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slu.edu/medicine/diversity



## STUDY, LEARN AND LIVE (continued)

"WHAT WE DO HERE, WHICH IS ESPECIALLY UNIQUE, IS TO PROVIDE A COMMUNITY WITHIN THE COMMUNITY FOR OUR UNDERREPRESENTED MINORITY STUDENTS. THE FEELING OF BELONGING ENHANCES SOCIAL, ACADEMIC AND EMOTIONAL DEVELOPMENT." - MICHAEL RAILEY, M.D.

You'll love our city! Check out the new sports-anchored entertainment district in the heart of downtown Ballpark Village St. Louis! Attend one of the over 150 events scheduled each year including concerts, family shows, community events and Saint Louis University men's and women's Billiken basketball games at the on campus 10,600 seat Chaifetz Arena. Check out the trendiest boutiques and upscale dining establishments in Clayton and the Central West End. If live music is your thing, Soulard boasts some of the best blues venues in town.

**Hungry?** Don't miss the opportunity to try some of the city's tastiest (and unique) treats. Munch on a slice of delectable St. Louis-style thin crust pizza smothered in Provel cheese and then pick up a mouth-watering gooey butter cake (the most delicious accident ever created). Snack on scrumptious deep-fried toasted ravioli at one of the many dining establishments on The Hill, a quaint St. Louis neighborhood famous for Italian cuisine. And to top it all off, satisfy your sweet tooth at Ted Drewes with some signature frozen custard.

"THE BARRIERS THAT IMPACT UNDERREPRESENTED POPULATIONS ARE REAL. THE SOLUTIONS THAT MITIGATE THOSE BARRIERS MUST ALSO BE REAL, TANGIBLE AND SUSTAINABLE. AS A MEDICAL COMMUNITY, WE HAVE A RESPONSIBILITY TO PROACTIVELY CONFRONT THE BARRIERS THAT HAVE BEEN ASSOCIATED WITH HEALTHCARE DISPARITIES. WE BELIEVE A PART OF THE SOLUTION IS TO RECRUIT AND SUPPORT HIGHLY QUALIFIED STUDENT DOCTORS FROM GROUPS THAT ARE UNDERREPRESENTED IN MEDICINE."

- DANIEL BLASH, PH.D. VICE DEAN OF DIVERSITY, EQUITY AND INCLUSION CHIEF DIVERSITY OFFICER FOR THE SCHOOL OF MEDICINE

The Mission of Saint Louis University is the pursuit of truth for the greater glory of God and for the service of humanity. The University seeks excellence in the fulfillment of its corporate purposes of teaching, research, healthcare and service to the community. It is dedicated to leadership in the continuing quest for understanding of God's creation and for the discovery, dissemination and integration of the values, knowledge and skills required to transform society in the spirit of the Gospels. As a Catholic, Jesuit university, this pursuit is motivated by the inspiration and values of the Judeo-Christian tradition and is guided by the spiritual and intellectual ideals of the Society of Jesus.

Saint Louis University celebrating over 200 years in Jesuit education.

"GOD MADE IT VERY CLEAR THAT HE WANTED ME TO COME TO SLU. UPON ARRIVING IN ST. LOUIS FOR MY INTERVIEW, I COULD SEE WHY. IT'S TRULY A HOME AWAY FROM HOME." - M1

"I CAME TO SLU BECAUSE IT WAS DIFFERENT FROM ALL THE OTHER OPTIONS I HAD. THE DIFFERENCE IS THE MISSION AND THE FOCUS ON PROVIDING EXCELLENT CARE TO THE UNDERSERVED POPULATIONS IN ST. LOUIS AND BEYOND." - M4

"SLU SEEMED LIKE A GREAT FIT FOR ME AS AN UNDERREPRESENTED MINORITY. THE VALUES I SAW EXPRESSED ALIGNED WELL WITH WHO I AM AS A PERSON AND WHO I HOPE TO BE AS A PHYSICIAN." - M2

# DEDICATION TO **DIVERSITY, EQUITY** AND INCLUSION



SCHOOL OF MEDICINE

OFFICE OF DIVERSITY, EQUITY AND INCLUSION

The Office of Diversity, Equity and Inclusions (ODEI), Student Affairs division, is a student-centered resource for all students with special emphasis on underrepresented matriculants. Our charge is to proactively support and enhance the academic, educational and cultural experience of our diverse student body while maximizing all students' ability in the pursuit of a medical education.

THE TENETS OF THE OFFICE OF DIVERSITY, EQUITY AND INCLUSION (ODEI) AT SAINT LOUIS UNIVERSITY SCHOOL OF MEDICINE

Empowerment: Medical school can be mentally, emotionally, physically and academically challenging. We are here to help. The ODEI provides group and individual support to help students feel confident and connected to one another and the staff. Students are encouraged through coaching, advising, student programs and peer and professional advocacy as they navigate the challenges of their medical education and social interactions.

Diversity, Equity and Inclusion in the Community: Health is fundamental to human well-being. Health makes it possible for us to engage fully in the activities of our daily lives and make contributions to our communities. Unfortunately, health is not equally distributed among groups in society. In fact, there are consistent patterns of unequal health outcome—like disease, disability, and death—between people of different races, ethnicities, educational levels and incomes.

Our students are encouraged to proactively work with peers, staff and faculty to combat the healthcare disparities in our community.

Inspiration: The ODEI helps to inspire all physicians in training toward a lifestyle of service as men and women for and with others. A Jesuit education encourages students to integrate contemplation and action, so they become men and women with well-developed minds, generous hearts and reflective souls — "agents of change" who work to bring about a more just, humane world.

