

# SAINT LOUIS UNIVERSITY

**MADRID** 

**COUNSELING CENTER** 

## **Sexual Assault Resources**

If you have suffered a sexual assault or any other kind of assault, our counselors are here to support you and provide you with all the resources you may need at this time. If you are not sure what to do, call the SLU-Madrid Emergency Line: (+34) 638 763 758.

The Counseling Center team is here to guide, assist and accompany you through the whole process.

## **Frequently Asked Questions**

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### How do I know if I have been victim of a sexual assault?

You may have experienced sexual assault if you were forced, coerced, blackmailed, or harassed into engaging in sexual activity without your explicit consent. If someone engaged in sexual acts with you while you were under the influence of alcohol and/or other drugs and unable to provide explicit consent, this, too, can be considered sexual assault. Though these are the most common, there are many other forms of sexual assault. If you need someone to talk to about this, you can count on us.



### What do I do if I have experienced sexual violence?

The first step is to get to a safe place and get the medical attention/emergency help you need. If you would like, we can accompany you through this process.

If you intend to report what happened, we can guide you through the process of doing so and be there for you every step of the way. The protocol for reporting an assault is also detailed in our Sexual Assault Resources guide (see QR code below).



## Am I obligated to report the incident/press charges?

Short answer: no. It is your right to report what happened, but you are not obligated to do so. You will receive medical attention at hospitals, as well as support from our counseling team, regardless of how you choose to proceed.

If you are not sure if you want to pursue a police investigation, you may consider having a medical exam to collect evidence: the samples can be stored for future use, giving you time to make a decision about what you want to do.



#### What resources are available to me?

For a complete list of medical, psychological, legal, and other resources, you may scan the QR code below.

#### Medical Assistance

- Hospital La Paz (Building: Urgencias de Maternidad)
   Address: Paseo de la Castellana, 261. Metro: Begoña.
- · Hospital Fundación Jiménez Díaz

Address: Avda. de los Reyes Católicos, 2. Metro: Islas Filipinas.

Hospital Gregorio Marañón (Building: Urgencias de Maternidad)
 Address: Calle O'Donnell, 48. Metro: O'Donnell.

#### Police Assistance

 Unidad de Atención a la Familia y Mujer (UFAM) at the Comisaría de Policía.

<u>Address</u>: Avda. Doctor Federico Rubio y Gali, 55. <u>Metro</u>: Guzmán el Bueno.

### **Emotional Support**

Our team of counselors is here to support you by providing confidential, continued in-session assistance, as well as resources and information for any other mental health support you may need at this time.

You are not alone, nor should you have to deal with this on your own.

We are here to support you.



