

St. Louis Hip Skills
Hands-on Cadaver Course:
HIP ARTHROSCOPY
and PRESERVATION
PROCEDURES

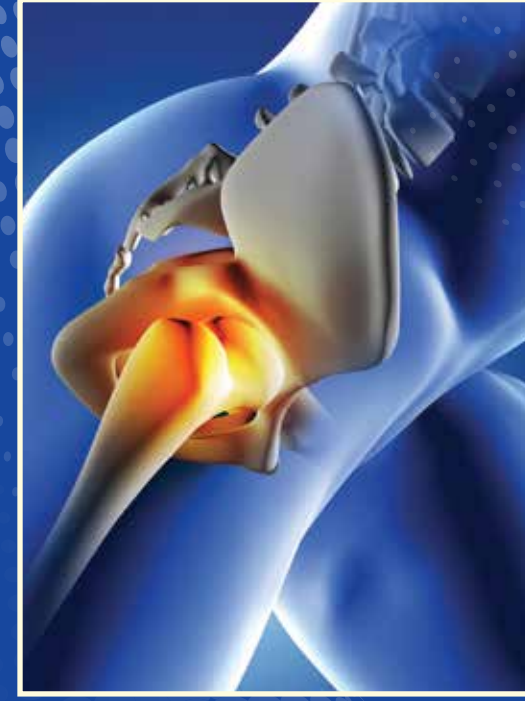
January 31 - February 1, 2020

slu.edu/medicine/pase



Practical Anatomy & Surgical Education
3839 Lindell Boulevard • St. Louis, Missouri, USA • 63108-3413

Non-Profit Org.
U.S. Postage
PAID
St. Louis, MO
Permit No. 1455



January 31 to
February 1, 2020
ST. LOUIS, MISSOURI, USA

St. Louis Hip Skills **Hands-on Cadaver** Course:
HIP ARTHROSCOPY
and PRESERVATION
PROCEDURES

Jointly planned by Saint Louis University School of Medicine
and Washington University School of Medicine



SAINT LOUIS
UNIVERSITY.
— EST. 1818 —

slu.edu/medicine/pase

Course Chairman:
John C. Clohisy, MD

Course Director:
Jeffrey J. Nepple, MD

An offering through: Practical Anatomy & Surgical Education, Department of Surgery
Saint Louis University School of Medicine

Friday, January 31, 2020

7:00 AM - 6:30 PM

Fundamentals of Hip Preservation

- Case Presentation
- Fundamentals of FAI – from Ganz to 2020
- Fundamentals of Dysplasia – from Wiberg to 2020
- The Evolution of Hip Arthroscopy
- Physical Examination – Identifying Instability and Impingement
- Plain Radiographs – Advanced Analysis in 2020
- 3-Dimensional Imaging (MR and CT) – What Does It Add?
- Discussion/Questions

Interactive Break Out Table Discussions

- Introduction and Format for Table Based Discussions
- Faculty Case Discussions – Fundamentals (Tables #1-#5)

Surgical Techniques– Hip Arthroscopy

- Access and Central Compartment – How to Stay Out of Trouble
- Peripheral Compartment/Cam Treatment – Optimizing Bony Correction
- Hip Arthroscopy: Capsular Management – Should We Repair and How?
- Hip Arthroscopy: Labral Reconstruction – When and How?
- Discussion/Questions

Surgical Techniques - Open

- Surgical Hip Dislocation – When and How I Do It
- Periacetabular Osteotomy (PAO) – How I Do It
- Proximal Femoral Osteotomy – When and How I Do It
- Discussion/Questions

Hip Preservation Decisionmaking and Controversies

- Common Causes of Hip Arthroscopy Failure
- Common Causes of Open Treatment Failure
- Borderline Hip Dysplasia – Deciding on the Optimal Treatment
- Discussion/Questions

Surgical Case Demonstrations

- Surgical Video: Hip Arthroscopy
- Surgical Video: Surgical Hip Dislocation
- Surgical Video: PAO
- Hands-on Cadaver Lab:
Hip Arthroscopy Lab
Open Procedures Lab: PAO/ Surgical Dislocations
- Welcome Reception
- Interactive Case Discussions and Participant Case Presentations

Physician attendees are welcome to bring their PA, RN, NP or other support staff to train as a team. They will be able to observe and participate in all lectures and discussion sessions, and observe/assist with procedures performed in the lab.

