Career/Major Interest Game

This game is a great starting point to help you clarify your interests and align them with similar careers and majors. For further exploration, make an appointment with the Career Coordinator, Patrice Burns to discuss your results or to take a more formal assessment.

This exercise is based on Dr. John Holland’s theory that people and work environments can be loosely classified into six different groups. While you may have some interests in and similarities to, several of the six groups, you may be primarily attracted to up to three of the areas.

Read the descriptions of the six Holland Types: Realistic, Artistic, Investigative, Social, Enterprising and Conventional.

Imagine walking into a party where the six groups of people described are already interacting. Which group would you enjoy interacting with the most? Write down the name of that group, or Holland Type. Pretend all of the members of your group have left the party and decide to join another group. Which group would you choose as your second choice? As your third choice?

Realistic

- People who have athletic or mechanical ability
- People who prefer to work with objects, tools, machines, plants or animals
- People who often prefer to be outdoors

Sample majors: Science and Engineering, Computer Science
Sample careers: engineer, military service

Investigative

- People who like to observe, learn and investigate
- People who like to analyze, evaluate, or solve science and math based problems
- People who prefer to work independently

Sample majors: Human Science, Physics, Chemistry
Sample careers: physician, professor, chemist, international affairs

Artistic

- People who have artistic, innovating, or intuitional abilities
- People who like to work in unstructured situations
- People who like to use their imaginations

Sample majors:
American Musical Culture, Art History, Studio Art, Theater and Performance
Sample careers: interior designer, editor, musician, reporter