Saint Louis University follows the Jesuit traditions of educating the whole person — mind, body and spirit — and preparing students to make the world a better place.

"THE LACK OF DIVERSITY IN HEALTHCARE IS ALARMING. SIMPLY PUT, WE NEED MORE DOCTORS FROM UNDERREPRESENTED COMMUNITIES. THAT CAN ONLY HAPPEN WHEN WE RECRUIT AND SUPPORT THE VERY BEST UNDERREPRESENTED STUDENTS AND TRAIN THEM TO BE TOMORROW'S DOCTORS—AND WE ARE COMMITTED TO DOING JUST THAT."—ROBERT W. WILMOTT, M.D.



# HEALTH RESOURCE CENTER (HRC)

Since 1994, the students and physicians of the School of Medicine have been committed to providing free primary health care services in an academic environment. The HRC provides these free resources in the heart of the city's most underserved area.

#### CASA DE SALUD (CASA)

Our students volunteer at Casa de Salud, the premier healthcare resource for the foreign-born community of metropolitan St. Louis and part of the infrastructure that welcomes people of all origins to our region. Casa believes that a diverse and inclusive community is the bedrock of a vibrant and prosperous region and that when we provide access to quality healthcare with integrity, compassion and respect; we help create a dynamic and culturally rich community from which everyone benefits.

#### STUDENT NATIONAL MEDICAL ASSOCIATION (SNMA)

Our students are strongly encouraged to develop leadership skills through the Student National Medical Association. The SNMA is committed to supporting current and future underrepresented minority medical students and addressing the needs of underserved communities. Our goal is to increase the number of clinically excellent, culturally competent and socially conscious physicians. The mission of the Saint Louis University Chapter is to provide advocacy, community service, celebrate diversity and increase the pipeline of underrepresented minority students who consider and prepare for medical and scientific careers.

#### LATINO MEDICAL STUDENT ASSOCIATION (LMSA)

The Latino Medical Student Association unites and empowers medical students through service, mentorship and education to advocate for the health of the Latino community. The LMSA at SLU School of Medicine, founded in Spring of 2017, provides bi-monthly health screenings and opportunities to participate in national and regional conferences.

#### PREMATRICULATION PROGRAM

The prematriculation program is an invitation-only program designed for those students who self-identify as underrepresented-in-medicine. It is an opportunity for students to participate in a brief introduction to First Year classes, meet the deans of the school of medicine and become familiar with SNMA/LMSA and other available resources prior to the start of the academic school year.

#### LEARNING SPECIALIST

Our learning specialist provides the support needed to help students and residents to achieve academic success. Students can learn time management, test taking strategies and better understand their learning preferences to navigate their academic journey.

#### STUDENT WELLNESS

Our wellness program fosters a culture of self-care and wellness for students throughout their medical education. We support wellness across multiple domains including academic, professional, mental, physical and social/interpersonal. We seek to accomplish this via student wellness organizations, student driven wellness event planning, assessment of student body mental health and provision of health-related resources.

#### MENTORING

All underrepresented minority students entering medical school are assisted with finding faculty, community physicians or residents to serve as mentors.

### JOHN H. GLADNEY, M.D. DIVERSITY AWARD

The Gladney Diversity Award honors an exceptional fourth year medical student who has shown ingenuity and compassion in promoting cultural diversity in the School of Medicine.

This award is in honor of Dr. John H. Gladney who was the first African-American to hold the position of Chairman of a basic science or clinical department at Saint Louis University School of Medicine. Dr. Gladney was Chairman of the Department of Otolaryngology.

Saint Louis University School of Medicine has a long tradition of excellence in teaching, research and patient care. Established in 1836, the school has the distinction of awarding the first medical degree west of the Mississippi River.

The St. Louis metropolitan area is one of the largest in the United States with a population of 2.8 million. The bi-state metropolitan area includes seven counties in Missouri and eight in Illinois, for a total of 15 counties. The St. Louis area spans both sides of the Missouri and Mississippi rivers, with a footprint that extends into both Missouri and Illinois. St. Louis City is made up of 49% African American with a rising of Hispanic, Asian and Bosnian populations.

Forest Park, one of the nation's largest metropolitan parks, houses some of St. Louis' premier attractions, including the Saint Louis Zoo, the Saint Louis Art Museum, the Missouri History Museum, the Saint Louis Science Center, the Jewel Box, the Muny, two golf courses, tennis courts, a six-mile running trail and much more. St. Louis is home to one of the most successful franchises in baseball history; the St. Louis Cardinals have won 11 World Series championships.

At the doorstep of Saint Louis University is Grand Center, the Arts and entertainment district. Grand Center is home to the Saint Louis Symphony Orchestra, Powell Symphony Hall, Sheldon Concert Hall and Dance St. Louis. Located not too far away, in University City, is the St. Louis Black Repertory Theatre.

Stifel Theatre is a historic, 2,100 seat theatre in the heart of downtown St. Louis. Originally opened in 1934, Stifel Theatre's stage has welcomed some of entertainment's greatest performers, including Frank Sinatra, Ray Charles, Bob Dylan and the Rolling Stones.

With so much history and diversity tied into its culture, the St. Louis area offers entertaining attractions that cater to all students regardless of age or taste. Whether your interests lie in architecture, music, history, botany or food, students are bound to find their niche in St. Louis, home of the Gateway Arch National Park.

<sup>1</sup>St. Louis Regional Chamber (2019)