Saturday, February 1, 2020

7:15 AM - 12:30 PM

Advanced Concepts in Hip Preservation

- Extra-Articular Impingement – Identification and Treatment?
- Femoral Version Abnormalities – When Do We Need to Correct Them?
- Point-Counterpoint
(A) PAO Without Hip Arthroscopy- Does Arthroscopy Really Add Value?
(B) PAO + Hip Arthroscopy – Optimizing Outcomes?
- Discussion/Questions

Interactive Table-based Case Discussions

- Faculty Case Discussions – Controversial Cases (Tables #1-#5)
- Hands-on Cadaver Lab:
Hip Arthroscopy Lab
Open Procedures Lab: PAO/ Surgical Dislocations

REGISTRATION & TUITION

REGISTRATION:

For Further Course Details and Registration go to:

slu.edu/medicine/pase

This workshop will be held at the PASE Learning Center located in Young Hall: 3839 Lindell Boulevard, St. Louis, MO 63108

TUITION FEES:

Physicians: \$1895
Residents/Fellows/USA Military: \$1325
PA, RN, NP: \$500
(to view all lectures and assist in the lab)

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

EDUCATIONAL OBJECTIVES

- Discuss patient evaluation and diagnostic skills for pre-arthritis and early-arthritis hip disease.
- Review and discuss to improve knowledge regarding the most common pre-arthritis hip disorders (femoroacetabular impingement and hip dysplasia).
- Describe and evaluate the appropriate indications for arthroscopic and open procedures in the treatment of pre-arthritis hip disease.
- Under the guidance of expert faculty, identify the surgical anatomy for, and perform the various surgical techniques (hip arthroscopy, surgical dislocation, periacetabular osteotomy and proximal femoral osteotomy) for the treatment of pre-arthritis hip disorders.

CONTINUING EDUCATION

Accreditation: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Saint Louis University School of Medicine designates this live activity for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



Course Chairman

John C. Clohisy, MD

Daniel C. and Betty B. Viehmann Distinguished Professor
Department of Orthopaedic Surgery
Washington University
School of Medicine
St. Louis, MO

Course Director

Jeffrey J. Nepple, MD

Assistant Professor
Director, Young Athlete Center
Department of Orthopaedic Surgery
Washington University
School of Medicine
St. Louis, MO

Invited Faculty

Asheesh Bedi, MD

Harold W. Gehring Early Career Professorship
in Orthopaedic Surgery
Assistant Professor
Department of Orthopaedic Surgery
Director Sports Medicine Research Program
University of Michigan Medical School
Ann Arbor, MI

J.W. Thomas Byrd, MD

President, Nashville Hip Institute
Nashville, TN

Madelyn Curry, BSN, RNFA, ONC

Clinical Nurse Coordinator
Department of Orthopaedic Surgery
Washington University
School of Medicine
St. Louis MO

Cecilia Pascual-Garrido, MD, PhD

Assistant Professor
Department of Orthopaedic Surgery
Washington University
School of Medicine
St. Louis, MO

Young-Jo Kim, MD, PhD

Professor
Department of Orthopaedic Surgery
Harvard Medical School
Boston Children's Hospital
Boston, MA

Faculty subject to change.
For updates go to slu.edu/medicine/pase

James R. Ross, MD

Associate Professor
Boca Care Orthopedic
Deerfield Beach, FL

Michael J. Salata, MD

Director
Joint Preservation and Cartilage Restoration Center
University Hospitals Case Medical Center
Team Physician
Cleveland Browns
Assistant Professor
Department of Orthopaedic Surgery
Case Western Reserve University
Cleveland, OH

Perry L. Schoenecker, MD

Professor
Department of Orthopaedic Surgery
Washington University
School of Medicine
St. Louis, MO

Michael D. Stover, MD

Professor
Department of Orthopaedic Surgery
Northwestern University
Feinberg School of Medicine
Chicago, IL

Robert W. Westermann, MD

Assistant Professor
Orthopedics and Rehabilitation
University of Iowa
Iowa City, IA

Ira Zaltz, MD

Associate Professor
Department of Orthopedic Surgery
William Beaumont Hospital
Royal Oak, MI

