Dementia caregivers can endure overwhelming amounts of stress when taking care of a loved one with memory loss. During the current climate of COVID-19, caregivers are finding increasing stress and burden placed on them to take care of the needs of loved ones while isolated at home and from others. In this talk, Dr. Jacobs will provide caregivers some strategies and tips to help caregivers navigate through challenging situations while staying at home.

These talks are available via Zoom (available either video or by phone)

By video: https://slu.zoom.us/j/551578921

By phone number with passcode: 312 626 6799 (Meeting ID: 551 578 921)