St. Louis Hip Skills Hands-on Cadaver Course:
HIP ARTHROSCOPY and PRESERVATION PROCEDURES

Jointly planned by Saint Louis University School of Medicine and Washington University School of Medicine

January 31 to February 1, 2020
ST. LOUIS, MISSOURI, USA
Fundamentals of Hip Preservation

- Case Presentation
- Fundamentals of FAI — from Ganz to 2020
- Fundamentals of Dysplasia — from Wiberg to 2020
- The Evolution of Hip Arthroscopy
- Physical Examination — Identifying Instability and Impingement
- Plain Radiographs — Advanced Analysis in 2020
- 3-Dimensional Imaging (MR and CT) — What Does It Add?
- Discussion/Questions

Interactive Break Out Table Discussions

- Introduction and Format for Table Based Discussions
- Faculty Case Discussions — Fundamentals (Tables #1-#5)

Surgical Techniques — Hip Arthroscopy

- Access and Central Compartment — How to Stay Out of Trouble
- Peripheral Compartment/Cam Treatment — Optimizing Bony Correction
- Hip Arthroscopy: Capsular Management — Should We Repair and How?
- Hip Arthroscopy: Labral Reconstruction — When and How?
- Discussion/Questions

Surgical Techniques — Open

- Surgical Hip Dislocation — With and How I Do It
- Periacetabular Osteotomy (PAO) — How I Do It
- Proximal Femoral Osteotomy — With and How I Do It
- Discussion/Questions

Hip Preservation Decisionmaking and Controversies

- Common Causes of Hip Arthroscopy Failure
- Common Causes of Open Treatment Failure
- Borderline Hip Dysplasia — Deciding on the Optimal Treatment
- Discussion/Questions

Surgical Case Demonstrations

- Surgical Video: Hip Arthroscopy
- Surgical Video: Surgical Hip Dislocation
- Surgical Video: PAO
- Hands-on Cadaver Lab:
  - Hip Arthroscopy Lab
  - Open Procedures Lab: PAO/ Surgical Dislocations
- Welcome Reception
- Interactive Case Discussions and Participant Case Presentations

Advanced Concepts in Hip Preservation

- Extra-Articular Impingement — Identification and Treatment?
- Femoral Version Abnormalities — When Do We Need to Correct Them?
- Point-Counterpoint:
  - (A) PAO Without Hip Arthroscopy: Does Arthroscopy Really Add Value?
  - (B) PAO + Hip Arthroscopy: Optimizing Outcomes?
- Discussion/Questions

Interactive Table-based Case Discussions

- Faculty Case Discussions — Controversial Cases (Tables #1-#5)
- Hands-on Cadaver Lab:
  - Hip Arthroscopy Lab
  - Open Procedures Lab: PAO/ Surgical Dislocations

REGISTRATION & TUITION

REGISTRATION:
For Further Course Details and Registration go to:
slu.edu/medicine/pase

This workshop will be held at the PASE Learning Center located in Young Hall: 3839 Lindell Boulevard, St. Louis, MO 63108

TUITION FEES:
Physicians: $1895
Residents/Fellows/USA Military: $1325
PA, RN, NP: $500
(to view all lectures and assist in the lab)

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

EDUCATIONAL OBJECTIVES
- Discuss patient evaluation and diagnostic skills for pre-arthritic and early-arthritic hip disease.
- Review and discuss to improve knowledge regarding the most common pre-arthritic hip disorders (femoroacetabular impingement and hip dysplasia).
- Describe and evaluate the appropriate indications for arthroscopic and open procedures in the treatment of pre-arthritic hip disease.
- Under the guidance of expert faculty, identify the surgical anatomy for, and perform the various surgical techniques (hip arthroscopy, surgical dislocation, periacetabular osteotomy and proximal femoral osteotomy) for the treatment of pre-arthritic hip disorders.

CONTINUING EDUCATION

Accreditation: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Saint Louis University School of Medicine designates this live activity for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Faculty subject to change. For updates go to slu.edu/medicine/pase