiple choice section of the final exam.

**Midterm and Final Exams:** There will be both a midterm and final exam (noncumulative). Any material presented in class, in the text, or in assigned readings/activities may appear on the exams. Students who miss the midterm exam for a legitimate emergency (e.g. hospitalization, death in the family) must contact the professor immediately to evaluate the situation and schedule a makeup exam. Please be advised that you will be required to show documentation of the emergency. Exams will be structured as follows:

1. **Midterm exam** (Grading A through F, 25% of Course Grade): Will consist of short answer and essay questions.

2. **Final exam** (Grading A through F, 25% of Course Grade) : The final exam is divided into 2 parts:

- **Take-home Case Study:** Two case studies will be posted on Blackboard one week prior to the date of the final exam; students must choose one of the case studies and will respond to the questions provided. You may use your class notes, Power Points, and textbook to answer the questions. You may NOT use any additional sources (e.g., articles, internet, books, etc.), and you may NOT discuss the case study with ANYONE.

**Students must submit the case study via EMAIL no later than 12:00 on 4 May 2018 (the final exam session). No case studies will be accepted in person during the scheduled exam time.**

- **Multiple Choice Test:** During the scheduled final exam period (12:00-15:00, 4 May 2018) students will complete a 20-item multiple choice test. Students will have a maximum of one hour to complete the test.

**\*Final exam times are determined by the Registrar and cannot be changed.** Travel of any kind is NOT a valid excuse for missing a midterm or final exam, or for changing an exam date. Students who believe they have an extenuating circumstance (e.g., health emergency, death in the family) that warrants a change in the date/time of the final exam must speak directly with the Academic Dean. Students who do not show up for a midterm or final exam without such extenuating circumstances will receive a grade of 0, or “F”.

**\*\*Students who have been approved for academic accommodations by the Disabilities Coordinator must follow the procedures outlined in SLU Policy regarding the scheduling of exams. If a student does not follow this policy, no accommodations will be provided.**

**Literature Review (Grading A through F, 20% of Course Grade):** Students will choose a current topic of interest to them within the field of Abnormal Psychology and will write a Literature Review on the topic. Instructions and grading rubric for the Literature Review will be available on Blackboard. *Failure to follow the instructions provided will result in a lower grade or failing grade for the assignment.*

- The paper must cite at minimum of **FIVE EMPIRICAL STUDIES** published in peer-reviewed scientific journals, found in a major database such as PsycARTICLES, PsycINFO, PUBMED, MEDLINE, etc. **At least ONE** of the articles must have been published within the following time period: March 2017 through January 2018.
- Your topic and the five empirical sources must be approved by the professor no later than **THURSDAY FEBRUARY 6, 2018**. You should send the information via email to the professor in the following format:
  1. Topic sentence/thesis statement
  2. Full APA references for at least 5 empirical articles.
  3. Attach either a) the full abstract for each source; or b) a digital copy of each article (e.g., PDF file). If you only have a paper copy of the source, you may scan it and attach it, or you provide a paper copy of the article for the professor to review (this copy will be returned to you if you choose). **DO NOT** send a link to a database in lieu of the required information, as I will not be able to access it from the email.

The paper is due on **TUESDAY APRIL 24, 2018** during class time (11:00-12:15). Late papers will be graded according to the following policy:

- 1-24 hours late: Reduction of one letter grade
- 24-36 hours late: Reduction of two letter grades
- More than 36 hours late: Automatic Failure of the assignment

**Oral Presentation (Grading A through F, 10% of Course Grade):** During the designated class period, students will give an oral presentation of their Literature Review. Instructions and grading rubric for the Oral Presentation will be available on Blackboard.

**University Statement on Academic Integrity:** Academic integrity is honest, truthful and responsible conduct in all academic endeavors. The mission of Saint Louis University is "the pursuit of truth for the greater glory of God and for the service of humanity." Accordingly, all acts of falsehood demean and compromise the corporate endeavors of teaching, research, health care and community service via which SLU embodies its mission. The University strives to prepare students for lives of personal and professional integrity, and therefore regards all breaches of academic integrity as matters of serious concern.

The governing University-level Academic Integrity Policy can be accessed on the Provost's Office website at: <http://www.slu.edu/madrid/academics>. Additionally, SLU-Madrid has posted its academic integrity policy online: <http://www.slu.edu/madrid/academics>. As a member of the University community, you are expected to know and abide by these policies, which detail definitions of violations, processes for reporting violations, sanctions and appeals.

The professor will review these matters during the first weeks of the term. Please direct questions about any facet of academic integrity to your faculty, the chair of the department of your academic program or the Academic Dean of the Madrid Campus.

**University Title IX Statement:** Saint Louis University and its faculty are committed to supporting our students and seeking an environment that is free of bias, discrimination, and harassment. If you have encountered any form of sexual misconduct (e.g. sexual assault, sexual harassment, stalking, domestic or dating violence), we encourage you to report this to the University. If you speak with a faculty member about an incident of misconduct, that faculty member must notify SLU's Title IX deputy coordinator, Marta Maruri, whose office is located on the ground floor of Padre Rubio Hall, Avenida del Valle, 28 ([mmaruri@slu.edu](mailto:mmaruri@slu.edu); 915-54-5858, ext. 213) and share the basic fact of your experience with her. The Title IX deputy coordinator will then be available to assist you in understanding all of your options and in connecting you with all possible resources on and off campus.

