MASTER TECHNIQUES IN PERI-ORBITAL AESTHETIC SURGERY

JANUARY 17-18, 2020
ST. LOUIS, MISSOURI, USA

Course Co-Directors:
Morris E. Hartstein, MD, FACS
John B. Holds, MD, FACS

Honored Guests
Jonathan M. Sykes, MD
Guy Massry, MD

2020 Hands-on Cadaver Workshop
January 17-18, 2020
slu.edu/medicine/pase
Friday, January 17  
7:00 AM - 5:00 PM  
**Browlift/Upper Blepharoplasty/Injectables**  
- Evaluation of the Aging Face  
- Anatomy and Biomechanics of Brow lifting  
- External Brow Pexy/Temporal Direct Brow Lift/Temporal Brow Endo Approach  
- 3-D Cadaver Demonstration: Simplified Non-Endoscopic Browlift  
- Questions  
- Hands-on Cadaver Dissection: Browlifting Procedures (Endoscopic/Nonendoscopic)  
- Clinical Implications of Eyelid and Periorbital Anatomy  
- Upper Blepharoplasty – Keeping it Healthy and Natural  
- 3-D Cadaver Demonstration: Upper Blepharoplasty with Fat Repositioning, Brow Fat Pad Suspension  
- Applied Periorbital Anatomy for Fillers and Fat  
- Fat Transfer Techniques  
- How to Fix the Dysmorphic Lower Lid after Filler  
- Enhancing the Periorbital Region with Neurotoxins  
- Periorbital Filling Video/Discussion  
- Questions and Answers  
- Hands-on Cadaver Dissection: Upper Blepharoplasty  
- Aesthetic Skeletal Surgery  
- Avoiding and Managing Upper Blepharoplasty Complications  
- Welcome Reception

Saturday, January 18  
7:15 AM - 3:30 PM  
**Lower Blepharoplasty/Canthopexy/Canthoplasty**  
- Lower Lid Anatomy – Crucial Points  
- Lower Blepharoplasty – Blending the Lid/Cheek Junction  
- 3-D Cadaver Demonstration: Lower Blepharoplasty with Fat Repositioning/Fat Transfer Techniques/Fillers/Injectables/Trans-eyelid Midface Lifting  
- Periorbital Eyelid and Canthal Irregularities: What Tough Cases have Taught Me  
- 3-D Cadaver Demonstration: Canthopexy and Canthoplasty  
- Hands-on Cadaver Dissection: Lower Blepharoplasty with Fat Repositioning/Trans-eyelid Midface Lifting, Canthopexy and Canthoplasty  
- Optional Session: “Filler VS Surgery” – Panel Discussion  
- How to Avoid Facial Filler Complications  
- Transcutaneous Lower Lid Blepharoplasty: Where/When/How?  
- Festoon Excision  
- My 20 Year Experience with Lower Lid Blepharoplasty  
- The Unhappy Post-Blepharoplasty Patient  
- My 20 Year Experience with Mid Face-lifting  
- Pulling it All Together (Video)  
- Questions and Answers/Course Wrap Up/Evaluations  
- Optional Hands on Cadaver Dissection continued: Open Lab without Supervision Continued Periorbital Procedures

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**Course Co-Directors**  
**Morris E. Hartstein, MD, FACS**  
Associate Clinical Professor  
Department of Ophthalmology  
Saint Louis University School of Medicine  
St. Louis, MO

**John B. Holds, MD, FACS**  
Clinical Professor  
Departments of Ophthalmology and Otolaryngology, Head and Neck Surgery  
Saint Louis University School of Medicine  
Ophthalmic Plastic and Cosmetic Surgery, Inc.  
St. Louis, MO

**Honored Guests**  
**Guy Massry, MD**  
Ophthalmic Plastic & Reconstructive Surgery  
Beverly Hills, CA

**Jonathan Sykes, MD**  
Professor and Director, Facial Plastic Surgery  
UC Davis Medical Center  
Past President, AAFPRS

**Invited Faculty:**

**Gregory H. Branham, MD, FACS**  
Professor and Chief, Facial Plastic and Reconstructive Surgery  
Department of Otolaryngology – Head and Neck Surgery  
Washington University School of Medicine  
St. Louis, MO

**John J. Chi, MD**  
Associate Professor  
Division of Facial Plastic & Reconstructive Surgery  
Department of Otolaryngology – Head & Neck Surgery  
Washington University in St. Louis – School of Medicine  
St. Louis, MO

**Gabriela M. Espinoza, MD**  
Associate Professor  
Department of Ophthalmology  
Saint Louis University School of Medicine  
St. Louis, MO

**Jill A. Foster, MD, FACS**  
Associate Clinical Professor  
The Ohio State University  
Eye Center of Columbus  
Nationwide Children’s Hospital  
Columbus, OH

**David E.E. Holck, MD, FACS**  
Clinical Associate Professor of Ophthalmology  
University of Texas Texas Anaptonio  
EyePLASTX  
San Antonio, TX

**Eva A. Hurst, MD, FAAD**  
Associate Professor of Dermatology  
Division of Medicine/Dermatology  
Director, Center for Dermatologic & Cosmetic Surgery  
Washington University School of Medicine  
St. Louis, MO

**L. Mike Nayak, MD**  
Nayak Plastic Surgery  
St. Louis, MO

**Allan E. Wulc, MD, FACS**  
W Cosmetic Surgery  
Clinical Associate Professor of Ophthalmology  
Scheie Eye Institute, University of Pennsylvania  
Adjunct Clinical Professor of Otolaryngology  
Temple University  
Plymouth Meeting, PA

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**EDUCATIONAL OBJECTIVES**  
The workshop has been designed to provide Cosmetic Facial Surgeons and Dermatologists a comprehensive overview of the surgical and nonsurgical rejuvenation techniques for the Periorbital area.  
- Understand the role of adjunctive techniques, to include fillers and fat transfer that enhance the results in eyelid and periorbital surgery.  
- Discuss how to perform safe and aesthetic eyelid and periorbital surgery by covering safety of anesthesia, incision placement, multiple technical options and postop care along with management of complications.  
- Observe surgical demonstrations of each procedure performed by the renowned faculty  
- Discuss and perform each procedure in the cadaver laboratory with assistance from the experts.

**CONTINUING EDUCATION**  
Accreditation: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Saint Louis University School of Medicine designates this live activity for a maximum of 16.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**REGISTRATION**  
For Further Course Details and REGISTRATION Click On (or type in your internet browser) the link below:  
[http://pa.slu.edu](http://pa.slu.edu)  
This workshop will be held at the PASE Learning Center located in Young Hall, 3839 Lindell Boulevard, Saint Louis, MO 63108

**TUITION FEES:**  
Physicians: $1895  
Residents/Fellows/USA Military: $995  
The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

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Faculty subject to change, for updates, please go to [slu.edu/medicine/pase](http://slu.edu/medicine/pase)