If you wish to speak with a confidential source, you may contact the counselors at the SLU-Madrid's Counseling Services on the third floor of San Ignacio Hall ([counselingcenter-madrid@slu.edu](mailto:counselingcenter-madrid@slu.edu); 915-54-5858, ext. 230) or Sinews Multipletherapy Institute, the off-campus provider of counseling services for SLU-Madrid ([www.sinews.es](http://www.sinews.es); 917-00-1979). To view SLU-Madrid's sexual misconduct policy and for resources, please visit the following web address: <http://www.slu.edu/Documents/Madrid/campus-life/SLUMadridSexualMisconductPolicy.pdf>.

**Students with Special Needs:** In recognition that people learn in a variety of ways and that learning is influenced by multiple factors (e.g., prior experience, study skills, learning disability), resources to support student success are available on campus. Students who think they might benefit from these resources can find out more about:

- Course-level support (e.g., faculty member, departmental resources, etc.) by asking your course instructor.
- University-level support (e.g., tutoring/writing services, Disability Services) by visiting the Academic Dean's Office (San Ignacio Hall) or by going to <http://www.slu.edu/madrid/learning-resources>.

Students with a documented disability who wish to request academic accommodations must contact Disability Services to discuss accommodation requests and eligibility requirements. Once successfully registered, the student also must notify the course instructor that they wish to access accommodations in the course. Please contact Disability Services at [disabilityservices-madrid@slu.edu](mailto:disabilityservices-madrid@slu.edu) or +915 54 58 58, ext. 230 for an appointment. Confidentiality will be observed in all inquiries. Once approved, information about the student's eligibility for academic accommodations will be shared with course instructors via email from Disability Services. For more information about academic accommodations, see "Student Resources" on the SLU-Madrid webpage.

Note: Students who do not have a documented disability but who think they may have one are encouraged to contact Disability Services.

**Spring 2018 Course Schedule (subject to change at the instructor's discretion):**

<b>Week</b>	<b>Date</b>	<b>Topic</b>	<b>Readings and Assignments DUE</b>
1	Jan 11	Syllabus and Introduction to Abnormal Behavior	Syllabus – Ch. 1
2	Jan 16	Paradigms & Etiology of AB	Ch. 2
	Jan 18	Therapeutic Techniques for AB	Ch. 3
3	Jan 23	Therapeutic Techniques for AB	Ch. 3
	Jan 25	Classification & Assessment of AB	Ch. 4
4	Jan 31	Mood disorders	Ch. 5
	Feb 1	Mood disorders	Ch. 5
5	Feb 6	Anxiety disorders	Ch. 6
	Feb 8	Anxiety and stress disorders	Ch. 6
6	Feb 13	Stress and dissociative disorder	Ch. 7
	Feb 15	<b>MIDTERM EXAM</b>	
7	Feb 20	Personality disorders	Ch. 9
	Feb 22	<b>WINTER BREAK – No class</b>	
8	Feb 27	Personality disorders	Ch. 9
	Mar 1	Eating disorders	Ch. 10
9	Mar 6	Substance use disorders	Ch. 11
	Mar 8	Sexual disorders and GID	Ch. 12
10	Mar 13	Schizophrenia and psychosis	Ch. 13
	Mar 15	Schizophrenia and psychosis	Ch. 13
11	Mar 20	<b>Cancelled class – Special talk instead (TBC)</b>	
	Mar 22	Intellectual disabilities/ASD	Ch. 15
12	Mar 27	<b>Holiday – SEMANA SANTA (No classes)</b>	
	Mar 29		
13	Apr 3	Childhood disorders	Ch. 16
	Apr 5	Childhood disorders	Ch. 16
14	Apr 10	FILM	
	Apr 12	FILM	
15	Apr 17	Oral presentations	
	Apr 19	Oral presentations	
16	Apr 24	Oral presentations	
	Apr 26	Legal perspectives	Ch. 18
17	May 1	<b>HOLIDAY – Dia de la Comunidad de Madrid – No class</b>	
	May 3	Group activity (if time permits)	
18	May 4	<b>FINAL EXAM (12-15pm)</b>	

**Final Exam Schedules Spring 2018**

	<b>4 May (Fr)</b>	<b>7 May (Mn)</b>	<b>8 May (Tu)</b>	<b>9 May (Wd)</b>	<b>10 May (Th)</b>
<b>08:30-11:30</b>	Mn classes that meet at 9:00 & 9:30	Mn classes that meet at 10:00	Mn classes that meet at 11:00 & 11:30	Tu classes that meet at 9:30	Tu classes that meet at 8:00
<b>12:00-15:00</b>	Tu classes that meet at 11:00	Mn classes that meet at 13:00	Tu classes that meet at 14:30	Mn classes that meet at 12:00 & 12:30	Tu classes that meet at 12:30
<b>15:30-18:30</b>	Mn classes that meet at 14:30	Tu classes that meet at 17:00 & 17:30	Mn classes that meet at 16:00	Tu classes that meet at 16:00	Mn classes that meet at 17:30
<b>19:00-22:00</b>	---	---	Mn classes that meet at 18:30 & 19:00	Tu classes that meet at 19:00	---